



2024 Legislative Session

Iowa Mental Health Planning & Advisory Council

January 17, 2024



Long-Term Care

- We are facing a long-term care crisis in Iowa.
- 27 Iowa nursing homes have closed over the past two years (2021-2023).
- Nearly 42% of Iowa's nursing homes have self-reported staffing shortages over the past year.
- Average hourly rate for direct care workers = approximately \$16/hour



STATE FACT SHEET

IOWA

INNOVATION AND OPPORTUNITY: Long-Term Services and Supports State Scorecard, 2023 Edition

What is the Scorecard?

The Long-Term Services and Supports State (LTSS) Scorecard is a tool that measures long-term services and supports system performance at the state level. State and federal policy makers, providers, advocates and other stakeholders can use the Scorecard to assess areas of strength and identify opportunities for improvement within their respective state's LTSS system. The Scorecard scores states across five dimensions of LTSS, comprised of 50 indicators. State performance across overall LTSS and within the five dimensions is ranked and organized into tiers, from better to worse performing, 1-5 from top to bottom. For full detailed methodology and data on state performance, please visit ltsschoices.aarp.org.

Dimension	Tier	Rank	Number of indicators with trend*	Number of indicators showing:		
				Significant improvement	Little or no change	Significant decline
OVERALL	3	23	25	5	19	1
Affordability & Access	3	32	5	1	4	0
Choice of Setting & Provider	3	26	6	2	4	0
Safety & Quality	2	16	4	2	2	0
Support for Family Caregivers	3	33	9	0	9	0
Community Integration	3	21	1	0	0	1

* Trend cannot be shown if data are missing for either the current or reference data year.

Iowa: 2023 Long-Term Services and Supports State Scorecard Data

Dimension and Indicator	Tier	Current Rate	Reference Rate	Rank	Change	US Value**	Top State Rate
OVERALL RANK	3						23
Affordability & Access							32
Home Care Cost - Median annual home care private pay cost as a percentage of median household income, ages 65+		95%	86%	46	---	83%	63%
Nursing Home Cost - Median annual nursing home private pay cost as a percentage of median household income, ages 65+		186%	183%	10	---	213%	153%
Long-Term Care Insurance - Private long-term care insurance (LTCI) spending in effect per 1,000 people, ages 40+		81	86	6	---	40	132
APACHE-2D Function - Aging and Disability Resource Centering In-home Door Functions (composite indicator, scale 0-100%)		55%	43%	41	✓	72%	97%
Medicaid for Low-income People with Disabilities - Percentage of people with Activity of Daily Living (ADL) disability of or below 25% of poverty receiving Medicaid or other government assistance health insurance, ages 21+		52.1%	52.8%	43	---	59.1%	76.8%
Medicaid Buy-In - State eligibility policies for the Medicaid Buy-In state option for persons with disabilities (composite indicator, scale 0-100%)		43%	*	25	*	48%	100%
Medicaid HCBS Presumptive Eligibility - State policies that allow presumptive eligibility for Medicaid HCBS Q		0.0	*	*	*	11	1.0
Choice of Setting and Provider							26
Medicaid LTSS Balance Spending - Percentage of Medicaid LTSS spending going to HCBS for older people and people with physical disabilities		27.6%	19.2%	38	✓	53.3%	83.2%
Self-Directed Program Enrollment - Number of people enrolled in a self-directed HCBS program per 1,000 population with disabilities		29.7	26.5	13	✓	35.8	168.0
Assisted Living Supply - Assisted living and residential care units per 1,000 population, ages 75+		55	*	25	*	55	138
Adult Day Services Supply - Adult day services total licensed capacity per 10,000 population, ages 65+		20	21	33	---	54	154
Home Health Aide Supply - Home health and personal care aides per 100 population with an Activity of Daily Living (ADL) disability, ages 18+		15.8	15.5	37	---	24.8	55.7
NH Residents with Low Care Needs - Percentage of nursing home residents with low care needs †		14.8%	*	36	*	8.8%	3.4%
LTSS Worker Wage Competitiveness - Direct service worker wage shortfall compared to other entry level jobs		\$24.5	\$2.08	18	---	*	\$1.56
PACE Enrollment - Enrollment in Program of All-Inclusive Care for the Elderly (PACE), per 10,000 population, ages 65+		6.6	6.3	14	---	6.5	27.5
LTSS Worker Wage Pass-Through - State policies that require providers to allocate a portion of Medicaid payment to LTSS worker wages		1.0	*	*	*	2.1	1.0
Green House Availability - Number of residents in Green House communities plus state and local policies that facilitate Green House development Q		0.0	*	*	*	10	1.0
CAPABLE Availability - Availability of the CAPABLE restorative services model plus state and local policies that facilitate access Q		0.0	*	*	*	7	1.0



