### IDPH Substance Use and Problem Gambling Services Integrated Provider Network

# Integrated Provider Network Provider Manual April 2022



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* Replaced by Appendix O - IPN Service Unit Rates	

Based on Integrated Provider Network feedback and IDPH review, changes have been made to the IPN Provider Manual that will take effect April 1, 2022. Please note that changes to the IPN Provider Manual are indicated by bold and underlined text throughout the document.

#### I. Introduction

The Iowa Department of Public Health (IDPH) Substance Use and Problem Gambling Services Integrated Provider Network (Integrated Provider Network) is a statewide, community-based, resiliency- and recovery-oriented system of care for substance use and problem gambling services. IDPH selected Integrated Provider Network contractors in 2018, through a competitive request for proposal process that evaluated applicant capability and experience to:

- Educate the public
- Assess local needs
- Understand state and national policy
- Inform and collaborate with each other and with stakeholders
- Reduce stigma
- Prevent substance use and gambling problems
- Intervene with at-risk or in-need persons and populations
- Provide effective treatment
- Support early remission and long term recovery

Contractors, as IDPH's representatives, are responsible for the substance use and problem gambling "health" of Iowans and of Iowa communities statewide.

#### A. Provider Manual

Contractors must provide Integrated Provider Network services in accordance with applicable laws and requirements, and with the Integrated Provider Network contract.

The Integrated Provider Network Provider Manual (Provider Manual) is part of the contract between IDPH and each contractor for provision of Integrated Provider Network services. The Provider Manual is intended to provide contractors with general information about contract requirements, and with specific details and instructions, where indicated. If Provider Manual language differs from contract language, the contract language prevails.

Certain information in the Provider Manual is in *bold italics* or is bulleted or is in a text box, to draw the reader's attention.

The Provider Manual includes information for all Integrated Provider Network service types.

All contractors provide Required Services: Network Support, Prevention Services, and Outpatient Treatment

Certain contractors also provide one or more Optional Services: Residential Treatment, Women and Children Treatment, and Methadone The Provider Manual is organized into nine sections, followed by Appendices A. through O. Sections I and II contain general information applicable to many or all service types. Sections III through IX are specific to each service type.

The Provider Manual will be published for each contract period. Revisions and updates will be published as either a numbered and dated *Integrated Provider Network Provider Manual Release* or a revised Provider Manual, as determined by IDPH. Contractors are responsible for monitoring IDPH Provider Manual communications and for compliance with revisions and updates as they are published. IDPH will endeavor to give contractors 30 days' notice of any Provider Manual revision that adds a requirement to contractors.

#### **Integrated Provider Network Mailbox**

Contractors may direct general questions about the Provider Manual and requests for exceptions, as allowed per the contract and as described in the Provider Manual, to the Integrated Provider Network email mailbox at <a href="mailto:IPN@idph.iowa.gov">IPN@idph.iowa.gov</a>.

To request an exception, contractors use the *Integrated Provider Network Exception Request Form* in *Appendix L*.

IDPH will review and respond to questions and exception requests in a timely manner. IDPH will document a contractor's approved exception request via the IPN Help Desk.

#### B. Goals

Through the Integrated Provider Network, contractors assist IDPH to protect and improve the health of Iowans by meeting the following three goals:

- 1. **Establish and maintain a comprehensive and effective system of care** for substance use and problem gambling through a statewide, integrated network of services and providers.
- 2. **Reduce substance use and gambling problems** through public education, evidence-based prevention, and early intervention services.
- 3. Increase remission and recovery from substance use and problem gambling disorders through timely, accessible, ongoing, and effective treatment services.

#### C. Lead Staff

Lead staff identified in each contractor's application serve as IDPH's contacts for Network Support services and participate in Network Support and other contract monitoring activities. Required Lead staff roles are listed below. Each contractor must have designated Lead staff for Network Support, Prevention Services, and Outpatient Treatment. Contractors providing Adult Residential Treatment, Juvenile Residential Treatment, Women and Children Treatment, and Methadone Treatment must also have designated Lead staff for those service types. *Contractor staff may fill more than one Lead staff role*.

- Network Support Lead
- Prevention Services Lead
- Prevention Services Data/Quality Improvement Lead
- Outpatient Treatment Substance Use Disorder Lead

- Outpatient Treatment Problem Gambling Lead
- Outpatient Treatment Data/Quality Improvement Lead
- Residential Treatment Lead
- Residential Treatment Data/Quality Improvement Lead
- Women and Children Treatment Lead
- Women and Children Treatment Data/Quality Improvement Lead
- Methadone Treatment Lead
- Methadone Treatment Data/Quality Improvement Lead

#### IDPH Lead staff for Integrated Provider Network purposes are:

- DeAnn Decker Substance Abuse Bureau Chief
- Julie Hibben IPN Co-Lead (Prevention)
- Kevin Gabbert IPN Co-Lead (Treatment)

#### II. Overview

#### A. Service Delivery Areas

IDPH established service areas for delivery of Network Support, Prevention Services, and Outpatient Treatment and reserves the right to revise service areas to meet IDPH goals. (See *Appendix K - Map of Integrated Provider Network Service Areas and Providers*.)

Contractors that provide one or more Optional Services -- Residential Treatment, Women and Children Treatment, and Methadone Treatment -- provide such services statewide.

Integrated Provider Network services are offered collaboratively in each service area and statewide.

#### **B.** Hours of Operation and Service Locations

Contractors provide Integrated Provider Network services in Iowa. *Contractors may request an exception from IDPH to participate in services outside of Iowa* but must receive IDPH approval prior to implementation.

Hours of operation and service location requirements specific to a service type are listed in that service type section.

Contractors provide treatment covered services in person or through telehealth. Treatment covered services that can be provided through telehealth are listed in each treatment service type section.

Per 2018 House File 2305, "Telehealth" means the delivery of health care services through the use of interactive audio and video. "Telehealth" does not include the delivery of health care services through an audio-only telephone, electronic mail message, or facsimile transmission. Health care services that are delivered by telehealth must be appropriate and delivered in accordance with applicable law and generally accepted health care practices and standards prevailing at the time the health care services are provided ..."

#### C. Service Recipient Eligibility Requirements

#### **Network Support and Prevention Services**

All Iowa residents may participate in and receive Network Support and Prevention Services.

#### **Treatment Services**

Treatment services are intended to support Iowa residents who are not eligible for Medicaid, do not have insurance, and do not have access to other resources to pay for needed covered services.

Contractors must apply all available funding from third party payors prior to determining a patient's eligibility for contract funding and must assure services are paid by the correct payor.

An individual patient may have different payors for different treatment services. For example, a patient may receive medical care through an insurance health plan or at a Federally Qualified Health Center (FQHC), but may not have coverage for substance use disorder Licensed Program Services. In this example, medical care would be paid by the health plan or the FQHC, and the substance use disorder treatment Licensed Program Services could be paid by contract funding.

Iowa residents who meet the requirements below are eligible to receive treatment Licensed Program Services for Patients and Other Covered Services for Patients and may receive such services from the contractor(s) of their choice.

#### Contractors must determine and document a person's eligibility for treatment services.

Iowa residents who seek Licensed Program Services for Patients and Other Covered Services for Patients must meet the following financial eligibility requirements:

- Income at or below 200% of the Federal poverty guidelines as published by the U.S. Department of Health and Human Services, and
- Not insured, or third party payment is not available to pay for the services.
  - Contract funding can pay for Licensed Program Services that are not covered during the gap period between enrollment in Medicaid and assignment to a managed care organization because of Medicaid (b)(3) services requirements.
  - o Contract funding can pay for substance use disorder residential Licensed Program Services for Patients that are not covered under the Iowa Health and Wellness Plan.
  - o For patients seeking problem gambling treatment services, the following may also be taken into consideration:
    - Burden of gambling related debt reduces the patient income to or below 200% of the Federal Poverty Level
    - Patient is without other financial resources to pay for the problem gambling treatment service(s)

#### Contractors must actively support enrollment in Medicaid by Medicaid eligible persons.

• Time spent complying with managed care organization (MCO), insurer, or other payor requirements or processes is not covered by contract funding. Such requirements are specific to each payor and each health plan, and are funded under the contractor's agreement with that payor/health plan. Refusal by a patient's MCO, insurer, or other payor to authorize a service covered by that payor, or the denial of a covered service claim by an MCO, insurer, or other payor, does not make that patient eligible for contract funding and does not make that service payable under contract funding.

Any additional service recipient eligibility requirements specific to a service type are listed in that service type section.

#### D. Performance Measures

Contractors must submit accurate, complete, and timely Data Reporting, Claims Reimbursement reports, and Claims Reimbursement Support Documentation. IDPH reviews submissions and issues payments for services when contractor reports are accurate, as determined by IDPH.

If IDPH determines a contractor's submitted reports are not timely, are inaccurate, or are incomplete for multiple occurrences, or if IDPH determines such errors and omissions are severe, IDPH will require the contractor to create and submit a corrective action plan. Contractors must request and receive approval of the corrective action plan from IDPH prior to implementation.

IDPH may deduct funding from a corresponding month's claim reimbursement amount, if IDPH

#### determines a contractor's performance measures and/or reports:

- Are submitted late, without IDPH pre-approval of an acceptable delay, or
- Have severe errors or omissions, or
- Are not compliant with the IDPH-approved corrective action plan.

IDPH may develop additional performance measures in collaboration with contractors, through the Network Support - Data and Continuous Quality Improvement covered service.

#### E. **Documentation**

Contractors must clearly and accurately document Integrated Provider Network services in their records, and must clearly and accurately report Integrated Provider Network services in the IDPH Grant Tracking system and data systems. **IDPH will review submissions and issue payments when this criteria is met.** 

Contractors must document provision of Integrated Provider Network services in a manner sufficient to support their billing and IDPH monitoring.

IDPH requires periodic reporting of compliance with contractor work plans, provision of services, and incurred expenses.

• Any additional data and reporting requirements specific to a service type are listed in that service type section.

#### F. Reports

Contractors must complete and submit the reports listed below. IDPH reserves the right to add to or change reports and submission requirements, as determined necessary.

Report	Reporting Method/Type	Frequency/Date Due
1. Claims Reimbursement	IBHRS 837P process	See Contract Article X - Payments
Claims Reimbursement Support     Documentation —     Claim Spreadsheet, Claim Detail,     Claim Progress Report	IBHRS 837P process	Monthly no later than 30 <sup>th</sup> day of following month
3. Critical Incident Report	Via a secure email to: IPN@idph.iowa.gov	Within 24 hours of Contractor becoming aware of the incident
4. Data Reporting - Prevention	REDCap	Monthly no later than 15 <sup>th</sup> day of following month
5. Data Reporting - Treatment	IBHRS	Monthly no later than 15 <sup>th</sup> day of following month
6. IowaGrants Work Plan	IowaGrants Correspondence	Annual submission during application for IDPH approval

Report	Reporting Method/Type	Frequency/Date Due
7. Prevention Services Action Plan	IowaGrants Correspondence	Annual submission for IDPH approval
8. Problem Gambling Community Outreach Plan	IowaGrants Correspondence	Annual submission for IDPH approval
9. Quarterly Progress Report	IowaGrants Progress Report Component	Quarterly no later than 30 <sup>th</sup> day of following quarter
10. SABG Certification Form	Submitted with Application	Annual submission during application for IDPH approval
11. Sliding Fee Scale	IowaGrants Progress Report Component	Annual submission during application for IDPH approval
12. Subcontract Draft (if applicable)	IowaGrants Subcontract Documents	Submitted with contract for IDPH approval prior to execution

#### 1. Claims Reimbursement

Submit claims for reimbursement to IDPH once a month by completing the Claim Form in the Iowa Grants.

- For Network Support, Prevention Services and Problem Gambling Treatment, enter the total amount requested for each service type and enter the amount for each applicable line item for each service type.
- For Outpatient Treatment, Residential Treatment, Women and Children Treatment, and Methadone Treatment, enter the total amount requested for each service type.

Contractors may submit the claim for a month at any time during the next month, up to the 30th day of that next month. IDPH will review claims and determine payment after all Claims Reimbursement Support Documentation is received via 837p. For more information, please refer to the IPN H837 Companion Guide. The contractor's data is available for review by IDPH in IDPH's data systems.

#### 2. Claims Reimbursement Support Documentation

For Outpatient Treatment, Residential Treatment, Women and Children Treatment, and Methadone Treatment, upload the Claims Reimbursement Support Documentation in the Iowa Grants system. Claims Reimbursement Support Documentation includes:

- Iowa Grants Monthly Claim Summary Report
- Non-patient Service Monthly Summary Report

#### 3. Critical Incident Report

Critical Incidents are events that occur while a patient or other person is participating in or receiving Integrated Provider Network services that negatively affect that person or another person or the contractor. Submit Critical Incident Reports as directed on *Appendix J - Critical Incident Report Form*.

#### 4. Data Reporting - Prevention

Requirements for reporting prevention services are in Section IV.

#### 5. Data Reporting - Treatment

Contractors report certain Substance Use Disorder and Problem Gambling treatment services, information and data to the Iowa Behavioral Health Reporting System (IBHRS). Additional data reporting requirements for treatment services are addressed in each service type section, *Sections V. through IX*.

#### 6. **IowaGrants Work Plans**

Contractors complete the applicable Work Plan components in IowaGrants to show the applicant's capacity to implement minimum requirements outlined in the RFP and the RFA.

Required Work Plans in IowaGrants include: Network Support Work Plan, Prevention Services Work Plan, Outpatient Treatment Work Plan, and Outpatient Treatment — Problem Gambling Work Plan.

Optional Work Plans in IowaGrants include: Residential Treatment Work Plan, Women and Children Treatment Work Plan, and Methadone Treatment Work Plan.

#### 7. Prevention Services Action Plan

IPN Prevention Services Action Plans must be submitted through IowaGrants.gov correspondence for IDPH approval. Action Plans shall align with the guidelines provided by the Department via the IPN Planning Guide.

#### 8. Problem Gambling Community Outreach Work Plan

Contractors will develop and submit a Problem Gambling Community Outreach Work
Plan based on the IDPH Community Outreach Model provided. Plans will include the
activities that target and build referral pathways for gambling treatment within the Service
Area.

#### 9. Quarterly Progress Report

Progress Reports are to be submitted on a quarterly basis via IowaGrants.gov. Specific due dates for report submission are listed in the agency IPN contract. The reporting quarters are:

- Quarter 1 July 1 through September 30
- Quarter 2 October 1 through December 31
- Quarter 3 January 1 through March 31
- Quarter 4 April 1 through June 30

#### 10. SABG Certification Form

Contractors and subcontractors that provide substance abuse prevention services and substance use disorder treatment Licensed Program Services must meet SAMHSA Substance Abuse Prevention and Treatment Block Grant requirements. See *Appendix A - SABG Certification Form*.

#### 11. Sliding Fee Scale

Treatment services must be available to patients based on a sliding fee scale that considers patient income and family size, as stated in the federal Poverty Guidelines at <a href="https://aspe.hhs.gov/poverty-guidelines">https://aspe.hhs.gov/poverty-guidelines</a>.

Contractors may charge patients a co-pay for certain treatment covered services, based on application of the sliding fee scale. Contractors retain such co-pays.

• Co-pay requirements specific to a service type are listed in that service type section.

In implementing their IDPH-approved sliding fee scales, contractors must implement and maintain documentation of patient co-pay procedures and policies and retain documentation of co-pays and associated patient income and family size.

#### 12. Subcontract

Draft subcontracts must be submitted through IowaGrants.gov correspondence for IDPH approval. Draft subcontracts shall align with the guidelines located in the Iowa Department of Public Health General Conditions (July 2019); Section 5. Procurement Standards and Subcontracting.

Changes to subcontracts for Prevention Services and Outpatient Treatment Licensed Program Services require IDPH prior approval.

Subcontracts, including subcontracts for other Covered Services such as MAT – Medical

Evaluation, are handled in accordance with contract General Conditions.

#### G. Available Funds

The sources of funding for Integrated Provider Network services are both State and Federal funds. State funds are those appropriated to IDPH for specific programming through State of Iowa appropriations. Federal funds are those received through the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA) Substance Abuse Prevention and Treatment Block Grant (SABG).

#### **Payor of Last Resort**

Integrated Provider Network funds are considered payment of last resort.

#### **Payment in Full**

Contract funding, inclusive of allowable patient copays, is payment in full for the Integrated Provider Network services provided.

- The actual total work conducted and services provided in a contract period may exceed contract funding. Contractors must continue to provide Integrated Provider Network services, even if contract funds are depleted.
- In the event IPN contract funds are exhausted prior to the end of a contract year, the contractor may utilize other resources for reimbursement of services (e.g., grants, donations).

#### H. **Budget**

The budgets listed for each service type in each contractor's contract are separate budgets.

Contractors cannot interchange funds between service types without request to IDPH and execution by IDPH of a contract amendment.

• Substance Abuse Prevention and Treatment Block Grant unallowable expenditures are specified in *Appendix A - SABG Certification Form*.

#### I. Payment

Contractors complete and submit claims for reimbursement of services rendered.

For Network Support, Prevention and <u>Problem Gambling Treatment Services</u>, IDPH provides line item budget contractual payments on the basis of reimbursement of actual expenses.

For Outpatient Treatment, Residential Treatment, Women and Children Treatment, and Methadone Treatment, IDPH provides unit cost budget contractual payments on the basis of reimbursement of Covered Services unit rates. The rate sheets for each service type are in Appendix O - IPN Service Unit Rates.

IDPH will not reimburse travel amounts in excess of limits established by the Iowa Department of Administrative Services.

