

Attachment to the IMHPC Agenda

2022 Iowa Mental Health Planning Council Calendar of Events		
Wed., November 16	IMHPC annual meeting – Election of officers	<b>Zoom</b>
2023 Iowa Mental Health Planning Council Calendar of Events		
Wed., January 18 9:00 am to 3:30 pm	<b>Zoom Meeting</b> <a href="https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09">https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09</a> Meeting ID: 948 2220 1344 Passcode: 201311	
Wed., March 15 9:00 am to 3:30 pm	<b>Zoom Meeting</b> <a href="https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09">https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09</a> Meeting ID: 948 2220 1344 Passcode: 201311	
Wed., May 17 9:00 am to 3:30 pm	<b>Zoom Meeting</b> <a href="https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09">https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09</a> Meeting ID: 948 2220 1344 Passcode: 201311 <ul style="list-style-type: none"> <li>• 9:00 am to 11:30 am – MHPC only</li> <li>• 12:30 pm to 3:30pm MHPC Joint meeting with MHDS Commission</li> </ul>	
Wed., July 19 9:00 am to 3:30 pm	<b>Hybrid Meeting (in-person &amp; Zoom)</b> Lucas State Office Building - Room 517/518 312 E. 12th Street, Des Moines, IA 50319 <a href="https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09">https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09</a> Meeting ID: 948 2220 1344 Passcode: 201311	
Wed., Sept. 20 9:00 am to 3:30 pm	<b>Zoom Meeting</b> <a href="https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09">https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09</a> Meeting ID: 948 2220 1344 Passcode: 201311	
<b>Thurs.</b> , October 19,	<b>Hybrid Meeting (in-person &amp; Zoom)</b> TBD 9 AM to Noon – IMHPC meeting 12:30 pm to 3:30 pm – MHPC Joint meeting with MHDS Commission <a href="https://uiowa.zoom.us/j/97972891280?pwd=eFTTMUN5VIRzZU94c3VJbG9WYzFGQT09">https://uiowa.zoom.us/j/97972891280?pwd=eFTTMUN5VIRzZU94c3VJbG9WYzFGQT09</a> Meeting ID: 979 7289 1280 Passcode: 849309	
Wed., Nov. 15 9:00 am to 3:30 pm	<b>Zoom Meeting</b> <a href="https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09">https://uiowa.zoom.us/j/94822201344?pwd=bmRuc3dFOVcrbIFIZ1k3U0JXc3NnZz09</a> Meeting ID: 948 2220 1344 Passcode: 201311	

**Monitoring and Oversight Committee**

**2021-22 MHPAC Recommendations** to MHDS for Block Grant Funding

Your Life Iowa and the State Warm Line Contracts meets many of the recommendations that we have made. Telehealth stays available – legislation passed to give parity on payment, too.

1. Systems of Care programs to be available statewide and especially in the rural communities.
2. Funding of peer run organizations
3. Refugee and other marginalized populations mental health assistance

**2022-23 MHPAC Recommendations** to MHDS for Block Grant Funding

1. Address workforce issues
2. Provide needed services in older adult population
3. Utilize the same functional assessment tool for Systems of Care contracts



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## Iowa's record of MHBG allocations

2017 final MHBG allotment - \$4,279,421 minus 25%

2018 final MHBG allotment - \$5,464,792 minus 10% FEP \$546,479 = \$4,918,313

2019 final MHBG allotment - \$5,377,612 minus 10% FEP \$537,761 = \$4,839,851

2020 Total MHBG allotment - \$5,271,887 minus 10% FEP \$527,189 = \$4,744,698

2021-22 – there were 3 pots of money

2021-22 Total regular MHBG allotment - **\$5.6M** minus 10% FEP \$560,000 and 5% Crisis Services \$280,000 leaves \$4,760,000.

\$4,760,000 less 5% administrative expenses \$238,000 leaves \$4,522,000 split  
70% CMHC's \$3,165,400 and 25% state contracts \$1,356,000

2021-22 CARES Act-Total MHBG allotment-**\$6,480,000** minus 10% FEP \$648,000 and 5% Crisis Services \$324,000 leaves \$5,508,000.

