

# **Comprehensive Assessment & Social History**

## **Assessment Information**

Assessment Date:

Previous Assessment Date:

Type of Assessment: 
Initial Annual Change in status update

The following sources w	vere used to gather a	nd develop my compreh	ensive assessment and	social history (check
all that are applicable):	Member	Caregiver	🗌 Guardian	Parent
	Physician	Provider	Other	

Assessment completed by: 
Health Home Provider Name 
MCO
Name, title, contact information for person completing this assessment:

Reason for referral:

Assessment / Screening Type	Date	Score/Results/Tier
Health Risk Screener		
Risk Stratification		
Other (list):		

### **Personal Information**

Preferred Name	
Preferred Pronouns	
Date of Birth	
Address (Street, City, State Zip)	
Phone Number	
Email	
Parent Name ( <i>if child)</i> /Representative	
(if adult, applicable)	
Parent's Address (if different from the	
child's)	
Spouse Name <b>(if married</b> )	
	I want my spouse to be contacted regarding my care:
	□ Yes □ No Comments:
Preferred method(s) of contact	🗆 Phone 🗆 Text 🗆 Email 🗆 Mail
My preferred spoken language	
My preferred written language	
l am a veteran	🗆 Yes 🛛 No
	If yes, answer following questions:
	Branch:



# **Comprehensive Assessment & Social History**

Years of service:	
Honorable Discharge: 🛛 Yes	🗆 No

#### For Children Only

Child resides with, (If in a facility, note name of facility and address)	
Parents' Marital Status	Married      Divorced      Never Married
If parents are not living together, the following parent is	Name:
the non-custodial parent	Address:
There are sibling(s) living in the home with the child	🗆 Yes 🛛 No
One or more siblings are receiving waiver/habilitation	□ Yes □ No If yes, describe:
services	

My Strengths are:

My Preferences are:

Preferences should also include personal preferences for how case management and services are delivered (i.e. where/with who to live, when to go to bed, when and what to eat, whom to involve in care planning, which services and service providers to use).

I am currently accessing long-term services and supports waiver: If yes, name of waiver:		🗆 No	🗆 Unsure
I am on a waiting list for a long-term services and supports waiver:	□ Yes	🗆 No	🗆 Unsure

If yes, I am pending for:

### **Communication & Language**

I need support with reading and/or understanding written material (include guardian response if applicable) □ Yes □ No If yes, what support is needed:

I need support with understanding information about my condition, medicines, or doctor's instructions (include guardian response if applicable)

 $\Box$  Yes  $\Box$  No *If yes,* what support is needed:

I describe my understanding of my needs and challenges (insight) as (select the most appropriate)			
I am knowledgeable about my needs and I am able to help direct planning to address $\Box$ Yes		L	
them.			
I am knowledgeable about my needs and participate in planning to address them.			
I am somewhat knowledgeable about my needs.			
I would rather not participate in plans to address my needs. $\Box$ Ye			
I do not think that I have needs or challenges that need to be addressed at this time.			
Comments:			



# **Comprehensive Assessment & Social History**

### Awareness and Memory

I describe my awareness & memory (cognitive status) as (select the most appropriate)

Fine with no concerns (alter and fully oriented)	□ Yes
Alert and oriented with daily fluctuations in mood	□ Yes
Generally oriented through use of assistive technologies (verbal prompts, schedules,	□ Yes
uses of technology for reminders, etc.)	
Difficulty with orientation (e.g. time/place, attention/concentration, perception,	□ Yes
memory, reasoning)	
Exhibits mental status changes consistent with psychiatric disorder	□ Yes
Comatose, but responsive	□ Yes
Comatose, but unresponsive	□ Yes
Other - Specify	□ Yes

• I have the following awareness & memory needs

### Hearing

I describe my hearing as (select the most appropriate):

Fine with no concerns	□ Yes
Fine with use of assistive devices (e.g. hearing aids)	□ Yes
Able to hear but not clearly	□ Yes
Difficulty hearing in noisy environments	□ Yes
Unable to hear	□ Yes

• I have the following hearing needs

### Vision

I describe my vision as (select the most appropriate)

Fine with no concerns	□ Yes
Impairment, but managed through assistive devices (i.e. glasses/contacts)	□ Yes
Vision is significantly impaired	□ Yes

• I have the following vision needs

### Speech and Communication

I describe my **speech and/communication** as (select the most appropriate)

Fine with no concerns	□ Yes
Communicates with difficulty but can be understood	□ Yes
Communicates with sign language, symbol board, written messages, gestures, and/or interpreter	□ Yes

• I have the following speech and communication needs



# **Comprehensive Assessment & Social History**

Social, Cultural & Spiritual Preferences Describe family involvement, relationships, include past & current (Describe the memb *Engagement (CALOCUS) involvement through member's life, relationships such as very close, never sees them, etc. and how they would describe growing up):	
Social I communicate with friends, relatives and others (not paid helpers) as often as I want:  Yes I no If no, explain: If child, are there any people who the child is not to have contact with (list):	
I am satisfied with my relationships: 🗆 Yes 🛛 No Support Needed:	
I would like to have more of a support system:  Yes No If yes, explain:	
I feel that I lack companionship:  Yes Ves I No If yes, explain:	
My support system consists of (check all that apply):  Family Members  Friends  Co-Workers Other – Explain	
I communicate with my support system by (check all that apply):  Visiting in person  Phone  Texting  Fmail  Other, explain	
My support system is supportive and/or involved in my treatment?  Yes No If no, explain:	
I have access to mass media (i.e. television, newspaper) and technology (cell phone, internet):	

