

IPN Problem Gambling Treatment Services and Expectations

IDPH Integrated Provider Network (IPN)
Problem Gambling Treatment Webinar Series

February 14, 2019



W e l c o m e !

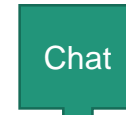
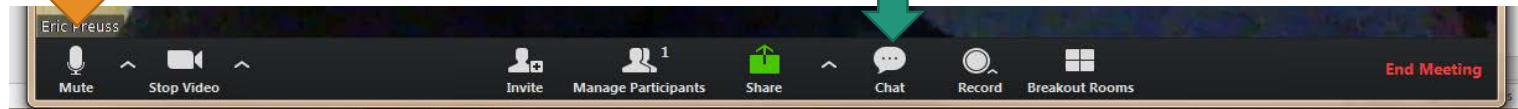
IPN Problem Gambling Treatment Webinar Series

- **IPN Problem Gambling Treatment Services and Expectations** (Eric Preuss)
 - Thursday, February 14, 2019 (1:30-3)
- **Gambling 101 - Part 1: Similarities/Differences between SUD/PG** (Jerry Bauerkemper)
 - Wednesday, February 20, 2019 (12 – 1:30 PM)
- **Gambling 101 - Part 2: Gambling Treatment Tool Kit** (Jerry Bauerkemper/Jessica Hartz)
 - Thursday February 21, 2019 (1:30-3:00)
- **Best Practices for Problem Gambling Intervention and Treatment** (Nic Foss)
 - Wednesday, February 27, 2019 (12-1:30 PM)
- **Financial/Legal Concerns and Counseling** (Allison Schwab)
 - Thursday, March 7, 2019 (1:30 - 3 PM)
- **Gambling Trends** (Jerry Bauerkemper)
 - Wednesday, March 20, 2019 (12-1:30 PM)

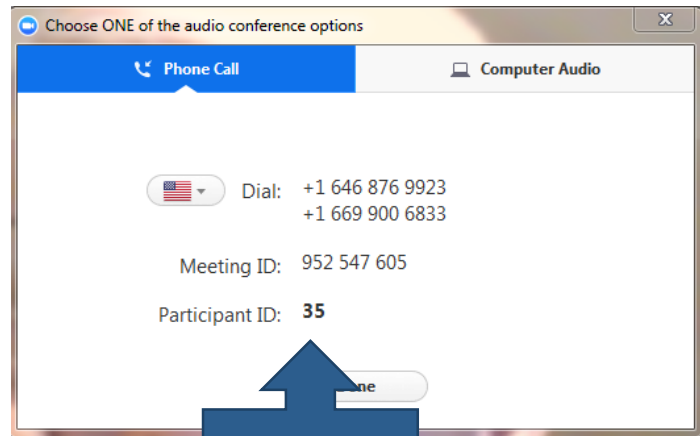


ZOOM Interface, CEU's & Handouts

Please click on "Mute" to minimize background noise. If joining by phone, *6 to mute/unmute

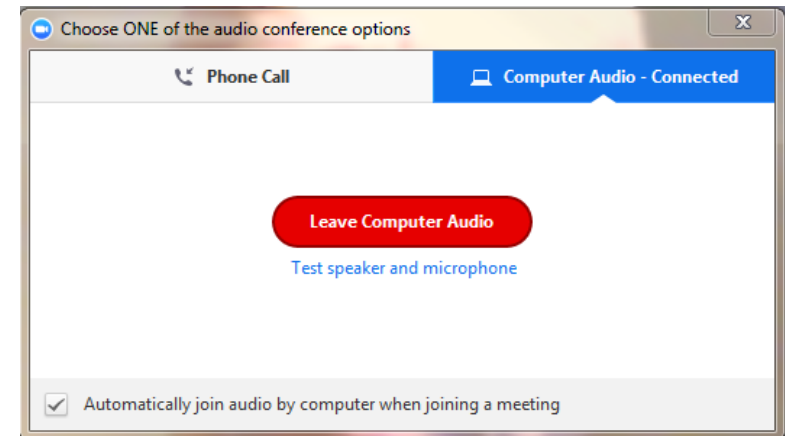


Please click on "Chat" to ask questions



Participant ID

Joining by phone, please type in your Participant ID.



