

Make Your Next Step,

Provider Prevention & **Support** Services



Our Purpose

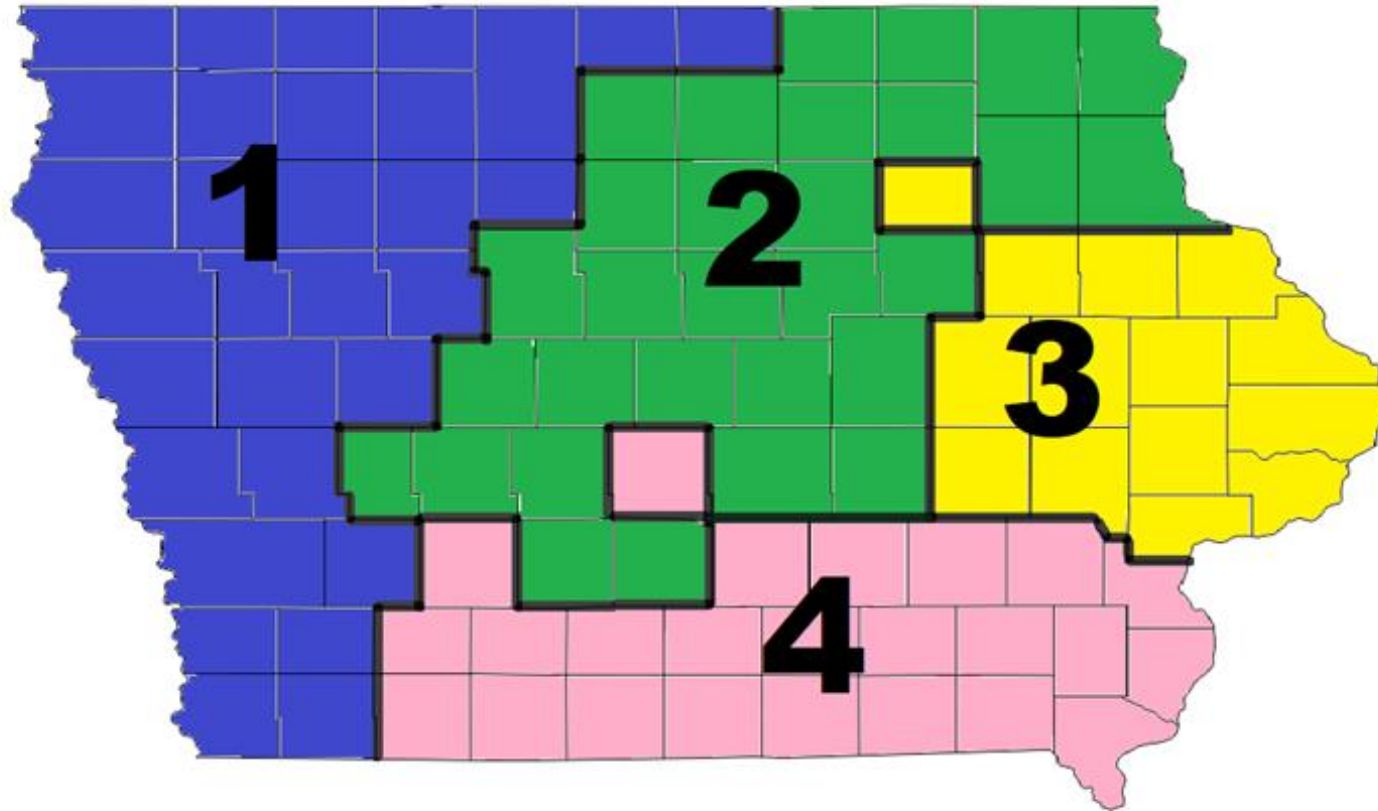
- To provide support to system members providing care to individuals with intellectual disabilities, co-occurring mental health diagnoses, and complex behavioral health needs.
 - Unique service
 - Preventative Interventions
 - Aid in Managing Crises
 - Positive Psychology
 - Provide Training
 - Tied to National Resources

Our Referral Requirements

Eligibility Requirements:

- Intellectual Disability
- Enrolled and Receiving ID Waiver or Habilitation Funding
- Documented behavioral health challenges
- Members between the ages of 6-17, must live in a residential-based supported community living setting.





