IOWA Health and Human Services

Approved CPR & First Aid Training list

Approved date range	Professional development organization	CPR face to face or online blended course with skills assessment* that meet or exceed the American Heart Association or American Red Cross standards	First-aid trainings that meet or exceed the American Heart Association or American Red Cross standards
No expiration	A hospital	X	X
No expiration	American Health Care Academy		X
No expiration	American Heart Association	X	X
No expiration	American Red Cross	X	X
No expiration	American Safety and Health Institute	X	X
No expiration	County health departments	X	X
07/20/2023-09/08/2027	David Meiser (d.b.a. certwerks)	X	X
No expiration	eCPRcertification	X	
No expiration	EMS Safety	X	X
06/09/2026- 03/31/2027	Everyday Hero Academy	X	X
04/30/2028	Everyday Heroes CPR	X	X
No expiration	FirstVoice	X	X
No expiration	Health and Safety Institute (HSI)	X	X

*Online blended courses must include a skills assessment in which a certified CPR instructor verifies that the participant has successfully demonstrated CPR skills.

Approved CPR & First Aid Training list

Approved date range	Professional development organization	CPR face to face or online blended course with skills assessment* that meet or exceed the American Heart Association or American Red Cross standards	First-aid trainings that meet or exceed the American Heart Association or American Red Cross standards
No expiration	International Occupational Health and Safety Association	X	X
06/03/2026-02/01/2027	LCF Training, LLC	X	X
No expiration	Medic First Aid	X	X
07/05/2025-07/30/2027	Modern Training Solutions LLC (d/b/a Pacific Medical Training)	X	X
No expiration	National CPR Foundation		X
No expiration	National Safety Council	X	X
10/11/2019-08/03/2026	National Safety Training Service, LLC	X	X
No expiration	ProTrainings	X	X
04/13/2023-04/21/2028	S Devore Enterprises, LLC	X	X
No expiration	State Child Care Nurse Consultants	X	X

*Online blended courses must include a skills assessment in which a certified CPR instructor verifies that the participant has successfully demonstrated CPR skills.

Approved CPR & First Aid Training list

Approved date range	Professional development organization	CPR face to face or online blended course with skills assessment* that meet or exceed the American Heart Association or American Red Cross standards	First-aid trainings that meet or exceed the American Heart Association or American Red Cross standards
02/20/2025-02/20/2030	Survive Today, LLC	X	
No expiration	Think Safe Inc.	X	X

*Online blended courses must include a skills assessment in which a certified CPR instructor verifies that the participant has successfully demonstrated CPR skills.