

LOCATION: Zoom Meeting
TIME: 9:30 a.m. – 11:30 p.m.

MHDS COMMISSION MEMBERS PRESENT:

Betsy Akin	Kathy Norris
Sarah Berndt	Jack Seward, Jr.
Diane Brecht	Rep. Megan Srinivas
Mike Fidgeon	Sen. Sarah Trone Garriott
Sue Gehling	Richard Whitaker
June Klein-Bacon	Russell Wood

MHDS COMMISSION MEMBERS ABSENT:

Teresa Daubitz	Dr. Kenneth Wayne
Linda Dettmann	
Sen. Jeff Edler	
Don Kass	
Terri Steinke	

OTHER ATTENDEES:

Rob Aiken, Iowa HHS	Dawn Mentzer, Rolling Hills
Darci Alt, Heart of Iowa & CROSS	Erika Nelson, Abbe Health
Theresa Armstrong, Iowa HHS	Caitlin Owens, CDD
Caylyn Bishop, Rolling Hills	Katie Peck, EasterSeals Iowa
Amy Campbell, Campbell Patterson LLP	Mary A. Petersen, Robert Young Center
Carlyn Crowe, Iowa DD Council	Cheryl Plank, Hope Haven
Marsha Edgington, Iowa HHS - WRC	Dan Ries, Seasons Center
Don Gookin, Iowa HHS	Flora Schmidt, IBHA
John Hedgecoth, Amerigroup	Kim Scorza, Crittenton Center
Charlene Joens, Disability Rights Iowa	Susan Seehase, IACP
Torie Keith, CEBH	Kelsey Thien, Iowa House Democrats
Brenna Koedam, Sioux Rivers	Suzanne Watson, SWIA MHDS Region
Leisa Mayer, Rolling Hills	
Jasmine Megowan, Access2Independence	

Materials Referenced:

September 21, 2023, Meeting Minutes – DRAFT
Sioux Rivers Management Plan FY24 Final
Management Plan Summary of Changes – Sioux Rivers
2023 HICS Management Plan Final
HICS Summary of Management Plan Changes
2023 CROSS Management Plan
2023 CROSS Management Plan – Track Changes
Final CROSS Summary of Management Plan Changes
SWIA MHDS Policy Procedures 2023 Final

SWIA MHDS Summary of P and P Changes

2022 Barriers Report

Regional Preference by Age Range & Gender – WRC & GRC

Resource Centers – Map Area of Choice WRC

Resource Centers - Map Area of Choice GRC

MHDS Commission 2023 Annual Report – Working Draft 10.10.23.

Welcome and Introductions

Russell Wood, Chair, called the meeting to order at 9:41 a.m. and led introductions. Quorum was established with 10 voting members attending virtually.

Review and Vote on Approval of Meeting Minutes

Russell Wood opened the floor for any discussion on the MHDS Commission September 12, 2023, Meeting Minutes – DRAFT. There was no discussion. Russell entertained a motion to approve the MHDS Commission September 12, 2023, Meeting Minutes – DRAFT. Sarah Berndt made the motion, June Klein-Bacon seconded the motion. The motion passed unanimously.

MHDS Regional Policies and Procedures Amendments – Sioux Rivers, Heart of Iowa, CROSS & Southwest Iowa MHDS

Russell Wood inquired about conflicts of interest among voting members for the review of the following MHDS Regional Policies and Procedures. No conflicts declared.

Rob Aiken, Iowa HHS, reviewed the required changes to MHDS Regional Policy and Procedures pursuant to HF 471.

Sioux Rivers

Brenna Koedam, Sioux Rivers CEO, reviewed the *Sioux Rivers Management Plan FY24 Final*, citing changes outlined in *Management Plan Summary of Changes - Sioux Rivers*, which included the following: all required changes pursuant to HF471; language, grammar, and code references updated throughout; formatting updated to delineate between adult and children's services; and added new services, including outpatient competency restoration. Rob shared Iowa HHS recommends approval of Sioux Rivers Management Plan. Russel entertained a motion to approve Sioux Rivers MHDS Region's Management Plan. Betsy Aiken made a motion to approve, Diane Brecht seconded the motion. The motion passed unanimously.