\$5,508,000 -will be issued through remaining contracts with **5%** for administrative expenses \$275,400

**\$6.48 M** – 2 yrs to spend – we have this money from **March 2021 through March 2024** (before extension granted - the final date was March 2023)

## Peer Run organizations – awarded 4

- **Freedom Pointe of Greater Webster County- Wellness Center** [freedompointe16@gmail.com](mailto:freedompointe16@gmail.com)  
Contact w/1600 people/mo, expanded to Greene Co, regular guest @ Homeless Haven (under the bridge)  
Have gotten called out on 90 active suicide threats, incorporates theatre, support, fun, services, advocacy and “chick-a-boom”, wants to have a regular meeting with consumers, grand opening in August at 2 locations
  - **Iowa Peer Network- Statewide Peer Support Network** - This is a brand-new peer operated organization that will finalize the steps to become an operational business. It is not connected with the peer training contract nor the U of IA. Sara Knox and Jennifer Day are the founders of the business and are peer support specialists with a range of experience. [Sara.knox@iowapeernetwork.org](mailto:Sara.knox@iowapeernetwork.org) – have website, no newsletter, no meetings, online workshops, continuing education 4X/yr – 1 in each qtr of the state, on social media, planning a 2023 conference for peer support specialists.
  - **Life Connections Peer Recovery Services- Peer-Operated Respite only**, subcontractor to U. of IA peer support training program, WRAP classes and facilitator training, support group for peer specialists, helped Freedom Pointe with assistance on grant application. [edm@lifeconnectionsrecovery.org](mailto:edm@lifeconnectionsrecovery.org)
  - **NAMI Johnson County- Wellness Center** – have warm line for persons with lived experience M-F 1-5 Sat 11-3 – have served 80 so far, have activities at the wellness center
- ✓ **Statewide survey of system assessment** – analysis of behavioral health service relating to justice related services (*Medicaid also released an RFP for the same type of assessment with Mathematica– so their information will be utilized to determine where \$ needs to be spent*)
  - ✓ Some services identified in the study will receive funding
  - ✓ Those with SMI and Homeless: **7 PATH programs** across the state. Monies not for rent or a home, but rather for assistance with legal documentation and applying for SSI.
  - ✓ **Systems of Care (SOC)** Funding 2 more programs. \$135,000 per year - \$ to help kids who have SED but not Medicaid and need wrap-a-round services. An RFP was issued. Grantees are Orchard Place (exp to Dallas & Madison) and Ellipsis (other counties)
  - ✓ Extend Covid Recovery Iowa and changed name to Project Recovery Iowa when FEMA funds end. \$1.926 M. Should be able to stay in business until 6-30-23
  - ✓ **Center of Excellence** for Evidence Based Practices. Monitors fidelity of EBP's. Was awarded to U. of Iowa. Will provide fidelity monitoring and training for EBP's like Assertive Community treatment, etc.

U. of Iowa - [Iowa Peer Workforce Collaborative | The University of Iowa \(uiowa.edu\)](https://www.uiowa.edu)

Peer training contract - National Resource Center for Family Centered Practice with subcontractor – Life Connections Iowa Center for School Mental Health

**BEST Conference** was held the first week of November 2021 and had 1600 attendees - conf scheduled for Oct.10-11, 2022

BEST stands for (Behavioral, Equitable, Social-Emotional, Trauma-Informed) Health Summit

\$1.8 M to expand MH training and rural outreach

Center of Excellence

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- ✓ **CCBHC funding for technical assistance** to DHS to inquire about state certification of CCBHC's. What are other states doing? Does a CMHC morph into a CCBHC? How can we sustain CCBHC's in Iowa after the federal grant dollars go away? (We didn't sustain the systems of care projects after their federal grants ended.) Missouri converted all their CMHC's to CCBHC's. Texas is going in the same direction.

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\*Additional Covid mitigation dollars - \$385,380 also received to be distributed to CMHC's for testing, PPE, etc.

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**2021-22** - American Rescue Plan - SAMHSA plan request - **\$11.2 M** – Sept 2021 - 4 years to spend –till Sept 2025

\$11.198 million – monies need to be spent by 2025.

Off the top: 5% for crisis services, 10% for First Episode Psychosis programs

1. 988 implementation including expanding call center capacity, technical assistance
2. Continuation of Center of Excellence for EBP's in Behavioral Health
3. Continuation of other items listed under CARE act priorities

**988 planning grant** – final draft of report done – last meeting 1-12-22 - <https://dhs.iowa.gov/mhds/crisis-services/988-planning-grant>

### Live nationwide



The National Suicide Prevention Lifeline number is transitioning to the 3-digit number 9-8-8

A reminder that **emergency calls** still need to go to **911** – if police or an ambulance are needed

**Call 988 for suicide prevention, mental health crisis support** – it is a talk line, not the number to call to dispatch services.

