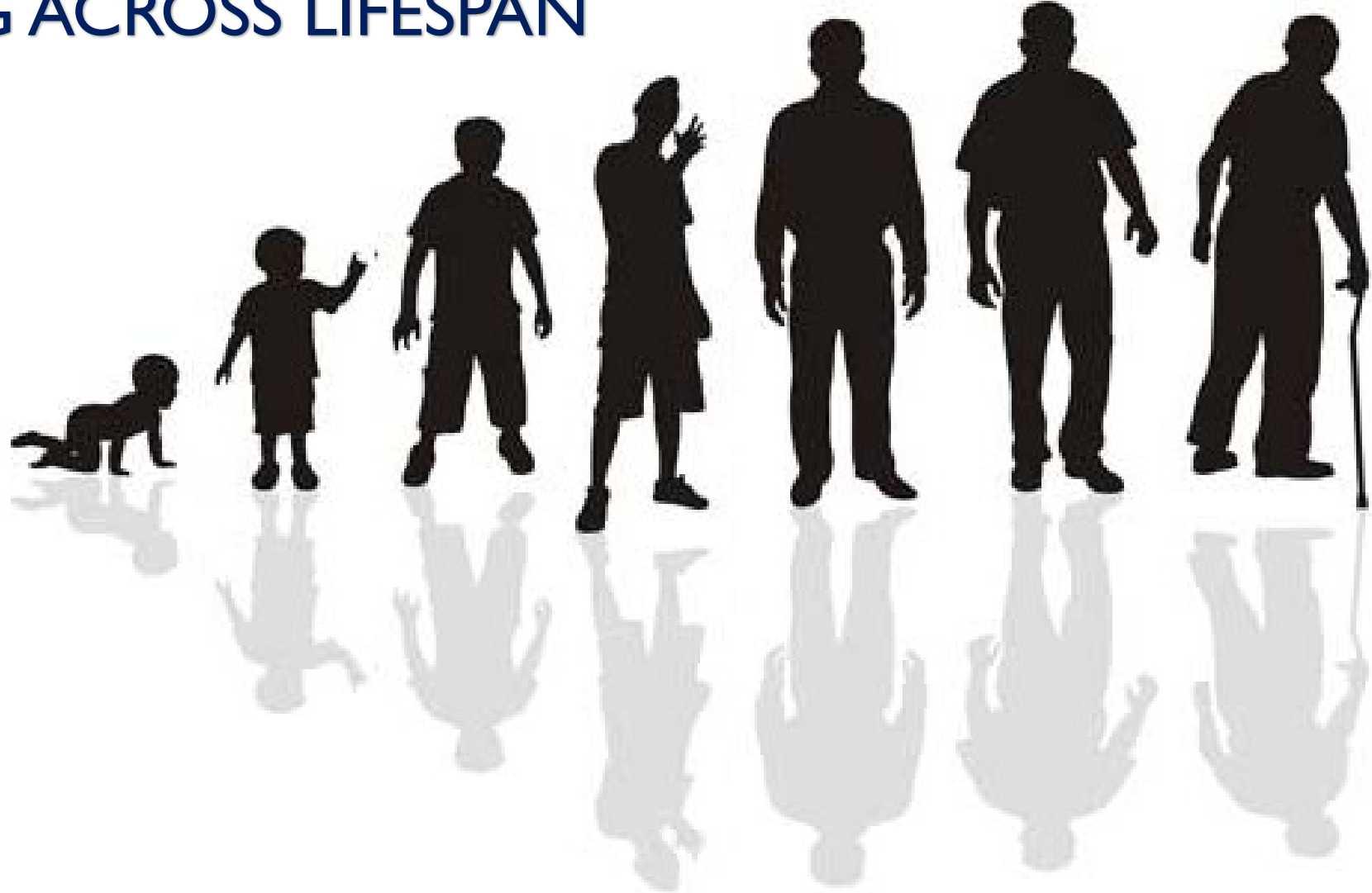


Multisector Plan for Aging (MPA)

December 2023

AGING ACROSS LIFESPAN



REFLECTIONS



63,256

The number of lowans age 5 and over in 2021 who reported that a disability made it difficult to perform self-care activities such as dressing, bathing, or getting around inside the home.