### Cultural

I identify myself as:

My family traditions/beliefs that I follow are:

I have the following cultural beliefs regarding healthcare or specific treatments:

I experience cultural stress regarding social norms, behaviors and attitudes (e.g. racism, negativity towards sexual orientation, gender identify and expression, and other forms of discrimination): If yes, explain:

#### Spiritual

My religious/spiritual preference is:

I choose to practice a religion/spiritual belief: 
Yes No



# **Comprehensive Assessment & Social History**

I attend religious/spiritual services, as I want: 
Yes No

I choose to participate in my religion/spiritual beliefs as much as I want: 
Yes No

I have the following religious/spiritual beliefs regarding receiving healthcare or specific treatments:

### **Leisure Activities**

These are my hobbies, activities and things I do for fun:

I enjoy spending time with the following people in my free time:

### Marital & Dating Status

My dating and marital status history is:

Is member able to understand consent:	□ Yes □ No I	fno, additional information:	
I am currently ( <i>check all that apply</i> ):   Legally Separated  Widowed	□ Never Married □ Dating	□ Married □ Single □ Unknown □ NA- Min	Divorced
If not married, I would like to date: $\ \square$	Yes 🗆 No 🗆 N	A	
I am sexually active: $\Box$ Yes $\Box$ No	Prefer not to ans	wer I am taking the follo	owing precautions:

## Developmental Milestones (Children Only)

My birth parents are:

My child's weight at birth:				*Co-morbidity (CALOCUS)
Was the pregnancy full-term?	□ Yes	🗆 No	Unknown	<i>If no or unknown,</i> explain:
Were there any complications during or immediately following delivery?	□ Yes	🗆 No	🗆 Unknown	<i>If yes or unknown,</i> explain:
Was your child exposed to drugs or alcohol in utero?	□ Yes	🗆 No	🗆 Unknown	<i>If yes or unknown,</i> explain:
Did your child walk independently by 18 months?	□ Yes	🗆 No	🗆 Unknown	<i>If no or unknown,</i> explain:
Did your child use 2 to 4 word sentences by 24 months?	□ Yes	🗆 No	🗆 Unknown	<i>If no or unknown,</i> describe:
By age 4, was your child daytime toilet trained?	□ Yes	🗆 No	🗆 Unknown	<i>If no or unknown,</i> describe:



# **Comprehensive Assessment & Social History**

			*Co-morbidity (CALOCUS)	$\vdash$
I have the following concerns regarding my child's dev	elopment	:		1
Gross motor (walking, running, physical activities)	🗆 Yes	🗆 No	<i>If yes,</i> explain:	
Fine motor (use of pencil, manipulation of objects)	🗆 Yes	🗆 No	<i>If yes,</i> explain:	
Independent functioning (eating, dressing self)	🗆 Yes	🗆 No	<i>If yes,</i> explain:	
Comments:				

I have the following additional concerns regarding my child's development:

Is the home childproof (e.g. hazards such as detergents or medications are kept out of child's reach or are locked up; electrical outlets are covered, etc.): Yes No If no, describe:

## Medical & Mental Health History

I am currently diagnosed with the following conditions:

Condition	Active	Past	Physician & Credentials	Year Diagnosed	Family History (mark if yes)	Family Member & Age of Diagnosis (i.e. parents, siblings, children, grandparents)
Arthritis						
Asthma						
Back Pain						
Behavioral Health Diagnosis (Name and ICD-10 Code):						
Cancer Type:						
Chronic Kidney Disease						
COPD / Emphysema						
Diabetes Type 1 Last A1C date & number:						
Diabetes Type 2 Last A1C date & number:						
Pre-Diabetes Last A1C date & number:						
Hepatitis						
Heart Disease						
High Blood Pressure						
High Cholesterol						
HIV						

Medical & Mental Health History continued on next page

\*Co-Morbidity



## **Comprehensive Assessment & Social History**

	1			 *Co-Morbidity
Learning Disability				
Mental Health				
Diagnosis (Name and				
ICD-10 Code):				
Sickle Cell Disease (not				
trait)				
Stroke				
Transplant				
Туре:				
Any other chronic				
conditions:				

Summary of physical and mental health, including onset of diagnosis and symptoms:

I have the following physical and mental health concerns:

I have the following physical and mental health barriers to recovery:

#### Surgeries/Major Procedures

I have had the following surgeries / major procedures:

Hospital / Surgery Center	Surgery / Major Procedure	Dates Received

#### Significant Illnesses

I have had the following significant past illnesses:

