



# Iowa Hope and Opportunity in Many Environments (HOME)

# **Steering Committee**

Tuesday December 12, 2023

# Agenda for today

**HOMEtown Conversations Update** 

**Waiver Redesign Update** 

2023 Reflections

**Next Steps** 





## **HOMEtown Conversations Update**



# **HOMEtown Conversations goals**

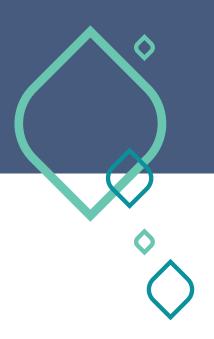
- Engage lowans and build trust by increasing HHS leadership's on-the-ground presence across the state
- Share information about HOME, including redesign goals, timeline, accomplishments, and upcoming activities
- Receive feedback from lowans about the redesign effort to inform decision-making



# Engagement

- 22-118 attendees per in-person event
- 1169 attendees across all events
- 24 legislators
- >300 written comments





## **HOMEtown Conversations Feedback**



# Provider capacity key issues

- Capacity to achieve HOME goals
- Reimbursement rates
- Training
- Administrative burden
- Recruitment & retention strategies
- Rural workforce shortages



## Assessment

## Challenges

- Inaccuracy and bias in current assessment
- Frustration with assessment frequency
- Request to reduce wait time for assessments
- Limitations of Supports Intensity Scale (SIS) tool
- Concern with IQ in assessments

### Solutions

- Interest in how assessment will work for needs-based waivers
- Universal assessment must work for all populations
- Suggestion for improved assessment training



# System navigation

## Challenges

- Frustration with current communications and systems navigation
- Lack of support from local HHS offices
- Difficulty learning about non-waiver services

### Solutions

- Holistic improvements to communications
- Improve communications and referral when diagnoses are made, and during intake process for waiver services
- Local "one stop shop" for systems navigation



# Case management

## Challenges

- Case management turnover
- Case management workforce shortages outside Des Moines
- Conflict-free case management
- Consumer frustration with inadequately resolved service issues and limited case manager knowledge of eligibility

## Support for training and ratios

- Concern about MCOs implementing ratios



## Waitlist

## Challenges

- Widespread dissatisfaction with current waitlist length
- Frustration with high-need individuals not getting services soon enough
- Frustration with lack of eligibility screening prior to being put on a waitlist resulting in wasted time waiting for the wrong waiver
- General support for considering need in waitlist prioritization
- Suggestion to balance prioritizing high-need individuals on the waitlist with ensuring those with lower levels of need also have access to services
- Question about how changing need levels, moving, and waiver redesign will affect waitlist spot



## Other concerns

- Unclear administrative rules
- Improved collaboration with schools
- Economic difficulties and underemployment for caregivers
- Approach to racial equity
- Concerns around privatization





## **Questions?**



# Waiver Redesign Update



## Vision from Year 1



Waitlists are not timely, efficient or needs-based



 A single waitlist allows HHS to understand needs and prioritize waiver slots



Services do not align with lowans' needs



- Waiver system is needbased, person-centered and equitable
- Expanded service offerings to address the whole-person
- Tiered budget levels more efficiently uses limited funds



Services and supports are difficult to navigate and access



- System is easier to understand and navigate
- Blended provider networks maximize capacity

## Feedback from HOMEtown Conversations

## Support for need-based waivers

- Age-based waivers input

## Messaging

- Fear of losing slots/waitlist spots/services
- Questions about resources, timeline, & evidence

## Specific issues

- Autism
- Barriers to accessing SCL, day habilitation, home mods, transportation
- CCO



# **Proposed Waiver Design**



# Proposed waiver design

 Each service package will address formal and informal support needs wherever lowans live