- Instate maximum allowable amounts for food are \$12.00/breakfast, \$15.00/lunch and \$29.00/dinner; lodging maximum **§120.00** plus taxes per night and mileage maximum of \$0.39 per mile. Note: The Department will **not** reimburse the Contractor for expenses at an in-state event if the lodging provider is not certified by the Iowa Department of Public Safety's Human Trafficking Prevention Training.
- Out of state maximum allowable amounts for meals are available upon request. There is no restriction on airfare or lodging but the incurred expenditures are to be reasonable.

Except as allowed in the contract, contractors must submit all claims to IDPH by August 10 for all services performed in the preceding state fiscal year, which ends on June 30. Final payment may be withheld until all contractually required reports have been received and accepted by IDPH. At the end of the contract period, unobligated contract amount funds revert to IDPH.

#### J. Additional Contract Requirements

- 1. Contractors must assure linkage with the local board of health in each county where services are provided.
- 2. Work plan revisions must be approved by IDPH prior to implementation. Requests for work plan revisions must be received by IDPH by the date noted in the yearly contract.
- 3. Contractors must be an Iowa non-profit/not-for-profit organization and must be licensed and qualified to provide contracted services throughout the project period.

- 4. Contractors must assure any subcontractor providing Prevention Services or Treatment Licensed Program Services for Patients is an Iowa non-profit/not-for-profit organization and is licensed and qualified for the subcontracted services throughout the project period.
- 5. Contractors must assure the contractor and any subcontractor providing Prevention Services or Treatment Licensed Program Services for Patients comply with the requirements specified in the *Appendix A SABG Certification Form*.
- 6. Contractors must assure the contractor and any subcontractor providing Prevention Services or Treatment Licensed Program Services for Patients orient new staff to contract services and requirements; *Appendix A SABG Certification Form*; and Confidentiality of Protected Health Information in accordance with 42 CFR, Part 2 and the Health Insurance Portability and Accountability Act (HIPAA) of 1996, including disciplinary action for inappropriate disclosures or breaches.
- 7. Contractors must assure the contractor and any subcontractor providing Prevention Services or Treatment Licensed Program Services for Patients train staff each year on contract services and requirements; *Appendix A SABG Certification Form*; and Confidentiality of Protected Health Information in accordance with 42 CFR, Part 2 and the Health Insurance Portability and Accountability Act (HIPAA) of 1996, including disciplinary action for inappropriate disclosures or breaches.
- 8. Contractors must notify IDPH in writing within 10 working days of any change of Lead staff.
- 9. Contractors must receive prior approval from IDPH to change or terminate a subcontract for Prevention Services or Outpatient Treatment Licensed Program Services for Patients.
- 10. Contractors must assure staffing and staff qualifications are sufficient to implement contract services. No single staff person may exceed 1.0 FTE across the contract.
- 11. IDPH may change contract conditions if there are changes in Federal or State law.
- 12. IDPH may change the contract if IDPH receives additional funding or requirements through other State or Federal awards for services that relate to Integrated Provider Network goals and services, and IDPH requires contractors to provide the related services through the Integrated Provider Network contract.
- 13. Contractors may submit questions and exception requests regarding IPN service delivery and policies via the IPN Help Desk at ipn@idph.iowa.gov. IDPH intends to respond to questions and requests within 15 calendar days, however some responses may involve lengthier processes that delay the intended response deadline.

#### **K.** Unallowable Expenditures:

Per 45 CFR, 96.135, 96.137, and SAMHSA guidance documents, SABG funding cannot be expended for the purposes listed below:

- Purchase of land or construction of building or improvements thereon
- Purchase of major medical equipment

- Providing individuals with hypodermic needles or syringes
- Any salary in excess of Level  $\mathbf{\underline{II}}$  of the federal senior executive service pay scale
- Inpatient hospital services
- Satisfying the requirement for expenditures of non-Federal funds as a condition for the receipt of Federal funds
- Providing financial assistance to any entity other than a public or nonprofit entity
- Cash payments to intended recipients of health services
- Marijuana or any marijuana products (including cannabidiol/CBD and tetrahydrocannabinol/THC)
- Food and beverage costs
- Vehicle rentals
- Providing treatment services in penal or correctional institutions of the state
  - \* Please see <u>Appendix N IDPH/State Appropriation Only Funded Services</u> regarding alternative funding for treatment services in a penal or correctional institution of the state.

#### Additional Unallowable Expenditures: Substance Abuse Prevention

- Purchase of Naloxone
- Strategies to enforce alcohol, tobacco, or drug (ATOD) policies (compliance checks, party patrols, shoulder taps, etc.)
- Services to enforce ATOD state laws
- Services that support Screening, Brief Intervention and Referral to Treatment (SBIRT), including promotion of SBIRT and screening
- Services that support mental health promotion and mental disorder prevention strategies
- Meal costs that are unrelated to program participant involvement in evidence-based program implementation
- Purchase of gift cards

#### III. Network Support

#### A. Service Delivery Requirements

Contractors directly provide Network Support services that are comprehensive and integrated in their service areas and statewide.

At a minimum, contractors must:

- Participate in IDPH's management approach for implementing, promoting, monitoring, evaluating, and improving Integrated Provider Network services.
- Coordinate and assure provision of all Required Services in the service area.
- If contracted for Optional Services, integrate provision of Required Services and contracted Optional Services.
- Work with IDPH to coordinate and assure provision of Integrated Provider Network services statewide.
- Provide services based on assessed need and address the complex needs of the people served, including, but not limited to, substance use and problem gambling, general medical and mental health conditions, and related family, legal, and other concerns that can hinder remission and recovery.
- Serve as local- and state-level resources for substance use and problem gambling services in Iowa.
- Conduct outreach to assure that Integrated Provider Network services are known to the communities served.
- Assure that Integrated Provider Network services are readily accessible, comprehensive, flexible, and appropriate to the persons participating in or receiving services.

Contractors must acknowledge IDPH and SABG funding on websites, materials, campaigns, and other communications or platforms that reference Integrated Provider Network services, using the following citation:

"[Contractor] is part of the IDPH Integrated Provider Network, with services funded by the Iowa Department of Public Health and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration."

#### **B.** Covered Services Requirements

Contractors provide each of the following Network Support Covered Services for their service areas:

#### 1. Needs Assessment

Contractors conduct, support, and participate in local and state needs assessment processes that support understanding of substance use and problem gambling needs, trends, and service gaps. Needs Assessment processes may include, but are not limited to:

- Community Assessment Workbooks
- Each county's Community Health Needs Assessment and Health Improvement Plan (CHNA HIP)
- IDPH's Iowa Youth Survey

#### 2. Health Promotion

Contractors conduct, support, and participate in health promotion activities that inform and educate Iowans on substance use and gambling problems. Health promotion also supports access to prevention, early intervention, treatment, and recovery support resources and services.

Health Promotion activities may include, but are not limited to:

- Contractor websites and social media presence
- IDPH's YourLifeIowa and 1-800-BETS OFF helpline and website
- IDPH's "A Matter of Substance" newsletter and other publications
- IDPH's substance abuse prevention and treatment focused media campaigns
- The IDPH website and social media platforms
- Contractor and IDPH efforts directed to specific topics and issues

Contractors must request prior approval from IDPH for the use of other health promotion materials or campaigns for Integrated Provider Network purposes.

#### 3. Data and Continuous Quality Improvement

Contractors conduct, support, and participate in continuous quality improvement (CQI) activities that improve Integrated Provider Network services by identifying, implementing, and monitoring critical performance measures on an ongoing basis, based on valid and reliable data and stakeholder input.

IDPH organizes Integrated Provider Network CQI activities around NIATx <u>and other evidence-based concepts</u> (See *Appendix C - Links to Evidence-Based and Best Practices*).

CQI activities may include, but are not limited to:

- Access and wait time performance measures
- Critical incident reports (See *Appendix J Critical Incident Report Form*)
- Data integrity reports
- Engagement and retention performance measures
- External review and evaluation
- Funding source monitoring
- Provider Manual review
- Outcome performance measures
- Process "walk-throughs" and improvement projects
- Retrospective review of service provision and contract compliance
- Satisfaction surveys
- Simulated phone calls or other requests for information or services

#### 4. Workforce Development

Contractors conduct, support, and participate in workforce development activities that recruit, retain, and develop highly qualified staff to provide Integrated Provider Network services.

Workforce Development activities may include, but are not limited to, strategies to:

- Support recruitment and retention of qualified staff
- Enhance staff competency and performance
- Expand the roles of persons in recovery and family members/friends in planning and delivering services

#### 5. Meetings, Trainings, and Technical Assistance

Contractors conduct, support, and participate in meetings, trainings, and technical assistance activities that enhance, expand, and improve Integrated Provider Network services. Meetings, trainings, and technical assistance may be face-to-face or may be conducted through electronic means, as determined by IDPH.

Meetings, trainings and technical assistance may include, but are not limited to:

- CQI meetings (quarterly, face-to-face during the initial contract term)
- Governor's Conference on Substance Abuse (annual, face-to-face)
- Integrated Provider Network Roundtables (quarterly, face-to-face during the initial contract term)
- Prevention Conference (as scheduled, face-to-face)
- Reporting requirements and processes (as scheduled)
- Technical assistance (as scheduled)
- Topic-specific trainings (as scheduled)
- Women and Children Roundtables (twice a year, face-to-face)

#### C. Budget Requirements

The Network Support budget is a line item budget, reimbursed on actual direct cost expenditures per budget line category. Allowed budget line categories for Network Support are:

- Salary and Fringe Benefits
- Other
- Indirect or Administrative Cost

# Requests must include an updated Network Support Work Plan that includes the scope and expected outcome of each proposed activity.

Contractors experiencing under-utilization of their Outpatient Treatment Covered Services budget can submit a request to IDPH through Iowa Grants correspondence to redirect up to 10% of their total Outpatient Treatment Covered Services budget for local health promotion and outreach activities under Network Support. Requests must include an updated Network Support Work Plan that includes the scope and expected outcome of each proposed activity.

#### D. Fees

Contractors cannot charge participants a fee for Network Support Covered Services.

#### IV. Prevention Services

#### A. Service Delivery Requirements

Contractors assure provision of prevention services in their service areas that meet the assessed needs of the service area. Contractors provide these services directly or through a subcontractor.

Contractors comply with the definition of prevention in IAC 641—155 Licensure Standards for Substance Use Disorder and Problem Gambling Treatment Program: "activities aimed at minimizing the use of potentially addictive substances, lowering risk in at-risk individuals, or minimizing potential adverse consequences of substance use or gambling."

At a minimum, contractors must provide prevention services that comply with the Institute of Medicine Prevention Classifications, the Strategic Prevention Framework, and the SAMHSA Prevention Service Categories, described below.

Contractors plan and provide prevention services in coordination with stakeholders.

Contractors provide prevention services that address the lifespan, with evidence-based programs appropriate to different persons and populations.

Contractors address the following prevention services priorities:

- Alcohol
- Marijuana
- Opioids and Prescription medications
- Problem Gambling
- Tobacco

Additional prevention services priorities may include, but may not be limited to, methamphetamines, and suicide, as well as other priorities mutually determined by IDPH and contractors, based on data and identified need.

#### 1. Institute of Medicine Classifications

The Institute of Medicine (IOM) classifications for classifying prevention services focus on populations with different levels of risk.

- a *Universal* services are targeted to the general public or to a whole population group that has not been identified on the basis of individual risk. Universal is split into two categories:
  - *Universal Direct* interventions directly serve an identifiable group of participants.
  - *Universal Indirect* interventions support population-based programs and environmental strategies.
- b. Selective services are targeted to individuals or to a subgroup of the population whose risk of developing a disorder is significantly higher than average.
- c. Indicated services are targeted to individuals in high-risk environments, identified as

having minimal but detectable signs or symptoms foreshadowing a disorder, or having biological markers indicating predisposition for a disorder but not yet meeting diagnostic levels.

#### 2. Strategic Prevention Framework

SAMHSA's Strategic Prevention Framework (SPF) is a five-step planning process, with two guiding principles. Contractors document use of the SPF process in developing and delivering prevention services covered services to address at least one of the prevention services priorities in the Service Area during each contract term. The SPF steps are:

- a The *Assess* step, which helps define the problem or issue a project needs to tackle, and includes collection of data to:
  - Understand a population's needs
  - Review the resources that are required and available
  - Identify the readiness of the community to address prevention needs and service gaps.
- b. The *Build Capacity* step mobilizes human, organizational, and financial resources to meet project goals. Training and education to promote readiness are also critical.
- c. The *Plan* step involves creation of a comprehensive plan with goals, objectives, and strategies to meet the prevention needs of the community. Organizations select logic models and evidence-based programs and policies, and determine costs and resources needed for effective implementation.
- d The *Implement* step focuses on carrying out the prevention plan and identifying and overcoming potential barriers. During implementation, organizations detail the evidence-based programs and policies to be undertaken, develop specific timelines, and decide on ongoing program evaluation needs.
- e. The *Evaluate* step helps organizations recognize what they have done well and what areas need improvement. Evaluation measures the impact of programs and practices to understand their effectiveness and any need for change. Evaluation influences future planning and can impact sustainability, because evaluation can show sponsors that resources are being used wisely.

#### The SPF guiding principles are:

- a. *Cultural Competence*, which is the process of communicating with audiences from diverse geographic, ethnic, racial, cultural, economic, social, and linguistic backgrounds. Becoming culturally competent requires cultural knowledge and skill development at all service levels, including policymaking, administration, and practice.
- b. *Sustainability* is the process through which a prevention system becomes a norm and is integrated into ongoing operations. Sustainability ensures prevention processes are established, partnerships are strengthened, positive prevention outcomes are maintained, and financial and other resources are secured over the long term.

#### 3. SAMHSA Prevention Strategies Categories

Contractors report prevention services Covered Services to IDPH in accordance with the SAMHSA Prevention Services Categories:

- a *Direct/Indirect Services* Prevention services are delivered directly and indirectly. Direct services are preferred. Direct services are face-to-face contact between prevention staff and participants through curricula delivery, educational activities, and awareness activities. Indirect services are delivered through social media, websites, printed media, etc.
- b. Session-Based Services Session-based prevention services are a pre-planned series of structured program lessons and/or activities. Session-based services are intended to inform, educate, develop skills, and identify/refer individuals who may be at risk for a substance use disorder or problem gambling. Session-based prevention services must have an anticipated measurable outcome, measured via a pre/post-test survey design. Session-based services must be evidence-based programs listed on a national registry approved by IDPH and focus on outcomes directly related to substance abuse. (See Appendix C Links to Evidence-Based and Best Practices)
- c. One-Time Services One-time prevention services are single activities intended to inform general and specific populations about substance use or problem gambling. IDPH will provide direction on allowable one-time services. IDPH plans to limit one-time services to Information Dissemination or Environmental strategies which may include but may not be limited to:
  - Driver's Education classes
  - Gambling in the Workplace
  - Gaming toolkits (Casino, lottery, social, charitable gaming;
  - Minor in Possession diversion classes
  - Responsible Beverage Service Training using the Training for Intervention Procedures (TIPS), which can include TIPS for Gaming
  - Responsible Gaming
  - Workplace training and workplace policy change
- d Evidence-Based Programs, Policies, and Practices "Evidence-based" refers to approaches to prevention that are validated by documented evidence. Prevention services evidence-based programs must be specific to substance abuse or problem gambling. Contractors plan and provide prevention services in coordination with stakeholders. Contractors provide that address the lifespan, with evidence-based programs appropriate to different persons and populations.

#### **B.** Hours of Operation and Service Locations

Contractors provide prevention services in their service areas.

Contractors have sufficient prevention services locations and hours of operation to support access for all residents in each county in their service areas.

Contractors provide prevention services in person or through electronic means or written

communication, with direct face-to-face services preferred.

Contractors offer prevention services in each county in their service area. Contractors may request an exception from IDPH if there is a need to deviate from this expectation and must receive approval prior to implementation.

Contractors cannot limit prevention services to the school year and cannot limit prevention services locations to schools.

#### C. Evidence-Based Practices and Standards of Care

Contractors provide prevention services that are evidence-based programs that have outcomes directly related to substance abuse and/or problem gambling.

IDPH has accepted certain registries as resources for prevention services programs:

- Blueprints for Healthy Youth Development (model programs)
- National Institute of Drug Abuse Red Book (model programs)
- Evidence-Based Practices Resource Center
- Stacked Deck

IDPH has created an "Evidence Based Programs, Practices and Policies Selection and Implementation Guide" that should be utilized to select prevention services. To implement a prevention services program not listed in an approved registry or in the above noted guide, contractors must request an exception from IDPH.

IDPH established Prevention Organization Expectations for prevention services staff and services. Contractors must work with IDPH to become fully compliant during the contract term. (See *Appendix D - Prevention Organization Expectations*.)

#### D. Service Recipient Eligibility Requirements

Contractors cannot provide prevention services to persons identified as in need of substance use disorder or problem gambling treatment or those receiving treatment. This includes providing early intervention services such as pre-screening, screening and SBIRT.

#### **E.** Covered Services Requirements

Prevention services covered services are based on the six SAMHSA Primary Prevention Strategies. Prevention services prevent or reduce use and abuse of alcohol, tobacco, and other drugs, and prevent or reduce problem gambling.

Contractors provide or assure provision of the following prevention services covered services in their service areas:

#### 1. Information Dissemination

Information Dissemination provides awareness and knowledge on the nature and extent of alcohol, tobacco and drug use, abuse and addiction, as well as problem gambling, and the effects on individuals, families and communities. It also provides awareness and knowledge of available prevention programs and services. Information Dissemination is characterized by

one-way communication from the source to the audience, with limited contact between the two.

