

**Document for Monitoring and Oversight Committee
Block Grant Contract Reviews**

1. *Contract name, provider agency and DHS contract manager*
First Episode Psychosis: Contract Manager: Laura Larkin
4 contracts in Iowa
-Abby Center in Iowa City
-Eyerly Ball in Des Moines
-Siouxland Mental Health Center in Sioux City
-Prairie Ridge in Mason City
2. *Date reviewed: July 1, 2022*
M & O members present: Rachel Cecil, Theresa Henderson, Kyra Hawley and Donna Richard-Langer
3. *Contract start date, year of current contract and last year of contract:*
Abby Center: 2015
Eyerly Ball: 2016
Siouxland: 2018
Prairie Ridge: 2021
COVID supplemental funds include additional \$4,545 per additional individual. Expires 3/4/23.
ARP funds through 9/30/25.
4. *Purpose, Deliverables, Goals and Outcomes of contract.*
Purpose: Identifying a participant with a first episode of psychosis minimizes the potential for long term disability.
All FEP contractors utilize Navigate, an evidence-based program. Fidelity to the model is critical. It is team based with a Prescriber for medication, Individualize Resiliency Training (therapist), a Family Educational Provider (FEP), a Community Support Specialist/Case Manager and an Employment and Education Specialist.
Deliverables: Trainings and attendance at meetings for team members monitored closely
Fidelity to the model by each team member is assessed every 6 months
Any deviation from model must be approved by DHS
Each program serves 35-45 unduplicated individuals per year
Data collection to include: Admissions, employment status, education status, days of inpatient care, number enrolled, age of individuals in program.
5. *Assessment and Outcome tools utilized*
All FEP participants must be diagnosed with one of the following: non-affective psychosis, schizophrenia, schizoaffective, schizophreniform, brief psychotic disorder and psychotic disorder NOS
6. *Progress in meeting Goals and Outcomes*

Number served:

Training requirements for staff:

% Engaged in employment

Reduced hospitalizations

7. *Review whether contract is on track with budget expectations*

Generally the contract underspends due to staffing issues and lower client counts

8. *Barriers and Challenges in meeting Goals and Outcomes*

Filling and keeping staff positions

Recruiting clients for the program

How do we measure the success of the program? Success with each individual served?

9. *Successes*

Identification a participant that enrolled in FEP while they were in college and participant was able to complete college education while receiving FEP services.

Identified a participant on the job and was able to continue employment with participation in FEP.

10. *Considerations for follow-up. Any changes expected in an amendment for following year?*

Include more focus on client recruitment strategies and efforts.

11. *Reports received:* monthly, quarterly, annual. Most recent report received.

Reports are to be received quarterly.