Dimension and Indicator	Tier	Current Rate	Reference Rate	Rank	Change	US Value**	Top State Rate
Safety and Quality							16
Home Health Hospital Admissions - Percentage of home health patients with a hospital admission		13.4%	15.8%	14	✓	14.1%	12.1%
NH Hospital Admissions - Percentage of long-stay nursing home residents hospitalized within a six-month period †		12.2%	*	2	*	17.9%	11.8%
NH Residents with Pressure Sores - Percentage of high-risk nursing home residents with pressure sores †		10.1%	*	13	*	11.8%	7.1%
NH Appropriate Antipsychotic Use - Percentage of nursing home residents who are inappropriately receiving an antipsychotic medication †		12.2%	*	38	*	10.3%	6.6%
NH Staff Turnover - State average turnover of nursing staff in nursing homes		56.1%	*	32	*	53.9%	39.3%
NH COVID-19 Vaccinations - Residents - Percentage of nursing home residents who are up-to-date on COVID-19 vaccination		67.4%	*	9	*	52.9%	76.8%
NH COVID-19 Vaccinations - Staff - Percentage of nursing home health care staff who are up-to-date on COVID-19 vaccination		20.3%	*	25	*	21.8%	44.8%
NH with Top Quality Ratings - Percentage of nursing home residents living in a facility with a 5-star rating on CMS Care Compare Quality Star ratings †		16.7%	*	25	*	16.0%	49.6%
NH Staffing Levels - Nursing home direct care staff hours per resident per day †		3.09	*	33	*	3.31	4.70
HCBS Quality Benchmarking - NCLD™ - Use of National Core Indicators - Aging/Disability survey for one or more HCBS programs		0.0	0.0	*	---	23	1.0
HCBS Quality Benchmarking - HCBS CAMS® - Use of HCBS Consumer Assessment of Healthcare Providers and Services survey for one or more HCBS programs		0.0	0.0	*	---	10	1.0
HCBS Quality Benchmarking - NCA - National Committee for Quality Assurance Statewide Accreditation for one or more HCBS programs		1.0	0.0	*	✓	12	1.0
State Emergency Management Plans - Enhanced State Hazard Mitigation Plan approved by FEMA and uses a social vulnerability index Q		0.0	*	*	*	9	1.0
Support for Family Caregivers							33
Nurse Delegation - Nursing tasks that nurses may delegate to a direct care aide (out of 22 tasks total)		21	21	12	---	15	22
Nurse Scope of Practice - Nurse practitioner scope of practice		1.0	1.0	*	---	40	1.0
Family Responsibility Protected Classification - Laws that protect workers' jobs if they have family responsibilities		0.0	0.0	*	---	7	1.0
State Exceeds Federal FMLA - In one or more of the following areas: covered employers, covered employee eligibility, covered relationships, length of leave allowed		0.0	0.0	*	---	11	1.0
Paid Family Leave - Statewide paid family leave enacted		0.0	0.0	*	---	12	1.0
Mandatory Paid Sick Days - Statewide policy mandating provision of paid sick days or leave		0.0	0.0	*	---	18	1.0
Flexible Sick Days - Statewide policy that allows for paid sick time to be used to care for someone else		0.0	0.0	*	---	18	1.0
Unemployment Insurance for Family Caregivers - States that allow family caregivers to claim unemployment benefits		0.0	0.0	*	---	27	1.0
Spousal impoverishment Protections - Policies that protect the income of the spouse of someone applying for Medicaid		0.0	*	*	*	13	1.0
CARE Act Legislation - CARE Act Legislation passed into law		1.0	1.0	*	---	43	1.0
Respite Care through Medicaid Waivers - Availability of respite to family caregivers as service through Medicaid HCBS waivers		0.5	*	*	*	48	1.0
State Caregiver Tax Credits - Availability of state caregiver tax credits for family caregivers to stay out-of-pocket costs Q		0.0	*	*	*	6	1.0
Community Integration							21
Employment Rate for People with Disabilities - Rate of employment for adults with Activities of Daily Living (ADL) disabilities ages 18-64 relative to rate of employment for adults without disabilities ages 18-64		22.6%	25.9%	24	✗	21.6%	36.3%
Successful Discharge to Community - Percentage of people admitted to nursing homes who were successfully discharged to the community within 105 days †		43.3%	*	23	*	44.7%	52.3%
Liability Issue - Transportation - Transportation Category Code (composite indicator, scale 0-100%) †		51	*	13	*	47	69
Liability Issue - Housing - Housing Category Code (composite indicator, scale 0-100%) †		53	*	10	*	48	57
Access to Housing Assistance for People with Disabilities - Percent of low-income people with disabilities eligible for housing assistance and services		12.3%	*	34	*	15.6%	42.6%
Age-Friendly Health Systems - Presence of age-friendly health sites as designated by the Institute for Healthcare		19.9	*	43	*	53	306
Multisector Plan for Aging - Existence of Multisector Plan on Aging or comparable statewide strategic plan as defined by the SCAN Program Q		0.0	*	*	*	8	1.0

Key for Change:

- ✓ Performance improvement
- ✓ Little or no change in performance
- ✗ Performance decline
- *

† Detailed race/ethnicity data available at <https://ltsschoices.aarp.org>

Q Innovation Point



<https://ltsschoices.aarp.org/>

AARP® Long-Term Care in Iowa

- Iowa ranks 38th in Medicaid spending on home-based care (27.6%), meaning a significant majority of state Medicaid dollars are being allocated to institutions, rather than improving an already lacking home and community-based services network.
- Iowa ranks 46th in terms of affordability of home-based care.
- Iowa ranks in the bottom half of states providing adequate Adult Day Services, a care option that offers greater flexibility for individuals who don't need institutional care full-time but could still benefit from additional support.
- Access to Green House style homes is limited.
- Iowa has significantly more nursing home residents with "low care needs" than most states across the country.



Long-Term Care

- Areas where changes can be made at the state level include:
 - Rebalancing Medicaid spending on home and community-based services so it is equal to institutional care;
 - Incentivizing small-model nursing homes that focus on person-centered care and have lower staff turnover;
 - Improving access to respite care and adult day services;
 - and Improving transparency of taxpayer spending on nursing homes.



Long-Term Care

- Legislative Study Committee
 - conduct a comprehensive review of Iowa's long-term care health system and prepare a report with bipartisan recommendations with specific focus on workforce, innovative models of care, and financial transparency.



Any questions, comments, concerns?



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To see our full legislative agenda for the 2024 session, please visit:
[AARP Legislative Brochure - 2024](#)