#### 2. Education

Education involves two-way communication and interaction between the educator/facilitator and the participants. Activities are intended to affect critical life and social skills, including decision-making, refusal skills, critical analysis (e.g., of media messages), and systematic judgment abilities.

#### 3. Alternatives

The Alternatives strategy provides consultation to groups that offer opportunities for target populations to participate in activities that exclude alcohol, other drugs, gambling, etc. The purpose is to discourage substance misuse, gambling, or other risky behaviors.

#### 4. Problem Identification and Referral

Problem Identification and Referral aims to identify individuals who have indulged in illegal or age-inappropriate use of tobacco or alcohol and individuals who have indulged in the first use of illicit drugs, as well as risky or problem gambling. The goal is to assess if their behavior can be reversed through education. This strategy does not include any activity designed to determine if a person is in need of treatment.

#### 5. Community-Based Process

The Community-Based Process aims at building community capacity to more effectively provide prevention and treatment services for substance use disorders and problem gambling. Activities include organizing, planning, enhancing efficiency and effectiveness of services, inter-agency collaboration, coalition building, and networking.

#### 6. Environmental

Environmental strategies establish or change written and unwritten community standards, codes, ordinances, and attitudes, thereby influencing incidence and prevalence of alcohol, tobacco, and other drug use/abuse and problem gambling in the population.

#### F. Budget Requirements

The prevention services budget is a line item budget, reimbursed on actual direct cost expenditures per budget line category. Budget line categories for Prevention Services are:

- Salary and Fringe Benefits
- Subcontract
- Other
- Indirect or Administrative Cost

#### **Fees**

Contractors cannot charge participants a fee for prevention services covered services. *Contractors may request an exception from IDPH if there is a need to deviate from this expectation.* 

#### G. Data and Reporting Requirements

Contractors specifically document use of the IOM classifications, the SPF steps, and the SAMHSA

prevention services Categories.

Contractors report certain prevention services information and data through IDPH's data systems as outlined below and in *Appendix B - Links to IDPH Substance Use and Problem Gambling Resources*. The data systems include:

• Research Electronic Data Capture (REDCap) Prevention System

Contractors utilize the REDCap Prevention System to report prevention services data and outcomes data using a pre-post survey design, including survey instruments and guidelines provided by IDPH.

#### V. Outpatient Treatment

#### A. Service Delivery Requirements

Contractors assure provision of Outpatient Treatment services that meet the assessed needs of the service area. Contractors provide these services directly or through a subcontractor.

Contractors provide Outpatient Treatment services that are readily accessible, comprehensive, appropriate to the persons seeking the services, flexible to meet the evolving needs of patients and service recipients, and effective. Outpatient Treatment services are available when needed, with minimal wait time.

#### At a minimum, contractors must:

- Determine a person's need for Outpatient Treatment services and manage the services provided.
- Provide Outpatient Treatment services in compliance with clinical appropriateness and IDPH requirements and guidance.
- Provide Outpatient Treatment services to patients in accordance with each patient's assessed needs.
- If a patient needs a Licensed Program Service a contractor does not provide, the contractor must assure that the patient's needs are met by a qualified provider and closely coordinate the patient's successful referral.
- Screen patients for medical and mental health conditions and directly provide or assure provision of needed medical and mental health services.
- If a patient has a medical or mental health condition a contractor is not staffed to address, the contractor must refer the patient to a qualified provider and closely coordinate ongoing services with the patient and that provider.
- If a patient has a medical or mental health condition that is covered by another provider or payor, the contractor must closely coordinate ongoing services with the patient and that provider/payor.
- Monitor a patient's progress on an ongoing basis, modifying the level of care and frequency of services in accordance with the person's evolving needs.
- Establish a "disease management" approach that engages with patients over time.
- Assure that patients have access to crisis services, residential treatment, intensive services and supports, and less intensive and extended services and supports that facilitate remission and engage persons in long term recovery in ways appropriate to each person.
- Have processes in place to outreach to and follow-up with persons who do not keep appointments, and patients who leave treatment prior to discharge by the contractor.
- Provide substance use disorder treatment services ordered through a court action when the services ordered meet The ASAM Criteria, and the court orders treatment with the contractor.
  - O Contractors work with the courts to examine the appropriateness of court-ordered placements and identify specific appropriate alternatives for the courts to consider, as indicated.

#### **B.** Hours of Operation and Service Locations

Contractors provide Outpatient Treatment services in their service areas.

Contractors have sufficient Outpatient Treatment locations and hours of operation to support access for all residents in each county of their service areas. Hours of operation for Outpatient Treatment include evening and weekend times.

Contractors schedule Outpatient Treatment services with minimal wait time for the patient.

Contractors assure timely and effective response to service requests, both during and outside their normal business hours, including response to referrals from the Your Life Iowa and 1-800-BETS OFF helplines and websites.

Contractors accommodate requests for services in addition to scheduled outpatient treatment covered services, related to a patient's emerging needs or worsening condition. Contractors have processes in place to serve "walk-ins" and persons in crisis. Same day services, when requested, are the goal.

#### C. Evidence-Based Practices and Standards of Care

Contractors provide Outpatient Treatment Licensed Program Services in accordance with IAC 641—155 Licensure Standards for Substance Use Disorder and Problem Gambling Treatment Programs. Contractors provide Outpatient Treatment Other Covered Services in accordance with IDPH requirements and guidance.

#### D. Service Recipient Eligibility Requirements

See Section II.C.

Iowa residency is the sole eligibility requirement for Early Intervention.

#### **E.** Covered Services Requirements

Outpatient Treatment covered services include Licensed Program Services for Patients, Other Covered Services for Patients, Other Covered Services for Persons who may or may not be Patients, and Other Covered Services for Persons who are not Patients.

#### 1. Licensed Program Services for Patients

Contractors provide or assure provision of each Licensed Program Service to patients, sufficient to meet the assessed needs of each patient. Services are provided in accordance with IAC 641—155 Licensure Standards for Substance Use Disorder and Problem Gambling Treatment Programs and should be provided by qualified clinical treatment staff.

#### **a. Outpatient** (based on ASAM Level 1)

#### • Initial Assessment

- An Initial Assessment must be sufficient to determine the existence of a substance use disorder to identify medical and mental health risks or conditions, including assessment of suicide risk.
  - If the Initial Assessment identifies a need for services a contractor does not provide, the contractor must closely coordinate referral to a qualified provider.

If the Initial Assessment identifies a medical and/or mental health risk or condition, contractors provide or arrange for provision of any needed medical and/or mental health evaluation or services.

#### • Individual and Group Counseling

- Individual and Group Counseling include mental health counseling.
  - Mental health counseling must be related to general mental health risks and/or conditions that often co-occur with a primary diagnosis of substance use disorder, and with remission and recovery.
- **b. Intensive Outpatient** (based on ASAM Level 2.1)
- **c. Partial Hospitalization** (based on ASAM Level 2.5)

For Intensive Outpatient and Partial Hospitalization, mental health services are provided in an integrated manner with other treatment services and are included in the service reimbursement rate.

#### 2. Other Covered Services for Patients

Contractors provide Other Covered Services for Patients, sufficient to meet the assessed needs of each patient.

#### a. Care Coordination

The Licensure Standards define Care Coordination as "the collaborative process which assesses, plans, implements, coordinates, monitors, and evaluates the options and services, both internal and external to the program, to meet patient needs, using communication and available resources to promote quality care and effective outcomes."

- Care Coordination fosters long term engagement and ongoing remission/recovery support.
- Care Coordination services are provided to active patients.
  - o For Care Coordination billing purposes, a patient must receive at least one Licensed Program Service (excluding Intake Assessment or Medication Assisted Treatment dosing at an Opioid Treatment Program/Medication Unit) from the contractor during the month.
- Care Coordination encompasses the broad range of patient-specific people, systems, and issues related to the patient's current situation and future recovery. These may include, but are not limited to, family members, referral sources, employers, schools, medical and mental health professionals, the child welfare system, the courts and criminal/juvenile justice systems, housing status, legal needs, and recovery support.
- Care Coordination is generally conducted by contractor staff, outside of patient counseling sessions.
- Care Coordination includes use of electronic information and telecommunication technologies to support patients through check-in calls and texts.
  - Contractors providing check-in calls and texts must have policies and procedures that assure safety, privacy, and confidentiality.

#### b. **Early Intervention** (based on ASAM Level 0.5)

The ASAM criteria level of care which explores and addresses problems or risk factors that appear to be related to an addictive disorder and which helps the individual recognize potential harmful consequences.

- Early Intervention may be provided to persons who have received an Initial Assessment but do not meet criteria for a substance use disorder. Individuals that previously received an Initial Assessment and do meet criteria for a substance use disorder may not be provided Early Intervention.
- Early Intervention could be considered as an equivalent to SBIRT Brief Treatment, which is a more intensive intervention than a SBIRT Brief Intervention.
- Early Intervention may be provided using the SAMHSA Integrated Change Therapy/Brief Treatment Model or a similar model acceptable to IDPH.
- Although ASAM recognizes impaired driving programs as an example of Early Intervention, IPN funding may not be used for this purpose.

#### c. Interim Services

Services for Priority Populations (pregnant women and individuals who inject drugs that are seeking treatment)

- Must be offered when priority populations cannot be admitted within required timeframes and would benefit from IPN funded services.
- The purpose is to reduce the adverse health effects of substance use, promote the health of the individual, and reduce the risk of transmission of disease.
- At a minimum, Interim Services include counseling and education about: HIV and tuberculosis (TB), the risks of needle-sharing, the risks of transmission to sexual partners and infants, and about steps that can be taken to ensure that HIV and TB transmission does not occur, as well as referral for HIV or TB treatment services if necessary. For pregnant women, interim services also include counseling on the effects of alcohol and drug use on the fetus, as well as referral for prenatal care.
- Must be offered within 48 hours of request for services to pregnant women who cannot be admitted because of program capacity.
- Must be offered within 14 days of request for services to individuals who inject drugs.

#### d. MAT – Medical Evaluation

Medical Evaluation means an assessment conducted by a physician or other licensed prescriber to determine the need for medication-assisted treatment and/or tobacco cessation services.

#### e. MAT – Medical Care

Medical Care means ongoing medical evaluation services provided by a licensed medical prescriber to assess appropriateness for continued medication-assisted treatment and/or tobacco cessation services.

 Medicated-Assisted Treatment (MAT) is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a "wholepatient" approach to the treatment of Alcohol Use Disorders, Opioid Use Disorders, and/or tobacco use.  Medical Care does not include routine monitoring of MAT compliance by testing for the presence of other substances (e.g., urine drug screen) or conducting other medical tests.

#### f. MAT – Medication

Medication means medicine(s) ordered by the Medical Evaluation for MAT and/or tobacco cessation.

#### g. **MAT – Drug Testing**

Drug Testing means routine monitoring of MAT compliance by testing for the presence of other substances (e.g., urine drug screen).

#### h. Recovery Peer Coaching

Recovery Peer Coaching means individual face-to-face meetings between a patient and a recovery peer coach to discuss routine recovery issues from a peer perspective.

#### i. Screening, Brief Intervention and Referral to Treatment (SBIRT)

SBIRT is an integrated, evidence-based approach that offers providers the tools to effectively and efficiently screen individuals for risky substance use (See *Appendix B - Links to IDPH Substance Use and Problem Gambling Resources*).

- SBIRT stands for Screening, Brief Intervention and Referral to Treatment and refers to the following processes:
  - o Screening: Universal screening for quickly assessing use and severity of substance use.
  - o Brief Intervention: Brief motivational and awareness-raising intervention given to individuals determined to be at risk for problematic substance use.
  - o Referral to Treatment: Referrals to specialty care for individuals at high risk for a substance use disorder.
- SBIRT Screening services may occur in a group setting, but any services beyond Screening must be provided on an individual basis.
- A service historically offered as part of the SBIRT process has been Brief Treatment. Although Brief Treatment can be a referred service, it is now funded as Early Intervention for Patients.
- SBIRT services are to be provided by substance use disorder treatment providers in a variety of locations outside of a treatment center. Examples include primary care settings and schools.

#### j. Transportation

Transportation means assistance in the form of gas cards or bus passes, given directly to the patient for the purpose of transportation to and from an activity related to the patient's treatment plan or recovery plan.

# 3. Other Covered Services for Persons who may or may not be Patients These services are to be provided by individuals skilled in delivering treatment services and should not be applied as prevention activities.

#### a. Crisis Counseling

A response to a crisis or emergency situation experienced by an individual, family member and/or significant others related to substance use disorders, such as:

- Crisis Counseling services shall provide a focused intervention and rapid stabilization of acute symptoms of mental illness or emotional distress. The interventions shall be designed to de-escalate situations in which a risk to self, others, or property exists.
- <u>Crisis Counseling services shall assist a member to regain self-control and reestablish effective management of behavioral symptoms associated with a psychological disorder in an age-appropriate manner.</u>
- <u>Crisis Counseling services with family members or friends using general</u> counseling methods.
- Crisis Counseling services can occur in person or over the phone.
  - o Routine requests for information or calls or inquiries handled by nonclinical staff do not qualify as crisis counseling.

#### b. Engagement

Communication with potential or current patients with the intention of engaging/reengaging and enrolling/continuing them in services. Must be direct contact via in-person or by other technology.

#### 4. Other Covered Services for Persons who are not Patients

These services are to be provided by individuals skilled in delivering information in these areas and should not be applied as prevention activities.

#### a. Community Outreach

Contractors conduct, support, and participate in collaboration and community outreach activities that establish the contractor as a primary treatment resource for substance use in the Service Area and statewide.

Contractors are encouraged to conduct outreach activities that inform the public of available services offered, including activities that promotes awareness, identifies individuals in need of services, engages them, and links such individuals with the most appropriate services. Services may include, but are not limited to:

- Presentations
- Meeting attendance
- Referral Network building activities

Contractors coordinate planning and service delivery in collaboration with the Department, other contractors, subcontractors, and stakeholders, based on and aligned with community, service area, and state needs and strengths. Stakeholders may include, but are not limited to:

- Casinos
- Community coalitions
- Community-based/Cultural Organizations
- County Boards of Supervisors

- <u>Department on Aging, Aging and Disability Resource Centers, Area</u>
  <u>Agencies on Aging</u>
- Department of Corrections, judicial districts
- <u>Department of Education, school districts, non-public schools and colleges/universities/postsecondary institutions</u>
- Department of Human Services, child welfare, Medicaid managed care
- Mental Health and Disability Services regions
- Department of Public Health programs and services, State Board of Health
- Department of Public Safety, local law enforcement, emergency response
- Elected officials, policy-makers
- <u>Faith-based providers</u>
- Hospitals, other healthcare providers
- Judicial Branch, drug courts, family treatment courts, juvenile justice
- Mental health services providers
- Local Boards of Health
- Local public health agencies, HIV prevention and care centers
- Service Area residents and Iowans statewide

Substance use disorder contractors may use up to 10 percent of funding allocated for treatment services on Community Outreach activities that inform the public of available services offered.

#### b. Family Education Services

Education on various topics related to substance use disorders, treatment and recovery, for family members and concerned persons of individuals in treatment.

#### F. Budget Requirements

Contractors provide a mix of Outpatient Treatment Licensed Program Services for Patients, Other Covered Services for Patients, Other Covered Services for Persons who may or may not be Patients, and Other Covered Services for Persons who are not Patients. The majority of funding is expected to be expended on Licensed Program Services for Patients.

#### Rates

See Appendix O - IPN Service Unit Rates.

#### Fees

Contractors **shall** implement a co-pay for the following Outpatient Treatment Licensed Program Services:

- Outpatient
- Intensive Outpatient
- Partial Hospitalization

Contractors **may** implement a co-pay for the following Outpatient Treatment Other Covered Services:

Early Intervention

- MAT Medical Evaluation
- MAT Medical Care
- MAT Medication
- MAT Drug Testing
- Recovery Peer Coaching

Contractors **shall not** implement a co-pay for the following Outpatient Treatment Other Covered Services:

- Care Coordination
- Community Outreach
- Crisis Counseling
- Engagement
- Family Education Services
- Interim Services
- Screening, Brief Intervention and Referral to Treatment (SBIRT)
- Transportation

#### G. Data and Reporting Requirements

Contractors document provision of Licensed Program Services for Patients in accordance with the Licensure Standards. Contractors document provision of Other Covered Services for Patients in each patient's record. Contractors have procedures in place to document provision of Other Covered Services for Persons who may or may not be Patients and Other Covered Services for Persons who are not Patients.

Contractors report certain Outpatient Treatment service information and data through IDPH's data systems, as outlined below and in *Appendix B - Links to IDPH Substance Use and Problem Gambling Resources*. The data systems include:

#### <u>Iowa Behavioral Health Reporting System (IBHRS)</u>

o Substance use disorder treatment services data

# <u>Contractors report Licensed Program Services data to the IBHRS data system, in accordance with IDPH guidelines.</u>

In reporting Licensed Program Services data, contractors must specify the correct payor for each encounter at the time the encounter is provided. A patient may have a different payor for different services. For example, Integrated Provider Network funding may be the payor for Licensed Program Services and another payor may be responsible for certain Other Covered Services, such as Medical Care. Further, the payor for some services may change during a patient's treatment episode. If the payor changes, contractors must update reporting to specify the correct payor for each encounter.