Past Health Condition	Symptoms	Treatment History	Dates Received

#### In the past 12 months,

● I needed to see a doctor but could not because of the cost or lack of resources. □ Yes □ No

• I went without health care because I didn't have a way to get there. □ Yes □ No Comments:

#### Dental

I describe my dental hygiene as

Fine, no concerns	🗆 Yes 🛛 No
I have tooth pain	🗆 Yes 🛛 No
I have no teeth	🗆 Yes 🛛 No
I have dentures	🗆 Yes 🛛 No
Other	🗆 Yes 🛛 No





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• I have the following dental needs

#### **Fall History**

I have a history of falls:  $\Box$  Yes  $\Box$  No If yes, my last fall was:

I have the following preventative measures in place to decrease my falls:

## Behavioral Health / Mental Health

I would rate my overall mental health as: 🛛 Excellent 🖾 Good 🖓 Fair 🔹 Poor	*Engagement
Comment:	

<u>Today</u> ,		
I have thoughts of harming myself or feelings of suicide	🗆 Yes 🛛 No	*Risk of Harm
I have thoughts of wanting to harm others	🗆 Yes 🛛 No	

• If yes, provide more details:

#### In the <u>Past</u>,

I have had thoughts to harm myself or feelings of suicide	🗆 Yes 🔲 No
I have had thoughts of wanting to harm others or have harmed others	🗆 Yes 🔲 No
If yes, provide more details:	

If yes, provide more details:

#### In the past 2 weeks, I have been bothered by the following,

Little interest or pleasure in doing things	🗆 Not at all	Several days	More than half the days		
	Nearly every day				
Feeling down, depressed or hopeless	🗆 Not at all	Several days	$\Box$ More than half the days		
	Nearly every day				

In the <b>past 30 days</b> , I have		*Risk of Harm
Seen or heard things that are not really there (hallucinations)	🗆 Yes 🛛 No	
Had feeling of paranoia	🗆 Yes 🛛 No	
Had irrational thoughts that weren't true (delusions)	🗆 Yes 🛛 No	
If yes, provide more details:		

### Hospitalization & Emergency Room Visit History

I am able to access emergency room assistance, as needed: 
Yes No

I need the following supports to access emergency room assistance:

\*Recovery Environment



# **Comprehensive Assessment & Social History**

				*Risk of Harm
In the <b>past year</b> ,				
I have been hospitalized for mental health reasons	□ None	🗆 Once	□ 2-4 times	□ 5-7 times
	8+ times			
I have been hospitalized for medical reasons	🗆 None	🗆 Once	□ 2-4 times	□ 5-7 times
	□ 8+ times			
I have been to the emergency room	□ None	□ Once	□ 2-4 times	□ 5-7 times
	□ 8+ times			

### Psychiatric and/or Alcohol / Substance Use Hospitalizations

I have had the following psychiatric and/or alcohol / substance use hospitalizations:

Provider Name & Address	Reason for Inpatient Stay/Facility Stay	Successful/Helpful	Dates Received
		🗆 Yes 🛛 No	
		🗆 Yes 🛛 No	
		🗆 Yes 🛛 No	
		🗆 Yes 🛛 No	

Medical Hospitalizations	*Co-Morbidity		
I have had the following medical hospitalizations:			
Provider Name & Address	Reason for Stay	Successful/Helpful	Dates Received
		🗆 Yes 🛛 No	
		🗆 Yes 🛛 No	
		🗆 Yes 🔲 No	
		🗆 Yes 🛛 No	

Emergency Room Visits I have had the following emergency room visits current and past:		*Risk of Harm *Functional Status
Provider Name & Address	Reason for ED Visit	Dates Received

## **Preventative Visits**

#### I have had the following health screenings

Preventative Measure	Completed	Date	Results
Flu Shot	🗆 Yes 🛛 No		
Blood Pressure (systolic/diastolic)	🗆 Yes 🛛 No		

#### For Adults ONLY



# **Comprehensive Assessment & Social History**

Preventative Measure	Completed	Date	Results
Cholesterol (Total)	🗆 Yes 🛛 No		
Low Density Lipoprotein (LDL)	🗆 Yes 🗆 No		
Colonoscopy	🗆 Yes 🗆 No		

### For Women ONLY

Preventative Measure	Completed	Date
Mammogram	🗆 Yes 🛛 No	
Pap smear in last five years	🗆 Yes 🛛 No	
I am pregnant	🗆 Yes 🛛 No	If yes, Due Date:
I have a prenatal doctor	🗆 Yes 🛛 No	Name of Provider:

#### For Children ONLY

My child is up-to-date on his/her immunizations:	🗆 Yes	🗆 No	If no, describe:
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## Allergies

Allergy Type	Allergy	Туре	Reaction
Food	🗆 Yes 🛛 No		
Medications	🗆 Yes 🗆 No		
Other	🗆 Yes 🛛 No		

## **Physical Health**

I would rate my overall physical health as:  Excellent  Good  Fair  Poor	
Comments:	

My height (inches)	My weight (pounds)	My body mass index (BMI)	
--------------------	--------------------	--------------------------	--