124,296

The number of noninstitutionalized lowans age 18 and over in 2021 who reported an independent living disability that made it difficult to go outside the home alone to shop or visit a doctor's office.

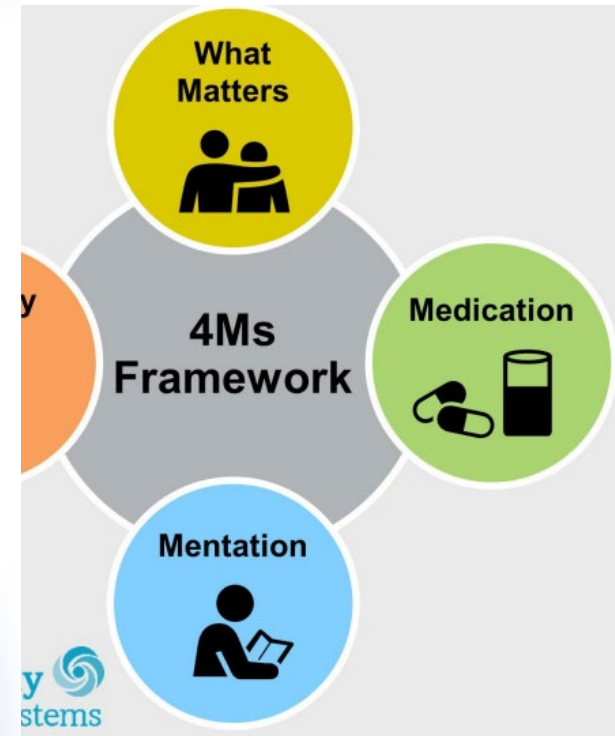
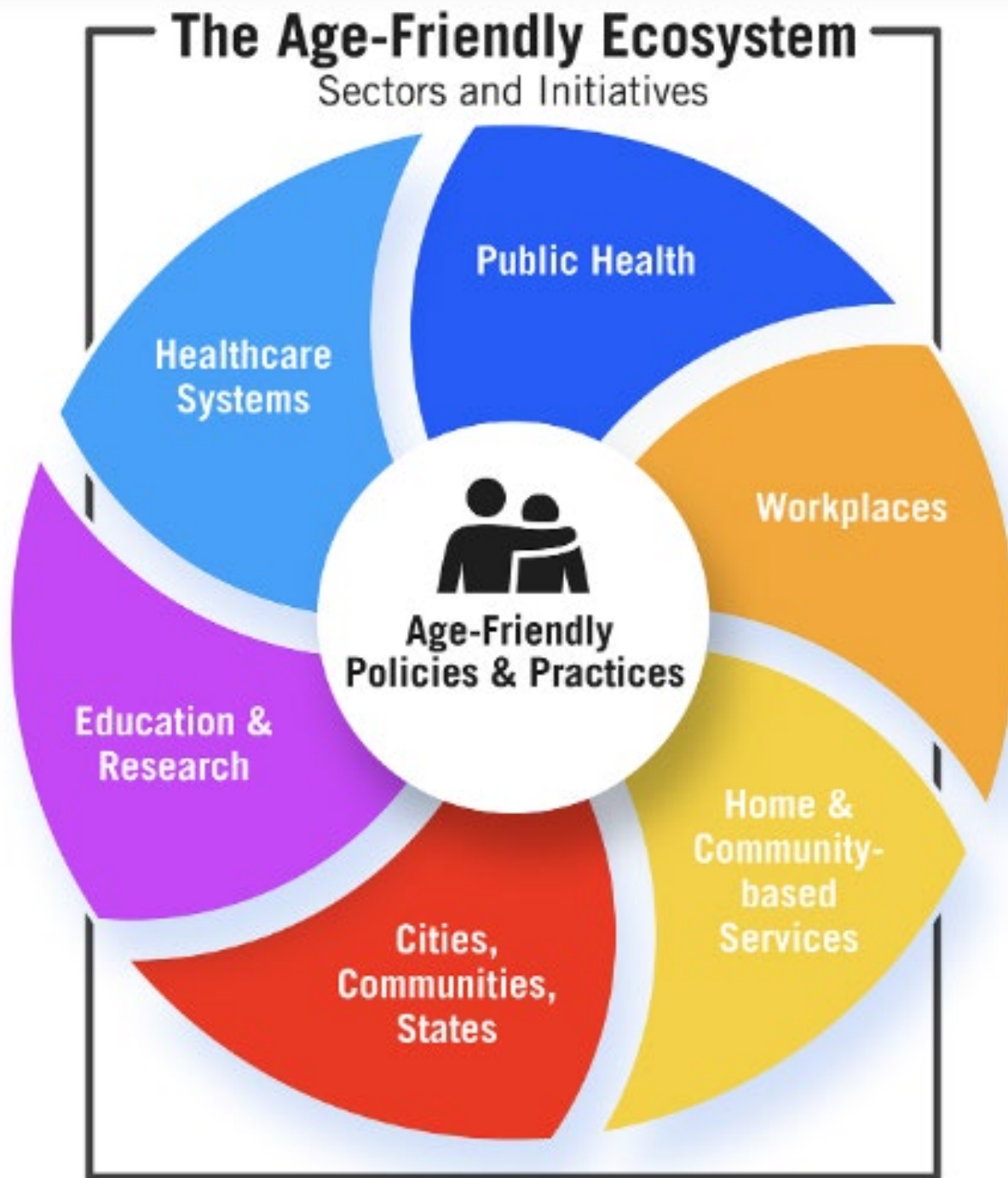
151,297