For services utilizing a unit rate reimbursement, IPN providers should submit data as follows:

#### • For Outpatient Services

o Report Service as Individual, Group, or Recovery Support

- o **Report IPN Service Procedure**
- o Report "Service Duration Type" as "Minutes"
- o Report "Duration Number" as the number of minutes for the service provided.
- o <u>For 837P claims, report "Unit" based on the number of 15-minute units for the service</u> (rounding to closest interval). For example, if the session is 22 minutes 1 Unit would be reported on the claim. If the session is 23 minutes report 2 units on the claim.
- For Intensive Outpatient/Partial Hospitalization
  - o Report Service as Intensive Outpatient
  - o **Report IPN Service Procedure**
  - o Report "Service Duration Type" as "Days"
  - o Report "Duration Number" as "1"
  - o For 837P claims, report "Unit" as "1"
  - o Additional data entry guidance for reporting Intensive Outpatient (IOP) Services :
    - Report Service as Intensive Outpatient
    - For Per Diem Group Services
      - Report Service Duration Type as "Days"
      - Report Duration Number as "1"
    - For Individual Counseling Sessions not occurring on an IOP Per Diem Group

      Day
      - Report Service Duration Type as "Minutes"
      - Report Duration Number as less than or equal to 60 minutes.
      - For 837P claims, report "Unit" based on the number of 15-minute units for the service (rounding to closest interval). For example, if the session is 22 minutes 1 Unit would be reported on the claim. If the session is 23 minutes report 2 units on the claim.
- For Interim Services
  - o Report Service as Individual, Group, or Recovery Support
  - o <u>Report IPN Service Procedure (See Appendix O IPN Service Unit Rates for the IBHRS Service Procedure Codes to be reported).</u>
  - o Report "Service Duration Type" as "Minutes"
  - o Report "Duration Number" as the number of minutes for the service provided.
  - o <u>For 837P claims, report "Unit" based on the number of 15-minute units for the service</u> (rounding to closest interval). For example, if the session is 22 minutes 1 Unit would be reported on the claim. If the session is 23 minutes report 2 units on the claim.

To support appropriate patient engagement in ongoing treatment services that support recovery, IDPH has suspended the 60-day administrative discharge requirement for Contractors, for the duration of the project period.

Mental health services are reported as treatment service data in accordance with IDPH requirements and guidelines.

#### VI. Problem Gambling Treatment Services

#### A. <u>Service Delivery Requirements</u>

Contractors assure provision of Problem Gambling Treatment services that meet the assessed needs of the service area. Contractors provide these services directly or through a subcontractor.

Contractors provide Problem Gambling Treatment services that are readily accessible, comprehensive, appropriate to the persons seeking the services, flexible to meet the evolving needs of patients and service recipients, and effective. Problem Gambling Treatment services are available when needed, with minimal wait time.

#### At a minimum, contractors must:

- <u>Determine a person's need for Problem Gambling Treatment services and manage the services provided.</u>
- Provide Problem Gambling Treatment services in compliance with clinical appropriateness and IDPH requirements and guidance.
- Provide Problem Gambling Treatment services to patients in accordance with each patient's assessed needs.
- If a patient needs a Licensed Program Service a contractor does not provide, the contractor must assure that the patient's needs are met by a qualified provider and closely coordinate the patient's successful referral.
- Screen patients for medical and mental health conditions and directly provide or assure provision of needed medical and mental health services.
- If a patient has a medical or mental health condition a contractor is not staffed to address, the contractor must refer the patient to a qualified provider and closely coordinate ongoing services with the patient and that provider.
- If a patient has a medical or mental health condition that is covered by another provider or payor, the contractor must closely coordinate ongoing services with the patient and that provider/payor.
- Monitor a patient's progress on an ongoing basis, modifying the level of care and frequency of services in accordance with the person's evolving needs.
- Establish a "disease management" approach that engages with patients over time.
- Assure that patients have access to crisis services, residential treatment, intensive services and supports, and less intensive and extended services and supports that facilitate remission and engage persons in long term recovery in ways appropriate to each person.
- Have processes in place to outreach to and follow-up with persons who do not keep appointments, and patients who leave treatment prior to discharge by the contractor.
- Provide problem gambling treatment services ordered through a court action when the services ordered meet The ASAM Criteria, and the court orders treatment with the contractor.
  - Contractors work with the courts to examine the appropriateness of court-ordered placements and identify specific appropriate alternatives for the courts to consider,

#### as indicated.

#### **B.** Hours of Operation and Service Locations

Contractors provide Problem Gambling Treatment services in their service areas.

Contractors have sufficient Problem Gambling Treatment locations and hours of operation to support access for all residents in each county of their service areas. Hours of operation for Problem Gambling treatment include evening and weekend times.

<u>Contractors schedule Problem Gambling Treatment services with minimal wait time for the patient.</u>

Contractors assure timely and effective response to service requests, both during and outside their normal business hours, including response to referrals from the Your Life Iowa and 1-800-BETS OFF helplines and websites.

Contractors accommodate requests for services in addition to scheduled Problem Gambling treatment covered services, related to a patient's emerging needs or worsening condition.

Contractors have processes in place to serve "walk-ins" and persons in crisis. Same day services, when requested, are the goal.

#### C. Evidence-Based Practices and Standards of Care

Contractors provide Problem Gambling Treatment Licensed Program Services in accordance with IAC 641—155 Licensure Standards for Substance Use Disorder and Problem Gambling Treatment Programs. Contractors provide Problem Gambling Treatment Other Covered Services in accordance with IDPH requirements and guidance.

#### D. <u>Service Recipient Eligibility Requirements</u>

See Section II.C.

Iowa residency is the sole eligibility requirement for Early Intervention.

#### E. Covered Services Requirements

Problem Gambling Treatment covered services include Licensed Program Services for Patients,
Other Covered Services for Patients, Other Covered Services for Persons who may or may not be
Patients, and Other Covered Services for Persons who are not Patients

#### 1. Licensed Program Services for Patients

Contractors provide or assure provision of each Licensed Program Service to patients, sufficient to meet the assessed needs of each patient. Services are provided in accordance with IAC 641—155 Licensure Standards for Substance Use Disorder and Problem Gambling Treatment Programs and should be provided by qualified clinical treatment staff.

#### a. Outpatient (based on ASAM Level 1)

#### • Initial Assessment

- An Initial Assessment must be sufficient to determine the existence of a gambling problem and to identify medical and mental health risks or conditions, including assessment of suicide risk.
  - If the Initial Assessment identifies a need for services a contractor does not provide, the contractor must closely coordinate referral to a qualified provider.
  - If the Initial Assessment identifies a gambling problem, contractors provide or arrange for any needed education on financial management and credit counseling.
  - If the Initial Assessment identifies a medical and/or mental health risk or condition, contractors provide or arrange for provision of any needed medical and/or mental health evaluation or services.
- Individual and Group Counseling
  - Individual and Group Counseling include mental health counseling.
    - Mental health counseling must be related to general mental health risks and/or conditions that often co-occur with a primary diagnosis of problem gambling, and with remission and recovery.
- b. Intensive Outpatient (based on ASAM Level 2.1)
- 2. Other Covered Services for Patients

<u>Contractors provide Other Covered Services for Patients, sufficient to meet the assessed needs of each patient.</u>

#### a. <u>Care Coordination</u>

The Licensure Standards define Care Coordination as "the collaborative process which assesses, plans, implements, coordinates, monitors, and evaluates the options and services, both internal and external to the program, to meet patient needs, using communication and available resources to promote quality care and effective outcomes."

- <u>Care Coordination fosters long term engagement and ongoing remission/recovery support.</u>
- <u>Care Coordination services are provided to active patients.</u>
  - o <u>For Care Coordination billing purposes, a patient must receive at least one Licensed Program Service from the contractor during the month.</u>
- Care Coordination encompasses the broad range of patient-specific people, systems, and issues related to the patient's current situation and future recovery. These may include, but are not limited to, family members, referral sources, employers, schools, medical and mental health professionals, the child welfare system, the courts and criminal/juvenile justice systems, housing status, legal needs, and recovery support.
- <u>Care Coordination is generally conducted by contractor staff, outside of patient counseling sessions.</u>

- <u>Care Coordination includes use of electronic information and telecommunication technologies to support patients through check-in calls and texts.</u>
  - o Contractors providing check-in calls and texts must have policies and procedures that assure safety, privacy, and confidentiality.
- b. <u>Early Intervention (based on ASAM Level 0.5)</u>

The ASAM criteria level of care which explores and addresses problems or risk factors that appear to be related to an addictive disorder and which helps the individual recognize potential harmful consequences.

- Early Intervention may be provided to persons who have received an Initial
  Assessment but do not meet criteria for a problem gambling disorder.
  Individuals that previously received an Initial Assessment and do meet criteria for a problem gambling disorder may not be provided Early Intervention.
- Early Intervention could be considered as an equivalent to SBIRT Brief

  Treatment, which is a more intensive intervention than a SBIRT Brief
  Intervention.
- Early Intervention may be provided using the SAMHSA Integrated Change Therapy/Brief Treatment Model or a similar model acceptable to IDPH.
- c. Transportation

Transportation means assistance in the form of gas cards or bus passes, given directly to the patient for the purpose of transportation to and from an activity related to the patient's treatment plan or recovery plan.

3. Other Covered Services for Persons who may or may not be Patients

These services are to be provided by individuals skilled in delivering treatment services and should not be applied as prevention activities.

#### a. Crisis Counseling

A response to a crisis or emergency situation experienced by an individual, family member and/or significant others related to problem gambling disorders, such as:

- Crisis Counseling services shall provide a focused intervention and rapid stabilization of acute symptoms of mental illness or emotional distress. The interventions shall be designed to de-escalate situations in which a risk to self, others, or property exists.
- <u>Crisis Counseling services shall assist a member to regain self-control and reestablish effective management of behavioral symptoms associated with a psychological disorder in an age-appropriate manner.</u>
- <u>Crisis Counseling services with family members or friends using general counseling methods.</u>
- Crisis Counseling services can occur in person or over the phone.
  - Routine requests for information or calls or inquiries handled by nonclinical staff do not qualify as crisis counseling.

#### b. Engagement

Communication with potential or current patients with the intention of engaging/reengaging and enrolling/continuing them in services. Must be direct contact via in-person or by other technology.

#### 4. Other Covered Services for Persons who are not Patients

These services are to be provided by individuals skilled in delivering information in these areas and should not be applied as prevention activities.

#### a. Community Outreach

Contractors conduct, support, and participate in collaboration and community outreach activities that establish the contractor as the primary problem gambling treatment resource in the Service Area and statewide.

Contractors are encouraged to conduct outreach activities that inform the public of available services offered, including activities that promotes awareness, identifies individuals in need of services, engages them, and links such individuals with the most appropriate services. Services may include, but are not limited to:

- Presentations
- Meeting attendance
- Referral Network building activities

Contractors coordinate planning and service delivery in collaboration with the Department, other contractors, subcontractors, and stakeholders, based on and aligned with community, service area, and state needs and strengths.

#### Stakeholders may include, but are not limited to:

- Casinos
- Community coalitions
- Community-based/Cultural Organizations
- County Boards of Supervisors
- <u>Department on Aging, Aging and Disability Resource Centers, Area Agencies on Aging</u>
- Department of Corrections, judicial districts
- <u>Department of Education, school districts, non-public schools and colleges/universities/postsecondary institutions</u>
- Department of Human Services, child welfare, Medicaid managed care
- Mental Health and Disability Services regions
- Department of Public Health programs and services, State Board of Health
- Department of Public Safety, local law enforcement, emergency response
- Elected officials, policy-makers
- <u>Faith-based</u> providers
- Hospitals, other healthcare providers
- Judicial Branch, drug courts, family treatment courts, juvenile justice
- Mental health services providers

- Local Boards of Health
- Local public health agencies, HIV prevention and care centers
- Service Area residents and Iowans statewide

Problem Gambling contractors may use up to 50 percent of funding allocated for treatment services on Community Outreach activities that inform the public of available services offered.

#### b. <u>Family Education Services</u>

Education on various topics related to Problem Gambling disorders, treatment and recovery, for family members and concerned persons of individuals in treatment.

#### F. Budget Requirements

Contractors provide a mix of Problem Gambling Treatment Licensed Program Services for Patients, Other Covered Services for Patients, Other Covered Services for Persons who may or may not be Patients, and Other Covered Services for Persons who are not Patients. The majority of funding is expected to be expended on Licensed Program Services for Patients.

#### **Rates**

The Department has adjusted the Problem Gambling Treatment budget, amount funded, and reimbursement process to support a designated Problem Gambling treatment professional.

#### Fees

Problem Gambling Treatment services are no longer tied to the IPN Unit Rate Table.

Contractors cannot charge participants a fee for IPN funded Problem Gambling Treatment services.

Contractors will, as applicable, continue to bill third party payors (Medicaid or Other Insurance). For Problem Gambling Treatment services billed to a third party payor, the monthly claim to IDPH should be reduced by the cost (salary, fringe, and indirect) determined to provide the service. Contractor will identify the cost to provide this service and this documentation must be kept on file for audits or retrospective review. For example, IDPH funds a provider to employ a full-time counselor to offer Problem Gambling Treatment services. The provider establishes the cost to provide the service (salary, fringe, indirect) is \$25 per hour. If a contractor has a client that comes in that has insurance which reimburses for Problem Gambling Treatment services and pays the contractor \$100 for providing a one-hour service, the contractor must reduce the billing to IDPH based on the established cost to provide the service.

<u>Problem Gambling Treatment expenses are now reimbursed on actual direct cost expenditures</u> per budget line category. Budget line categories for Problem Gambling Treatment services are:

• Salary/Fringe – Problem Gambling Treatment Champion(s): Contractor must employ at least a single 1.0 Full-Time Equivalent (FTE) or two .50 FTEs to provide project coordination throughout the project period. If applicants choose to fund two .50 FTEs coordinators, training and meeting costs must be budgeted for both individuals providing coordination services.

- Recovery Support Services (not fee for service): Contractor will maintain documentation to support claimed amount (IBHRS).
- Indirect costs
- Other: Mileage and other expenses to support Problem Gambling Treatment Champion(s).

#### G. Data and Reporting Requirements

Contractors document provision of Licensed Program Services for Patients in accordance with the Licensure Standards. Contractors document provision of Other Covered Services for Patients in each patient's record. Contractors have procedures in place to document provision of Other Covered Services for Persons who may or may not be Patients and Other Covered Services for Persons who are not Patients.

Contractors report certain Problem Gambling Treatment service information and data through IDPH's data systems, as outlined below and in *Appendix B - Links to IDPH Substance Use and Problem Gambling Resources*. The data systems include:

- <u>Iowa Behavioral Health Reporting System (IBHRS)</u>
  - o **Problem gambling treatment services data**

<u>Contractors report Licensed Program Services data to the IBHRS data system, in accordance with IDPH guidelines.</u>

• In reporting Licensed Program Services data, contractors must specify the correct payor for each encounter at the time the encounter is provided. A patient may have a different payor for different services. For example, Integrated Provider Network funding may be the payor for Licensed Program Services and another payor may be responsible for certain Other Covered Services. Further, the payor for some services may change during a patient's treatment episode. If the payor changes, contractors must update reporting to specify the correct payor for each encounter.

To support appropriate patient engagement in ongoing treatment services that support recovery, IDPH has suspended the 60-day administrative discharge requirement for Contractors, for the duration of the project period.

#### VII. Residential Treatment (Adult/Juvenile)

#### A. Service Delivery Requirements

For Residential Treatment, "adult" generally refers to persons age 18 and older, and "juvenile" generally refers to persons under age 18.

Contractors provide Residential Treatment statewide. Contractors directly provide Residential Treatment Licensed Program Services for Patients.

Contractors provide Residential Treatment services that are readily accessible, comprehensive, appropriate to the persons seeking the services, flexible to meet the evolving needs of patients, and effective. Residential Treatment must be available when needed, with minimal wait time.

At a minimum, contractors must:

- Determine a person's need for Residential Treatment and manage the services provided.
- Provide Residential Treatment in compliance with clinical appropriateness and IDPH requirements and guidance.
- Provide Residential Treatment to patients in accordance with each patient's assessed needs.
  - o If a patient needs a Licensed Program Service a contractor does not provide, the contractor must assure that the patient's needs are met by a qualified provider and closely coordinate the patient's successful referral.
- Screen patients for medical and mental health conditions and directly provide or assure provision of needed medical and mental health services.
  - o If a patient has a medical or mental health condition a contractor is not staffed to address, the contractor must refer the patient to a qualified provider and closely coordinate ongoing services with the patient and that provider.
  - o If a patient has a medical or mental health condition that is covered by another provider or payor, the contractor must closely coordinate ongoing services with the patient and that provider/payor
- Monitor a patient's progress on an ongoing basis, modifying the level of care and frequency of services in accordance with the person's evolving needs.
- Establish a "disease management" approach that engages with patients over time.
- Assure that patients have access to crisis services, residential treatment, intensive services and supports, and less intensive and extended services and supports that facilitate remission and engage persons in long term recovery in ways appropriate to each person.
- Have processes in place to outreach to and follow-up with persons who do not keep appointments, and patients who leave treatment prior to discharge by the contractor.
- Provide substance use disorder treatment services ordered through a court action when the services ordered meet The ASAM Criteria, and the court orders treatment with the contractor.
  - Contractors will work with the courts to examine the appropriateness of court-ordered placements and identify specific appropriate alternatives for the courts to consider, as indicated.

#### **B.** Hours of Operation and Service Locations

Hours of operation for Residential Treatment are 24 hours a day, seven days a week, 365 days a year, and include weekend programming.

Contractors schedule Residential Treatment with minimal wait time for the patient.

