# STATE OF IOWA DEPARTMENT OF Health and Human services

## Health Home Learning Collaborative

Behavioral Health Continuum

10/16/2023

#### This training is a collaborative effort between the Managed Care Organizations and Iowa Medicaid

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### Agenda

#### Introductions

Behavioral Health Continuum......Bill Ocker, Iowa Total Care

- Questions.....All
  - Coming Up
    - November 20, 2023 Person Centered Thinking Training
    - December 18, 2023 Data Analysis of 2022

### Logistics

- Mute your line
- Do not put us on hold
- Attendance and engagement is expected
- Type your questions in the chat as you think of them. Time permitting, we will address questions at the end of the presentation.

#### **Objectives:**

 Integrated Health Homes assist members with supporting member needs for behavioral health services. This webinar will cover the continuum of behavioral health services from outpatient services to inpatient care.



## **Behavioral Health Levels of Care**



### **Complex Needs - Adults**

- Inpatient Hospitalization
- Sub-Acute Care
- Intensive Residential Services
- Day or Intensive Outpatient Treatment
- Assertive Community Treatment
- Jail Diversion
- Mental Health Commitment

### Targeted Interventions and Supports - Adults

- Evidence-Based Practices
- Community Based Residential Skill Building Services
- Community Based Employment Skill Building Services
- Wrap Around Services and Supports
- Service Coordination
- Medication
- Therapy

# Health Promotion Prevention and Well- Being Adults

- Outreach
- Screening, assessment and evaluation
- Integrated mental health and substance use
- Primary Healthcare
- Peer Support Services
- Family Psychoeducation
- Provider Education and Training

### **Complex Needs - Children**

- Inpatient Hospitalization
- Sub Acute / PMIC
- Intensive Residential Services
- Day or Intensive Outpatient Treatment
- Juvenile Justice Screening and Diversion

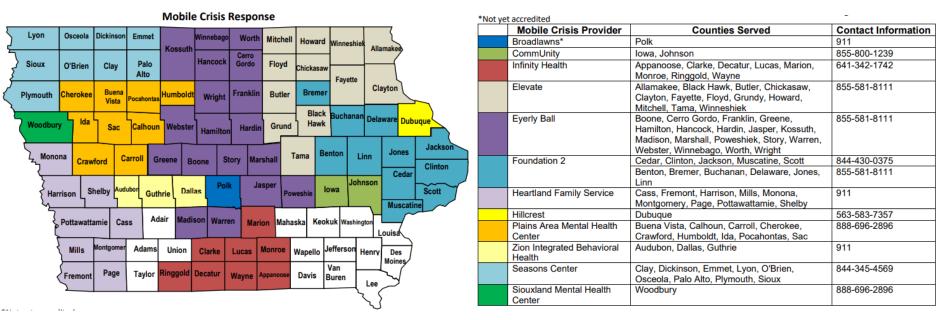
#### Targeted Interventions and Supports - Children

- Evidence Based Practices
- Community Based Residential Skill Building
- School Based Skill Building and Behavioral Support Services
- Wrap Around Services and Supports
- Service Coordination
- Medication
- Therapy

# Health Promotion, Prevention and Well-Being - Children

- Outreach
- Screening, assessment and evaluation
- Integrated mental heath and substance abuse
- Primary Healthcare
- Peer and Family Support Services
- Family Psychoeducation
- Provider Education and Training

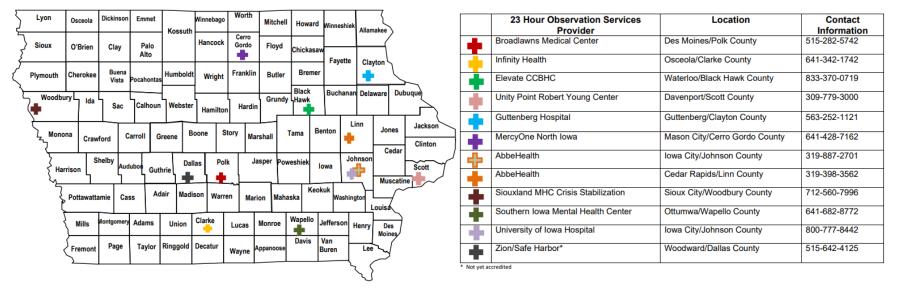
#### Mobile Crisis Response-Adults and Children



On-site, face-to-face mental health crisis services for individuals experiencing a mental health crisis

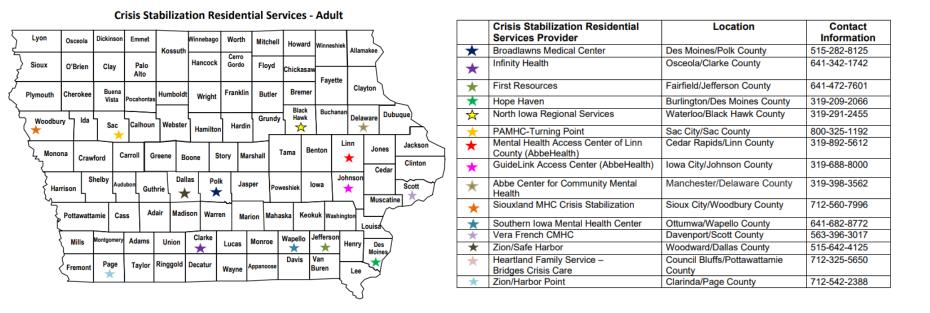
#### 23-Hour Crisis Observation - Adults