#### **Exercise Routine**

I engage in moderate to strenuous exercise (like a brisk walk) # days per week	
I engage in # minutes of strenuous exercise per week	
I want to increase my activity level	□ Yes □ No

Comments:

#### Nutrition

My appetite is	🗆 Good 🛛 Fair 🗌 Poor
I follow a healthy diet	🗆 Yes 🔲 No
I have had unexplained weight loss or weight gain in the past year	🗆 Yes 🔲 No
I have concerns regarding my nutrition	🗆 Yes 🔲 No
I am able access the local grocery store or farmers market, as needed	🗆 Yes 🔲 No
Comments:	·

\*Engagement



# **Comprehensive Assessment & Social History**

### **Toxin Exposure**

I have had the following exposure to toxins (e.g. Radon, lead in drinking water, lead in paint, chemicals, inutero drug or alcohol exposure including smoking, alcohol poisoning, etc. If none, indicate no known exposure.):

Toxin	Exposure (inhalation, ingestion, direct contact)	Dates	Effects

\*Recovery Environment

## Domestic Violence, Physical, Emotional, Sexual Abuse & Trauma

I have been a victim of	Domestic Violence	Physical Abuse	Psychological Abuse
	Emotional Abuse	Sexual Abuse	
I have been a perpetrator of	Domestic Violence	Physical Abuse	Psychological Abuse
	Emotional Abuse	Sexual Abuse	
I have a history of trauma	🗆 Yes 🛛 No		
My trauma history includes			

Additional information regarding domestic violence, physical, emotional, sexual abuse (i.e. don't identify people by name but as friend, neighbor, family member, etc.):

Medications					*Functional Status *Treatment History	
In the <b>past year</b> ,	*Engagement					
I have had significant medication changes	🗆 Yes 🛛	No	Comment	s:		
I have forgotten to refill medications on ti	me 🗆 Yes 🗆	No	Comment	s:		
I store my medications in the following loca	I store my medications in the following location(s):					
I forget to take my prescribed medications:						
□ Daily □ Weekly □	Once/Twice a Mon	th 🗆	l Infrequer	nt 🗆 M	lever	
I remember to take my medications by (select all that apply):						
I am currently taking:						
<ul> <li>Prescription medication</li> </ul>		🗆 Ye	es 🗆 No			
<ul> <li>Over the counter medications, inclu</li> </ul>	uding vitamins	🗆 Ye	es 🗆 No			
					11	
Medication	s continued on nex	t page				



# **Comprehensive Assessment & Social History**

I know what medications I take and why I take them:	□ Yes □ No Comments:	*Functional Status *Treatment History *Engagement
I am able to self-administer my medications:	□ Yes □ No Comments:	
I have the following additional medication needs or concerns:		

### **Current Medications**

My current medications (include prescription, over the counter & vitamins):

Medication Name	Dosage	Frequency	Prescriber	Reason/Purpose	Date Started

### Past Relevant Medications

#### Past medications tried:

Medication Name	Dates	Reason Discontinued (e.g. specific side effect, insurance coverage, medication wasn't effective)

### **Pharmacy**

I have a pharmacy that I use	🗆 Yes 🔲 No
Pharmacy Name	
Pharmacy Address	
Pharmacy Phone	
I am locked into a pharmacy	🗆 Yes 🔲 No



# **Comprehensive Assessment & Social History**

## My Current Medical Support Team

Role	Name/ Agency	Address	Last Visit Date	Reason for Last Visit
Primary Care	Agency			VISIC
Practitioner				
(PCP)				
Dentist				
Eye Doctor				
Audiologist				
Therapist				
Psychiatrist				
Speech Therapy				
Physical Therapy				
Occupational				
Therapy				
Other Specialties				
(list)				

#### I currently need assistance to access or identify the following providers:

\*Recovery Environment \*Treatment History \*Engagement

#### Supports & Services Received

I <u>currently</u> receive the following supports & services (i.e. Therapy (individual, group, family), Psychiatry services, Intensive Outpatient, Medication Management, HCBS waiver services, BHIS, Habilitation services, Transportation, In-Home Care, Durable Medical Equipment, Alcohol and/ or Substance use/ abuse services, etc.):

Service Type	Provider Name	Provider Address	Successful or Helpful	Dates of Service
			🗆 Yes 🛛 No	
			🗆 Yes 🗆 No	
			🗆 Yes 🛛 No	
			🗆 Yes 🛛 No	
			🗆 Yes 🛛 No	
			🗆 Yes 🛛 No	

Comments:

My <u>past</u> supports & services I have accessed (i.e. Therapy (individual, group, family), Psychiatry services, Intensive Outpatient, Medication Management, HCBS waiver services, BHIS, Habilitation services, Transportation, In-Home Care, Durable Medical Equipment, Alcohol and/ or Substance use / abuse services, etc.):