Contractors assure timely and effective response to service requests, both during and outside their normal business hours, including response to referrals from the Your Life Iowa helpline and website.

Contractors accommodate requests for services in addition to scheduled Residential Treatment Covered Services, related to a patient's emerging needs or worsening condition, with minimal wait time. Contractors have processes in place to serve "walk-ins" and persons in crisis. Same day services, when requested, are the goal.

Residential Treatment Covered Services that may be provided by telehealth are Medical Evaluation and Medical Care. Contractors may request an exception from IDPH if there is a need to deviate from this expectation and must receive approval prior to implementation.

Contractors must provide Juvenile Residential Treatment in a residential facility setting that admits juvenile patients only.

#### C. Evidence-Based Practices and Standards of Care

Contractors provide Residential Treatment Licensed Program Services in accordance with the Licensure Standards. Contractors provide Adult Residential Treatment Other Covered Services in accordance with IDPH requirements and guidance.

#### D. Service Recipient Eligibility Requirements

See Section II.C.

#### **E.** Covered Services Requirements

Residential Treatment Covered Services include Licensed Program Services for Patients, Other Covered Services for Patients, and Other Covered Services for Persons who are not Patients.

#### 1. Licensed Program Services for Patients

Contractors provide one or more Licensed Program Services for Patients to <u>adults and/or juveniles</u> statewide, sufficient to meet the assessed needs of each patient.

- a. Clinically Managed Low-Intensity Residential (based on ASAM Level 3.1)
- **b.** Clinically Managed Medium-Intensity Residential (based on ASAM Level 3.3)
- c. Clinically Managed High-Intensity Residential (based on ASAM Level 3.5)
- **d. Medically Monitored Inpatient** (based on ASAM Level 3.7)

Due to the comorbidity of substance use and problem gambling disorders, IDPH supports the provision of services that can address both disorders simultaneously. This includes the provision of Early Intervention specific to Problem Gambling, and Problem Gambling Treatment, for individuals residing in a substance use disorder Residential Treatment level of care. Therefore these services can be provided as an outpatient service for patients at 3.1 or higher level of care, as long as the services are separate and distinct. This means that Early Intervention and Problem Gambling Treatment Services (.5, 1.0 or 2.1 LOC) cannot supplant the required 30-50 hours of substance use disorder treatment per week.

#### e. Outpatient (based on ASAM Level 1) to address Problem Gambling

### These additional services are to be reported as Service Events to IBHRS under a Care Status with a Program Area of Problem Gambling Treatment.

Mental health services are provided in an integrated manner and are included in the reimbursement rates for Licensed Program Services for Patients.

#### 2. Other Covered Services for Patients

Contractors provide or assure provision of Other Covered Services for Patients, sufficient to meet the assessed needs of each patient.

- **a. Early Intervention** (based on ASAM Level 0.5) to address Problem Gambling The ASAM criteria level of care which explores and addresses problems or risk factors that appear to be related to a gambling disorder and which helps the individual recognize potential harmful consequences.
  - Early Intervention may be provided to persons who have received an Initial Assessment but do not meet criteria for a problem gambling disorder. Individuals that previously received an Initial Assessment and do meet criteria for a problem gambling disorder may not be provided Early Intervention.
  - Early Intervention could be considered as an equivalent to SBIRT Brief Treatment, which is a more intensive intervention than a SBIRT Brief Intervention.
  - Early Intervention may be provided using the SAMHSA Integrated Change Therapy/Brief Treatment Model or a similar model acceptable to IDPH.

#### **b.** MAT – Medical Evaluation

Medical Evaluation means an assessment conducted by a physician or other licensed prescriber to determine the need for medication-assisted treatment and/or tobacco cessation services.

#### c. MAT – Medical Care

Medical Care means ongoing medical evaluation services provided by a licensed medical prescriber to assess appropriateness for continued medication-assisted treatment and tobacco cessation services.

- Medicated-Assisted Treatment (MAT) is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a "wholepatient" approach to the treatment of Alcohol Use Disorders, Opioid Use Disorders, and/or tobacco use.
- Medical Care does not include routine monitoring of MAT compliance by testing for the presence of other substances (e.g., urine drug screen) or conducting other medical tests.

#### d. MAT – Medication

Medication means medicine(s) ordered by the Medical Evaluation for MAT and/or tobacco cessation.

#### e. MAT – Drug Testing

Drug Testing means routine monitoring of MAT compliance by testing for the presence of other substances (e.g., urine drug screen).

#### f. Recovery Peer Coaching

Recovery Peer Coaching means individual face-to-face meetings between a patient and a Recovery Peer Coach to discuss routine recovery issues from a peer perspective.

#### 3. Other Covered Services for Persons who are not Patients

Contractors provide the following Other Covered Service for Persons who are not Patients:

#### a. Family Education Services

Education on various topics related to substance use and problem gambling disorders, treatment and recovery, for family members and concerned persons of individuals in treatment.

#### F. Budget Requirements

Contractors provide a mix of Residential Treatment Licensed Program Services for Patients, Other Covered Services for Patients, and Other Covered Services for Persons who are not Patients. *The majority of funding is expected to be expended on Licensed Program Services for Patients.* 

#### Rates

See *Appendix O - IPN Service Unit Rates* 

#### Fees

Contractors **shall** implement a co-pay for the following Residential Treatment Licensed Program Services for Patients:

- Clinically Managed Low-Intensity Residential
- Clinically Managed Medium-Intensity Residential
- Clinically Managed High-Intensity Residential
- Medically Monitored Inpatient

Contractors **may** implement a co-pay for the following Residential Treatment Other Covered Services for Patients:

- Early Intervention
- MAT Medical Evaluation
- MAT Medical Care
- MAT Medication
- MAT Drug Testing
- Recovery Peer Coaching

Contractors **shall not** implement a co-pay for the following Other Covered Services for Persons who are not Patients:

• Family Education Services

#### G. Data and Reporting Requirements

Contractors document provision of Licensed Program Services for Patients in accordance with the Licensure Standards. Contractors document provision of Other Covered Services for Patients in each patient's record. Contractors have procedures in place to document provision of Other Covered

Services for Persons who are not Patients.

Contractors report certain Outpatient Treatment service information and data through IDPH's data systems, as outlined below and in *Appendix B - Links to IDPH Substance Use and Problem Gambling Resources*. The data systems include:

#### • <u>Iowa Behavioral Health Reporting System (IBHRS)</u>

- o Substance use disorder treatment services data
- o Problem gambling treatment services data
- In reporting Licensed Program Services data, contractors must specify the correct payor for each encounter at the time the encounter is provided. A patient may have a different payor for different services. For example, Integrated Provider Network funding may be the payor for Licensed Program Services and another payor may be responsible for certain other Covered Services, such as medical care. Further, the payor for some services may change during a patient's treatment encounter. For example, Integrated Provider Network funding may be the payor for residential Licensed Program Services and the Iowa Health and Wellness Plan may be the payor for Outpatient Licensed Program Services. To specify the correct payor for each encounter, contractors must update the primary payment source as needed during the patient's full treatment episode.

#### • For Residential and Inpatient levels of care

- o Report Service as Residential
- o **Report IPN Service Procedure**
- o Report "Service Duration Type" as "Days"
- o **Report "Duration Number" as "1"**
- o For 837P claims, report "Unit" as "1"

#### • For Interim Services

- o Report Service as Individual, Group, or Recovery Support
- o <u>Report IPN Service Procedure. (See Appendix O IPN Service Unit Rates for the IBHRS Service Procedure Codes to be reported).</u>
- o Report "Service Duration Type" as "Minutes"
- o Report "Duration Number" as the number of minutes for the service provided.
- For 837P claims, report "Unit" based on the number of 15-minute units for the service (rounding to closest interval). For example, if the session is 22 minutes 1 Unit would be reported on the claim. If the session is 23 minutes report 2 units on the claim.

To support appropriate patient engagement in ongoing treatment services that support recovery, IDPH has suspended the 60-day administrative discharge requirement for Contractors, for the duration of the project period.

Mental health services are reported as treatment service data in accordance with IDPH requirements and guidelines.

#### VIII. Women and Children Treatment

#### A. Service Delivery Requirements

Contractors provide Women and Children Treatment statewide. Contractors directly provide Women and Children Treatment Licensed Program Services for Patients.

Contractors provide Women and Children Treatment services that are readily accessible, comprehensive, appropriate to the persons seeking the services, flexible to meet the evolving needs of women patients and their children, and effective. Women and Children Treatment are available when needed, with minimal wait time.

At a minimum, contractors must:

- Determine a woman's need for Women and Children Treatment and manage the services provided.
- Provide Women and Children Treatment in compliance with clinical appropriateness and IDPH guidance.
- Provide Women and Children Treatment services in accordance with each person's assessed needs.
  - o If a patient needs a Licensed Program Service a contractor does not provide, the contractor must assure that the patient's needs are met by a qualified provider and closely coordinate the patient's successful referral.
- Screen patients and children for medical and mental health conditions and directly provide or assure provision of needed medical and mental health services.
  - o If a person has a medical or mental health condition the contractor is not staffed to address, the contractor must assure the patient's needs are met by a qualified provider and closely coordinate ongoing services with the patient and that provider.
  - o If a person has a medical or mental health condition that is covered by another provider or payor, the contractor must closely coordinate ongoing services with the patient and that provider/payor
- Monitor a patient's progress on an ongoing basis, modifying the level of care and frequency of services in accordance with the person's evolving needs.
- Establish a "disease management" approach that includes engagement with patients over time.
- Assure that patients have access to crisis services, residential treatment, intensive services and supports, and less intensive and extended services and supports that facilitate remission and engage persons in long term recovery in ways appropriate to each person.
- Have processes in place to outreach to and follow-up with persons who do not keep appointments, and patients who leave treatment prior to discharge by the contractor.
- Provide substance use disorder treatment services ordered through a court action when the services ordered meet The ASAM Criteria, and the court orders treatment.
  - Contractors will work with the courts to examine the appropriateness of court-ordered placements and identify specific appropriate alternatives for the courts to consider, as indicated.

#### **B.** Hours of Operation and Service Locations

Hours of operation for outpatient Women and Children Treatment include evening and weekend times. Hours of operation for residential Women and Children Treatment are 24 hours a day, seven

days a week, 365 days a year, and include weekend programming.

Contractors schedule Women and Children Treatment with minimal wait time for the patient.

Contractors assure timely and effective response to service requests, both during and outside their normal business hours, including response to referrals from the Your Life Iowa helpline and website.

Contractors accommodate requests for services in addition to scheduled Women and Children Treatment Covered Services, related to a patient's emerging needs or worsening condition, with minimal wait time. Contractors have processes in place to serve "walk-ins" and persons in crisis. Same day services, when requested, are the goal.

Women and Children Treatment Covered Services that may be provided by telehealth are Initial Assessment, Medical Evaluation, and Medical Care. Contractors may request an exception from IDPH if there is a need to deviate from this expectation and must receive approval prior to implementation.

Contractors must provide residential Women and Children Treatment in a residential facility setting that admits women patients only and their dependent children.

#### C. Evidence-Based Practices and Standards of Care

Contractors provide Women and Children Treatment Licensed Program Services for Patients in accordance with the Licensure Standards. Contractors provide Women and Children Treatment Enhanced Treatment/Ancillary Support Services for Patients and their Children in accordance with IDPH requirements and guidance.

Contractors must meet SABG requirements and related SAMHSA guidance, as provided by IDPH. (See *Appendix A - SABG Certification Form*.)

#### D. Service Recipient Eligibility Requirements

See Section II.C.

Iowa residents who are pregnant women and women with children, including women who have custody of their children and women seeking custody, are eligible to receive Women and Children Treatment.

Contractors must make Enhanced Treatment/Ancillary Support Services available to all eligible women and their children.

- If Medicaid or another payor pays for the patient's Licensed Program Services, no additional eligibility requirements must be met.
- If Women and Children Treatment funding pays for the patient's Licensed Program Services, the patient must also meet the eligibility requirements outlined below.

If the patient and/or the patient's children are enrolled in Medicaid or with another payor, and Medicaid or the other payor covers the patient's Licensed Program Services and/or any of the patient's or children's Enhanced Treatment/Ancillary Support Services, contractors cannot use

contract funding to pay for those Covered Services.

If the patient and/or the patient's children are not enrolled in Medicaid or with another payor, or if

Medicaid or the other payor does not cover the patient's Licensed Program Services and/or any of the patient's or children's Enhanced Treatment/Ancillary Support Services, and no other payor exists for those services, contractors can use contract funding to pay for those Covered Services.

The program uses SABG funds as the "payment of last resort" for services for pregnant women and women with dependent children and, therefore, makes every reasonable effort to collect reimbursement when coverage is available through:

- Private health insurance benefits
- Social Security Act, including programs under Title XVIII and Title XIX
- State compensation program
- Public assistance program for medical expenses
- Grant programs
- Other benefit program

#### **E.** Covered Services Requirements

Women and Children Treatment Covered Services include Licensed Program Services for Patients and Enhanced Treatment/Ancillary Support Services for Patients and their Children.

#### 1. Licensed Program Services for Patients

Contractors provide Licensed Program Services to women patients statewide, sufficient to meet the assessed needs of the patient.

Contractors provide one or more residential/inpatient Licensed Program Services and also provide Outpatient and Intensive Outpatient Licensed Program Services.

#### a. Outpatient (based on ASAM Level 1)

#### • Initial Assessment

- An Initial Assessment must be sufficient to determine the existence of a substance use disorder or a gambling problem and to identify medical and mental health risks or conditions, including assessment of suicide risk.
  - If the Initial Assessment identifies a need for services a contractor does not provide, the contractor must closely coordinate referral to an appropriate provider.
  - If the Initial Assessment identifies a gambling problem, the contractor must provide or arrange for any needed education on financial management and credit counseling.
  - If the Initial Assessment identifies a medical and/or mental health risk or condition, the contractor must provide or arrange for provision of any needed medical and/or mental health evaluation or services.

#### • Individual and Group Counseling

o Individual and Group Counseling include mental health counseling.

- Mental health counseling provided under contract funding must be related to general mental health risks and/or conditions that often cooccur with a primary diagnosis of substance use disorder, and with remission and recovery.
- **b. Intensive Outpatient** (based on ASAM Level 2.1)
- **c. Partial Hospitalization** (based on ASAM Level 2.5)
- d. Clinically Managed Low-Intensity Residential (based on ASAM Level 3.1)
- e. Clinically Managed Medium-Intensity Residential (based on ASAM Level 3.3)
- f. Clinically Managed High-Intensity Residential (based on ASAM Level 3.5)
- **g. Medically Monitored Inpatient** (based on ASAM Level 3.7)

For Intensive Outpatient, Partial Hospitalization, all residential services, and Medically Monitored Inpatient, mental health services are provided in an integrated manner and are included in the service reimbursement rate.

# 2. Enhanced Treatment/Ancillary Support Services for Patients and their Children Contractors provide or assure provision of Enhanced Treatment/Ancillary Support Services to women patients and their children, sufficient to meet the assessed needs of each patient and child.

- Primary medical care for women who are receiving substance abuse services including prenatal care and, while women are receiving such treatment, child care.
- Primary pediatric care for their children, including immunizations.
- Gender-specific substance abuse treatment and other therapeutic interventions for women that may address issues of relationships, sexual and physical abuse and parenting and child care while the women are receiving these services.
- Therapeutic interventions for children in custody of women in treatment which may, among other things, address their developmental needs, and their issues of sexual and physical abuse and neglect.
- Sufficient case management and transportation services to ensure that women and their children have access to the services needed during the course of treatment.
- Comprehensive services including case management to assist in establishing eligibility for public assistance programs provided by Federal, State, or local governments; employment and training programs; education and special education programs; drugfree housing for women and their children; prenatal care and other health care services; therapeutic day care for children; Head Start; and other early childhood programs.

#### F. Budget Requirements

Contractors provide a mix of Women and Children Treatment Licensed Program Services for Patients and Enhanced Treatment/Ancillary Support Services for Patients and their Children. Women and Children Treatment Enhanced Treatment/Ancillary Support Services are funded 100% by the SABG.

#### **Rates**

See Appendix O - IPN Service Unit Rates.

#### **Fees**

Contractors **shall** implement a co-pay for Women and Children Treatment Licensed Program Services:

- Outpatient
- Intensive Outpatient
- Partial Hospitalization
- Clinically Managed Low-Intensity Residential
- Clinically Managed Medium-Intensity Residential
- Clinically Managed High-Intensity Residential
- Medically Monitored Inpatient

Contractors **shall not** implement a co-pay for:

• Enhanced Treatment/Ancillary Support Services

#### G. Data and Reporting Requirements

Contractors document provision of Licensed Program Services for Patients in accordance with the Licensure Standards. Contractors document provision of Enhanced Treatment/Ancillary Support Services for Patients and their Children in the patient record.

Contractors report treatment service information and data through IDPH's data systems, as outlined below and in *Appendix B - Links to IDPH Substance Use and Problem Gambling Resources*. The data systems include:

#### • <u>Iowa Behavioral Health Reporting System (IBHRS)</u>

o Substance use disorder treatment services data

Contractors report Licensed Program Services data using the CDR and/or I-SMART data systems, in accordance with IDPH guidelines.

• In reporting Licensed Program Services data, contractors must specify the correct payor for each encounter at the time the encounter is provided. A patient may have a different payor for different services. For example, Integrated Provider Network funding may be the payor for Licensed Program Services and another payor may be responsible for certain other Covered Services, such as medical care. Further, the payor for some services may change during a patient's treatment encounter. For example, Integrated Provider Network funding may be the payor for residential Licensed Program Services and the Iowa Health and Wellness Plan may be the payor for Outpatient Licensed Program Services. To specify the correct payor for each encounter, contractors must update the primary payment source as needed during the patient's full treatment episode.