On June 24, Congress passed the S.2938 [Bipartisan Safer Communities Act](#) and President Biden signed the bill into law the following day. This new law dramatically increases funding for lifesaving mental health and substance use care programs by expanding [Certified Community Behavioral Health Clinics](#) nationwide, and by boosting funding for 988 implementation and crisis services, mental health awareness training programs, and the community mental health block grant. **To be determined – how 988 and Your Life Iowa will converge.**

[S.2938 - 117th Congress \(2021-2022\): Bipartisan Safer Communities Act | Congress.gov | Library of Congress](#)

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**2022-23** MHBG - \$6,522,020 - Total regular MHBG allotment

**\$6.5M** minus 10% FEP \$650,000 and 5% Crisis Services \$325,000 leaves \$5,547,020

\$5,547,020 less 5% administrative expenses \$277,351 leaves \$5,269,669 split  
70% CMHC's \$3,688,768 and 25% state contracts \$1,580,901

The Bipartisan and Safe Communities Act provides additional MHBG

**\$621,948** – has to be used by Oct. 16, 2024

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**FY 22-23 MHBG Priorities** – [MHBG FY22-23 Assessment and Plan-final.pdf \(iowa.gov\)](#)

**Priority #1** - Expand mental health services and supports to children with a Serious Emotional Disturbance and their families

Goal - Expand access to community-based mental health services and supports for children with an SED who are not eligible for Medicaid funded services. **Year 1 – ends 9-30-22**

Strategy - Issue an RFP for up to 2 programs to develop local Systems of Care for children with an SED

Baseline - State currently has 4 SOC programs

Year 1 - Increase to 6 SOC programs through issuance of an RFP for 2 new SOC programs

Year 2 - Maintain 6 SOC programs

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### **Priority #2** - Crisis Services

Goal – IDPH and DHS will work together to Implement the 988 Crisis Line in Iowa

Strategy – 1. Develop a 988 implementation plan with the assistance of the stakeholder coalition  
2. Implementation of the 988 plan

Baseline – Plan is in development

Year 1 - Plan submitted to Vibrant and approved for implementation during SFY22

Year 2 - Plan implemented and Iowa Lifeline centers begin answering calls effective July 16, 2022

### **Priority #3** – Support and Development of the Behavioral Health Workforce

Goal – Promote retention and recruitment of qualified individuals for the behavioral health workforce.

Increase competency of the behavioral health workforce through training and technical assistance.

Strategy – 1. Develop a statewide Center of Excellence to assist providers in implementing evidence-based practices with fidelity.

2. DHS and IDPH will collaborate to expand Relias online training platform to community mental health centers.

3. DHS and IDPH will implement a shared peer support training collaborative for peers serving individuals with an SMI, parents of children with an SED and individuals with an SUD.

**Indicator 1** - DHS and IDPH will collaborate to expand Relias behavioral health online training available to SUD providers to CMHCs

Baseline - 0

Year 1 – 13

Year 2 - 27

**Indicator 2** – Increase access to peer support/family peer support/recovery peer coach training through DHS/IDPH joint training collaborative

Baseline – New peer support training contract effective 6/1/2021

Year 1 – Contractor will provide 6 peer support, 6 family peer support, and 6 recovery peer coach trainings

Year 2 - Contractor will provide 6 peer support, 6 family peer support, and 6 recovery peer coach trainings

**Indicator 3** - DHS will establish a Center of Excellence for Implementation of Evidence-Based Practices

Baseline – None currently exists

Year 1 – DHS will issue an RFP and award a contract for Center of Excellence

Year 2 - The Center of Excellence will provide training and technical assistance to stakeholders and providers on DHS-approved EBPs.

### **Priority #4** - Expand services to individuals experiencing a First Episode of Psychosis or Early Serious Mental Illness

Goal – Expand the number of NAVIGATE teams in Iowa from 3 to 4.