### Waiver 1 – Children and Youth

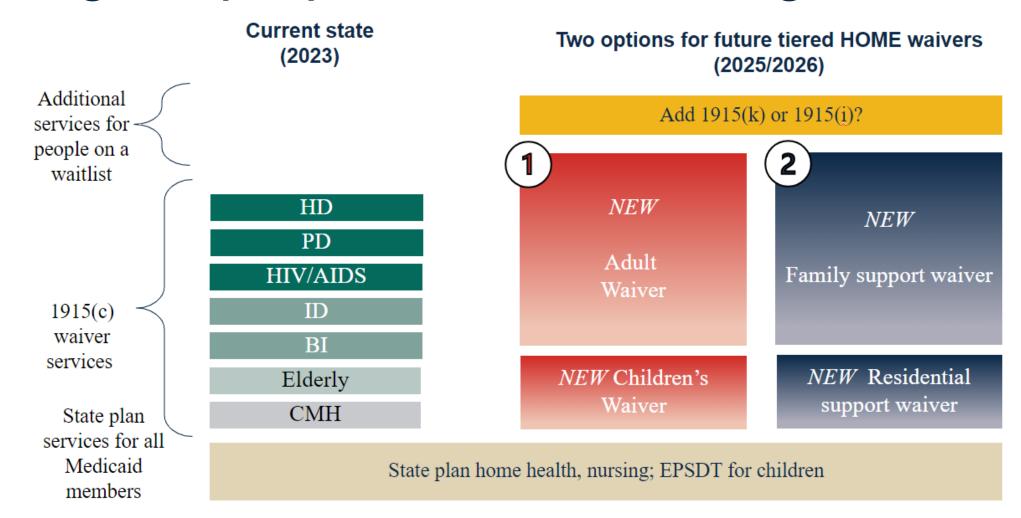
- Service package that supports life domains in early childhood, in school, and as youth transition into adulthood

## Waiver 2 – Adult and Aging

- Service package that supports life domains in adulthood and as Iowans age



# Original proposed waiver design



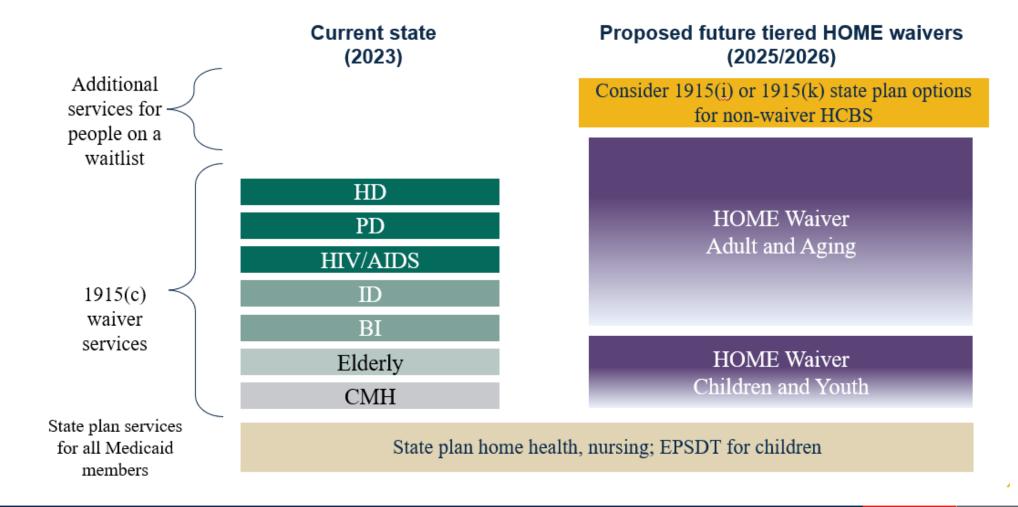


# Feedback from steering committee about proposed options

- Preferred Option 1 (the age-based waivers) because there was less risk of introducing service disparities based on setting of care or natural supports
- Emphasized that tiered budget levels should be set appropriately to ensure all needs are met
- Supported a comprehensive, flexible service package that isn't dependent on a person's living situation



# Updated waiver design

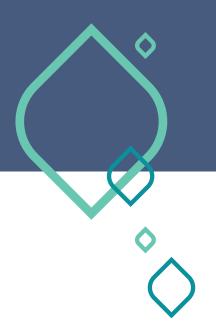




## Discussion

- What are your reactions to the proposed waiver structure?
- Are there particular issues related to transitioning between waivers that we should consider?





