

Approved CPR and First Aid List

Approved Date Range	Professional Development Organization	Additional Information
HHS Policy-Ongoing approval	Paramedics	
HHS Policy-Ongoing approval	A Hospital	All CPR Face to Face or Online Blended Course with Skills Assessment*
HHS Policy-Ongoing approval	A Hospital	All Health and Safety and First-Aid Trainings Approved
HHS Policy-Ongoing approval	Advanced Emergency Medical Technician (AEMT)	
HHS Policy-Ongoing approval	American Health Care Academy trainings that meet or exceed the American Heart Association or American Red Cross standards	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	American Heart Association	All CPR Face to Face or Online Blended Course with Skills Assessment*
HHS Policy-Ongoing approval	American Heart Association	All First-Aid Face to Face and Online
HHS Policy-Ongoing approval	American Life & Health Foundation trainings that meet or exceed the American Heart Association or American Red Cross standards	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	American Red Cross	All CPR Face to Face or Online Blended Course with Skills Assessment*

HHS Policy-Ongoing approval	American Red Cross	All First-Aid Trainings Approved
HHS Policy-Ongoing approval	American Safety and Health Institute trainings that meet or exceed the American Heart Association or American Red Cross standards	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	American Safety and Health Institute trainings that meet or exceed the American Heart Association or American Red Cross standards	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
02/01/2021-07/01/2025	American Trauma Event Management	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
02/01/2021-07/01/2025	American Trauma Event Management	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	County Health Departments	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	County Health Departments	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved

HHS Policy-Ongoing approval	Current EMR, EMT, AEMT or Paramedic certification can be used in place of First Aid	
7/1/2023-09/08/2025	David Meiser (Cert Werks)	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
7/1/2023-09/08/2025	David Meiser (Cert Werks)	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	eCPRcertification	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	Emergency Medical Responder (EMR)	
HHS Policy-Ongoing approval	Emergency Medical Technician (EMT)	
HHS Policy-Ongoing approval	EMS Safety	CPR and First Aid for Child Care Providers-Face to Face and Online Blended Course with Skills Assessment*
5/1/2024-4/30/2026	Everyday Heroes CPR	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
5/1/2024-4/30/2026	Everyday Heroes CPR	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	FirstVoice	Infant/Child CPR classes including: <ul style="list-style-type: none"> • International Occupational Health & Safety Association (IOHSA) • American Heart Association (AHA) • American Red Cross (ARC) • American Safety & Health Institute (ASHI)Face to Face or Online Blended Course with Skills Assessment*

HHS Policy-Ongoing approval	FirstVoice	Infant/Child First Aid classes including: • International Occupational Health & Safety Association (IOHSA) • American Heart Association (AHA) • American Red Cross (ARC) • American Safety & Health Institute (ASHI)
11/07/2023-11/06/2025	Hanaa' training center at American Safety & Health Institution	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
11/07/2023-11/06/2025	Hanaa' training center at American Safety & Health Institution	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	International Occupational Health and Safety Association	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	Iowa Department of Health and Human Services	Certifications: Emergency Medical Responder (EMR), Emergency Medical Technician (EMT), Advanced Emergency Medical Technician (AEMT), Paramedics, Current EMR, EMT, AEMT or Paramedic certification can be used in place of First Aid
8/21/2020-8/21/2025	Know CPR, LLC	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approve
8/21/2020-8/21/2025	Know CPR, LLC	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	Medic First Aid	All CPR Face to Face or Online Blended Course with Skills Assessment*
HHS Policy-Ongoing approval	Medic First Aid	All First-Aid Trainings Approved
HHS Policy-Ongoing approval	National CPR Foundation	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved

HHS Policy-Ongoing approval	National Registry of Emergency Medical Technicians	
HHS Policy-Ongoing approval	National Safety Council	All CPR Face to Face or Online Blended Course with Skills Assessment*
HHS Policy-Ongoing approval	National Safety Council	All First-Aid Trainings Approved
10/11/2019-08/03/2026	National Safety Training Service, LLC	Face to Face
2/3/2020-07/1/2025	Occupational Safety Consultants, LLC	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
2/3/2020-07/01/2025	Occupational Safety Consultants, LLC	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved
02/01/2021-07/31/2025	Pacific Medical Training	All First-Aid and CPR Face to Face or Online Blended Course with Skills Assessment that meet or exceed the AHA or ARC standards
HHS Policy-Ongoing approval	ProTrainings	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	ProTrainings	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
4/13/2023-04/21/2028	S Devore Enterprises, LLC	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
4/13/2023-04/21/2028	S Devore Enterprises, LLC	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	State Nurse Consultants	All First-Aid trainings that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	State Nurse Consultants	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed

		the AHA or ARC standards, Approved
02/20/2025-02/20/2030	Survive Today, LLC	All CPR Face to Face or Online Blended Course with Skills Assessment* that meet or exceed the AHA or ARC standards, Approved
HHS Policy-Ongoing approval	Think Safe Inc.	Infant/Child CPR classes including: <ul style="list-style-type: none"> • International Occupational Health & Safety Association (IOHSA) • American Heart Association (AHA) • American Red Cross (ARC) • American Safety & Health Institute (ASHI)
HHS Policy-Ongoing approval	Think Safe Inc.	Infant/Child First Aid classes including: <ul style="list-style-type: none"> • International Occupational Health & Safety Association (IOHSA) • American Heart Association (AHA) • American Red Cross (ARC) • American Safety & Health Institute (ASHI)