

JOINT MEETING OF THE MHDS COMMISSION & IOWA MENTAL HEALTH PLANNING COUNCIL
May 17, 2023
12:30 am to 4:00 pm
Zoom – DRAFT

MHDS COMMISSION MEMBERS PRESENT:

Betsy Akin	Michael Fidgeon	Dr. Ken Wayne
Sarah Berndt	Sue Gehling	Richard Whitaker
Diane Brecht	June Klein-Bacon	Russell Wood
Linda Dettmann	Kathy Norris	

MHDS COMMISSION MEMBERS ABSENT:

Teresa Daubitz	Don Kass	Terri Steinke
Sen. Jeff Edler	Jack Seward, Jr.	Sen. Sarah Trone Garriott

MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Theresa Henderson	Edward Murphy
Leslie Carpenter	Vienna Hoang	Todd Noack
Rachel Cecil	Michael Kaufmann	Nina Richtman
Sen. Claire Celsi	Rep. Bob Kressig	Kristin Roof
Linda Dettmann	Todd Lange	Dr. Shaad Swim
Jim Donoghue	Megan Marsh	Lorraine Uehling-Techel
Jenny Erdman (for Hannah O.)	Christina Maulsby	Monica Van Horn
Jen Gomez	Katie McBurney	Patricia Whitmarsh
Kyra Hawley	Mary McKinnell	

MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:

Sen. Jeff Edler	Edward Wollner
Brad Richardson	

OTHER ATTENDEES:

Jacob Appel, Iowa Senate Democrats	Devon McClurken, NAMI Iowa
Theresa Armstrong, Iowa HHS	Robin McKee, CICS
Carlyn Crowe, Iowa DD Council	Dawn Mentzer, Rolling Hills
Wendy DePhillips, Iowa HHS	Rep. Ann Meyer, Iowa House Majority
Shelly Dirth, Hope Haven	Jancy Nielson, Iowa HHS
Nicolle Eaton, Siouxland MHC	Denise Rathman, NASW, Iowa Chapter
Meghan Freie, CICS	Eric Richardson, LSA
Rep. Lindsay James, Iowa House Minority	Jennifer Robbins, Molin
Torie Keith, CEBH	Joshua Rubin, HMA
Dylan Keller, Iowa Senate Rep. Caucus	Flora A. Schmidt, IBHA
Laura Larkin, Iowa HHS	
Brooke Lovelace, Iowa DD Council	
Patti Manna, Iowa HHS	
Krissa Mason, Office of the AG	
Elizabeth Matney, Iowa Medicaid	

Materials Referenced:

Iowa Developmental Disabilities (DD) Council Overview PowerPoint Presentation
Iowa Center of Excellence for Behavioral Health Overview PowerPoint Presentation
HCBS Waiver Transition Plan
CCBHC Overview 5.16.23

HHS Welcome

The meeting was called to order at 12:30 p.m. Theresa Armstrong, HHS, Division of Behavioral Health and Disability Services welcomed everyone to the meeting and thanked them for their commitment to Iowa with disabilities.

Introductions – MHDS Commission, IMHPC Members and IDD Council

Russell Wood led a roll call of MHDS Commission members as well as the representative from the Iowa Developmental Disabilities (DD) Council and requested that members introduce themselves and state their position on the Commission or DD Council. Teresa Bomhoff, Chair of the Iowa Mental Health Planning and Advisory Council led a roll call of members requested they introduce themselves and note their position on the Commission or Council.

MHDS Commission Overview and Update

Russell Wood reviewed current work of the MHDS Commission including hearing from and providing input to HHS on the reorganization of the department, updates from the peer run organizations and peer support services, reviewing legislation of the past session, and approving Community Mental Health Center (CMHC) expansions in the state.

Iowa Mental Health Planning and Advisory Council (IMHPC) Overview and Update

Teresa Bomhoff shared an overview of the Mental Health Planning Council and its activities. She noted several differences between the MHDS Commission and the Council including that the Council is authorized by federal law and required as a condition of Iowa receiving federal Community Mental Health Block Grant funds, members are elected according to Council bylaws, and the Council meets bi-monthly (six times a year). Teresa reviewed the Council's three purposes to review Iowa's Mental Health Block Grant Plan and make recommendations to HHS, to advocate for adults with serious mental illness, children with serious emotional disturbance and their families, and other individuals with mental illness, and to monitor, review, and evaluate the allocation and adequacy of mental health services within the state. Teresa also reviewed the federal membership requirements and member categories.

Teresa noted that the Planning Council's bylaws require at least three standing committees. The Executive Committee composed of the Planning Council's officers, the Nominations Committee which recommends applicants for membership to the Planning Council, and the Monitoring and Oversight Committee, which develops and recommends a list of priorities for the Division of Behavioral Health and Disability Services.

