

**Iowa Department of Human Services, Division of Adult, Children, and Family Services  
Approved CPR and First Aid Training for Child Care Providers**

<b>Dates Approved</b>	<b>Professional Development Organization</b>	<b>Class Title</b>	<b>Clock Hours Approved</b>	<b>Format</b>	<b>Venue</b>
Per Rule 441-109 and 441-110	A Hospital	All CPR Trainings Approved	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*
Per Rule 441-109 and 441-110	A Hospital	All Health and Safety and First-Aid Trainings Approved	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	American Health Care Academy trainings that meet or exceed the American Heart Association or American Red Cross standards	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Online
Per Rule 441-109 and 441-110	American Heart Association	All CPR Trainings Approved	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*
Per Rule 441-109 and 441-110	American Heart Association	All First-Aid Trainings Approved	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	American Life & Health Foundation trainings that meet or exceed the American Heart Association or American Red Cross standards	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	American Red Cross	All CPR Trainings Approved	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*
Per Rule 441-109 and 441-110	American Red Cross	All First-Aid Trainings Approved	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	American Safety and Health Institute trainings that meet or exceed the American Heart Association or American Red Cross standards	All CPR trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*
Per Rule 441-109 and 441-110	American Safety and Health Institute trainings that meet or exceed the American Heart Association or American Red Cross standards	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face and Online
01/2021-01/2023	CPR-4U, LLC (Maria Calhoun RN, BSN)	All Basic Life Support (BLS) and Heartsaver trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*

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Per Rule 441-109 and 441-110	FirstVoice	Infant/Child CPR classes including: <ul style="list-style-type: none"> <li>• International Occupational Health &amp; Safety Association (IOHSA)</li> <li>• American Heart Association (AHA)</li> <li>• American Red Cross (ARC)</li> <li>• American Safety &amp; Health Institute (ASHI)</li> </ul>	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*
Per Rule 441-109 and 441-110	FirstVoice	Infant/Child First Aid classes including: <ul style="list-style-type: none"> <li>• International Occupational Health &amp; Safety Association (IOHSA)</li> <li>• American Heart Association (AHA)</li> <li>• American Red Cross (ARC)</li> <li>• American Safety &amp; Health Institute (ASHI)</li> </ul>	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	eCPRcertification	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	EMS Safety	CPR and First Aid for Child Care Providers	All	Group Setting	Face to Face and Online Blended Course with Skills Assessment*
Per Rule 441-109 and 441-110	International Occupational Health and Safety Association	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face
Per Rule 441-109 and 441-110	Iowa Department of Public Health	Certifications:  Emergency Medical Responder (EMR)  Emergency Medical Technician (EMT)  Advanced Emergency Medical Technician (AEMT)  Paramedics	N/A	N/A	N/A

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		Current EMR, EMT, AEMT or Paramedic certification can be used in place of First Aid			
8/21/2020-8/21/2025	Know CPR, LLC	All CPR trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*
8/21/2020-8/21/2025	Know CPR, LLC	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	Medic First Aid	All CPR Trainings Approved	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*
Per Rule 441-109 and 441-110	Medic First Aid	All First-Aid Trainings Approved	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	National CPR Foundation	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	National Registry of Emergency Medical Technicians	<p align="center">Certifications:</p> <p>Emergency Medical Responder (EMR) Emergency Medical Technician (EMT)</p> <p align="center">Advanced Emergency Medical Technician (AEMT)</p> <p align="center">Paramedics</p> <p>Current EMR, EMT, AEMT or Paramedic certification can be used in place of First Aid</p>	N/A	N/A	N/A
Per Rule 441-109 and 441-110	National Safety Council	All CPR Trainings Approved	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*
Per Rule 441-109 and 441-110	National Safety Council	All First-Aid Trainings Approved	All	Group Setting	Face to Face and Online
10/11/2019-3/19/2023	National Safety Training Service, LLC	American Trauma Event Management (ATEM) CPR and First Aid Classes	All	Group Setting	Face to Face

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02/01/2021-10/31/2023	Pacific Medical Training	All First-Aid and CPR trainings that meet or exceed the AHA or ARC standards	All	Group Setting	Online Blended Course with Skills Assessment
Per Rule 441-109 and 441-110	ProTrainings	All CPR trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face or Online Blended Course with Skills Assessment*
Per Rule 441-109 and 441-110	ProTrainings	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved	All	Group Setting	Face to Face and Online
Per Rule 441-109 and 441-110	Think Safe Inc.	Infant/Child CPR classes including: <ul style="list-style-type: none"> <li>• International Occupational Health &amp; Safety Association (IOHSA)</li> <li>• American Heart Association (AHA)</li> <li>• American Red Cross (ARC)</li> <li>• American Safety &amp; Health Institute (ASHI)</li> </ul>	All	Group Setting	Face to Face
Per Rule 441-109 and 441-110	Think Safe Inc.	Infant/Child First Aid classes including: <ul style="list-style-type: none"> <li>• International Occupational Health &amp; Safety Association (IOHSA)</li> <li>• American Heart Association (AHA)</li> <li>• American Red Cross (ARC)</li> <li>• American Safety &amp; Health Institute (ASHI)</li> </ul>	All	Group Setting	Face to Face

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