

Iowa Care for Kids helps families access regular checkups and health care for children to support their growth, development, and well-being.

At checkups, your child's doctor will do a physical exam, track growth and development, check vision, hearing, and teeth, provide immunizations, and do lab tests.

You can also take your child to the doctor anytime they're sick or if you're worried about their physical, mental, or developmental health.

If your child's health care provider finds a problem during your visit, they will recommend next steps which might include tests, a prescription medication, referral to a specialist, therapist or other types of treatment or even going to a hospital.



How to get access to Iowa Care for Kids services:



Call the
Healthy Families
Line at
1-800-369-2229



Visit our
website at
hhs.iowa.gov/EPSDT

Note:

Iowa Care for Kids is included in your Medicaid benefits.

Iowa Care for Kids is **not** included for children who have Healthy and Well Kids in Iowa health insurance (also known as Hawki)



Iowa Care for Kids

Early and Periodic
Screening, Diagnosis and
Treatment Program
(EPSDT)



**Health and
Human Services**

Comm. 004 (07/25)



What is Iowa Care for Kids?

Iowa Care for Kids is Iowa's Medicaid program for children under age 21. The goal of the program is to find and treat health problems early, and to support a healthy life for children. You may also hear the program called *Early and Periodic Screening, Diagnosis and Treatment (EPSDT)*.

Iowa Care for Kids covers screenings to make sure your child is healthy, tests for any concerning issues and medically necessary services to treat your child's conditions.



An Iowa Care for Kids coordinator can help you:

- Find a provider
- Schedule appointments
- Arrange an interpreter
- Get transportation

If you're in a Managed Care Organization (MCO), contact your MCO Member Services to reach a coordinator.

If you have Fee-for-Service Medicaid, call the Healthy Families Line to get connected.



1-800-369-2229



Services and Products Covered

Examples include:

- Medical care (in and out of the hospital)
- Prescription drugs
- Dental care
- Hearing care, including hearing aids
- Vision care, including glasses
- Speech therapy, physical therapy, and occupational therapy
- Help with mental and behavioral health, and substance abuse
- Personal care
- Nursing services
- Medical equipment