The FaDSS Goal4 It!™ Framework

MY NAME _____ DATE _____

Use Stepping Stones to Success to explore potential goals within areas that support success in work and life. Identify areas in which the family is thriving, has a need, or is in crisis.

Use Goal Storming to brainstorm potential goals, steps to achieve them, and resources needed for success.

Family reviews goal(s) previously set and may revisit Stepping Stones to Success to consider progress and reflect on what has been learned.

Use My Goal Plan initially and on an ongoing basis to engage the family in meaningful goal pursuit.

Hold a RAP Session with the family via phone or in-person no less than biweekly to complete the Review & Revise aspects of My Goal Plan.

Use My Pathway to map out longer term goals and to identify action steps to achieve them.

Use Potholes & Detours to identify what might get in the way of success, or what has gotten in the way in the past, and possible actions the family can take to prevent or address these issues.