Strategy – Contract with a new NAVIGATE team provider, provide training and technical assistance to the new team

**Indicator 1** - New NAVIGATE team will begin serving eligible individuals

Baseline – 0

Year 1 – Serve 10 individuals by 9/30/22

Year 2 - Serve 25 individuals by 9/30/23

### **Priority #5** - **Develop Peer-Run Organizations**

Goal – Issue an RFP for peer-run organizations to apply for MHBG funding.

Strategy – Issue an RFP for peer-run organizations to apply for MHBG funding.

Indicator 1 - Increased access to services provided by peer-run organizations through issuance of an RFP for up to 4 grants

Baseline – 0

Year 1 – State plans to award up to 4 grants to peer-run organizations.

Year 2 - Peer-run organizations will provide services in accordance with contracts with DHS.

Pg. 76-77 - explanation of how funds to be spent

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**FY 22-23 - SABG application** - <https://idph.iowa.gov/substance-abuse/block-grant-reports> Year 1 ends 9-30-22

**Priority #1** – Facilitate Access to Pregnant and Parenting Women and Children Treatment Services

Indicator #1 – Increase access for priority population within 5 days of first contact and admission

Baseline - IBHRS data for women and children contractors; greater than five days

First Year Outcome - By the end of year one, access to services will occur within 5 days from date of first contact to admission

Second Year Outcome - By the end of year two, access to services will occur within 3 days from date of first contact to admission

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### **Priority #2** – Substance Abuse Treatment - Advance Treatment Continuum of Care

#### Indicator #1 - Implement Recovery Housing and Community Centers in Iowa

Baseline - Development of RFP

First Year Outcome - By the end of year one, IDPH will contract with two contractors to implement Recovery Housing Community Centers

Second Year Outcome - By the end of year two, IDPH will release an RFP to implement Recovery Community organizations in 2 Iowa communities

### **Priority #3** – Primary Prevention - Increase Iowan's Access to and Quality of Primary Prevention Services

#### Indicator #1 - increased access and quality of primary prevention trainings

Baseline - Training needs assessment

First Year Outcome -By the end of year one, IDPH will conduct a training needs assessment with IPN prevention contractors to determine priority training topics. IDPH will establish a two-year prevention training calendar which will include topics identified in the training needs assessment. a) IDPH will engage Iowa State University Extension to organize and host at least 10 ten training opportunities over a two-year period. b) In collaboration with Iowa State University Extension, create at least 5 promotional items to highlight various training opportunities.

Second Year Outcome - By the end of year 2, at least 80% of IPN prevention contractors will report an increase ability to provide quality prevention services.

### **Priority #4** - Iowan's will have increased access to TB services

#### Indicator #1 - IPN providers will demonstrate compliance with TB SABG regulations and competency in serving individuals with TB

Baseline: Policy development within IPN provider network and increase in competency in serving Iowan's with TB

First Year Outcome - By the end of year one, All IPN providers will complete the SABG Prevention and Treatment Regulations form which documents compliance with requirements for individuals who screen positive for TB

Second Year Outcome - By the end of year two, 60% of all IPN providers will participate in an education opportunity for TB as arranged by IDPH

### **Priority #5** -Iowan's who inject drugs will have increased access to services

#### Indicator #1 - Competency and increased access to services for individuals who inject drugs

Baseline - Policy development and training within IPN provider network and increase in competency in serving Iowan's who inject drugs

First Year Outcome - By the end of year one. All IPN providers will complete the SABG Prevention and Treatment Regulations form which documents requirements for individuals who inject drugs

Second Year Outcome - By the end of year 2, all IPN providers will implement policies addressing outreach services to persons who inject drugs

### **Priority #6** - IDPH and DHS will work together to implement 988 Crisis Line in Iowa

#### Indicator #1 - IDPH and DHS will collaborate on the 988 plan development, collaboration and submission

Baseline - plan in development

First Year Outcome -Plan submitted to contractor (Vibrant) and approved for implementation during SFY22

Second Year Outcome - Plan implemented and Iowa Life Line centers begin answering calls effective July 16, 2022

### **Priority #7** - Promote retention and recruitment of qualified individuals for the behavioral health workforce. Increase competency of the workforce through training and technical assistance

#### Indicator #1 - IDPH will increase the number of providers and agencies who utilize Relias

Baseline - 555 current providers and 13 independent organizations

First Year Outcome - 600 providers

Second Year Outcome – 17 organizations

#### Indicator #2 - IDPH and DHS will Increase access to peer recovery coaching/peer support/ family peer support training through IDPH/DHS collaboration

