

2024 Care for Yourself Program Income Guidelines



The *Care for Yourself* Program provides breast and cervical cancer screening services to underserved people in Iowa. To qualify for the *Care for Yourself* Program, participants must earn a net income less than 250 percent of the Federal Poverty Level as determined by the U.S. Department of Health and Human Services. Net household income is the total pay minus deductions of each person living in the home whether or not they are related. Proof of income is not required.

Persons in family or household	250% of monthly income	250% of yearly income
1	\$3,137	\$37,650
2	\$4,258	\$51,100
3	\$5,379	\$64,550
4	\$6,500	\$78,000
5	\$7,620	\$91,450
6	\$8,741	\$104,900
7	\$9,862	\$118,350
8	\$10,983	\$131,800
For more than 8 persons per household	Add \$5,380 per additional person	

*Iowa *Care for Yourself* Program Income Guidelines are updated annually.

Iowa *Care for Yourself* Program
 Iowa Department of Health and Human Services
 Lucas State Office Building
 321 E. 12th Street, Des Moines, IA 50319
 Phone: 1-866-339-7909
hhs.iowa.gov/public-health/cancer/cfy

January 2024