# **Comprehensive Assessment & Social History**

Service Type	Provider Name	Provider Address	Successful or Helpful	Dates of Service
			□ Yes □ No	
			□ Yes □ No	
			□ Yes □ No	
			□ Yes □ No	
			□ Yes □ No	
			□ Yes □ No	
Comments:				*Recovery Environme
I am satisfied with my If no, explain:	current supports and serv	ices:	🗆 Yes 🛛 No	*Treatment History *Engagement
I participate in suppor If yes, explain (type/fr	t groups (e.g. NAMI, NA/A equency):	A, etc.):	🗆 Yes 🛛 No	
I want to participate ir If yes, explain (type/re	n support groups (e.g. NAN eason):	ИI, NA/AA, etc.):	🗆 Yes 🛛 No	
Substance Use	or Abuse			sk of Harm
Substance Use of Abuse       *Functional Status         I have a history of alcohol and/or substance use:       Yes       No         *Recovery Environment       *Recovery Environment				
I live with or spend tin prescription medication	ne with a person who has on:□Yes □No	alcohol or substance ab <i>If yes,</i> provide additiona		uding misuse of
••••	n my life (e.g. spouse, par tobacco use: □Yes □		friend, child, etc.)	are concerned about
Alcohol Use				
I consume alcoholic b	peverages	🗆 Yes 🛛 No	<i>If no,</i> skip t	o caffeine use
I drink alcohol		□ Never		onthly or less
		🗆 2-4 times a r	nonth 🛛 4 or	r more times a week
On a typical day, I co	nsume this many alcohol o	drinks 🛛 1-2 drinks	□ 7-9	drinks
		□ 3-4 drinks	□ 10 c	or more drinks
I drink 5 or more drir	nks on one occasion	□ Never □	Less than monthl Daily or almost da	
In the past year. I have	ve consumed, 5 or more d			···· 1
	drinks for women, per da			
My choice of alcohol				
I first used alcohol at				
My longest sobriety	-			



# **Comprehensive Assessment & Social History**

Caffeine Use		*Risk of Harm *Functional Status *Co-Morbidity	
In the <b>past two weeks</b> , I have consumed the	□ No coffee or caffeinated beverages	*Recovery Environment	
following caffeinated beverages per day	□ 1-2 cups of coffee or 1-4 caffeinated beverages		
	□ 3-6 cups of coffee or 5-9 caffeinated beverages		
	$\Box$ 7 or more cups of coffee or 10 or mo	re caffeinated	
	beverages		
My preferred choice of caffeinated beverage is			

### Illegal Substances

I have used illegal substances	□ Yes □ No <i>If no,</i> skip to tobacco use		
I use illegal substances	□ Never □ Monthly or less □ 2-4 times a month		
	□ 4 or more times a week		
In past year, I have used an illegal drug	🗆 Yes 🔲 No		
In past year, I have used prescription	🗆 Yes 🔲 No		
medication for non-medical reasons			
My preferred choice of illegal substance is			
I first used illegal substances at age			
I have tried the following illegal substances			

### Tobacco Use

I currently smoke or use other forms of tobacco	□ Yes □ No <i>If no,</i> skip to alcohol/substance abuse treatment		
My choice of tobacco is	□ Cigarettes □ Cigars □ E-cigarettes/Vape		
	□ Chewing Tobacco □ Other		
I use tobacco	□ Sometimes (few times a month)		
	Occasionally (few times a week)		
	□ Daily		
	For cigarettes/cigars/vaping, answer the following:		
	□ Light cigarette smoker (1-9 cigs/day)		
	□ Moderate cigarette smoker (10-19 cigs/day)		
	Heavy cigarette smoker (20-39 cigs/day)		
	Very heavy smoker (40+cigs/day)		
In past year, I have used tobacco	□ Sometimes (few times a month)		
	Occasionally (few times a week)		
	🗆 Daily		
	Type/Comments:		
I first used tobacco at age			

Substance Use or Abuse continued on next page



# **Comprehensive Assessment & Social History**

### Alcohol/Substance Abuse History

My family history of substance use, treatment and/or issues include:

Additional alcohol / substance use comments:

## Gambling/Dependence

I have gambled money or goods in the past year:  $\Box$  Yes  $\Box$  No *If no,* skip to Self-Care/ADLs/IDLs Section.

#### In the past 12 months, I have

Become restless, irritable, or anxious when trying to stop or cut down on gambling	🗆 Yes	🗆 No
Tried to keep my family or friends from knowing how much I have gambled	🗆 Yes	🗆 No
Had financial trouble as a result of my gambling, that I had to get help with living	🗆 Yes	🗆 No
expenses from family, friends or other sources		

Self-Care/ADLs/IDLs       *Risk of Harm         I need assistance       *Functional Status							
Activity	Independent	Supervision/ Verbal Prompts / Cueing	Assistive Device	Physical Assistance	Total Dependence		quency of ssistance Intermittent
Eating							
Grooming and personal hygiene							
Bathing							
Dressing							
Mobility in bed							
Transferring							
Walking							
Continence							
Preparing meals							
Housekeeping							
Managing finances							
Managing medications							
Handling transportation (driving or navigating public transit)							
Using the telephone or other communication devices							
Shopping							
		1		1		1	16