For services utilizing a unit rate reimbursement, IPN providers should submit data as follows:

#### • For Outpatient Services

- o Report Service as Individual, Group, or Recovery Support
- o Report IPN Service Procedure

- o **Report "Service Duration Type" as "Minutes"**
- o Report "Duration Number" as the number of minutes for the service provided.
- o For 837P claims, report "Unit" based on the number of 15-minute units for the service (rounding to closest interval). For example, if the session is 22 minutes 1 Unit would be reported on the claim. If the session is 23 minutes report 2 units on the claim.
- For Intensive Outpatient/Partial Hospitalization
  - o Report Service as Intensive Outpatient
  - o **Report IPN Service Procedure**
  - o Report "Service Duration Type" as "Days"
  - o Report "Duration Number" as "1"
  - o For 837P claims, report "Unit" as "1"
  - o Additional data entry guidance for reporting Intensive Outpatient (IOP) Services :
    - Report Service as Intensive Outpatient
    - **■** For Per Diem Group Services
      - Report Service Duration Type as "Days"
      - Report Duration Number as "1"
    - For Individual Counseling Sessions not occurring on an IOP Per Diem Group

      <u>Day</u>
      - Report Service Duration Type as "Minutes"
      - Report Duration Number as less than or equal to 60 minutes.
      - For 837P claims, report "Unit" based on the number of 15-minute units for the service (rounding to closest interval). For example, if the session is 22 minutes 1 Unit would be reported on the claim. If the session is 23 minutes report 2 units on the claim.
- For Residential and Inpatient levels of care
  - o Report Service as Residential
  - o **Report IPN Service Procedure**
  - o Report "Service Duration Type" as "Days"
  - o Report "Duration Number" as "1"
  - o For 837P claims, report "Unit" as "1"
- For Interim Services
  - o Report Service as Individual, Group, or Recovery Support
  - o <u>Report IPN Service Procedure (See Appendix O IPN Service Unit Rates for the IBHRS Service Procedure Codes to be reported).</u>
  - o Report "Service Duration Type" as "Minutes"
  - o Report "Duration Number" as the number of minutes for the service provided.
  - o <u>For 837P claims, report "Unit" based on the number of 15-minute units for the service</u> (rounding to closest interval). For example, if the session is 22 minutes 1 Unit would be reported on the claim. If the session is 23 minutes report 2 units on the claim.

The Department is introducing new IBHRS Service Procedures to track Women and Children Services/Enhanced Treatment/Ancillary Support Services for Patients/Children. See Appendix O-IPN Service Unit Rates for the IBHRS Service Procedures and Service Procedure Modifiers to be used to report Ancillary services.

Contractors report Women and Children Treatment Licensed Program Services and Enhanced
Treatment/Ancillary Support Services per Appendix O - IPN Service Unit Rates and report the
Special Initiative Type Code "Women and Children" as part of the IBHRS Treatment Episode data.

To support appropriate patient engagement in ongoing treatment services that support recovery, IDPH has suspended the 60-day administrative discharge requirement for Contractors, for the duration of the project period.

Mental health services are reported as treatment service data in accordance with IDPH requirements and guidelines.

#### IX. Methadone Treatment

#### A. Service Delivery Requirements

Contractors provide Methadone Treatment statewide. Contractors directly provide the Methadone Treatment Covered Service for Patients.

Contractors continuously meet the following requirements throughout the project period:

- Accredited as an opioid treatment program in accordance with IAC 641—155.35, and
- Accredited as an opioid treatment program in accordance with IAC 641—155.35, and
- Licensed to provide and continuously provide following substance use disorder Licensed Program Services in Iowa:
  - o Outpatient
  - o Opioid Treatment Services.

#### At a minimum, contractors must:

- Determine a person's need for Methadone Treatment and manage the services provided.
- Provide Methadone Treatment in compliance with clinical appropriateness and IDPH requirements and guidance.
- Provide Methadone Treatment in accordance with each patient's assessed needs.
  - o If a patient needs a Licensed Program Service the contractor does not provide, the contractor must assure the patient's needs are met by a qualified provider and closely coordinate the patient's successful referral.
- Monitor a patient's progress on an ongoing basis, modifying services in accordance with the patient's evolving needs
- Establish a "disease management" approach that includes engagement with patients over time.
- Assure that patients have access to crisis services, residential treatment, intensive services and supports, and less intensive and extended services and supports that facilitate remission and engage persons in long term recovery in ways appropriate to each patient.
- Have processes in place to outreach to and follow-up with persons who do not keep appointments, and patients who leave treatment prior to discharge by the contractor.

#### **B.** Hours of Operation and Service Locations

A contractor must provide Methadone Treatment in the state of Iowa. Contractors may request an exception from the Department to conduct an activity or provide a service outside of Iowa borders. Contractors must schedule Methadone Treatment with minimal wait time for the patient.

Contractors assure timely and effective response to service requests, both during and outside their normal business hours, including response to referrals from the Your Life Iowa helpline and website.

#### C. Evidence-Based Practices and Standards of Care

Contractors provide Methadone Administration in an organized manner consistent with and in compliance with all applicable federal, state and local regulations pertaining to the provision of these services, including those of the Food and Drug Administration (FDA), the Drug Enforcement Administration (DEA), the Substance Abuse and Mental Health Services Administration (SAMHSA), and State of Iowa Specific Standards for Opioid Treatment Programs (IAC 641—155.35).

Contractors have policies and procedures regarding therapeutic methadone dosage that are consistent with SAMHSA Center for Substance Abuse Treatment Guidelines for the Accreditation of Opioid Treatment Programs and TIP 43, Medication Assisted Treatment for Opioid Addiction in Opioid Treatment Programs.

#### D. Service Recipient Eligibility Requirements

See Section II.C.

#### **E.** Covered Services Requirements

Methadone Treatment Covered Services include one Covered Service for Patients.

#### Covered Service for Patients

Contractors provide the following Covered Service to persons with opioid use disorders, sufficient to meet the assessed needs of each person.

#### o Methadone Administration

Contractors assure Methadone Treatment patients also receive treatment Licensed Program Services from the contractor or from another licensed and qualified program.

Contractors meet Medicaid requirements for providing Medication Assisted Treatment/Recovery to persons with an Opioid Use Disorder, and bill Medicaid for methadone provided to Medicaid members.

Licensed Program Services provided to Methadone Treatment patients are reported, billed, and reimbursed separately from Methadone Administration.

#### F. Budget Requirements

Contractors provide one Covered Service for Patients.

#### Rate

See Appendix O - IPN Service Unit Rates.

#### Fees

Contractors **shall** implement a co-pay for the Methadone Treatment Covered Service:

Methadone Administration

#### G. Data and Reporting Requirements

Contractors document provision of Methadone Treatment in accordance with IDPH requirements.

Contractors must report treatment service information and data through IDPH's data systems, as outlined below and in *Appendix B - Links to IDPH Substance Use and Problem Gambling Resources*. Data systems include:

- <u>Iowa Behavioral Health Reporting System (IBHRS)</u>
- Substance use disorder treatment services data

For services utilizing a unit rate reimbursement, IPN providers should submit data as follows:

- Dosing of Methadone is not reported as a Service Event to IBHRS.
- Dosing is billed via the IBHRS 837P process.
  - For 837P claims, report "Unit" based on the number of doses received by the patient on that date of service.

#### **APPENDIX A - SABG Certification Form**

Contractors and subcontractors providing substance abuse prevention services and substance use disorder treatment Licensed Program Services must comply with the SABG requirements outlined below. Complete SABG requirements are at: https://tinyurl.com/y73q4wor

#### Substance Abuse Prevention and Treatment Block Grant (SABG) Requirements

Note: References to patients or to persons receiving treatment services apply to substance use disorder treatment patients only.

#### 1. Non-Supplanting Requirement (45 C.F.R 96.135 (a) (4))

Federal funds made available shall not be used to supplement and increase the level of state, local and other non-federal funds that would in the absence of such federal funds be made available for the programs and activities for which funds are provided and will in no event take the place of state, local and other non-federal funds.

#### **2.** Payment Schedule (96.137)

When using SABG funds for 96.124, 96.127 and 96.128, SABG funded entities must make every reasonable effort to: Collect reimbursement for costs of providing services to patients through other programs or private insurance and secure payments from patients or clients in accordance with their ability to pay.

#### 3. Statewide Assessment of Needs (96.133)

The state is required to submit to the Secretary an Assessment of Need in the State for authorized activities, both by locality and the State in general. Providers are required to participate in the annual survey and data collection process.

#### 4. Priority in Admission Status (45 C.F.R 96.131)

Priority in admission to substance use disorder treatment shall be given to patients with the greatest clinical need, as follows:

- Pregnant women who inject drugs
- Pregnant women who abuse substances in other ways
- Other Individuals who inject drugs
- All others

#### 5. Treatment and Interim Services for Pregnant Women (45 C.F.R . 96.131)

- a. Priority admission must be offered to pregnant women, either through immediate admission or priority placement on a waiting list. Interim services must be provided to pregnant women on a waiting list. If there is insufficient capacity to provide interim services, IDPH must be notified immediately to assist in the coordination of the provision of interim services (within 48 business hours).
- b. Preference in admission must be given to pregnant women who seek or are referred for and would benefit from SABG funded treatment services. All providers who serve women and who receive SABG funds must provide preference as outlined above and meet the following:
  - Publicizes that pregnant women receive preference in admission.
  - Refers pregnant women to IDPH when the program has insufficient capacity to provide services to any such pregnant women who seek services.
  - Makes available interim services within 48 hours to pregnant women who cannot be admitted due to lack of capacity.
  - Provide the following interim services:
    - counseling and education about HIV and tuberculosis about the risks of needle-sharing, risks of transmission to sexual partners and infants, and steps that can be taken to ensure that HIV transmission does not occur,

- o referral for HIV and TB services,
- o counseling on the effects of alcohol and drug use on the fetus, referrals for prenatal care.
- Documentation of all required elements including documentation of pregnant women capacity, interim services offered, provided and referred.

### 6. Capacity of Treatment for Persons who Inject Drugs and Interim Services (45 CFR 96.126)

- a. Priority admission must be offered to persons who inject drugs, either through immediate admission or priority placement on a waiting list, to persons who inject drugs. Interim services are provided to individuals for intravenous substance abuse on the waiting list.
- b. Assure that each individual who requests and is in need of treatment for intravenous drug use is admitted to a program of such treatment not later than:
  - 14 days after making the request for admission,
  - 120 days if the program has no capacity to admit the individual on the date of the request; and, within 48 hours after the request, the program makes interim services available until the individual is admitted to a substance use disorder treatment program. Programs must report to IDPH when bed capacity reaches 90% and must document such notification including date and outcome of contact with IDPH and interim services or referrals made, within seven (7) days.

### Notification must be provided to IDPH within seven (7) days of reaching 90% treatment capacity.

- c. Provide the following interim services:
  - counseling and education about HIV and tuberculosis about the risks of needle-sharing,
  - risks of transmission to sexual partners and infants and steps that can be taken to ensure that HIV transmission does not occur,
  - referral for HIV and TB services,
  - counseling on the effects of alcohol and drug use on the fetus-for pregnant women,
  - referrals for prenatal care-for pregnant women.
- d. Establish a waiting list that includes a unique client identifier for each injecting drug abuser seeking treatment, including patients receiving interim services.
- e. Ensures that outreach efforts include the following:
  - selecting, training and supervising outreach workers,
  - contacting, communicating and following-up with high-risk substance abuser as well as their associates and neighbors (within constraints of 45 CFR Parts 160 and 164 Health Insurance Portability and Accountability Act (HIPAA) and 42 CFR Part 2),
  - promoting awareness among persons who inject drugs to the relationship between injecting drug abuse and communicable diseases such as HIV, TB, etc. to encourage the individuals to enter treatment,
  - recommending steps that can be taken to ensure that HIV transmission does not occur.
- f. A mechanism to maintain contact with individuals awaiting admission must be in place or established. maintain documentation of all counseling and education provided, Interim Services provided and/or referrals made, dates of services/referrals, providers referred to, and wait list information in the patient's health record and report to IDPH as requested.
- g. Remove persons awaiting treatment for intravenous substance use off the waiting list only when one of the following conditions occur: such persons cannot be located for admission into treatment or such persons refuse treatment.

#### 7. Coordination of Prevention and Treatment Activities (45 CFR 96.132(c))

Coordinate treatment services with the provision of other appropriate services (including health, social, correctional and criminal justice, education, vocational rehabilitation, and employment services) to ensure clients have access to a full array of services.

#### 8. Wait List Requirement (Office for Treatment Improvement-1992)

- a. Uniform Waiting List is defined as a document that:
  - Identifies individuals who are seeking treatment when appropriate treatment slots are not available
  - Is a log/roster that the program maintains when service capacity has been reached
  - Identifies individuals who are actively seeking treatment and who meet eligibility criteria
- b. Maintain a wait list that:
  - Is a written log/roster that documents when service capacity has been reached, and identifies individuals who are actively seeking treatment and who meet eligibility criteria for admission.
  - Contains the screening mechanism used and location of the program.
  - Contains the patient name and contact information (mailing address, telephone number, and other contact information).
  - States disposition, including how and when the person was informed of the disposition, the recommended resource and how the recommendation was made.
  - Describes follow-up contact with the referral agency.
  - Includes priority categories: Pregnant Women and Persons Who Inject Drugs.

#### 9. AIDS Education Component (45 CFR 96.121)

Provide an AIDS Education Component to treatment patients. The component shall include information regarding optional AIDS virus testing. Pre- and post-test counseling will be made available to patients to be tested for the virus. Maintain documentation of such education and counseling.

#### 10. Non discrimination (42 USC 300x-57)

- a. For the purpose of applying the prohibitions against discrimination on the basis of age under the Age Discrimination Act of 1975 [42 U.S.C. 6101 et seq.], on the basis of handicap under section 504 of the Rehabilitation Act of 1973 [29 U.S.C. 794], on the basis of sex under title IX of the Education Amendments of 1972 [20 U.S.C. 1681 et seq.], or on the basis of race, color, or national origin under title VI of the Civil Rights Act of 1964 [42 U.S.C. 2000d et seq.], providers and activities funded in whole or in part with MHBG or SABG funds shall be considered to be providers and activities receiving Federal financial assistance.
- b. No person shall on the ground of sex (including, in the case of a woman, on the ground that the woman is pregnant), or on the ground of religion, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under, any program or activity funded in whole or in part with funds made available through the MHBG or SABG.

#### 11. Religious Discrimination Prohibition/Charitable Choice (42 CFR 54a)

If a provider of service is a religious organization as defined in 42 CFR Part 54 and Part 54A (Charitable Choice Regulations), the provider may not discriminate against a patient on the basis of religion, a religious belief, a refusal to hold a religious belief, or a refusal to actively participate in a religious practice. Patients who object to a provider's religious character have the right to referral to another provider and providers will post or otherwise assure notice of such right as follows: "If you object to the religious character of this organization, Federal law gives you the right to a referral to another provider of substance use disorder services to which you have no religious objections." The referral and receipt of alternative service must occur

within a reasonable period of time after such a request. The alternative provider must be accessible to the patient and have the capacity to provide substance use disorder treatment services. The services provided by the alternative provider must be of value not less than the value of the services the patient would have received from the Provider. The Provider must document such objection, alternative service made or referral provided.

## **12.** Collection of Treatment Episode Data Set (TEDS) Data (42 US 290aa-4) Collect and submit to the Department all TEDS data on admission and discharge ages 12 and older

#### 13. Confidentiality of Protected Health Information (45 CFR 96.132 (e))

Establish a process to protect the privacy and confidentiality of patient records and information, including proportionate disciplinary action for inappropriate disclosures or breaches and ensuring all staff shall receive annual training in accordance with 42 CFR, Part 2 and the Health Insurance Portability and Accountability Act of 1996.

#### 14. Continuing Education (45 CFR 96.132)

Ensure that continuing education is made available to employees of the facility who provide treatment and prevention services.

#### 15. Requirements Regarding Tuberculosis (42 USC 300x-24, 96.127 and 96.121)

- a. The provider directly, or through arrangements with other public or nonprofit private entities, routinely makes available the following TB services to each individual receiving treatment for substance abuse:
  - Counseling the individual with respect to TB
  - Testing to determine whether the individual has been infected with mycobacteria TB to determine the appropriate form of treatment for the individual
  - Appropriate medical evaluation and treatment for individuals infected by mycobacteria TB
- b. For clients denied admission to the program on the basis of lack of capacity, the program refers such clients to other providers of TB services.
- c. The provider has implemented infection control procedures that are consistent with those established by IDPH to prevent the transmission of TB and that address the following:
  - Screening patients and identifying those individuals who are infected or at high risk of becoming infected
  - Meeting all State reporting requirements while adhering to Federal and State confidentiality requirements, including 42 CFR part 2
  - Case management activities to ensure that individuals receive such services
- d. The provider reports all individuals with active TB as required by State law and in accordance with Federal and State confidentiality requirements, including 42 CFR part 2. To report a case of TB in Iowa, call the TB Control Program 800-362-2736.

#### 16. Coordination of Prevention and Treatment Activities (45 CFR 96.132(c)

Coordinate treatment services with the provision of other appropriate services (including health, social, correctional and criminal justice, education, vocational rehabilitation, and employment services) to ensure clients have access to a full array of services.