Iowa Developmental Disabilities (DD) Council Overview and Update

Brooke Lovelace, Executive Director, Iowa DD Council thanked the Commission and Planning Council for inviting her to speak and shared a presentation on the DD Council. Brooke reviewed the purpose of the DD Council and briefly touched on establishment of the DD Councils nationwide as well as the funding and oversight. Brooke noted that nationally DD Councils in each state, including Iowa, act in tandem with their state University Centers for Excellence in Developmental Disabilities (UCEDD) and the state Protection and Advocacy organization. The DD Council has a federal mandate to engage in advocacy for systems change, to ensure that individuals with developmental disabilities have services

in the community, culturally competent resources, and that they can live independently in communities they choose.

Brooke shared information about Capitol Chats and weekly InfoNet newsletters submitted by the DD Council as well as the 2023 Legislative Agenda which entails the DD Council's main areas of focus for 2023. Brooke reviewed advocacy events at the State Capitol as well as the 2023 Iowa Youth Leadership Academy and the Make Your Mark Conference scheduled for August. Brook also shared information of Direct Support Professionals and a short YouTube video on Robert's Advocacy Story in getting ADA compliant doors at his local post office.

Update on Mathematica Findings and Iowa Medicaid Home and Community Based Services (HCBS) Waivers

Liz Matney, Director, Iowa Medicaid, presented on the HCBS Waiver Transition Plan developed from Mathematica's yearlong assessment of the states behavioral health, aging, and disability services system, as well as an update on the current American Rescue Plan Act projects. The presentation included key takeaways, challenges, and solutions as well as next steps. Liz noted that much of this information can be found on the HHS website: <https://hhs.iowa.gov/CBS-Redesign>.

There was discussion regarding the aging population and accessing services as well as the need for housing stability. There was discussion on the financial analysis and reallocation of dollars and if there were favorable state models that Iowa was interested in following. There was discussion on the benefits of screening and using an ala cart option for HCBS waivers.

Certified Community Behavioral Health Clinics (CCBHCs) Planning Grant

Laura Larkin, Iowa HHS and Josh Rubin, Heath Management Associates (HMA) provided a presentation on CCBHCs and the work that Iowa will be doing over the next year as a planning grant recipient. Josh reviewed the CCBHC Initiative including the standards, required services, benefits, and savings that the program provides demonstration states. Josh reviewed the key differences between the CCBHC Demonstration Program and the CCBHC Expansion Grants. Laura Larkin reviewed the work that HHS will be doing over the next 10 months for their CCBHC Certification and Regional Distribution Proposal including obtaining stakeholder input, certifying clinics, establishing a prospective payment system (PPS) rate, build provider capacity and develop data collection methodologies. Josh reviewed the certification process and proposed catchment areas as well as the public input process. It was noted that HHS would be holding monthly stakeholder meetings with the next meeting on June 22, 2023.

There was discussion regarding Designated Collaborative Organizations (DCOs) and the rule that only 49% of a CCBHCs services can be covered by a DCO. It was noted that CCBHCs need to be able to provide all services. The DCO should be utilized for capacity or location issues. There was discussion regarding the differences between the CCBHC Demonstration Grant and the CCBHC Expansion Grant.

Children's System State Board Update

Rich Whitaker reported that the Children's Behavioral Health System State Board met on Tuesday, May 10, 2022. Rich noted that the meeting was hybrid with a Zoom option. Rich reviewed the highlights of the meeting.

- Barb Anderson, Department of Education provided updates on Therapeutic Classrooms as well as information on the Governor's School Safety Initiatives and Critical Incident Mapping.

- Lisa Cushatt, Iowa ACEs, provided a presentation on Iowa ACEs 360. It was noted that 64% of Iowans have ACEs, and out of those 16.7% have an ACEs score of four or more. Lisa also spoke about the importance of youth serving on boards.
- Brad Niebling, University of Iowa Scanlan Center for School Mental Health, provided an update on the Metrics and Outcomes Subcommittee
- Rhonda Chittenden provided a presentation on the Iowa Youth Survey that included metrics regarding mental health indicators from 2016 to 2021.

HHS/BHDS Update

The HHS/BHDS Update was tabled due to time constraints.

Legislative Panel Discussion

The legislative panel consisted of Senator Claire Celsi, Representative Ann Meyer, Representative Lindsay James, and Representative Bob Kressig. Each legislator spoke briefly about the 2023 legislative session including several bills related to mental health that passed including the new residency fellowship at the University of Iowa, additions to the loan repayment program, and additional funds allocated to increase reimbursement rates for mental health and substance use disorder providers. Legislators indicated there was still work to do as there was concern regarding capacity, workforce, critical care access, co-occurring disorders, and early intervention. The legislators discussed peer support and grant/loan repayment programs for students who study and remain in the state.

There was discussion on the legislation that passed regarding non-compete clauses in the mental health space and how this will help with workforce shortages. There was discussion regarding recruitment and retainment of workforce. The legislators all expressed their gratitude for the hard work of the boards and commissions.

Public Comment

No public comment

Adjourn

The meeting adjourned at 4:03 p.m.

Minutes respectfully submitted by Wendy DePhillips.