\*Risk of Harm \*Functional Status \*Co-Morbidity \*Recovery Environment





# **Comprehensive Assessment & Social History**

	*Risk of Harm			
	*Functional Status			
If assistance is needed to participate in an activity listed in the table above, include information about the type				
of supervision, physical assistance, and/or use	of assistive devices or adaptive equipment needed:			
Caregiver(s) Natural Supports				
I have an unpaid caregiver(s)/natural support w	vho assists with me with activities above: 🗆 Yes 🛛 🛛 No			
If yes, list caregiver name, assistance and frequ	ency: *Recovery Environment			
My Caregiver(s)/natural support reports feeling	gs of stress: 🗆 Yes 🛛 No			
The caregiver(s)/natural support access the foll	lowing supports, training, and resources:			
The caregiver(s)/natural support needs the follo	owing supports training and resources:			
Transportation	*Functional Status			
I am able to arrange my own transportation	🗆 Yes 🔲 No			
I have a valid driver's license	🗆 Yes 🔲 No			
I have a safe/reliable vehicle	🗆 Yes 🔲 No			
I am able to use public transportation	□ No help or supervision			
	Need some help or occasional supervision			
	Need a lot of help			
	Need consistent help			
I am able to get to the places I want	Walking     Bicycle			
(check all that apply)	Drive     Take a taxi/bus			
	Family/friends drive      Staff/Provider			
	□ Other, describe			

I have the following transportation needs or concerns, not identified above:

Employment & Volunteering *Functional Status				
I am currently working: $\Box$ Yes $\Box$ No $\Box$ I am under age 14 (skip to Educational History s	ection)			
If working:				
I work hours a week doing the following: .				
I like my current job: 🗆 Yes 🛛 No				
I want to find a different job: 🗆 Yes 🗆 No If yes, I am interested in:				
I have supports that assist me with maintaining my job: 🛛 Yes 🖓 No If yes, I am o	currently receiving			
the following supports (name, type of support & # of hours of support):				
If not working:				
I want to obtain a job: 🛛 Yes 🖾 No				
Employment & Volunteering continued on next page	17			



## **Comprehensive Assessment & Social History**

I am currently working with Iowa Vocational Rehabilitation Services (IVRS): □ Yes □ No       If yes, I began         working with IVRS on the following date:       My IVRS counselor name, address & phone number is:         My past work history includes:       Employer         Services/Supports       Summary About Employment       Employment Dates					
Employer         Services/Supports         Summary About Employment         Employment Dates					
Received, if applicable       (Like/dislike job, quit/fired, etc.)					
I am currently volunteering or interested in volunteering: I volunteer at: doing the following: I volunteer these days: I am interested in volunteering at or doing:					
Additional employment / volunteering comments:					
Educational History					
I am currently in school: Tes INO <i>If yes,</i> where: <i>If yes,</i> are you in any extra-curricular activities: Yes INO Explain:					
I attend school as scheduled (i.e. following attendance policy, are there truancy issues, etc.): Yes No Comments:					
The highest level of education I have completed is:					
$\Box$ I am currently in K – 12 <sup>th</sup> grade $\Box$ GED / Hi-Set $\Box$ High School Diploma $\Box$					
Technical SchoolCertificate2 year Degree4 year DegreeIMaster'sDoctorate/PhDDid not complete high schoolIOtherIII					
I have a degree(s)/certificate(s), post high school/GED/Hi-Set:					
I would describe my school experience as: *Functional Status					
I receive or received the following supports/services (e.g. AEA, special educations, etc.) in school:					

I am interested in furthering my education: Yes No *If no,* skip to Housing Situation section



# **Comprehensive Assessment & Social History**

I would like to go to school for:

I need assistance or support in gaining ac assistance/support needed:	cess to educational services: 🗆 Ye	es D No <i>If yes</i> , explain type of <b>*Functional Status</b>		
Additional educational comments:				
	Immediate Family   With Re			
I currently reside in: Own home Shelter Psychiatric Medical Institute	□ Apartment □	Family/Friend Home Residential Care Facility (RCF)		
I feel safe in my home: 🛛 Yes 🛛 No	<i>If no</i> , why:			
The exits in my home/residence are easily plan to make accessible:	y accessible in case of an emergen	cy: 🗌 Yes 🗌 No <i>If no,</i> describe		
I feel safe in my neighborhood: 🗆 Yes 🛛	☐ No <i>If no,</i> why:			
I am able to access emergency assistance in case of an emergency by (check all applicable):  Cell Phone Family Neighbor Personal Emergency Response System Staff/Provider Other, describe				
In the <b>next 2 months</b> , I am worried that I may not have stable housing:				
I have the following additional housing needs or concerns:				
Financial		*Functional Status *Recovery Environment		
Representative Payee & Conservato	or			
I have a representative payee: Representative Payee Name: Address (Street, City, State, Zip) Phone: E	∃ No Email:			
I have a conservator:				
F	Financial continued on next page	19		



# **Comprehensive Assessment & Social History**

Address (Street, City, State, Zip)	
Phone:	Email:

\*Functional Status Recovery Environment

#### **Income and Resources**

I receive the following income and monthly amounts (Social Security, work wages, etc.):