## **Questions?**



# **Waiver Eligibility**



# Current – 7 waivers with potentially overlapping eligibility criteria

	ID Waiver	BI Waiver	CMH Waiver	AIDS/HIV Waiver	HD Waiver	PD Waiver	Elderly Waiver
Target Group or Sub-Group	Intellectual disability (ID)	Brain Injury (BI)	Serious emotional disturbance (SED)	HIV/AIDS	Physical disability (PD)	Physical disability (PD)	Aging
Minimum Age	0	0	0	0	0	18	65
Maximum Age	None	None	17	None	64	64	None
Additional Criteria	Diagnosis of intellectual disability, global developmental delay, or unspecified intellectual disability	Diagnosis from a list of brain injuries	Diagnosis of serious emotional disturbance	Diagnosed by a physician as having AIDS or HIV infection	Blind or disabled as determined by the receipt of social security disability benefits or through a disability determination made by the department	Blind or disabled as determined by the receipt of social security disability benefits or through a disability determination made by the department	None



# Future – 2 waivers with non-overlapping eligibility criteria

		Child Waiver	Adult Waiver
Target group or sub-group on both waivers		ID, BI, PD, HIV/	AIDS, new: Autism
Target group or sub-group on specific waiver	SED		Aging
Minimum age	0		21
Maximum age	20		None
Additional criteria			



## **Services**



# Adult and aging waiver – preliminary service package

#### **Daily Activities and Care**

- Attendant Care (skilled & unskilled)\*
- Companion\*
- Home-Delivered Meals
- Home Health Aide
- Home Maintenance Support\*
- Respite\*
- Supported Community Living
- Transportation\*

### **Help with Health Needs**

- Positive Behavioral Support and Consultation\*
- Family Training\*
- Interim Medical Monitoring and Treatment
- Nursing
- Nutritional Counseling

### **Equipment and Modifications**

- Assistive Devices\*
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services
- Specialized Medical Equipment

### **Day Services**

- Adult Day Health
- Day Habilitation
- Prevocational Services
- Supported Employment

### Residential Services and Supports

Assisted Living

### **Self-Direction Supports**

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

#### **Other Services**

- Community Transition Services +
- Crisis Planning and Support +
- Family & Caregiver Supports +
- Independent Living Skills Training +
- Supports for Community Inclusion +

\*Updated service definition or merged service New services are bolded and have a +



# Children and youth waiver – preliminary service package

### **Daily Activities and Care**

- Home-Delivered Meals
- Medical Day Care for Children
- Respite\*
- Supported Community Living
- Transportation\*

#### **Help with Health Needs**

- Positive Behavioral Support and Consultation\*
- Family and Community Support
  Service
- In-Home Family Therapy

### **Equipment and Modifications**

- Assistive Devices\*
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services

### **Day Services**

- Day Habilitation
- Prevocational Services
- Supported Employment

### **Residential Services and Supports**

 Residential-Based Supported Community Living

### **Self-Direction Supports**

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

#### **Other Services**

- Community Transition Services +
- Crisis Planning and Support +
- Family & Caregiver Supports +
- Independent Living Skills Training +
- Supports for Community Inclusion +

\*Updated service definition or merged service New services are bolded and have a +



## Discussion

- What are your reactions to the service package? To the new services?
- What services are missing from the list?
- What are important considerations for services for children and youth? For services for adults and those who are aging?
- How well does the current service package support people living in different situations?
- Are there additional services and supports that would help lowans live in the setting of their choice?



