

What is SafeCare?

SafeCare is an evidence-based parenting training program for parents and/or caregivers of children ages 0-5.

Your SafeCare consultant has participated in specialized training and a certification process.

- ▶ The SafeCare visits are typically conducted in weekly home visits lasting about one hour per visit over approximately 18 weeks.
- ▶ There will be sessions where the SafeCare provider might work with just you and other sessions where your child(ren) will join.
- ▶ SafeCare providers work with your family in the home to improve skills in three areas- Safety, Health, and Parent-Child and Parent-Infant Interactions.

Testimonial

“(The program) was recommended to me after I humbly mentioned, ‘I am a first-time parent, and I don’t know what I don’t know.’

(It) has given me a much-needed confidence in my parenting efforts.

I’ve learned about health and safety (*e.g. better recognizing care-at-home versus calling the doctor situations*), fun activities to bond with my son, how to give better and more specific praise to encourage learning and good behavior, and more.”



SafeCare

**STRONGER FAMILIES
BRIGHTER FUTURES**

Ensuring young children have a nurturing, safe and healthy home environment.



Parent-Child and Parent-Infant Interaction





In home sessions will focus on how to structure daily activities through developmentally appropriate play activities and daily routines.

This module also helps to reduce challenging child behaviors.



Child Health Care

This module teaches how to:

-  Identify childhood illnesses and injuries.
-  Follow a structured process to determine how to best care for the child at home.
-  Know when to seek a doctor or emergency assistance.
-  Understand the importance of supervision



Home Safety

Identifying and removing or reducing household hazards with special emphasis on supervision.

Providers assists the family in childproofing the home.

“I know now more that I need to do than I did before... how to be a mommy, **how to be a better mom.**”

“I will forever be thankful for SafeCare because they just really opened my eyes to **a better way of parenting and a better way for me to be the best that I can be.**”