Number of lowans in 2021 with limitations in cognitive functioning or who have a mental or emotional illness that interferes with daily activities, including those with Alzheimer's disease and intellectual disabilities.





**Age-Friendly
PUBLIC HEALTH**



Systems



HHS DEPARTMENT INITIATIVES

**ADRC/FRONT
DOOR**

**CERTIFIED
COMMUNITY-
BASED HEALTH
CENTERS
(CCBHC)**

**HHS
EMERGENCY
AND DISASTER
PREPAREDNESS**

**HOPE AND
OPPORTUNITY
IN MANY
ENVIRONMENTS
(HOME) PROJECT**

STATE OF IOWA DEPARTMENTS

HHS

ADRC / NO WRONG DOOR

CCBHC

HHS Emergency and Disaster Preparedness

HOME Project

TRANSPO

Iowa Public Transit – 2050 Long Range Plan

HOUSING

Iowa Finance Authority – Annual Plan

WORKFORCE

Iowa Workforce Development – 5-year plan

VETERANS

Iowa Dept. of Veteran Affairs – 5-year plan

MULTISECTOR PLAN FOR AGING (MPA)

- **Cross-sector, state-led strategic planning resource**
- **Clear framework to plan for 10 years**
- **Common vision and clear priorities**
- **Coordinates resources and services**
- **Reflects input from a variety of voices**



MULTISECTOR COLLABORATION

STATE OF IOWA DEPARTMENTS:



IOWANS:

- Caregivers of all ages
- Diverse and underserved
- Older adults
- Persons living with disabilities
- Persons who live in rural areas