Introductions

Tiffany Liska, Program Director

Olivia Ayers, Clinical Director

Jhanna DeHeck, Clinical Team Leader

Jodie Schmidt, Coordinator, Region 2

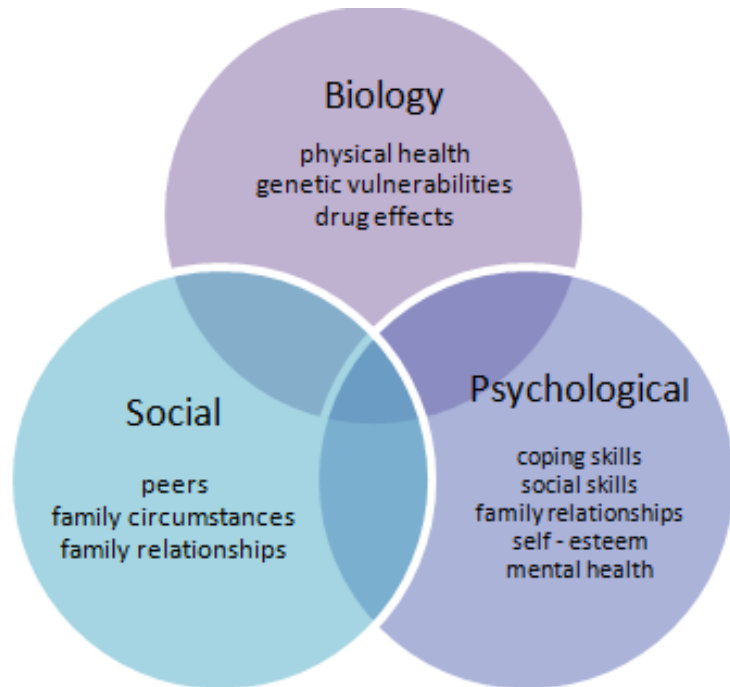
Casey Wells, Coordinator, Region 3

Paige Smith, Coordinator, Region 2

Karla Chestnut, Coordinator, Region 2



Unique Service

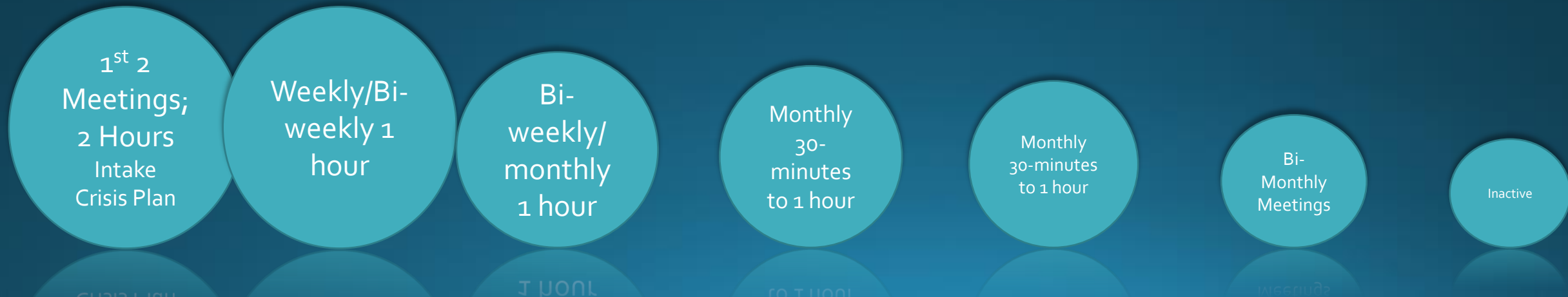


- Primary Focus is on the system of support
- Specialized team
- Quarterly review of all cases within the program
- Consultation services provided by:
 - University of Iowa
 - Station MD
- Person Centered Care approach
- Everyone is part of the team
- Intentional approach to services



Preventative Interventions

- We meet frequently!
- Open lines of communication
- Identify missing members of the team
- Try, try, and try again, until we all get it right!
- Move from a reactive to a proactive approach to services
- Dedication and participation from everyone