Baseline -new peer support contract effective 6/1/2021

First Year Outcome – Contractor will provide 3 Recovery Peer Coach trainings, 6 family peer support and 6 peer support trainings

Second Year Outcome - Contractor will provide 3 Recovery Peer Coach trainings, 6 family peer support and 6 peer support trainings

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**Iowa Medicaid Director:** Liz Matney (hired 6-21)

Bureau Chief for Medical/LTSS for Iowa Medicaid: Motsinger, Paula [pmotsin@dhs.state.ia.us](mailto:pmotsin@dhs.state.ia.us)

HCBS Waiver and Health Home Policy: LeeAnn Moskowitz

Policy for Mental health, behavioral health, substance use disorder and state plan programs: Hannah Olson

## Medicaid plan for use of ARPA funding to support HCBS

### o Increased training and support

- Enhancement of a provider training platform
- Employee training and scholarships for providers
- Crisis response provider training – targeted on serving individuals with ID/DD for HCBS, crisis, BHIS, providers
- Resources for parents and caregivers of individuals with ID/DD, including training, specialized services
- Health IT infrastructure – outcomes monitoring and continuity of care

Legislators are in charge of re-setting rates. IHHS prepares packets of info for legislators. Could IHHS get the authority to re-set rates?

### o Expand access to services

- Had a large systems behavioral health, aging and disability services evaluation study – awarded to Mathematica – update 10-12-22  
Mathematica analyzed \$8.5 million claims records and interviewed participants. Their recommendations are:
  - Develop streamlined assessment tools
  - Maximize access to HCBS and case management standards – have easier ways for people to navigate the system. Need a lot more coordination
  - Establish a smaller # of HCBS waivers and structure services better.
- Targeted case management assistance with waiver wait list screening
- Pilot project for serving children with neurobehavioral needs in a facility
- Pilot project for serving children with behavior health needs in a facility
- Pilot project for therapeutic foster homes

ACES Kids Act?  
State planning  
grants available

[S.317 - 116th Congress \(2019-2020\): ACE Kids Act of 2019 | Congress.gov | Library of Congress](#)

Advancing Care for Exceptional Kids Act of 2019 or the ACE Kids Act of 2019

This bill establishes a state Medicaid option to provide for medical assistance with respect to coordinated care provided through a health home (i.e., a designated provider or team of health-care professionals) for children with medically complex conditions. States must determine payment methodologies in accordance with specified requirements; payments also temporarily qualify for an enhanced federal matching rate.

- Technology grants

### o Workforce support

- Direct care registry
- Recruitment/retention provider payments

Maternal care – Liz could send CMS the change to allow postpartum coverage from 3 mo to 1 yr but there is a budgetary concern.

- Iowa has the first maternal health strategic plan
- Iowa has a black doula program
- Need community health workers to expand home visiting programs
- Maternal care is not only a women's issue, it also has an impact on the child's well-being and an impact on the child welfare system
- They want to lower the rate of caesarean sections in the Medicaid program

**MCO contracts** - The Iowa Department of Health and Human Services announced the intent to award Medicaid managed care contracts to Amerigroup Iowa and Molina Healthcare of Iowa.

Iowa Total Care, which with Amerigroup Iowa has held the Medicaid contract since July 2019, will also continue to serve Iowans in the Iowa Medicaid program.

The contracts in total are worth about \$6.5 billion annually.

Iowa Medicaid will work closely with Molina as its begins operations in Iowa, the agency said in a press release. "Over the past year, I have been working to push the Medicaid program into new territory," said Iowa Medicaid Director Liz Matney. "We're listening to our members and providers, making sure we hear and respond to their feedback. This is the guiding force of all we do and has proven to push us past the status quo. This is reflected in the changes to the new contracts, which prioritize program improvements and better outcomes for those we serve."

Molina will be in training till Thanksgiving 2022, then 4 months configuration and 4 months of testing. IHHS is still figuring out the redistribution of clients among the 3 MCO's. It will be done in April 2022.

Molina will begin providing services in July 2023. Between now and then Iowa Medicaid will work with Molina on its readiness review, and Amerigroup and Iowa Total Care continue to provide services

Amerigroup Iowa and Molina Healthcare were among five companies that bid for the contract; also bidding were Aetna Better Health of Iowa, CareSource Iowa Co., and UCare Iowa.

