

Iowa WIC Program Formula Issuance Guide

Primary Contract Formulas

- Enfamil Infant (milk-based)
- Similac Soy Isomil (soy-based)
- Enfamil Gentlease (partially hydrolyzed)
- Enfamil AR (pre-thickened)
- Enfamil Reguline (partially hydrolyzed, contains prebiotics)
 - Issue only these formulas unless a physician diagnoses a medical condition that warrants an Iowa WIC approved special formula
 - A prescription is needed for adults and children over one year of age

Non-Contract Formulas – “Not Allowable Formulas”

- Similac Advance
- Similac Sensitive
- Similac Total Comfort
- Similac for Spit Up
- Enfamil Prosobee
- Gerber Good Start Soy
- Gerber Good Start GentlePro
- Geber Good Start SoothePro
- Private label infant formulas

Exempt Formulas – “Special Formulas”

- See the Iowa WIC Program Formula Product Guide for a complete list of exempt formulas
 - Medical documentation is required
 - Reasons such as “spitting up” or “formula intolerance” are not acceptable medical diagnoses
 - Contact the State Office if a prescribed, exempt formula is not listed in the Iowa WIC Program Formula Product Guide or Focus
 - If a prescribed formula is not currently available, the State Office will review the request. The review process begins when the Iowa Formula Approval Application is submitted to the State Office. The form may be completed by the local agency or at the State Office on behalf of the Local Agency.

Ready-to-Feed Formula

Ready-to-feed formula may be issued in the following cases:

- The person caring for the participant may have difficulty correctly diluting concentrated or powdered formula
- The household has an unsanitary or restricted water supply or poor refrigeration
- The prescribed formula is only available as ready-to-feed