### 17. Smoking Prohibition (Pro-Children Act of 1994 (Act), Public Law 103-227, Iowa Smokefree Air Act)

The provider shall demonstrate that it prohibits smoking in any facilities owned, leased, or contracted for the provision of health, day care, early childhood development services, education, or library services to children under the age of 18, if the services are funded by federal providers.

#### 18. Unallowable Expenditures (45 CFR, 96.135, 96.137)

SABG funding cannot be expended for the purposes listed below:

- Purchase of land or construction of building or improvements thereon
- Purchase of major medical equipment
- Providing individuals with hypodermic needles or syringes
- Any salary in excess of Level II of the federal senior executive service pay scale.
- Inpatient hospital services
- Satisfying the requirement for expenditures of non-Federal funds as a condition for the receipt of Federal funds
- Providing financial assistance to any entity other than a public or nonprofit entity
- Cash payments to intended recipients of health services
- Providing treatment services in penal or correctional institutions of the state

Substance Abuse Prevention - Additional Unallowable Expenditures:

- Purchase of Naloxone
- Strategies to enforce alcohol, tobacco, or drug (ATOD) policies (compliance checks, party patrols, shoulder taps, etc.)
- Services to enforce ATOD state laws
- Services that support Screening, Brief Intervention and Referral to Treatment (SBIRT), including promotion of SBIRT and screening
- Services that support mental health promotion and mental disorder prevention strategies
- Meal costs that are unrelated to program participant involvement in evidencebased program implementation
- Purchase of gift cards

#### 19. Sliding Fee Scale Requirement

Treatment services must be available to patients based on a sliding fee scale that considers patient income and family size as stated in the Poverty Guidelines at <a href="https://aspe.hhs.gov/poverty-guidelines">https://aspe.hhs.gov/poverty-guidelines</a>.

Contractors must implement and maintain documentation of patient co-pay procedures/policies and retain documentation of co-pays-and associated patient income and family size.

#### 20. Single State Audit ( 2 CFR 200.501)

The provider shall adhere to the following requirements:

- a. If the provider expends \$750,000 or more in federal financial assistance during the provider's fiscal year, an independent financial and compliance audit must be completed by a Certified Public Accounting firm under the auspices of 2 CFR 200 Uniform Administrative Requirements for Federal Awards—Single State Audit. The provider must submit a copy of the audit report to IDPH. The provider must also submit a data collection form and reporting package to the Federal Audit annually to: <a href="https://harvester.census.gov/facweb">https://harvester.census.gov/facweb</a>
- b. If the provider is a non-Federal entity that expends less than \$750,000 during the provider's fiscal year, the provider must retain records to support expenditures, and the provider will make those records available for review or audit by appropriate officials of the Substance Abuse and Mental Health Services Administration (SAMHSA), the state, and the General Accounting Office.
- c. If the 2 CFR 200 audit report includes findings or questioned costs, the provider must develop and implement a corrective action plan that addresses the audit findings and recommendations contained therein. The provider must submit the corrective action plan to IDPH.

The provider must retain records to support expenditures and make those records available for review or audit by appropriate officials of SAMHSA, the awarding agency, the General Accounting Office and/or their representatives.

#### 21. Salary limitation

States and subrecipients cannot use the block grants to pay salaries more than level II of the federal senior executive service pay scale.

#### 22. Prohibitions regarding receipt of funds (42 USC 300x-56)

The provider understands the following as conditions regarding receipt of SABG funds:

- a. Persons associated with the provider shall not knowingly and willfully make or cause to be made any false statement or representation of a material fact in connection with the furnishing of items or services for which payments may be made from the SABG.
- b. Persons associated with the provider with knowledge of the occurrence of any event affecting the initial or continued right of the person to receive any payments from a grant made from the MHBG or SABG shall not conceal or fail to disclose any such event with an intent to fraudulently secure such payment either in a greater amount than is due or when no such amount is due.

Any person who violates any prohibition established in this section shall for each violation be fined in accordance with federal law or imprisoned for not more than 5 years, or both.

#### 23. Prohibition on Using Funds for Lobbying (Title 31, United States Code, Section 1352)

- The provider must not use federal funds to lobby the Executive or Legislative Branches of the State or Federal Government in connection with the MHBG or SABG.
- If the provider receives federal funds in excess of \$100,000, it must disclose whether and how much it uses any non-federal funds for lobbying.
- 24. Government-wide Debarment and Suspension (Non-procurement) (13 CFR 400.109)

  The provider agrees to participate in the government-wide exclusion of suspended or debarred personnel and has policies to that effect.

#### 25. Peer Review Process (42 USC 300x-53, SABG 96.136)

- The provider agrees to participate, if selected, in the Independent Peer Review conducted by the State. The provider agrees to permit and cooperate with federal investigations into the use of the SABG.
- The provider must submit such data and reports as required by the state to meet block grant reporting requirements.

### Additional Substance Abuse Prevention and Treatment Block Grant Requirements Pregnant Women and Women with Dependent Children (45 CFR 96.124)

Note: References to patients or to women receiving services apply to Women and Children patients only.

- 1. Ensure that women receiving services funded by Women and Children funding have no other financial means to obtain treatment and the funding is the payment of last resort. The program will document such in the patient record.
- 2. Ensure that the family is treated as a unit and admits both women and their children, as appropriate.
- **3.** Ensure that the services in 2.02B.3. a. (3) are provided or arranged by the program and are documented in each patient's record. Providers must maintain a tracking mechanism to report each service to the Department upon request.
- **4.** Establish a Memoranda of Understanding with other service providers to arrange for services in 2.02B.3. a. (3) that the program does not provide.

Integrated Provider Network – Substance Use and Problem Gambling Services Provider Manual: April 2022

By signing, I attest that my organization and all employees of my organization will know, understand, and comply with federal Substance Abuse Prevention and Treatment Block Grant requirements.

If my organization provides Women and Children Treatment, I further attest that my organization and all employees will comply with the additional requirements for Pregnant Women and Women with Dependent Children.

Children.
I attest that I have the authority to sign on behalf of the contractor or subcontractor organization.
Organization Name:
Signature of Authorized Individual:
Typed Name of Signatory:
Title of Signatory:
Date Signed:

#### **APPENDIX B - Links to IDPH Substance Use and Problem Gambling Resources**

- IDPH General Conditions: <a href="http://idph.iowa.gov/finance/funding-opportunities/general-conditions">http://idph.iowa.gov/finance/funding-opportunities/general-conditions</a>
- Federal Guidelines for Opioid Treatment Programs:
   <a href="https://store.samhsa.gov/shin/content/PEP15-FEDGUIDEOTP/PEP15-FEDGUIDEOTP.pdf">https://store.samhsa.gov/shin/content/PEP15-FEDGUIDEOTP.pdf</a>
- Iowa Problem Gambling Services: <a href="http://www.idph.iowa.gov/igtp">http://www.idph.iowa.gov/igtp</a>
- Iowa Behavioral Health Reporting System (IBHRS): <a href="https://idph.iowa.gov/Bureau-of-Substance-Abuse/Substance-Use-and-Problem-Gambling-Data/Iowa-Behavioral-Health-Reporting-System">https://idph.iowa.gov/Bureau-of-Substance-Abuse/Substance-Use-and-Problem-Gambling-Data/Iowa-Behavioral-Health-Reporting-System</a>
- SBIRT Iowa: <a href="http://idph.iowa.gov/sbirt">http://idph.iowa.gov/sbirt</a>
- Substance Abuse Prevention and Treatment Block Grant:

  <a href="https://www.ecfr.gov/cgi-bin/retrieveECFR?gp=&SID=1cd9b9d45c5713f41740207f1f4c5010&mc=true&n=pt45.1.96&r=PART&ty=HTML#sp45.1.96.1">https://www.ecfr.gov/cgi-bin/retrieveECFR?gp=&SID=1cd9b9d45c5713f41740207f1f4c5010&mc=true&n=pt45.1.96&r=PART&ty=HTML#sp45.1.96.1</a>
- Your Life Iowa: https://yourlifeiowa.org

#### **APPENDIX C - Links to Evidence-Based and Best Practices**

- Blueprints for Healthy Youth Development <a href="http://www.blueprintsprograms.com/">http://www.blueprintsprograms.com/</a>
- National Institute of Drug Abuse Red Book
   <a href="https://www.drugabuse.gov/sites/default/files/preventingdruguse\_2.pdf">https://www.drugabuse.gov/sites/default/files/preventingdruguse\_2.pdf</a>
- NIATx Model <a href="https://niatx.net/Content/ContentPage.aspx?PNID=1&NID=8">https://niatx.net/Content/ContentPage.aspx?PNID=1&NID=8</a>
- SAMHSA Evidence-Based Practices Resource Center <a href="https://www.samhsa.gov/ebp-resource-center">https://www.samhsa.gov/ebp-resource-center</a>
- Stacked Deck https://www.hazelden.org/HAZ MEDIA/7931 stackeddeck.pdf
- Strategic Prevention Framework <a href="http://www.samhsa.gov/spf">http://www.samhsa.gov/spf</a>

#### **APPENDIX D - Prevention Organization Expectations**

#### PREVENTION ORGANIZATION EXPECTATIONS

#### 1. Policies and Procedures Manual (based on IAC 155.21(4))

Maintain and implement written policies and procedures manual that documents the Contractor's prevention services. Describe the prevention services and related activities, specify the policies and procedures to be followed, and govern all prevention staff.

a. The manual shall have a table of contents.

Revisions to the manual shall be entered with the date and with the name and title of the staff person making the revisions.

#### 2. Staff Development and Training (based on IAC 155.21(5))

Policies and procedures shall establish a staff development and training plan that encompasses all prevention staff and all prevention services, considers the professional continuing education requirements of certified staff, and is available to all prevention staff.

- a. Designate a staff person responsible for the staff development and training plan.
- b. The staff person responsible for the staff development and training plan shall conduct an annual needs assessment.

The staff development and training plan shall describe orientation of new staff which includes an overview of the Contractor's organization, prevention services, and confidentiality.

#### 3. Data Reporting (based on IAC 155.21(6))

Policies and procedures shall describe how the Contractor reports data to IDPH in accordance with IDPH requirements and processes.

#### 4. Fiscal Management (based on IAC 155.21(7))

Policies and procedures shall ensure proper fiscal management.

#### 5. Personnel (based on IAC 155.21(8))

The Contractor shall have personnel policies and procedures.

- a. Personnel policies and procedures shall address:
  - Recruitment and selection of staff
  - Wage and salary administration
  - Promotions
  - Employee benefits
  - Working hours
  - Vacation and sick leave
  - Lines of authority
  - Rules of conduct
  - Disciplinary actions and termination
  - Methods for handling cases of inappropriate service delivery
  - Work performance appraisal
  - Staff accidents and safety
  - Staff grievances
  - Prohibition of sexual harassment
  - Implementation of the Americans with Disabilities Act
  - Implementation of the Drug-Free Workplace Act
  - Use of social media
  - Implementation of equal employment opportunity

- 1. Each position and staff person will have a written job description that describes the duties of each position and staff and the qualifications required for each position.
  - A staff person providing prevention services shall be qualified to provide prevention services by meeting at least one of the following conditions:
    - Be certified as a prevention specialist by the Iowa Board of Certification or other organization as approved by IDPH.
    - A staff person employed to provide prevention services on and after January 1, 2019 who is not certified as a prevention specialist shall be deemed qualified while the person is in the process of being certified as a prevention specialist. Such staff must meet the requirements of the certification process, must be supervised or mentored by a certified prevention specialist, must participate in Substance Abuse Prevention Skills Training within one year of hire, must receive a minimum of three hours of ethics training within three months of hire, and must be certified as a prevention specialist within 18 months of hire.
    - A staff person employed as the prevention supervisor or lead staff must be certified as a prevention specialist by a national or state organization approved by IDPH by June 30, 2020.
  - A review or all job descriptions will happen annually and whenever there is a change in a position's duties or required qualifications.
  - Job descriptions will be in the personnel section of the policies and procedures manual.
- 2. Written evaluation of job performance with each staff person will happen at least annually. The evaluation shall include the opportunity for the staff person to comment.
- 3. Personnel record on each staff person will be maintained. The record shall contain:
  - Verification of training, experience, qualifications, and professional credentials
  - Job performance evaluations
  - Incident reports
  - Disciplinary action taken
  - Documentation of review of and agreement to adhere to confidentiality laws and regulations. This review and agreement shall occur prior to the staff person's assumption of duties.
- 4. Personnel policies and procedures shall ensure confidentiality of personnel records and shall specify staff authorized to have access to personnel information.
- 5. Notification will be made to IDPH in writing within ten days of being informed that a staff person has been sanctioned or disciplined by a certifying body. Such notice shall include the sanction or discipline order.

### 6. Child Abuse, Dependent Adult Abuse, and Criminal Background Checks (based on IAC 155.21(9))

Policies and procedures shall address child abuse, dependent adult abuse and criminal background checks.

• Any mistreatment, neglect, or abuse of children and dependent adults is prohibited and shall be reported and enforcement procedures shall be enacted. Alleged violations shall be reported immediately to the Contractor's executive director and appropriate Department of Human Services personnel. Policies and procedures on reporting alleged violations shall be in compliance with sub-rule 155.21(10). A staff person found to be in violation of Iowa Code sections 232.67 through 232.70, as substantiated by a Department of Human Services investigation, shall be subject to the Contractor's policies concerning termination.

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#### 7. Service Records (based on IAC 155.21(10))

Policies and procedures shall describe compilation, storage, and dissemination of service records.

#### 8. Quality Improvement (based on IAC 155.21(20))

Policies and procedures shall describe a written quality improvement plan that encompasses all prevention services and related Contractor operations.

#### 9. Safety (based on IAC 155.21(21))

Policies and procedures shall ensure that physical facilities are clean and safe.

A written plan will be in place and will be followed in the event of fire or tornado. The plan shall be conspicuously displayed at the Contractor's facility.

#### **APPENDIX E – Outpatient Treatment Rates**

• Replaced by *Appendix O - IPN Service Unit Rates* 

#### **APPENDIX F – Adult Residential Treatment Rates**

• Replaced by *Appendix O - IPN Service Unit Rates* 

#### **APPENDIX G – Juvenile Residential Treatment Rates**

• Replaced by *Appendix O - IPN Service Unit Rates* 

#### **APPENDIX H – Women and Children Treatment Rates**

• Replaced by *Appendix O - IPN Service Unit Rates* 

#### **APPENDIX I – Methadone Treatment Rates**

• Replaced by *Appendix O - IPN Service Unit Rates* 

#### **APPENDIX J - Critical Incident Report**

**Iowa Department of Public Health Critical Incident Form** Date: Name/title of individual completing the form: Agency name: Address (include City): Phone: Email: Location of incident: Name of patient involved in the incident: Unique Client Number: □ Male ☐ Female Age: List any other involved party (i.e., patient, family member, visitor, staff, member, etc.): Specify service being provided or treatment level of care: Date of the incident: Time of the incident: □ a.m. □ p.m. The incident was: ☐ Witnessed □ Discovered Type of Incident: ☐ Death – specify: ☐ Suicide attempt ☐ Self-injury ☐ Assault/abuse of others ☐ Medication error ☐ Unauthorized departure from a 24-hour facility pursuant to a court order (AMA/ASA non committals are not required to be reported) ☐ Behavior that requires the intervention of law enforcement ☐ Behavior that results in physical injury ☐ Condition that requires emergency medical treatment ☐ Condition that requires emergency mental health treatment ☐ Breach of patient privacy and/or confidentiality (Violation of HIPAA or 42 CFR Part 2) ☐ Other dangerous behavior ☐ Other:

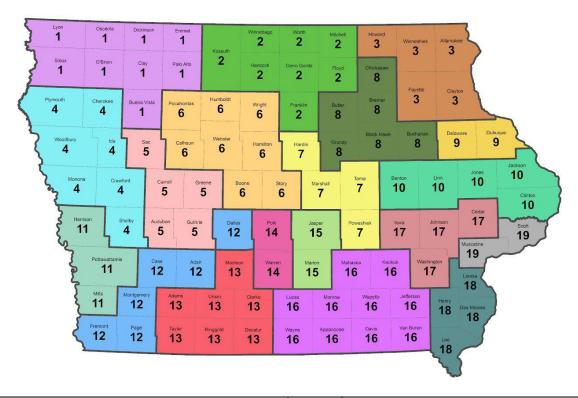
#### **Iowa Department of Public Health Critical Incident Form**

Brief description of incident:	
Follow-up actions taken by agency (i.e patient admitted to hospital, counseling/referra revised policies/procedures):	I provided to family,
Resolution as a result of follow-up action:	
Signature of individual completing form:	Date:

Email to IPN@idph.iowa.gov, Attention: Critical Incident, within 24 business hours of when the incident occurred or when the agency was informed of the incident. Retain a copy of the form in the client's file.

If this critical incident pertains to a patient related issue, please ensure this form is sent with encryption.

