

HOPE AND OPPORTUNITY IN MANY ENVIRONMENTS – WAIVER REDESIGN UPDATE



Exploration
Iowans share their experiences and feedback to help create improvement

Installation
Iowans review proposed changes and provide feedback to make them better

Initial Implementation
Iowans help finalize changes that will go into practice. Some Iowans experience these changes and help make them better

Full Implementation
Iowans experience changes in community services policy and programs.

Continuous feedback loop: The team continues to gather feedback about implementation and address as needed

ENGAGEMENT WITH IOWANS ABOUT WAIVER REDESIGN SO FAR



1,150+ Iowans attended
HOMETown Conversations



Invested Iowans engage
monthly as HOME Project
Steering Committee members



640 people who use services,
caregivers, providers and case
managers responded to our
survey



16 interviews with 30+
Invested Iowans



Almost 230 Invested Iowans submitted
Expressions of Interest (EOIs) to
participate in HOME activities and
provide input



IOWA HHS HOPE AND OPPORTUNITY
IN MANY ENVIRONMENTS (HOME)

Iowa
HHS
HOME

HOME GUIDING PRINCIPLES



Equitable
access



High quality
service



Coordinated
across systems



Proven valuable



Effective and
accountable

HOMETOWN CONVERSATIONS: INVESTED IOWANS PROVIDED WAIVER DESIGN INSIGHTS



ALIGN PROGRAM DESIGN TO MEET IOWANS' NEEDS

- ✓ Restructure waivers to simplify options, provide a broader service array, and better address the needs of all age groups and disability types including children, older adults, and Iowans with autism
- ✓ Support for transitioning from diagnosis-based to needs-based waiver structure
- ✓ Address provider capacity issues alongside waiver changes to ensure Iowans can access needed waiver services



'As a caregiver I feel there is a lack of cohesiveness of providers and information sharing... The case managers can be hard to reach and change frequently and the lack of consistency is difficult to navigate and stay informed with current resources and contacts.'

Family caregiver

PROPOSED INITIAL WAIVER REDESIGN

To create alignment across waivers currently and to create glidepath to future waiver program transformation

- Streamline service definitions across existing waivers
- Streamline certain service limits across waivers
- Consolidate a few overlapping waiver services to make definitions clearer and more consistent
- Remove prohibition of paid caregivers receiving respite (for non-agency caregivers)
- Remove prohibition of payment to legally responsible individuals for additional services in waivers

PROPOSED FULL WAIVER DESIGN

Supporting families, serving individuals across the lifespan, and serving individuals in the living situation that works best for them and their families.

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HOME WAIVER – CHILDREN & YOUTH

Service package that supports life domains in early childhood, in school and as youth transition into adulthood



HOME WAIVER – ADULT & AGING

Service package that supports life domains in adulthood and as lowans age

Each service package will address formal and informal support needs wherever lowans live.

PROPOSED NEW WAIVER STRUCTURE



ELIGIBILITY & ENROLLMENT | To be eligible, individuals must meet two criteria: **(1)** they need the level of care that would be provided in an institution, and **(2)** their disability fits into one of the categories below.

CURRENT HCBS WAIVERS (2023)

WAIVER	GROUPS SERVED	AGES SERVED
Elderly	Aging	65+
Intellectual Disability	Intellectual Disability	0+
Brain Injury	Brain Injury	0+
AIDS/HIV	AIDS/HIV	0+
Health & Disability	Physical disability; blind or disabled	0-64
Physical Disability	Physical disability; blind or disabled	18-64
Children's Mental Health	Serious emotional disturbance (SED)	0-17