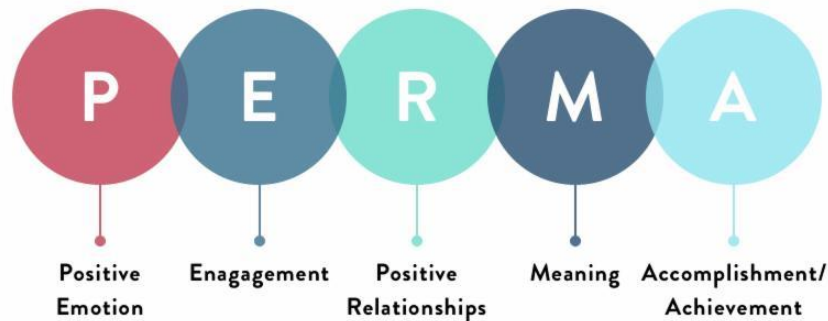


Aid in Managing Crises

- Proactive Planning Helps to Prevent Crisis
 - ~~Our~~**YOUR** Crisis Plans
- Crisis Supports
 - Prior to crisis occurring
 - Active planning for crisis
 - While a crisis is happening
 - Access to our support line and resources
 - After the crisis happens
 - Crisis follow-up
- Training



Positive Psychology

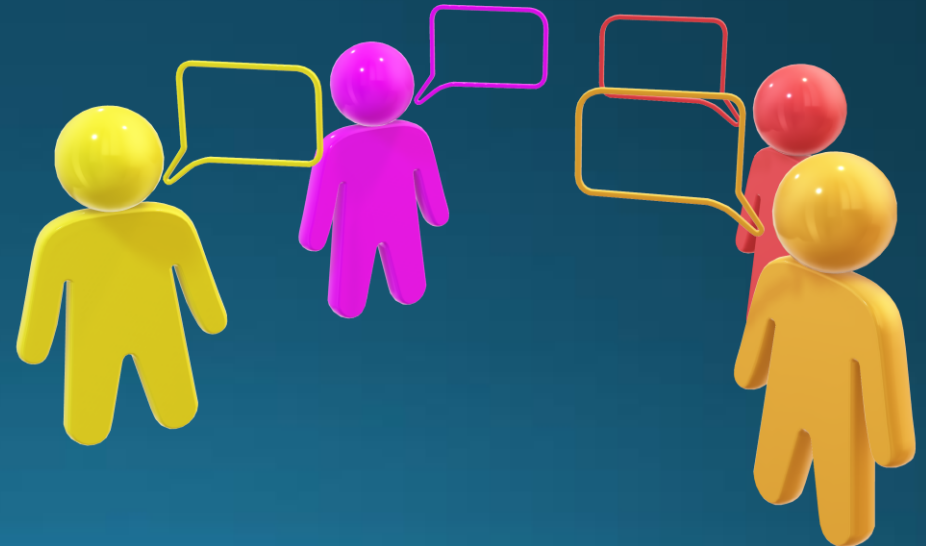


- We want EVERYONE living a +1 lifestyle
- Focus on burnout, turnover, limited resources
- Create an empathetic view
- Identify areas of happiness
- Person center approach
 - Strengths of the member served
 - Desire/Goals the member has
 - Promote overall positivity



Provide Training

- **FREE** Training
- Customized training to meet your needs and/or the needs of the member
- Individualized training
 - Small or large groups
 - One-on-one training
 - Multiple training
- Monthly training opportunities



National Resources

- The Center for START Services
 - Experts in the field of complex behavioral health needs for individuals with intellectual and developmental disabilities
- All members of the Provider Supports team are or will be Certified by the Center for START Services
- Consultation Services
- www.centerforstartservices.org



Make a Referral

- Email: ProviderSupports@elevateccbhc.org
- Website: www.elevateccbhc.org
- Phone: 641.525.0401

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Any Program Related Questions:

- Contact:
 - Tiffany Liska, MA Program Director
 - E: tliska@elevateccbhc.org
 - P: 319-464.0642