- CEU's
 - Registration was required to enter the Webinar
 - Poll at the end of the webinar to confirm desire for CEU's

- Handouts
 - Shared via "chat" feature
 - PowerPoint Note Slides



Agenda

- Review Eligibility
- Overview of Services
- I-SMART
- Integrated Care
- Counselor/Patient Resources
- Q & A (as time allows)



ELIGIBILITY

- Problem Gambling Treatment Services
 - Treatment services are intended to support Iowa residents who are not eligible for Medicaid, do not have insurance, and do not have access to other resources to pay for needed Covered Services.



ELIGIBILITY

- Problem Gambling Treatment Services
 - Contractors must apply all available funding from third party payors prior to determining a patient's eligibility for contract funding and must assure services are paid by the correct payor.



ELIGIBILITY

- Problem Gambling Treatment Services
 - Iowa residents who meet the requirements are eligible to receive treatment Licensed Program Services for Patients and Other Covered Services for Patients and may receive such services from the contractor(s) of their choice.



ELIGIBILITY

- Income at or below 200% of the Federal poverty guidelines as published by the U.S. Department of Health and Human Services, and
- Not insured, or third party payment is not available to pay for the services.
 - Contract funding can pay for Licensed Program Services that are not covered during the gap period between enrollment in Medicaid and assignment to a managed care organization because of Medicaid (b) (3) services requirements.
 - Contract funding can pay for substance use disorder residential Licensed Program Services for Patients that are not covered services under the Iowa Health and Wellness Plan.
- Seeking AAG opinion regarding gambling debt



OVERVIEW OF SERVICES

- Outpatient/Intensive Outpatient Services
- Other Covered Services
- Other Covered Services Non-Patients
- Early Intervention

- [I-SMART Data Entry Matrix](#) (January 2019)



Outpatient Services

Different Unit Rates for Certified/Licensed and Independently Licensed staff for Outpatient Services

- Assessment
 - 1 per episode
- Individual Counseling
 - Family
 - Financial (required by Iowa Code)
- Group Counseling

*NOTE: Individual and Group Counseling Encounter
Duration – Round to nearest 30 minutes.*



Outpatient Services

New Service for IPN - Problem Gambling Treatment

- Intensive Outpatient/Partial Hospitalization
 - Encounter Type = 24 Hour service
 - Duration Type = Min (Days is not an option in the Gambling domain)
 - Min = 1



Other Covered Services

- Care Coordination
 - At least 1 billed service per month to receive monthly rate.
- Medical Evaluation
 - Telehealth Option
 - 1 per patient per episode of care
- Medical Care
 - Telehealth Option
- Medication
 - Limited to \$100 per month (\$300 max per treatment episode)



Other Covered Services

- Recovery Peer Coaching
- Transportation
 - Limited to \$20 per month, \$60 per treatment episode



Early Intervention

The Licensure Standards define Early Intervention as “the ASAM criteria level of care which explores and addresses problems or risk factors that appear to be related to an addictive disorder and which helps the individual recognize potential harmful consequences.”



Early Intervention

- May be provided to persons who have received an Initial Assessment and meet criteria for a gambling disorder but who are unwilling to be admitted to recommended treatment.
- May be provided to Iowa residents at risk for a substance use disorder or problem gambling.
- May be provided to family members or friends of patients of persons with gambling problems who are not in treatment.



Early Intervention

- Includes counseling persons in crisis.
 - Counseling persons in crisis can be in person or over the phone.
 - Includes Your Life Iowa/1-800-BETS OFF “warm-hand-offs”
 - 24/7/365 access to problem gambling treatment professional
 - YLI Warm Handoff Orientation
 - [February 26, 2019 2 PM](#)



Early Intervention

- Tracking
 - Patient Information Collected to create client profile in I-SMART:
 - Event Type = Crisis
 - Encounter Type = Individual/Group/Family note
 - Duration Type = Min
 - Duration = round to nearest 30 minute increment.
 - Patient not identified
 - Track internally per agency policy/procedure.