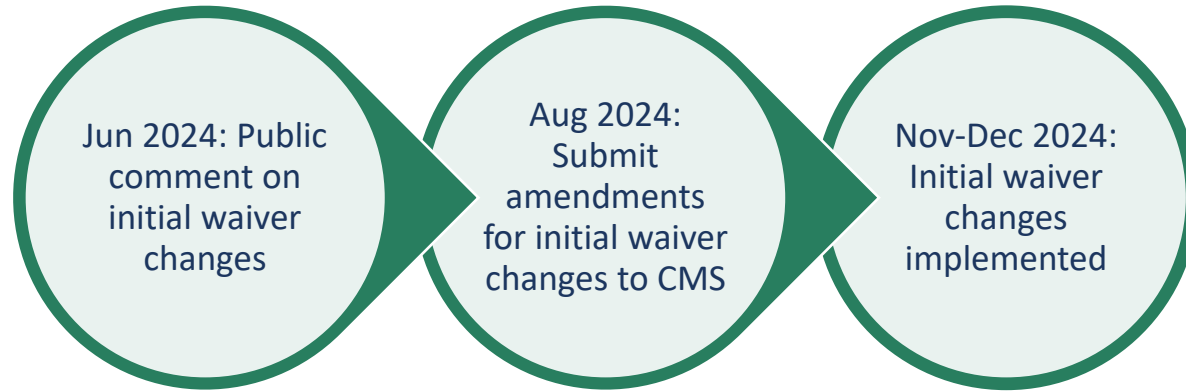


PROPOSED WAIVER REDESIGN (2025/2026)

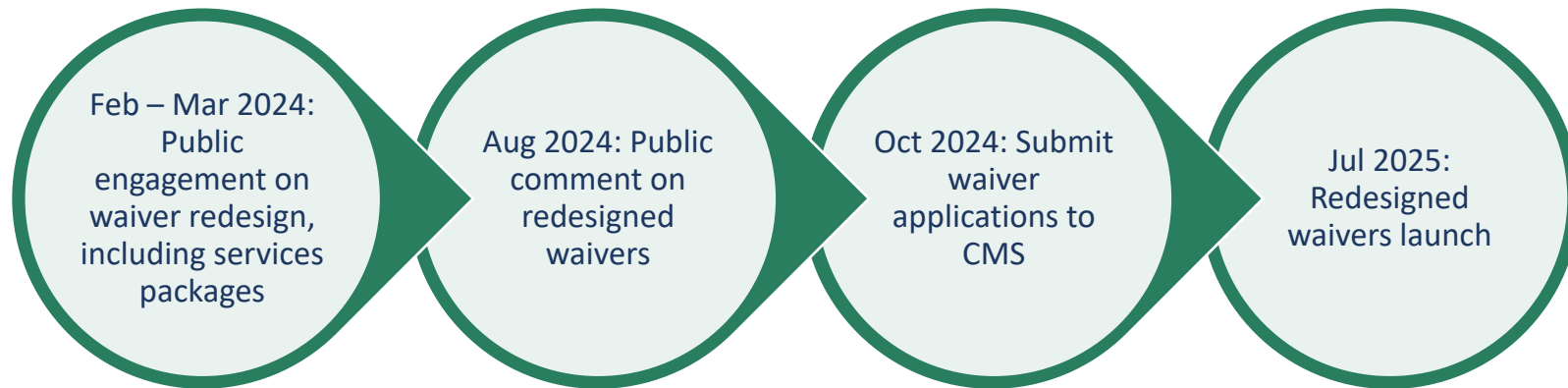
WAIVER	GROUPS SERVED	AGES SERVED
Children & Youth	<ul style="list-style-type: none"> Intellectual disability Brain injury AIDS/HIV Physical disability, including blindness SED Developmental Disabilities NEW 	0-20
	<ul style="list-style-type: none"> Intellectual disability Brain injury AIDS/HIV Physical disability, including blindness Aging Developmental Disabilities NEW 	21+
Adult & Aging	<ul style="list-style-type: none"> Intellectual disability Brain injury AIDS/HIV Physical disability, including blindness Aging Developmental Disabilities NEW 	21+

PROPOSED TIMELINE

INITIAL WAIVER REDESIGN



FULL WAIVER REDESIGN



CHILDREN & YOUTH WAIVER SERVICES

Daily Activities and Care

- Home-Delivered Meals
- Medical Day Care for Children
- Respite*
- Supported Community Living
- Transportation*

