

**Mahaska County Community Health Improvement Process
Implementation Plan**

Date Created: 11/13/2023

Date Reviewed/Updated: November, 2023

PRIORITY AREA: *Food and Nutrition*

GOAL:

Improve access to affordable lean meats, produce, and dietitian services in Mahaska County. Increase food assistance programs for residents.

PERFORMANCE MEASURES

How We Will Know We are Making a Difference

Short Term Indicators	Source	Frequency
<i>By December 2024, decrease the percentage of children (< 18 years) that are food insecure in the county from 11.4% to 10%</i>		<i>Annual</i>
<i>By December 2024, decrease the annual food budget shortfall from \$1.226M to \$1M</i>		<i>Annual</i>
Long Term Indicators	Source	Frequency
<i>By December 2025, establish five collaborations with community partners to address food security in the county</i>		<i>Annual</i>

OBJECTIVE #1:

By December 2024, decrease the percentage of children (< 18 years) that are food insecure in the county from 11.4% to 10%

BACKGROUND ON STRATEGY

Source: *Food Security Evidence Review* [Food Security Evidence Review August 2020.pdf \(feedingamerica.org\)](https://www.feedingamerica.org/food-security-evidence-review-august-2020)

Evidence Base: *Key drivers and what works to improve food security*

Policy Change (Y/N): *Yes*

ACTION PLAN

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result	Progress Notes
Devoting 20 minutes of weekly Public Health meeting to address food security	June, 2023				
Partner with local farmers to increase fresh fruits and	October, 2023				

vegetables for mobile food pantry					
Establish Mahaska Foundation Food Fund	October, 2023				

OBJECTIVE #2: <i>By December 2024, decrease the annual food budget shortfall from \$1.226M to \$1M</i>					
BACKGROUND ON STRATEGY Source: HealthinPractice.org: toolkits, communication tools Evidence Base: Farm to School programs indicated to be effective based on “expert opinion” in “What Works for Health” Policy Change (Y/N): Yes					
ACTION PLAN					
Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result	Progress Notes
Collaboration with Trio, Agency on Aging, and Milestones	December, 2023				
Collaborate with Mahaska Health dieticians to increase services in the community for those experiencing food insecurity	January, 2024				

ALIGNMENT WITH STATE/NATIONAL PRIORITIES			
Obj #	Iowa HHS	Healthy People 2030	National Strategy on Hunger
1, 2	5-2-1-0	Food Insecurity - Healthy People 2030 health.gov	White-House-National-Strategy-on-Hunger-Nutrition-and-Health-FINAL.pdf (whitehouse.gov)
3			

DESCRIBE PLANS FOR SUSTAINING ACTION (added for CHA/CHIP Project)

PRIORITY AREA: *Mental Health Services*

GOAL:

To increase the number and diversity of mental health providers, improve accessibility and timeliness of treatments, and enhance the specific mental health services for children and individuals with mental illnesses and disabilities in Mahaska County

PERFORMANCE MEASURES

How We Will Know We are Making a Difference

Short Term Indicators	Source	Frequency
<i>By December 2024, establish a crisis liaison for the county</i>		<i>Annual</i>
<i>Decrease the number of healthcare workers experiencing burnout</i>		<i>Annual</i>
Long Term Indicators	Source	Frequency
Increase participation in children's mental health services by 50% within 3 years		<i>Annual</i>
By December 2024, increase the number of mental health professionals in the county by 20% in the next 3 years.		<i>Annual</i>

OBJECTIVE #1:

By December 2024, establish a crisis liaison for the county

BACKGROUND ON STRATEGY

Source: *Crisis Services: Meeting Needs, Saving Lives* [Crisis Counseling Assistance and Training Program \(CCP\) | SAMHSA](#), [Crisis Services: Meeting Needs, Saving Lives | Addiction Technology Transfer Center \(ATTC\) Network \(attcnetwork.org\)](#)

Evidence Base: *National guidelines for Behavioral Health Crisis Care*

Policy Change (Y/N): *Yes*

ACTION PLAN

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result	Progress Notes
ISAC meeting about IA opioid settlement funds	June, 2023				
Meeting with law enforcement, county attorney, public health, SIMH crisis counselor	October, 2023				
Job description and justification drafted and to be reviewed by Mahaska Health	October				

Awaiting county supervisor approval	November, 2023				
Training for crisis liaison					

OBJECTIVE #2:

By December 2024, decrease the number of healthcare workers experiencing burnout

BACKGROUND ON STRATEGY

Source: [Understanding and Preventing Burnout among Public Health Workers | NIOSH | CDC](#)

Evidence Base:

Policy Change (Y/N): Yes

ACTION PLAN

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result	Progress Notes
Collaboration with Trio, Agency on Aging, and Milestones	December, 2023				
Project proposal approval	November, 2023				
Demonstrate AI Scribe to ED physicians	November, 2023				
Employee townhall to learn about various options	December, 2023				
Finalize invoices and contracts for activities	December, 2023				
Consents and pre-surveys	December-January, 2023				
Initiate interventions	January, 2023				

ALIGNMENT WITH STATE/NATIONAL PRIORITIES

Obj #			
1	SAMSHA	attcnetwork.org	
2	HHS Health worker burnout	Health Worker Burnout — Current Priorities of the U.S. Surgeon General (hhs.gov)	
3			

DESCRIBE PLANS FOR SUSTAINING ACTION

(added for CHA/CHIP Project)

PRIORITY AREA: *Transportation Services*

GOAL:

Improve access to transportation for health services, particularly on weekends and after-hours, in Mahaska County.

PERFORMANCE MEASURES

How We Will Know We are Making a Difference

Short Term Indicators	Source	Frequency
<i>By December 2024, provide a shuttle bus for community members for medical appointments</i>		<i>Annual</i>
Long Term Indicators	Source	Frequency
Increase the number of residents with access to transportation for health services by 20% within 2 years.		<i>Annual</i>
Increase the frequency and hours of public transportation services to health facilities by 30% within 3 years.		<i>Annual</i>

OBJECTIVE #1:

By December 2024, provide a shuttle bus for community members for medical appointments

BACKGROUND ON STRATEGY

Source: Health Research & Educational Trust. (2017, November). Social determinants of health series: Transportation and the role of hospitals <http://www.aha.org/transportation>

Evidence Base: *American Public Health Association* [Transportation: A Community Driver of Health \(apha.org\)](http://www.apha.org)

Policy Change (Y/N): *Yes*

ACTION PLAN

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result	Progress Notes
Handicap accessible shuttle bus purchase	March, 2023				
Registration, title, insurance					
Identify drivers (hire, volunteer)	January, 2024				
Start hospital shuttle service	March, 2024				

ALIGNMENT WITH STATE/NATIONAL PRIORITIES			
Obj #			
1	APHA	Transportation: A Community Driver of Health (apha.org)	
2			
3			

DESCRIBE PLANS FOR SUSTAINING ACTION
(added for CHA/CHIP Project)