I-SMART Problem Gambling Domain

- I-SMART Overview
- Data Integrity Reports
- SSRS Folder Access



I-SMART Overview

- Staff Member User Accounts
 - Add Gambling domain
 - SSRS Agency Reader (request to IPN@idph.iowa.gov)
- Watch [I-SMART Problem Gambling Domain Training](#)
- [I-SMART Problem Gambling Domain Data Entry User Guide and Manual](#) (January 2019)
- [I-SMART Problem Gambling Domain Data Entry Forms](#)
- 30 Day Follow-up
 - Complete between 30-45 days after Admission (See SSRS Report)
 - Problem Gambling Domain Treatment Plan and 30-Day Follow Up Status Report (SSRS)



Data Integrity Reports

The IPN Problem Gambling Treatment Program has developed a series of Monthly and Informational Data Integrity Reports to assist in program management and monitoring of I-SMART Gambling Domain data and IowaGrants.gov claim submission.

- SSRS: Provider Reports Folder>IPN Problem Gambling Treatment Reports
- New Data Integrity Manual coming soon!
 - <https://www.idph.iowa.gov/igtp/treatment>



SSRS Access

- Access to SSRS can be requested at ismart.helpdesk@idph.iowa.gov
- Must have supervisor approval.



INTEGRATED CARE

Through the Integrated Provider Network, contractors assist IDPH to protect and improve the health of Iowans by meeting the following three goals:

- Establish and maintain a comprehensive and effective system of care for substance use and gambling problems through a statewide, integrated network of services and providers.
- Reduce substance use and gambling problems through public education, evidence-based prevention, and early intervention services.
- Increase remission and recovery from substance use disorders and problem gambling through timely, accessible, ongoing, and effective treatment services.
- IDPH Lead Staff – Problem Gambling: Eric Preuss



INTEGRATED CARE

- High comorbidity between mental health, substance use disorders, cigarette use with those experiencing symptoms of a gambling disorder
 - Important to screen for Mental Health and Substance Use Disorders
 - Patients may receive SUD and PG Services in same treatment episode, just can't bill both for same service (separate budgets within contract)



CLINICIAN & PATIENT RESOURCES

<http://www.idph.iowa.gov/igtp/treatment>

Iowa Department of Public Health
Protecting and Improving the Health of Iowans

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Iowa Gambling Treatment Program > Treatment

Prevention And Health Promotion

Treatment

Treatment Tools - Spanish

Helpful Data

Reports & Studies

Stakeholders

Training

Additional Resources

Treatment and Recovery Support Services

The Iowa Gambling Treatment Program (IGTP) funds problem gambling treatment and recovery support services covering all 99 counties in Iowa. For more information about the Problem Gambling Treatment and Recovery Support Services offered through the Iowa Gambling Treatment Program, send us a message through our Contact Us system. To find treatment near you, click here.

Clinician Resources

- [Client Services Agreement \(PDF\)](#)
- [Digital Communication Policy \(PDF\)](#)
- [Distance Treatment - Clinical Manual, Checklist, and QSA \(2008\)](#)
- [Gambling Pathways Questionnaire \(2016\)](#)
- [Gambling Problems: An Introduction for Behavioral Health Services Providers \(SAMHSA\)](#)
- [Getting Real about Problem Gambling - How the ASAM Can Help \(Mee-Lee\)](#)
- [Individualized Treatment for Problem Gamblers \(Therapist Manual - UCLA\)](#)
- [Multi-Cultural Services Centre \(Australia\) - problem gambling brochure in various languages](#)
- [Multi-lingual Wiki of Problem Gambling Resources](#)
- [Problem Gambling Toolkit \(SAMHSA\)](#)
- [Problem Gambling - A Guide for Parents \(Problem Gambling Institute of Ontario\)](#)
- [TIP 60, Using Technology-Based Therapeutic Tools \(SAMHSA\)](#)
- [What Clinicians Need to Know about Gambling Disorders \(NCRG\)](#)

Financial Tools

- [Barriers Against Money Triggers](#)
- [Data Snapshot](#)
- [Pay Your Monthly Bills](#)
- [Personal Financial Strategies for the Loved Ones of Problem Gamblers](#)
- [Problem Gamblers and Their Finances - A Guide for Treatment Professionals](#)
- [Quanskers about Life and Money](#)
- [Self Test For Financial Inabilities](#)
- [Snapshot: Your Average Month](#)
- [Take Control of Issues Arising from Problem Gambling \(Singapore\)](#)