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**IHHS** – Director Kelly Garcia [HHS Alignment website](#)  
**IHHS Consultant RFP** – Public Consulting Group, Boston, MA

**Regional Consultants** – consultants are now Don Gookin and Rob Aikens  
Rob Aiken – [raiken@dhs.state.ia.us](mailto:raiken@dhs.state.ia.us) 515-669-8002  
Don Gookin – [dgookin@dhs.state.ia.us](mailto:dgookin@dhs.state.ia.us) 515-669-8001

**MHDS Community Division Administrator** – Marissa Eyanson

**Looking to have an office for IDD as well as the MHDS Community Division office**

**MHDS Facility Division Administrator:** Cory Turner (will supervise both MHI's, Cherokee and Independence + Woodward and Glenwood as well as Eldora Boy's State Training School) and will continue to be the Supt. Of Cherokee

**Adult, Children, and Family Services Division Administrator (formerly Child Welfare):** Janee Harvey

**CFO for IHHS** – Jess Benson

**Medical Director for IHHS** – Dr. Kruse (formerly Mercy One medical director)

**Deputy Director for IHHS** – Sara Reissetter – compliance division

**Glenwood and Woodward Resource Center Director:** Marsha Edgington

**Boy's State Training School Director:** Jason Sodders

Working on IHHS website, branding, logo, town halls, working on Table of organizations, programs, services, divisions – working with internal staff first

### **Dept. of Justice lawsuit -DHS presentation to Health & Human Services Budget committee on 2-2-22**

- June 2020 **Community Integration Strategic Plan** (7 pages) -came from Dept. of Justice investigation [https://dhs.iowa.gov/sites/default/files/DHS\\_BuildingTheCommunity\\_2020.pdf?061520201709](https://dhs.iowa.gov/sites/default/files/DHS_BuildingTheCommunity_2020.pdf?061520201709)
- DOJ Resource Center Investigation: <https://dhs.iowa.gov/do> - 2 consent decrees are in process – on Glenwood and ADA No consent decree yet. There is a second compliance investigation on not meeting ADA req.
- Community Integration Initiative: [https://dhs.iowa.gov/news\\_initiatives/community\\_integration\\_strategic\\_plan](https://dhs.iowa.gov/news_initiatives/community_integration_strategic_plan)
- **TRAC for Health** – stands for Transition Resources for Adult Care for Health – physical health assistance for ID/DD persons to move out of institutional care. Work with primary care doctors.
- **Community Ambassadors** – people who moved out of institutions and have been interviewed regarding their success
- **Iowa Community Resources Guide** – for individuals with ID or DD and their guardians and family members, in finding the information and supports they may need. ID/DD council w/Connie F put together the guide. The guide can be found here:<https://dhs.iowa.gov/sites/default/files/Comm569.pdf?121720201640>

### **Project managers hired:**

Diane Williams – Medicaid projects

Victoria – MHDS facility projects

Shelly Horak – strategic planning with Regions – DHS social determinants of health workgroup

**CMHC contracts** – Julie Maas in charge

MHDS Regions website: [Iowa MHDS Regions](#)

MHDS Regions and AEA website: <https://iowaaeamentalhealth.org>

DHS dashboard: [https://dhs.iowa.gov/dashboard\\_welcome](https://dhs.iowa.gov/dashboard_welcome)

Regional reports: <https://dhs.iowa.gov/mhds-providers/providers-regions/regions/annual-reports>

Regions will have performance-based contracts. The initial contracts will begin January 1, 2022 and be for 18 months. They will include a focus on standardizing data and outcomes collection, and evidence-based practices.

### **The Beacon achieves National Alliance for Recovery Residences accreditation**

[The Beacon](#), a women's recovery house in Des Moines, has become accredited by the National Alliance for Recovery Residences, which has 2,500 certified recovery houses across the nation. NARR is a nonprofit organization dedicated to expanding the availability of well-operated, ethical and supportive recovery housing. "Research from Harvard University indicates that recovery houses can decrease the average amount of time from onset of addiction to achieving the same quality of life as those who did not experience addiction from 15 years down to five years," said Melissa Vine, executive director of the Beacon. "We are honored to be the first in Iowa to complete this extensive and rigorous process and grateful for the support and insight we have received along the way." The Iowa Department of Public Health contacted the Beacon late last year with the desire to bring a standardized approach to services for those in recovery from substance use in Iowa through the NARR certification process. The Beacon serves adult women in Central Iowa who are experiencing homelessness due to domestic violence, incarceration or substance use by providing a trauma-informed residential facility and evidence-based programming and support.