		Frequency
Income Type	Amount	(Monthly, weekly, etc.)
Social Security (SSDI/SDAC/SSI)		
Retirement		
Work Wages		
Other:		

I am able to manage my own finances (i.e. understands use of money, can pay for things, pay bills, and balances a checkbook):

□ Needs no help or supervision

□ Needs some help or occasional supervision □ Needs a lot of help or constant supervision □ Can't do it at all

Comments:

I need legal aid assistance:  $\Box$  Yes  $\Box$  No *If yes,* explain:

In the last 3 months, I ate less because there wasn't enough money for food:

□ Yes □ No

In the last 6 months, I have had my electric, gas, oil or water company threaten to shut off my service: □ Yes □ No

I have problems getting child care & it makes it hard for me to work or study:  $\Box$  Yes  $\Box$  No *If yes,* explain:

I have the following additional financial needs or concerns:

I currently

receive food stamps	🗆 Yes 🛛 No	Comment:
access the food pantry	🗆 Yes 🛛 No	Comment:
receive housing assistance	🗆 Yes 🛛 No	Comment:

Additional community resources I use or need:

### Legal Information

#### Legal Guardian

I have a legal guardian:  $\Box$  Yes  $\Box$  No

Name	
Address (Street, City, State, Zip)	



## **Comprehensive Assessment & Social History**

Phone	
Email	

#### **Advanced Directive**

I have an advanced directive in place:  $\Box$  Yes  $\Box$  No *If no*, I would like information on how to complete this:  $\Box$  Yes  $\Box$  No The following information was provided to me:

### **Power of Attorney**

I have a power of attorney:	🛛 Yes 🗖 No
Name	
Type of Power of Attorney	
Address (Street, City, State, Zip)	
Phone	
Email	

#### Mental Health Committal

I have a mental health committal:	🗆 Yes	🗆 No
Committal County		
Judicial Advocate Name		
Address (Street, City, State, Zip)		
Phone		
Email		

### Substance Abuse Committal

I have a substance abuse committe	al: 🗆 Yes 🛛 No
Committal County	
Judicial Advocate Name	
Address (Street, City, State, Zip)	
Phone	
Email	

#### **Probation or Parole**

Probation or Parole		*Recovery Environment		
I am on probation or parole: 🛛 🗆 Yes	S 🗆 No			
Probation/Parole Officer Name				
Judicial Advocate Name				
Address (Street, City, State, Zip)				
Phone				
Email				

Summary of arrest history:



# **Comprehensive Assessment & Social History**

I have a no contact order in place:	🗆 Yes 🛛 No	Details:		
I am on the child abuse registry:	🗆 Yes 🛛 No	Summary:		
I am on the sex offender registry:	🗆 Yes 🗖 No	Summary:		
For <u>Children ONLY</u> , My child has the following in place:				
Child in need of assistance (CINA)	🗆 Yes 🗆 No	Details:		
Child protection order	□ Yes □ No	Details:		
Foster Care Placement	□ Yes □ No	Foster Parent Names:		
Other court order	□ Yes □ No	Details:		
Future Identified Goals &	Needs		*Engagement	
A typical day for me is (e.g. starting from	n when you get up un	til bed time, outline your basic routine)?	Engagement	
I would like to change the following,	if anything, about	my day:		
I have the following urgent needs (e.g I would like to receive assistance with				
My overall goal for improving my hea	Ith and life is:			
<ul> <li>The following describes how ready I am to change or take action on my goals:</li> <li>Not planning to take action within the near future</li> <li>Planning to take action within the next six months</li> <li>Planning to take action within the next month and have a plan of how to do this</li> <li>I've already made significant modifications in my way of life</li> <li>Comment:</li> </ul>				
The most important thing for me to address is:				
I am aware that this could require a personal change to address this need: $\Box$ Yes $\Box$ No On a scale of 0 – 10, with 10 being extremely important, I would rate this as a On a scale of 0 – 10, with 10 being extremely confident, I would rate my confidence in making this change a				
The second most important thing for	me is:			
I am aware that this could require a personal change to address this need: $\Box$ Yes $\Box$ No On a scale of 0 – 10, with 10 being extremely important, I would rate this as a On a scale of 0 – 10, with 10 being extremely confident, I would rate my confidence in making this change a				
The third most important thing for m	e is:			
	Continued c	n next page	22	



# **Comprehensive Assessment & Social History**

I am aware that this could require a personal change to address this need: □ Yes □ No On a scale of 0 – 10, with 10 being extremely important, I would rate this as a On a scale of 0 – 10, with 10 being extremely confident, I would rate my confidence in making this change a

\*Engagement and Recovery Status

<sup>\*</sup>Functional Status

Co-Morbidity

\*Risk of Harm \*Functional Status

\*Co-Morbidity

I need the following support to accomplish my goal(s):

### Identified risks and needs by the Assessor

Using the information in this assessment, complete each area.

**Cognitive functioning.** *Considerations: Cognitive functions, including the member's ability to communicate and understand instructions, process information about an illness, focus and shift attention, comprehend and recall direction independently:* Choose an item.