23 Hour Observation Services



Services up to 23 hours in a medically staffed treatment environment

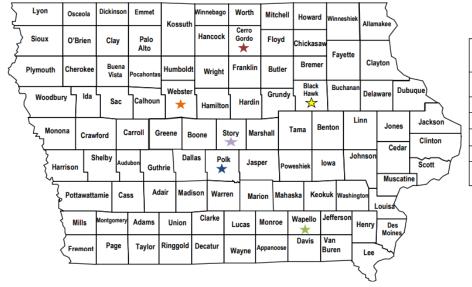
#### Crisis Stabilization Residential Based – Adults



Services to de-escalate a crisis and stabilize an individual; provided in a residential setting

### Crisis Stabilization Residential Based – Children

**Crisis Stabilization Residential Services - Child** 



	Children's Crisis Stabilization Residential Services Provider	Location	Contact Information
*	Youth Shelter Care of North Central Iowa, Inc. (Ages 12-18)	Fort Dodge/Webster County	515-955-4222
$\star$	YSS Francis Lauer (Ages 12-18)	Mason City/Cerro Gordo	641-423-7362
$\star$	YSS Rosedale (Ages 12-18)	Ames/Story County	515-233-2330
$\star$	American Home Finding Association	Ottumwa/Wapello County	641-937-5272
$\star$	Easterseals Iowa	Des Moines/Polk County	515-288-0818
☆	North Iowa Regional Services	Waterloo/Black Hawk County	319-229-2240

Services to de-escalate a crisis and stabilize an individual; provided in a residential setting

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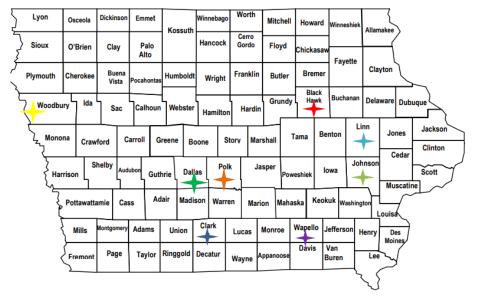
# Crisis Stabilization Community Based – Adults and Children

Crisis Stabilization Community-Based Services (CSCBS) 51 **CSCBS** Provider **Counties Served** Contact Information Lyon Dickinsor Emmet Mitchell Howard Winneshiek Infinity Health Appanoose, Clarke, Decatur, Lucas, Mahaska, 641-342-1742 (Osceola) Osceola Allamakee 641-828-6208 (Knoxville) Kossuth Marion, Monroe, Ringgold, Wayne Cerro Palo 844-581-8111 Eyerly Ball Boone, Cerro Gordo, Franklin, Greene, Hancock, Hancock Sioux Gordo **O'Brien** Clay Floyd Alto Chickasaw Hamilton, Hardin, Jasper, Kossuth, Madison, Marshall, Poweshiek, Story, Warren, Winnebago, Fayette Clayton Webster, Worth Buena Franklin Bremer herokee Humboldt Plymouth Wright ocahontas Elevate CCBHC 855-581-8111 Allamakee, Black Hawk, Butler, Chickasaw, Vista Butler Clavton, Favette, Flovd, Grundy, Howard, Mitchell, Black Buchanan Delaware Woodbury Tama, Winneshiek lda Dubuque Hawk Sac Calhoun Webster Hardin Grundy Foundation 2 Benton, Jones, Linn 855-581-8111 Zion Integrated Behavioral Audubon, Dallas, Guthrie 911 Jackson Benton Jones Health\* Linn Monona Carroll Greene Story Marshall Crawford Boone Tama American Home Finding Appanoose, Davis, Jefferson, Keokuk, Van Buren, 641-937-5272 Clinton Association Wapello Cedar Johnson (Under 18 years old) Shelby lowa Dallas Scott Easterseals Iowa Polk, Dallas 515-288-0818 Harrison udub Guthrie Polk Jasper Muscatine Siouxland Mental Health Woodbury 888-696-2896 Keokuk Center Adair Madison Pottawattamie Cass Warren Washingto Marion Mahaska Plains Area Mental Health Buena Vista, Calhoun, Carroll, Cherokee, Crawford, 888-696-2896 Louisa Center Humboldt, Ida, Pocahontas, Sac Seasons Center\* Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, 844-345-4569 Clark Adams Mills ontgomery Union Monroe Lucas Wapello Jefferson Henry Des Palo Alto, Plymouth, Sioux Moines Heartland Family Service Cass, Fremont, Harrison, Mills, Monona, 911 Davis Van Burer Page Taylor Ringgold Decatur Montgomery, Page, Pottawattamie, Shelby Fremont Wayne ppanoose Lee \* Not vet accredited

Services to de-escalate a crisis and stabilize an individual; provided where the individual lives or works.

#### Access Centers - Adults

#### Access Centers



	Access Center	Location	Contact Information
-	Infinity Health	Osceola/Clarke County	641-342-1742
-	GuideLink Access Center	Iowa City/Johnson County	319-688-8000
-	North Iowa Regional Services	Waterloo/Black Hawk County	319-291-2455
-	Mental Health Access Center of Linn County	Cedar Rapids/Linn County	319-892-5612
-	Southern Iowa Mental Health Center	Ottumwa/Wapello County	641-682-8772
-	Polk County MHDS Access Center	Des Moines/Polk County	515-282-5742
-	Siouxland MHC Access Center	Sioux City/Woodbury County	712-560-7996
	Zion Integrated Behavioral Health/Safe Harbor	Woodward/Dallas County	515-642-4125

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## Spotlight

https://hhs.iowa.gov/mhds/crisis-services