**Recovery Community Centers** (IDPH \$) – 4 funded

1 – Crush of Iowa Center in Linn County - Cedar Rapids

3 - **Full Circle** – handling Dsm (Anawim and Beacon of Life), Council Bluffs, Sioux City

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**Aspire Grant** - TA on supported employment - working with Leeann Moskowitz (Medicaid HCBS Waiver and Health Home Policy) and Vienna Hoang – Iowa Vocational Rehab Services Director – **awarded DIF SWTCIE grant 2022 through 2027**

**Iowa’s IPS trainer and fidelity monitor was hired – Sherry Becker**

**Hope Haven** (Burlington) **Robert Young** (Jackson, Clinton, Cedar and Muscatine counties) **Vera French** (Scott county)

Vienna also oversees SILC program (SILC and 6 other centers, 85 Community Rehab programs and all of IVRS’s supported employment programs, maintaining federal and state policy manuals, while working on current, and new Relationships and doing trainings.

**Children’s State Board** – meet every other month

See [Children's Behavioral Health System State Board | Iowa Department of Human Services](#) – 9 AEA’s

**SF524 Inpatient bed tracking committee**

2022 report - Looking at increased pay due to acuity? How do we enhance the system to better identify beds available?

2023 workgroup - <https://dhs.iowa.gov/mhds/community-integration>

Part 2 report will be done in 2022 to address the 3 recommendations in the report indicated above

**First Episode Psychosis Navigate model** – other names are:

ESMI – is the acronym for Early Serious Mental Illness

Restore – Eyerly Ball

FERST - Abbe Center

Harmony -Siouxland MH Center

New program will be at Prairie Ridge

Total Opioid Deaths	Year	Total Suicides	24 and under	25 thru 44	45 thru 69	70 and older
Your Life Iowa						
	2000	288	51	115	78	44
	2001	304	67	97	102	38
	2002	310	55	122	96	37
	2003	351	58	118	131	44
	2004	345	60	119	127	39
	2005	331	57	120	120	34
	2006	336	57	121	126	32
	2007	331	49	116	130	36
	2008	383	55	138	148	42
	2009	368	56	129	135	48
	2010	375	49	118	163	45
	2011	423	58	150	174	41
	2012	380	65	141	140	34
	2013	445	66	148	172	59
	2014	409	72	117	177	43
	2015	424	77	139	166	42
176	2016	459	68	161	186	44
201	2017	470	85	151	173	61
136	2018	495	71	170	201	53
156	2019	521	81% increase from 2000- 2019			
208	2020	551	91% increase from 2000-2020			
229	2021	517	As of 12-30-21			
132	2022	342	As of 8-31-22			

2021-2022 data is preliminary and is subject to change

**Your Life Iowa has a suicide prevention marketing campaign** – focused to kids and caretakers – on U-tube and Tik Tok

With the drastic jump in suicides in Jan 2022 in Polk Co – CDC visited Iowa and did a data review and worked with local folks in Polk Co.

CDC will do more review and stand by epidemiologist – waiting for report from CDC visit. **receive report yet?**

Visit from SAMHSA in July – advised them we need a better parity situation in insurance and pointed out the gaps in the service array for kids in co-occurring illnesses, complex cases, and residential care.

- kids
- population health
- health equity

<https://yourlifeiowa.org/prevention/media-center/> - the location of Your Life Iowa videos and commercials



# Attachment to the IMHPC Agenda

Brain Health [www.brainhealth-now.org](http://www.brainhealth-now.org) – anti-stigma program  
New website for Infonet newsletters: <https://www.iowaddcouncil.org>  
[Iowa's Helping Community Workforce](#) – Tammy Nyden, Charlie Bruner

<https://www.iowaruralworkforce.org/> - website location developed by IDPH  
Greg Nelson – U. of Iowa – workforce maps – [Gregory-Nelson@uiowa.edu](mailto:Gregory-Nelson@uiowa.edu) – 641-903-1974  
Difference in numbers from 2014 AMOS workforce report to report given by Greg in 2021 for numbers effective for 2019

- Increased ARNP's 146 to 216
- Increased PA's 20 to 46
- Psychiatrists – 237 down to 223
- Child psychiatrists 35 down to 32
- Psychologists from 564 to 529
- Primary care doctors 6294 to less than 5927
- How many training locations do we now have?