# **Consumer Choice Option (CCO)**



# CCO challenges

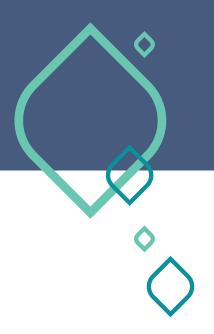
- CCO can be inflexible
- It can be difficult to make changes to CCO budgets
- CCO rates make it difficult to hire staff
- Managing CCO can be administratively burdensome for individuals and families



## Discussion

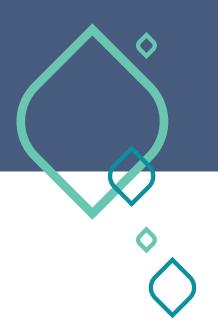
- What changes would you recommend to improve CCO?
- What parts of CCO would you want to remain unchanged?
- How can lowa better support individuals and families who use or would like to use CCO?





## **Questions?**





## **Timeline**







### Streamline screening & enrollment

- · Screen everyone on waitlist
- · Improve screening and enrollment experience
- Develop improved underlying data and IT architecture to support experience



### Align program design to meet lowan's needs

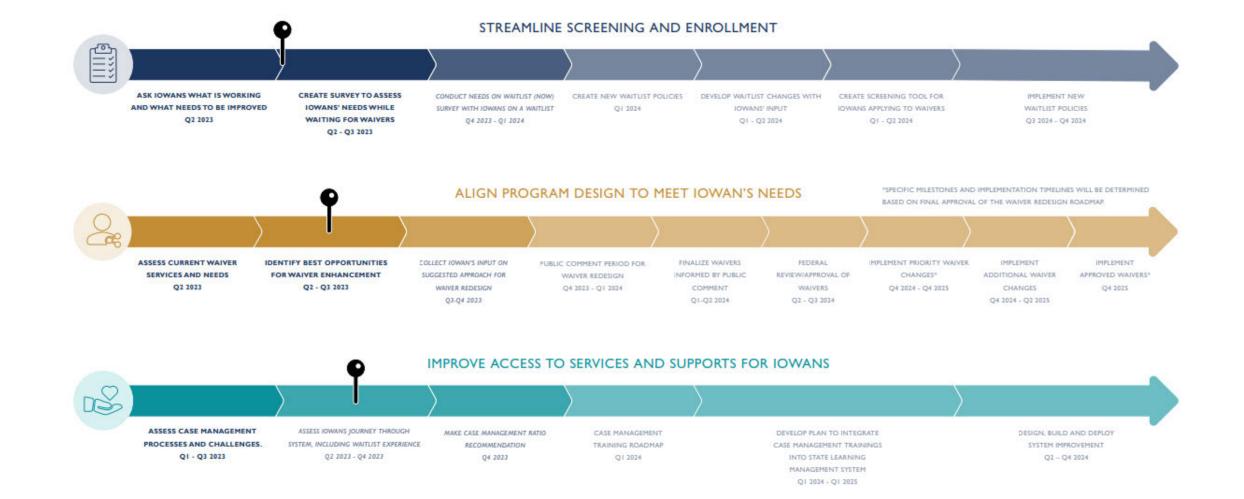
- · Integrate lowans' insights into new waiver program design
- · Develop uniform services assessment tool
- · Analyze options for funding waiver redesign



## Improve access to services and supports for Iowans

- Enhance how people navigate the system
- · Improve case management







### Streamline screening & enrollment

Mapped out current waitlist journey of lowans



#### Align program design to meet lowan's needs

Engage Iowans through HOMEtown Conversations to improve waiver design



### Improve access to services and supports for lowans

<u>Completed survey</u> of Iowan's experience in accessing waivers and waiver services.

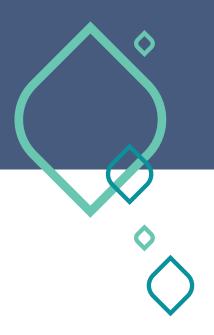
## **2023 Reflections**



## Discussion

- What are your reflections on your role on the steering committee this year?
- Do you have suggestions for meeting structure or content moving forward?
- What change based on this year's work are you most excited to see implemented in lowa's community-based services system?





## **Next Steps**