IGTP Data Entry

- [IGTP Data Integrity Reports Manual \(September 2018\)](#)
- [I-SMART Data Entry Matrix \(January 2019\)](#)
- [I-SMART Problem Gambling Domain Data Entry Forms \(May 2018\)](#)
- [I-SMART Problem Gambling Domain Data Entry User Guide and Manual \(January 2019\)](#)
- [I-SMART Problem Gambling Domain Training \(December 2018\)](#)
- [I-SMART Problem Gambling Domain Training Notes \(December 2018\)](#)

Screening Tools

- [DG-SPS \(Disordered Gambler SBIRT Pre-Screen and Screen\)](#)
- [Brief Biosocial Gambling Screen \(NCRG\)](#)

Workbooks and Activities

- [Choices: A Guide to Understanding and Changing Problem Gambling Behavior](#)
- [Choices - Forensic Presentation](#)
- [Eight Gifts for Less than a Penny](#)
- [Mindful Steps to Forgiveness \(Lori Hagler, PhD, WCCCF\)](#)
- [New Problem Gambling Self-help Tools in French, Spanish, Polish and Chinese \(Problem Gambling Institute of Ontario\)](#)
- [Problem Gambling and Effects on the Spouse \(Wieder\)](#)
- [The ACTION CYCLE of Compulsive Gambling](#)
- [Your First Step to Change: Gambling \(provided by the Massachusetts Council on Compulsive Gambling\)](#)



CLINICIAN & PATIENT RESOURCES

Clinician Resources

- [Gambling Pathways Questionnaire \(2016\)](#)
 - Don't miss Webinar #3
- [Gambling Problems: An introduction for Behavioral Health Services Providers \(SAMHSA\)](#)
- [Getting Real about Problem Gambling - How the ASAM Can Help \(Mee-Lee\)](#)
- [Individualized Treatment for Problem Gamblers \(Therapist Manual - UCLA\)](#)
- [Problem Gambling Toolkit \(SAMHSA\)](#)
- [What Clinicians Need to Know about Gambling Disorders \(NCRG\)](#)



CLINICIAN & PATIENT RESOURCES

Financial Tools

- **Financial/Legal Concerns and Counseling (Allison Schwab)**
 - Thursday, March 7, 2019 (1:30 - 3 PM)
- Problem Gamblers and Their Finances: A Guide for Treatment Professionals
- Barriers Against Money Triggers
- Pay Your Monthly Bills
- Take Control of Issues Arising from Problem Gambling

All patients seeking problem gambling treatment are to receive Financial Counseling (required by Iowa Code).



CLINICIAN & PATIENT RESOURCES

Workbooks and Activities

- [Brain Connections: Problem Gambling Series](#) (Gambling Research Exchange of Ontario, Canada)
- [Choices: A Guide to Understanding and Changing Problem Gambling Behavior](#)
 - Look for upcoming training by the author, Dr. David Hodgins
 - Updated version coming soon!
- [Mindful Steps to Forgiveness](#) (Lori Ruggle, PhD, NCGCII)
- [Gambling, Gaming and Technology Use](#) (Center for Addiction and Mental Health – Canada)
- [Your First Step to Change: Gambling](#) (Massachusetts Council on Compulsive Gambling)
- Spanish Treatment Tools
 - <https://www.idph.iowa.gov/igtp/treatment/spanish>



CLINICIAN & PATIENT RESOURCES



Your Life Iowa is available 24/7/365 for support, information, and after hours contact with providers.

Website: <https://yourlifeiowa.org/gambling>

- 1-800-BETS OFF
- 855.581.8111
- 855.895.8398 (TEXT)
- Online Chat
- Coming Soon: YourLifelowa.Support



Q&A



CEU's!

- CEU Polling Question
- Certificates will be sent out to the email provided in the next 30 days.



Thank You for Attending!

Eric M. Preuss, MA, IAADC, CCS

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Protecting and Improving the Health of Iowans

YourLifelowa.org - We're your everyday life support. 24/7/365 at (855) 581-8111 or text (855) 895-8398

Send questions to ipn@idph.iowa.gov