## **APPENDIX K - Map - Integrated Provider Network Contractors** Services Areas - Network Support, Prevention Services, and Outpatient Treatment



Service Area	Contractor		Contractor
1	Rosecrance/Jackson Recovery Centers, Inc.	13	Crossroads Behavioral Health Services
2	Prairie Ridge Integrated Behavioral Healthcare (1)		Broadlawns Medical Center
3	Northeast Iowa Mental Health Center	14	House of Mercy (1,3)
4	Rosecrance/Jackson Recovery Centers, Inc. (1, 2, 3)	14	Prelude Behavioral Services (1)
5	Community Opportunities DBA New Opportunities		United Community Services (4)
6	Community and Family Resources (1, 2)	15	House of Mercy (1, 3)
7	Substance Abuse Treatment Unit of Central Iowa	15	United Community Services
8	Pathways Behavioral Services, Inc. (1)	16	Southern Iowa Economic Development Association
9	Substance Abuse Services Center	17	Prelude Behavioral Services (1)
10	Area Substance Abuse Council, Inc. (1, 2, 3)	18	Alcohol & Drug Dependency Services (1)
11	Heartland Family Service (1, 3)	19	Center for Alcohol & Drug Services, Inc. (1)
12	Zion Recovery Services, Inc (1)	19	New Horizons

- (1) = Adult Residential Treatment, (2) = Juvenile Residential Treatment, (3) = Women and Children Treatment,
- (4) = Methadone Treatment

# **APPENDIX L - Integrated Provider Network Exception Request Form**

## Integrated Provider Network Exception Request Form

Email to <a href="#">IPN@idph.iowa.gov</a>
Do not include any protected health information.

Date Requested:	Contractor Organization:
Check service type:	Contractor Staff Name:
□ Network Support	
□ Prevention Services	
□ Outpatient Treatment	
□ Adult Residential Treatment	
☐ Juvenile Residential Treatment	
□ Women and Children Treatment	
□ Methadone Treatment	
Contractor Telephone:	Contractor Email:
•	
State the requested exception. Cite the related contract requ	irement.
Explain how the request supports Integrated Provider Netw	
Explain now the request supports integrated frovider freew	ork Souls and requirements.
IDPH ONLY:	
☐ Approved ☐ Denied	
Notes:	

# **APPENDIX M – Substance Use Disorder and Problem Gambling Treatment COVID-19 Testing**

The menu of services for Substance Use Disorder (SUD) and Problem Gambling (PG) Outpatient and Residential Treatment was expanded as part of an Integrated Provider Network (IPN) Provider Release in July of 2020 (IPN Provider Manual Release #3: Substance Use Disorder and Problem Gambling Treatment COVID-19 Testing). The purpose of this expansion was to introduce testing for COVID-19 as a reimbursable service in IPN.

### COVID-19 Testing for Outpatient and Residential Treatment Services Overview:

The services provided by Iowa Provider Network (IPN) contractors are vital services that remain a necessity for Iowan's during the COVID-19 pandemic. To ensure that contractors are able to continue delivering services, it is paramount that these organizations remain vigilant in their mitigation efforts.

In an attempt to reduce exposure to COVID-19 for contractors and the patients they serve, testing for COVID-19 was added to the IPN menu of covered services for IPN eligible patients. Testing is intended to occur as part of the admission process to reduce the possibility of initiating outbreaks, but may occur following a suspected exposure during treatment.

## **COVID-19 Testing**

COVID-19 Testing for patients receiving treatment services. Intended for patients during the admission process, testing may occur during treatment if there is a suspected exposure.

Service Type	Unit Description	Unit Cost
COVID-19 Testing	Limited to one per patient / per Contractor / per treatment episode*	\$100.00

<sup>\*</sup> A treatment episode is defined as the period of service between the beginning of a treatment service for a drug or alcohol [or gambling] problem (admission) and the termination of services for the prescribed treatment plan (discharge). Source: Treatment Episode Data Set (TEDS) State Instruction Manual Admission Data with National Outcomes Measures (NOMS)

For COVID-19 Testing, providers should report and bill as follows:

- Report an IBHRS Service Event for each Covid-19 test. Unit will be reported as 1. Submit an 837 claim item for each Covid-19 test completed for reimbursement.
- Testing and reporting of results must adhere to the Centers for Disease Control and Prevention (CDC) testing and reporting guidelines: For more information, please go to: https://www.cdc.gov/coronavirus/2019-ncov/lab/reporting-lab-data.html

# **APPENDIX N – IDPH/State Appropriation Only Funded Services**

The list of available payment sources for delivery of Substance Use Disorder (SUD) Treatment services was expanded as part of an Integrated Provider Network (IPN) Provider Release in November of 2020 (IPN Provider Manual Release #4: Addition of a new Primary Payment Source value: IDPH/State Appropriation Only). The purpose of the expansion was to include an additional payment source code for services that are unable to be billed under the Substance Abuse Block Grant (SABG) portion of the IPN contract funding mix.

# <u>Substance Use Disorder Treatment Services and the Addition of a State Appropriation Payment Source Code:</u>

The services provided by Iowa Provider Network (IPN) contractors are vital services that remain a necessity for residents of Iowa. The sources of funding for IPN are both Federal and State funds. State funds are those appropriated for specific programming through State of Iowa appropriations. Federal funds are those received through the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA) Substance Abuse Prevention and Treatment Block Grant (SABG).

Per IDPH interpretation of the SABG regulations, SABG funding cannot support services for individuals that reside in penal or correctional institutions of the state (jail, work release, prison). However, since the IPN contract funds are a combination of both Federal <u>and</u> State of Iowa funds, State funds may support Substance Use Disorder (SUD) treatment services provided to eligible individuals residing in penal or correctional institution settings (but may not supplant other available funding for these services).

For budgeting, tracking and auditing purposes, IPN contractors must select and report the IBHRS Payment Source value (*IDPH/State Reimbursement Only*) for all services provided to eligible individuals residing in penal or correctional institution settings. This would include:

- Initial Assessment
- Outpatient Treatment\*
- Intensive Outpatient Treatment\*
- Care Coordination\*
- Crisis Counseling\*
- Early Intervention\*
- Interim Services\*
- Medication Assisted Treatment (Evaluation; Medical Care; Medication; Drug Testing)\*
- Recovery Peer Coaching\*
- Screening, Brief Intervention and/or Referral to Treatment (SBIRT)
- Transportation\*

Problem Gambling treatment services are still allowed to be provided in a correctional setting. Failure to utilize the *IDPH/State Reimbursement Only* Payment Source value will mean that the service is not eligible for payment through the IPN.

<sup>\*</sup>These SUD Outpatient Treatment Services available only to individuals on work release.

This change does not affect billing for other federal funding opportunities that may allow service provision in penal or correctional institution settings.

## APPENDIX O – IPN SERVICE UNIT RATES

## **Outpatient Unit Rates - IPN**

#### Covered Service: Licensed Program Services for Patients – Substance Use Disorder **IBHRS IBHRS Previous Add Location** Service **IBHRS Service Procedure IPN Service Procedure** Unit Code for **Concept Code Procedure** Description Description **IPN Unit Description** Cost **Telehealth** Limited to one per patient / per IA420 22000.IA420 **OWI** Assessment **OWI** Evaluation \$125.00 Contractor / per treatment episode\* Alcohol, drug and/or **Outpatient Initial** Limited to one per patient / per H0001 22000.H0001 \$165.00 gambling assessment Assessment Contractor / per treatment episode\* Behavioral health Outpatient Individual H0004 22000.H0004 counseling and therapy, Per patient / per 15 minute unit \$32.50 Counseling per 15 minutes Alcohol, drug and/or gambling services; **Outpatient Group** H0005 22000.H0005 Per patient / per 15 minute unit \$17.50 group counseling by a Counseling clinician YES Intensive Outpatient Per patient / per 15 minute unit (for IOP a Behavioral health (IOP)/Partial maximum of four units can be billed per H0004 counseling and therapy, \$32.50 22000.H0004 Hospitalization 7-day period) per 15 minutes Individual Counseling Alcohol, drug and/or Per patient / per day (for IOP a maximum Intensive Outpatient (IOP) of three units can be billed per 7-day gambling services; H0015 22000.H0015 / Partial Hospitalization intensive outpatient period) Substance Abuse and/or Intensive Outpatient gambling partial Per patient / per day (for IOP a \$150.00 hospitalization, H0035 22000.H0035 (IOP) / Partial maximum of three units can be billed Hospitalization treatment, less than 24 per 7-day period) hours

	Covered Service: Other Covered Services for Patients – Substance Use Disorder						
IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	Previous IPN Service Procedure Description	IPN Unit Description	Unit Cost	Add Location Code for Telehealth	
			Care Coordination	Per patient / per month	\$75.00		
H0007	22000.H0007	Alcohol, drug and/or gambling services; crisis intervention (outpatient)	Crisis Counseling	Per patient / per 15 minute unit	\$32.50	YES	
H0005	22000.Н0005	Alcohol, drug and/or gambling services; group counseling by a clinician	Early Intervention – Individual Counseling	Per patient / per 15 minute unit	\$32.50	YES	
H0004	22000.H0004	Behavioral health counseling and therapy, per 15 minutes	Early Intervention – Group Counseling	Per patient / per 15 minute unit	\$17.50	YES	
IA710	22000.IA710	MAT Medical Evaluation	MAT – Medical Evaluation	Limited to one per patient / per treatment episode*	\$275.00	YES	
IA700	22000.IA700	MAT Medical Care Expense	MAT – Medical Care	Per patient / per day	\$50.00	YES	
IA770	22000.IA770	MAT Drug Testing	MAT – Drug Testing	Per patient / per test (maximum of 12 tests per year)	\$10.00		
IA720	22000.IA720	MAT Medication Expense	MAT – Medication	Limited to \$100 per month (maximum of \$300 per patient / per treatment episode)*	Actual Cost		
H0038	22000.Н0038	Self-help/peer services,	Recovery Peer Coaching	Per patient / per 15 minute unit	\$15.00	YES	
H0050	22000.Н0050	SBIRT - Gambling/Alcohol and/or drug screening, brief intervention, per 15 minutes	SBIRT	Per 15 minute unit	\$17.50		

IA350	22000.IA350	Transportation	Transportation	Limited to \$20 per month (maximum of \$60 per patient / per treatment episode)*	Actual Cost	
	Covered Sei	rvice: Other Covered S	Services for Persons who	o are not Patients – Substance Use I	Disorder	
IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	Previous IPN Service Procedure Description	IPN Unit Description	Unit Cost	Add Location Code for Telehealth
IA900	22000.IA900	Family Education Services - Individual/Group	Family Education Services  – Individual and Group	Per 15 minute unit	\$27.50	
IA400	22000.IA400	Community Outreach	Community Outreach	Per 15 minute unit	\$27.50	
IA410	22000.IA410	Engagement	NA	Per 15 minute unit	\$27.50	

	UNIT RATES – RESIDENTIAL TREATMENT							
	Covered Service: Licensed Program Services for Patients – Substance Use Disorder							
IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	Previous IPN Service Procedure Description	IPN Unit Description	Unit Cost	Add Location Code for Telehealth		
H2034	22000.H2034	Level III.1 Clinically Managed Low Intensity Residential Treatment (Halfway House) Substance Abuse	Clinically Managed Low- Intensity Residential*	Per day	\$80.00			
IA800	22000.IA800	Level III.3 Clinically Managed Medium Intensity Residential Treatment Substance Abuse	Clinically Managed High- Intensity Residential*	Per day	\$200.00			
IA810	22000.IA810	Level III.5 Clinically Managed High Intensity Residential Treatment Substance Abuse	Clinically Managed High- Intensity Residential*	Per day	\$275.00			
H0017	22000.H0017	Level III.7 Substance Abuse Residential Community-based	Medically Monitored Inpatient*	Per day	\$350.00			
	Covered Service: Other Covered Services for Patients – Substance Use Disorder							
IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	Previous IPN Service Procedure Description	IPN Unit Description	Unit Cost	Add Location Code for Telehealth		
IA710	22000.IA710	MAT Medical Evaluation	MAT – Medical Evaluation**	Limited to one per patient / per treatment episode*	\$275.00	YES		
IA700	22000.IA700	MAT Medical Care Expense	MAT – Medical Care**	Per patient / per day	\$50.00	YES		

IA770	22000.IA770	MAT Drug Testing	MAT – Drug Testing	Per patient / per test (maximum of 12 tests per year)	\$10.00			
IA720	22000.IA720	MAT Medication Expense	MAT – Medication**	Limited to \$100 per month (maximum of \$300 per patient / per treatment episode)*	Actual Cost			
H0038	22000.H0038	Self-help/peer services	Recovery Peer Coaching	Per patient / per 15 minute unit	\$15.00	YES		
	Covered Service: Other Covered Services for Persons who are not Patients – Substance Use Disorder							
IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	Previous IPN Service Procedure Description	IPN Unit Description	Unit Cost	Add Location Code for Telehealth		
Service		Service Procedure	IPN Service Procedure	IPN Unit Description  Per 15 minute unit		Code for		

## **UNIT RATES - WOMEN AND CHILDREN TREATMENT**

## Women and Children: Outpatient - Licensed Program Services for Patients

IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	Previous IPN Service Procedure Description	IPN Unit Description	Unit Cost	Add Location Code for Telehealth
IA420	22000.IA420	OWI Assessment	OWI Evaluation	Limited to one per patient / per Contractor / per treatment episode*	\$125.00	
H0001	22000.Н0001	Alcohol, drug and/or gambling assessment	Outpatient Initial Assessment	Limited to one per patient / per Contractor / per treatment episode*	\$165.00	
H0004	22000.H0004	Behavioral health counseling and therapy, per 15 minutes	Outpatient Individual Counseling	Per patient / per 15 minute unit	\$32.50	
H0005	22000.H0005	Alcohol, drug and/or gambling services; group counseling by a clinician	Outpatient Group Counseling	Per patient / per 15 minute unit	\$17.50	
H0004	22000.H0004	Behavioral health counseling and therapy, per 15 minutes	Intensive Outpatient (IOP)/Partial Hospitalization Individual Counseling	Per patient / per 15 minute unit (for IOP a maximum of four units can be billed per 7-day period)	\$32.50	
H0015	22000.H0015	Alcohol, drug and/or gambling services; intensive outpatient	Intensive Outpatient (IOP) / Partial Hospitalization	Per patient / per day (for IOP a maximum of three units can be billed per 7-day period)		YES
H0035	22000.H0035	Substance Abuse and/or gambling partial hospitalization, treatment, less than 24 hours	Intensive Outpatient (IOP) / Partial Hospitalization	Per patient / per day (for IOP a maximum of three units can be billed per 7-day period)	\$150.00	

	Women and Children Treatment: Residential - Licensed Program Services for Patients						
IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	Previous IPN Service Procedure Description	IPN Unit Description	Unit Cost	Add Location Code for Telehealth	
H2034	22000.H2034	Level III.1 Clinically Managed Low Intensity Residential Treatment (Halfway House) Substance Abuse	Clinically Managed Low- Intensity Residential*	Per day	\$80.00		
IA800	22000.IA800	Level III.3 Clinically Managed Medium Intensity Residential Treatment Substance Abuse	Clinically Managed High- Intensity Residential*	Per day	\$200.00		
IA810	22000.IA810	Level III.5 Clinically Managed High Intensity Residential Treatment Substance Abuse	Clinically Managed High- Intensity Residential*	Per day	\$275.00		
H0017	22000.H0017	Level III.7 Substance Abuse Residential Community-based	Medically Monitored Inpatient*	Per day	\$350.00		
	Women and Children - Enhanced Treatment/Ancillary Support Services for Patients/Children						
IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	Previous IPN Service Procedure Description	IPN Unit Description	Unit Cost	Add Location Code for Telehealth	
			Outpatient Case Rate	Half Month (1-14 days)	\$140.00		
			Outpatient Case Rate	Full Month (15+ days)	\$310.00		

Residential Case Rate - Facility does not admit children	Half Month (1-14 calendar days)	\$140.00
Residential Case Rate - Facility does not admit children	Full Month (15+ days)	\$310.00
Residential Case Rate - Women Patients Only - Facility does admit children	Half Month (1-14 calendar days)	\$1,400.00
Residential Case Rate - Women Patients Only - Facility does admit children	Full Month (15+ days)	\$3,100.00

	UNIT RATE - METHADONE TREATMENT							
IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	Previous IPN Service Procedure Description	IPN Unit Description	Unit Cost	Add Location Code for Telehealth		
H0020	22000.Н0020	Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	Methadone Administration	Per Dose	\$12			

	UNIT RATES - INTERIM SERVICES							
IBHRS Service Procedure	IBHRS Concept Code	IBHRS Service Procedure Description	IBHRS Service Modifier Category Detail	IPN Unit Description	Unit Cost	Add Location Code for Telehealth		
IA910	22000.IA910	Interim Service – Counseling	Previous IPN Service Type: • Encounter Type = Interim Service  IBHRS Service Modifier Category:	Per patient / per 15 minute unit	\$32.50			
IA911	22000.IA911	Interim Service – Methadone	•Interim Type 22400.5  IBHRS Service Modifier: •HIV Services: 22100.HV •TB Services: 22100.TB	Per Dose	\$12.00	YES		
IA912	22000.IA912	Interim Service – Family Education	IBHRS Service Location: Office: 3413.11 Residential Substance Abuse TX Facility: 3413.55 Telehealth: 3413.2 Other Unlisted Facility: 3413.99	Per patient / per 15 minute unit	\$27.50			

#### **IPN UNIT RATE NOTES:**

- 1. A treatment episode is defined as the period of service between the beginning of a treatment service for a drug or alcohol [or gambling] problem (admission) and the termination of services for the prescribed treatment plan (discharge). Source: Treatment Episode Data Set (TEDS) State Instruction Manual Admission Data with National Outcomes Measures (NOMS).
- 2. Telehealth Add Location Code (Concept Code 3413.2) to Service Event. Use "TH" as Service Location on 837.
- **3.** Problem Gambling Treatment services are now based on Salary/Fringe Expenses.
- **4.** Contractor may opt for an Outpatient Care Coordination rate of \$75 per patient/per month by sending a request via IowaGrants Correspondence.