

## **Care for Yourself Program Income Guidelines - 2025**

The *Care for Yourself* Program provides breast and cervical cancer screening services to people in Iowa. To qualify for the *Care for Yourself* Program, participants must earn a net income less than 250% of the Federal Poverty Level as determined by the U.S. Department of Health and Human Services. Net household income is the total pay minus deductions of each person living in the home even if they are not a relation. Proof of income is not required.

<b>Persons in family or household</b>	<b>250% of monthly income</b>	<b>250% of yearly income</b>
1	\$3,260	\$39,125
2	\$4,406	\$52,875
3	\$5,552	\$66,625
4	\$6,697	\$80,375
5	\$7,843	\$94,125
6	\$8,989	\$107,875
7	\$10,135	\$121,625
8	\$11,281	\$135,375
For more than 8 persons per household	Add \$5,380 per additional person	

\*Iowa *Care for Yourself* Program Income Guidelines are updated annually in January

Iowa *Care for Yourself* Program  
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