Click or tap here to enter text.

**Visual and hearing needs, preferences or limitations.** Considerations: Member's vision and hearing, and the impact on member's case management plan and barriers to effective communication or care. Examples include visual impairment and need for/use of visual aids, hearing impairment and need for/use of hearing aids or other supports or devices: Choose an item.

Click or tap here to enter text.

**Social functioning.** *Considerations: Social functioning refers to an ability to interact easily and successfully with other people. Examples include engagement with family and friends, social isolation, employment status:* Choose an item.

Click or tap here to enter text.

**Cultural and linguistic needs, preferences or limitations.** *Considerations: Member's cultural health beliefs/practices/needs, preferred languages and needs, and the impact of culture and language on communication, care, or acceptability of specific treatments*: Choose an item.

Click or tap here to enter text.

**Health status, including condition-specific issues.** *Considerations: Active diagnoses, physical health conditions, comorbidities, self-reported health status, current medications (including dosages and schedule):* Choose an item.

Click or tap here to enter text.

**Behavioral health status.** Considerations: Behavioral health status, including mental health conditions and substance use disorders, suicidal ideation, depression, psychosis): Choose an item

Click or tap here to enter text.

**Available benefits within the organization.** *Considerations: Adequacy of the member's health insurance benefits in relation to the needs of the case management plan. Examples include benefits covered by the organization and providers, services carved out by the purchaser, services that supplement those the organization is contracted to provide such as community mental health/subsidized housing/palliative care programs: Choose an item.* 



# **Comprehensive Assessment & Social History**

#### Click or tap here to enter text.

**Activities of daily living, including use of supports.** *Considerations: ADL examples include grooming, dressing, bathing, toileting, eating, transferring, continence, walking; supports including assistive technology and human assistance:* Choose an item.

Click or tap here to enter text.

**Instrumental activities of daily living, including use of supports.** *Considerations: IADL examples include managing finances, shopping, preparing meals, managing medications, housework and basic home maintenance, handling transportation, using telephone and other communication devices; supports including assistive technology and human assistance:* Choose an item.

Click or tap here to enter text.

**Paid and unpaid caregiver resources, involvement and needs.** Considerations: Adequacy of caregiver resources. For example, family involvement in the case management plan and carrying it out, availability/skills/capacity of caregivers to provide support of requested ADL/IADL, undue burden on caregiver, caregiver support needs: Choose an item. \*Engagement

Click or tap here to enter text.

**Community resources.** *Considerations: Member's eligibility for community resources and the availability of those resources. Examples include community mental health, vocational programs, volunteer companion services, government aid, senior centers, adult day care, support groups, poverty outreach groups, housing resources, legal aid, and palliative care programs:* Choose an item.

Click or tap here to enter text.

**Social determinants of health.** *Considerations: Social determinants of health refer to the economic and social conditions that affect a wide range of health, functioning and quality-of-life outcomes and risks. Examples include current housing and housing security, access to local food markets, exposure to crime/violence/social disorder, residential segregation and other forms of discrimination, access to mass media and emerging technologies, social support/norms/attitudes, access to transportation, and financial barriers to obtaining treatment: Choose an item.* 

#### Click or tap here to enter text.

**Health beliefs and behaviors.** Considerations: Health beliefs and behaviors may reflect cultural and social beliefs about health problems, perceived benefits of action, and barriers to action. Examples include optimism, self-efficacy, and physical activity, smoking, alcohol use, medication adherence, beliefs and concerns about the condition or services the member is receiving: Choose an item.

\*Treatment History \*Engagement

<sup>\*</sup>Functional Status

Recovery Environment

Click or tap here to enter text.

**Physical environment for risk.** *Considerations: Member's physical environment and risks. Examples include fall risks, medication risks, accessibility of exits, and access to emergency assistance:* Choose an item.

Click or tap here to enter text.



# **Comprehensive Assessment & Social History**

## Habilitation Eligibility (only complete if applying or accessing habilitation)

#### Risk Factor - meets at least 1 of the following

- □ A history of inpatient, partial hospitalization, or emergency psychiatric treatment more than once in the individual's life; or
- □ The individual has a history of continuous professional psychiatric supportive care other than hospitalization; or
- □ The individual has a history of involvement with the criminal justice system; or services available in the individual's community have not been able to meet the individual's needs; or
- □ The individual has a history of unemployment or employment in a sheltered setting or poor work history; or
- □ The individual has a history of homelessness or is at risk of homelessness

**Need for Assistance** – meet at least 2 of the following on a continuing or intermittent basis for at least 12 months

- □ The individual needs assistance to obtain and/or maintain employment.
- □ The individual needs financial assistance to reside independently in the community.
- □ The individual needs significant assistance to establish or maintain a personal social support system.
- □ The individual needs assistance with at least one activities of daily living (ADLs) or instrumental activities of daily living (IADLs) to reside independently in the community.
- □ The individual needs assistance with management and intervention of maladaptive or antisocial behaviors to ensure the safety of the individual and/or others.

## SIGNATURE

Name, Credentials	Date
Member / Guardian	 Date
 Title:	 Date