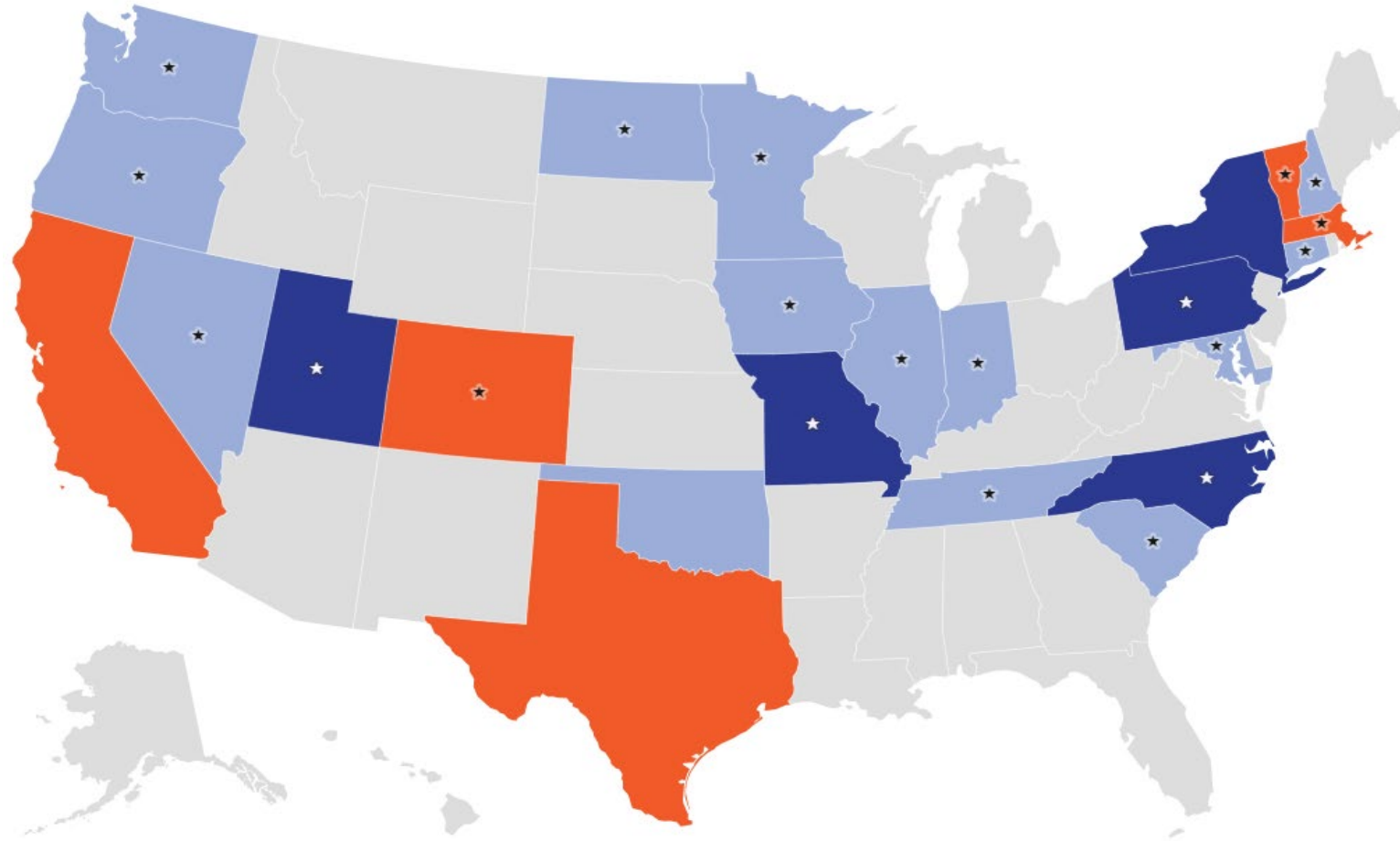
COMMUNITY PARTNERS:

- AARP Iowa
- Alzheimer's Association
- Csomay Center for Gerontological Excellence
- Easterseals Iowa
- Habitat for Humanity
- Iowa Association of Area Agencies on Aging
- Iowa Association of Council of Governments
- Iowa Olmstead Consumer Taskforce
- Iowa Rural Health Association
- Iowa Transportation Coordination Council
- Iowa's University Center for Excellence in Developmental Disabilities
- Leading Age Iowa
- Native American Tribal Communities
- Older Iowans Legislature

MPA Activity Across States

★ = MPA Learning Collaborative

■ Fostering Development ■ Legislation/Executive Order ■ MPA Developed/Implementing