Help with Health Needs

- Positive Behavioral Support and Consultation*
- Family and Community Support Service
- Interim Medical Monitoring and Treatment
- In-Home Family Therapy

Equipment and Modifications

- Assistive Devices*
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services

Day Services

- Day Habilitation
- Prevocational Services
- Supported Employment

Residential Services and Supports

- Residential-Based Supported Community Living

Self-Direction Supports

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

Other Services

- **Community Transition Services**
- **Crisis Planning and Support**
- **Peer Mentoring**

ADULT & AGING WAIVER SERVICES

Daily Activities and Care

- Attendant Care*
- Companion
- Home-Delivered Meals
- Home Health Aide
- Home Maintenance Support*
- Respite*
- Skilled Attendant Care*
- Supported Community Living
- Transportation*

Help with Health Needs

- Positive Behavioral Support and Consultation*
- Family Training*
- Interim Medical Monitoring and Treatment
- Nursing Care Services
- Nutritional Counseling

Equipment and Modifications

- Assistive Devices*
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services
- Specialized Medical Equipment

Day Services

- Adult Day Health
- Day Habilitation
- Prevocational Services
- Supported Employment

Residential Services and Supports

- Assisted Living

Self-Direction Supports

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

Other Services

- **Community Transition Services**
- **Crisis Planning and Support**
- **Peer Mentoring**

PROPOSED CHANGES TO SERVICE DEFINITIONS

WHAT TO LOOK FOR

- Service definitions have been reviewed and updated for consistency and clarity
- Some services have been added
- Some services are newly created by merging two or more older service definitions to
 - Eliminate potential duplication and
 - Add clarity and consistency

EXAMPLE: HOME MAINTENANCE SUPPORT SERVICES

- Merges two or more older services: Components of homemaker, chore, and senior companion services are all incorporated into this service definition
- Components of the previous Senior Companion service that were related to companionship or socialization were removed; these components are now included in the “Companion” service

EXAMPLE: HOME MAINTENANCE SUPPORT SERVICES

Home Maintenance Support services encompass assistance required to maintain the home as a clean, sanitary, and safe environment, provided when neither the individual nor any household individual is capable of performing these tasks, and no other relative, caregiver, or landlord is responsible for them. These services are particularly essential when the individual lives alone or when the usual caregiver needs support in performing these functions. These may involve tasks such as:

- 1) Essential shopping: shopping for basic need items such as food, clothing or personal care items, or drugs.
- 2) Limited housecleaning: maintenance cleaning such as vacuuming, dusting, scrubbing floors, defrosting refrigerators, cleaning stoves, cleaning medical equipment, washing, and mending clothes, washing personal items used by the client, and dishes.
- 3) Meal preparation planning and preparing balanced meals.
- 4) Window and door maintenance, such as hanging screen windows and doors, replacing windowpanes, and washing windows;
- 5) Minor repairs to walls, floors, stairs, railings and handles;
- 6) Heavy cleaning which includes cleaning attics or basements to remove fire hazards, moving heavy furniture, extensive wall washing, floor care or painting and trash removal;
- 7) Mowing lawns and removing snow and ice from sidewalks and driveways.

The following are not covered services: 1) leaf raking, 2) bush and tree trimming, 3) trash burning, 4) stick removal, and 5) tree removal.

The individual's plan of care will address how the individual's health care needs are being met. Overlapping of services is avoided by the use of a case manager who manages all services and enter them into the IoWANS system. The services under this waiver are limited to additional services not otherwise covered under the State Plan, but consistent with waiver objectives of avoiding institutionalization.

WE WANT YOUR FEEDBACK!

HOW TO PROVIDE YOUR THOUGHTS AND INSIGHTS:

VIEW THE SERVICES AND SERVICE DEFINITIONS

- By visiting the HOME website:

[Service Definitions Link](#)

PROVIDE YOUR FEEDBACK

- Via email:

iowahcbs@mathematica-mpr.com

- By leaving us a response online – feedback form link will be available at [HOME Project Page](#)

THANK YOU!

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