

As of 3-17-10 Council meeting – updated 7-17-19 – updated 1-15-20 – updated 7-16-20
Iowa Mental Health Planning and Advisory Council
Council Policy

3 purposes as per By-laws

1. To review the Mental Health Block Grant Plan and to make recommendations.
2. To serve as an advocate for adults with a serious mental illness, children with a serious emotional disturbance and their families, and other individuals with mental illnesses.
3. To monitor, review, and evaluate, not less than once each year, the allocation and adequacy of mental health services within the State.

Vision

All Iowans have access to comprehensive mental health services and supports, hope for recovery and resilience within the community of their choice.

Mission

To assess and promote the strengths of the Mental Health System while advising and advocating for system improvements and ensuring that community-based, culturally competent, and consumer/family driven service alternatives are available to all Iowans.

Organizational Development

The Iowa Mental Health Planning and Advisory Council is an organization made up of individuals in recovery, providers, family members, and other advocates with the purpose of providing input to, evaluation, and oversight of the Iowa mental health system.

By-Laws – additional clarification by the Council

Article I: Name

Article II: Duties and Activities

1. Decisions between meetings – Executive committee prepares agenda and meeting information and arrangements.
If a situation arises which needs input and /or approval from the Council -
--- send a standard announcement e-mail - put “time sensitive” in the subject line – give a finite time for team input.
2. To the maximum extent possible – have “transparency in operations”

Article III: Membership

1. For the purposes of the composition of the Council, Peer Support Specialists and Family Peer Support Specialists are counted as Persons with Lived Experience, rather than State employees or providers, whether providing peer support on a volunteer or paid basis.
2. The parent of a child with SED can serve on the Council until the child reaches the age of 25 or their current term as Council member has expired, whichever occurs last. If another eligible Council position is open, the Council can consider reassigning the expired Council member to another category of representation on the Council.
3. A youth can be an ex-officio member of the Council. Youth remain eligible through the age of 25 or through their term of membership (whichever occurs last). There is also the possibility they could change council membership categories and remain on the council. A youth representative could also be a short-term appointment, such as a college age internship or mentored position.
4. A goal is to have one position on the Council for a juvenile justice representative.
5. A goal is to have one position on the Council for a person knowledgeable on older adult issues.
6. Due to SF 2175, a veteran knowledgeable about veteran mental health issues and resources is to be selected for membership on the Iowa Mental Health Planning Council.
7. If a person has had their position vacated, a new application for placement on the Council will not be considered for at least one year.
8. Per 42 U.S. Code § 300x (c)(2)(A)—as of 1/20/20, the number of positions on the IMHPC for parents or caregivers of children with SED is six (6). All efforts shall be made to recruit six. If this recruitment goal is not met in a term, a person with substantial personal and professional knowledge of children with SED could fulfill the sixth position. (*See federal code quoted on the next page – specifically (c)(2)(A) and (B)*)

Article IV: Meetings

Article V: Officers and Committees

1. The nominations committee is responsible for designing a membership packet for new members or prospective members.
2. The nominations committee will report at each Council meeting on attendance requirements (for ex: are present members still eligible for their category of membership, calls completed if anyone has had at least two consecutive absences, recommendations for positions being vacated)

Article VI: Conflict of Interest

1. The conflict of interest statements will be signed annually..

Other Topics

Member orientation

New member orientation shall be accomplished by giving a 3 ring binder of IMHPC information. The binder shall be prepared by the DHS staff person assigned to the Council. The Nominations committee members will be mentors to new members.

MHDS Commission

Per HF 811, 2009 state legislature requires coordination between the MHDS Commission and the IMHPC.

Community Mental Health Center (CMHC) contracts for Block Grant Money

CMHC's should be required to implement EBP's with the block grant funds to comply with performance measures in block grant.

DHS staff responsibilities

The DHS staff person(s) assigned to the IMHPC Council will:

1. Prepare the minutes of each meeting.
2. Recruit new members by forwarding application materials per direction from the nominations committee.
3. Prepare membership orientation materials per direction from the nominations committee.
4. Conflict of interest statements will be signed by all Council members by the March Council meeting.

42 U.S. Code § 300x-3. State mental health planning council

(a) **IN GENERAL** - A funding agreement for a grant under section 300x of this title is that the State involved will establish and maintain a State mental health planning council in accordance with the conditions described in this section.

(b) **DUTIES** - A condition under subsection (a) for a Council is that the duties of the Council are—

- (1) to review plans provided to the Council pursuant to section 300x-4(a) of this title by the State involved and to submit to the State any recommendations of the Council for modifications to the plans;
- (2) to serve as an advocate for adults with a serious mental illness, children with a severe emotional disturbance, and other individuals with mental illnesses or emotional problems; and
- (3) to monitor, review, and evaluate, not less than once each year, the allocation and adequacy of mental health services within the State.

(c) **MEMBERSHIP**

(1) **IN GENERAL** - A condition under subsection (a) for a Council is that the Council be composed of residents of the State, including representatives of—

- (A) the principal State agencies with respect to—
 - (i) mental health, education, vocational rehabilitation, criminal justice, housing, and social services; and
 - (ii) the development of the plan submitted pursuant to title XIX of the Social Security Act [42 U.S.C. 1396 et seq.];
- (B) public and private entities concerned with the need, planning, operation, funding, and use of mental health services and related support services;
- (C) adults with serious mental illnesses who are receiving (or have received) mental health services; and
- (D) the families of such adults or families of children with emotional disturbance.

(2) **CERTAIN REQUIREMENTS** - A condition under subsection (a) for a Council is that—

- (A) with respect to the membership of the Council, the ratio of parents of children with a serious emotional disturbance to other members of the Council is sufficient to provide adequate representation of such children in the deliberations of the Council; and
- (B) not less than 50 percent of the members of the Council are individuals who are not State employees or providers of mental health services.

(d) **"COUNCIL" DEFINED** - For purposes of this section, the term "Council" means a State mental health planning council.

(July 1, 1944, ch. 373, title XIX, § 1914, as added Pub. L. 102-321, title II, § 201(2), July 10, 1992, 106 Stat.