IOWA'S MPA VISION

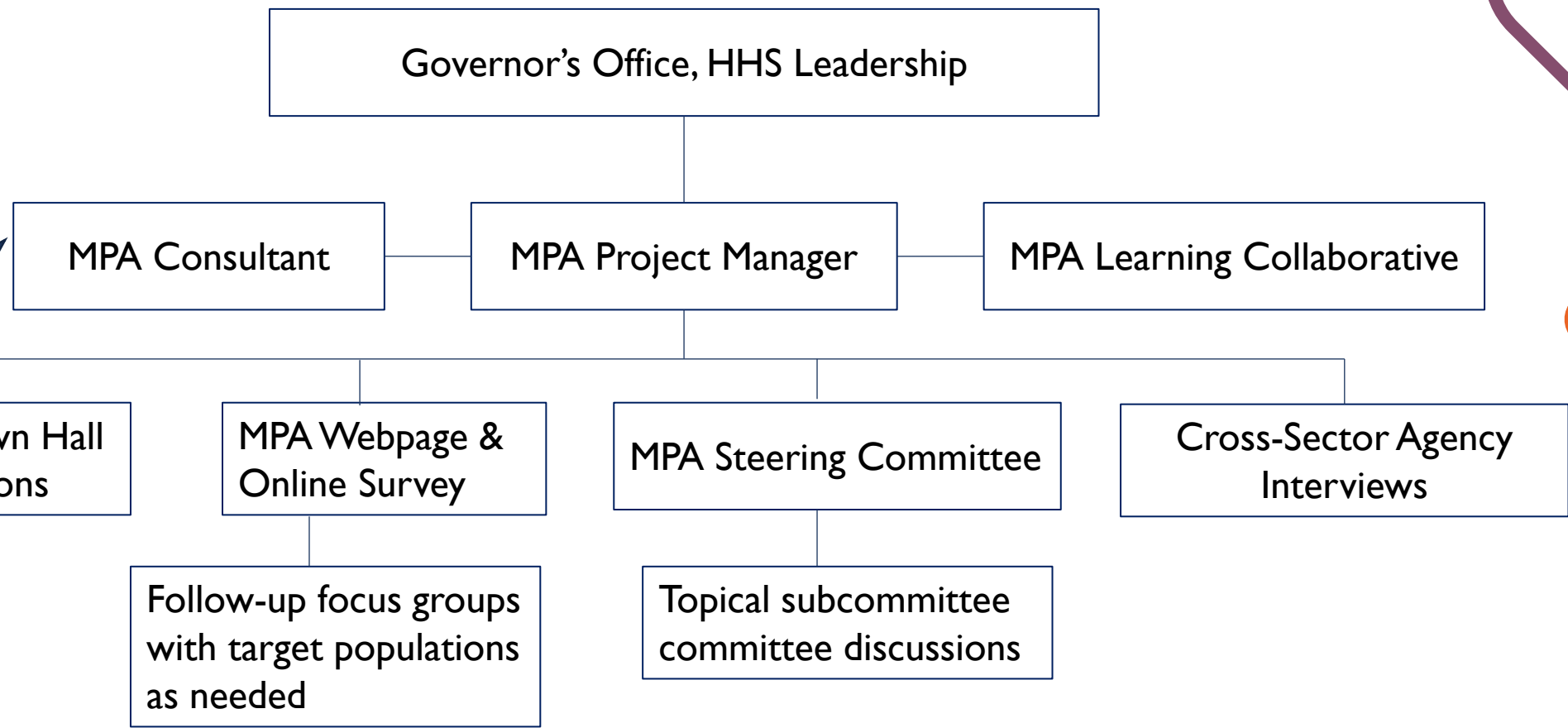
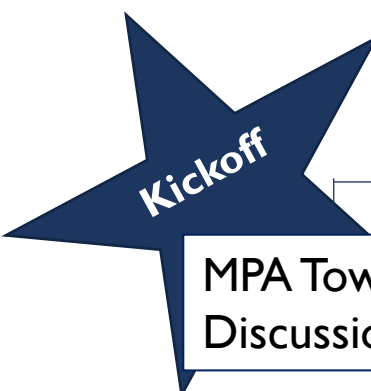
All Iowans have options and services they need to age in their community of choice with dignity and high quality of life.



Developmental Goals

- 1) Secure Statewide executive leadership and cross-agency engagement.
- 2) Identify common goals across state agencies and community partners.
- 3) Identify current programs and initiatives that leverage and maximize resources to address the needs of individuals and families.

MPA ENGAGEMENT PLAN (draft)



EXAMPLE OF CALIFORNIA'S MPA GOALS

Master Plan for Aging: Five Bold Goals for 2030

For people of all ages and abilities



Goal 1:
Housing for All Ages
and Stages



Goal 2:
Health Reimagined



Goal 3:
Inclusion and Equity,
Not Isolation



Goal 4:
Caregiving that Works



Goal 5:
Affording Aging