Heart of Iowa

Darci Alt, Heart of Iowa CEO, and Rachel Cecil, Director of Regional Operations, reviewed the *2023 HCIS Management Plan Final*, citing changes outlined in *HICS Summary of Management Plan Changes*, which included: grammatical and verbiage updates throughout; updated code references; updated governing board language; added conflict of interest language; and updated 225 language. Rob shared Iowa HHS recommends approval of Heart of Iowa's Management Plan. Russell entertained a motion to approve Heart of Iowa's Management Plan. Rich Whitaker made a motion to approve, Mike Fidgeon seconded the motion. The motion passed unanimously.

CROSS

Darci Alt, Heart of Iowa CEO, and Rachel Cecil, Director of Regional Operations, reviewed the *2023 CROSS Management Plan Changes*, citing changes outline in *Final CROSS Summary of Management Plan Changes*, including all required updates pursuant to HF471, removal of Monroe County from service area, and updating provision of services to include services provided in HICS Region. Don Gookin, Iowa HHS, shared Iowa HHS recommends approval of CROSS's Management Plan. Russell entertained a motion to approve CROSS's Management Plan. Sue Gehling made a motion to approve, Diane Brecht seconded the motion. The motion passed unanimously.

Southwest Iowa

Suzanne Watson, SWIA CEO, reviewed the *SWIA MHDS Policy Procedures 2023 final*, citing changes outlined in *SWIA MHDS Summary of P and P changes 2023*, which included the following: all required changes pursuant to HF471; updated mission, vision, and values statements; updated Attachment C sliding fee requirements from 250% to 300% of the poverty line; updated location offices; and updated grammar throughout. Don shared Iowa HHS recommends approval of SWIA's Management Plan. Russell entertained a motion to approve SWIA's Management Plan. Rich Whitaker made a motion to approve, Sue Gehling seconded the motion. The motion passed unanimously.

State Resource Centers Barriers Report

Marsha Edgington, Woodward Resource Center Superintendent, reviewed the *2022 Barrier Report*. Marsha reviewed barriers in four categories: Safety due to Problematic Behavior, Underdeveloped Social Skills, Health, and Family/Guardian Reluctance sharing that barriers referenced in the report can be duplicated across all individuals. Marsha also shared that with closure of the Glenwood Resource Center, the figures and barriers in this report will be slightly dated than present day. Marsha shared that significant progress has been made in supporting residents transition out of Glenwood Resource Center, sharing that many community providers have stepped up to assist in supporting this transition.

Discussion was had on the Woodward Resource Center campus, discussing physical layout of the residential homes and current capacity. Additional discussion was had on re-admission post community placement and the processes around this. Lastly, discussion was had on referrals with Marsha sharing that the number of referrals overall has decreased, and the age of referrals is decreasing with more youth being referred to the Resource Center. Discussion then was had on out-of-state placements and how these placements can be avoided.

Annual Report Review & Discussion

Russell Wood led the Commission through a review of the 2023 Annual Report reviewing each section noting that Wendy DePhillips had drafted Part I, as well as the Executive Summary and Conclusion.

Discussion was had on the addition of recommended funding towards a pilot program of the Collaborative Care Model in the youth behavioral health system to facilitate mental healthcare access in underserved and vulnerable populations. The Commission agreed to this addition as well as addition to the report of today's meeting activities.

Public Comment

Kim Scorza provided public comment requesting if data could be shared as to where referrals [to the Resource Center] are coming from, specifically, youth referrals and if these referrals are coming from shelters.

Charlene Joens provided public comment on the number youth being referred to the Resource Centers who are then referred or placed out-of-state and if that data is accessible. Additional comment was made inquiring the number of youths currently served in out-of-state placements.

Break

The MHDS Commission broke for lunch at 11:19 a.m. returning for their joint meeting with the Iowa Mental Health Planning and Advisory Council at 1:00 p.m.

Minutes respectfully submitted by Wendy DePhillips.