Broadlawns psychiatric residency program – first 4 psychiatry graduates in 2022, 4 annually thereafter

DsM Mercy psychiatric residency program – first 4 psychiatry graduates in 2022, 4 annually thereafter

Mason City- Mercy psychiatric residency program – 3 psychiatry graduates in ?

U. of Iowa psychiatric residency program –9 psychiatry graduates per year

MHI's, Oakdale, Eldora psychiatry residency program– 12 psychiatry graduates per year

## **12 CCBHC's – they receive \$1M/yr for 2 years (some difference)**

Desired outcome is to provide services that enable clients to maintain their level of functioning over a length of time  
- other desired outcomes need to be determined  
Services are individually based – coordinate services for the whole person

Intensive Psychiatric Rehabilitation utilized

Have competitive salaries for staff

Some are adding urgent care

Increasing peer support and services

CCBHC is like a CMHC on steroids

There are 12 providers in Iowa receiving federal grants for CCBHC:

Abbe Center	Seasons Center,
Eyerly-Ball	Berryhill,
Hillcrest	Plains Area,
Robert Young	Elevate Housing Foundation
Heartland Family Services	Community Health Center-Leon
Prairie Ridge – Mason City	
Pathways – Bremer county (outside of Waterloo)	

**2022 - Another round of funding/applications anticipated**

**20 agencies applied – but awards not announced yet**

Who are new applicants for CCBHC grants?

Southern Iowa MH Center

Need agmt between CMS and SAMHSA – make CCBHC a provider type?

Iowa will apply to be a demonstration project – 10 states at a time

Possible map of CCDBG locations:

<https://www.thenationalcouncil.org/wp-content/uploads/2022/03/CCBHC-Location-List-updated-7.2.21.pdf>

## Evidence based practices

### **Iowa Center of Excellence for Behavioral Health**

Torrie Keith, UCEDD, training and fidelity  
Testing in the Iowa Mental health system

### **Certified Community Behavioral Health Clinics**

Health Management Associates – Joshua Rubin  
Laura Larkin  
115 standards to meet in 6 areas  
Using EBP's

*A planning grant is being applied for to determine how CCBHC's will be implemented state-wide*

### **MHDS Regions Evidence-based Practices**

**Workgroup** – training to implement EBP's

Find a complete list of **substance abuse providers** at: <https://idph.iowa.gov/substance-abuse/treatment>

**Private mental health providers** – whether an individual practicing alone, or a group of providers in a practice together. MH/DD Accredited Provider list can be found at:

[https://dhs.iowa.gov/sites/default/files/MHDDAccreditedProviders\\_30.pdf?080920200822](https://dhs.iowa.gov/sites/default/files/MHDDAccreditedProviders_30.pdf?080920200822)

**Community Mental Health Centers (CMHC)** – provide mental health services for individuals of all ages regardless of funding.

<https://yourlifeiowa.org/mental-health/cmhc>

**72 Federally Qualified Health Centers (FQHC)** - a reimbursement designation from HHS - community-based organizations that provide comprehensive primary care and preventive care, including health, oral, and mental health/substance abuse services to persons of all ages, regardless of their ability to pay or health insurance status.

<https://carelistings.com/find/federally-qualified-health-centers/iowa>

## Dept. of Education funding for school mental health

Federal **GEAR UP - \$5.6 M** ([Gaining Early Awareness and Readiness for Undergraduate Programs](#)) Iowa program, dedicated to significantly increasing the number of students prepared to enter and succeed in postsecondary education. The four-year program will be implemented in the following **11 partner districts**: [Centerville](#), [Clinton](#), [Columbus Junction](#), [Davenport](#), [Davis County](#), [Des Moines](#), [Fort Dodge](#), [Marshalltown](#), [Saydel](#), [South Tama](#) and [Storm Lake](#). GEAR UP Iowa Future Ready will guide students in those schools from ninth grade through their first year of postsecondary education.

Out of 327 school districts state-wide – 11 were assisted by this program

Future Ready Iowa: <https://www.futurereadyiowa.gov/college-list>

**GEAR II Grant** Applications, a competitive grant for mental health supports for public schools totaling \$8.6M. This grant includes coordination and delivery of mental health services and wraparound support to students, youth mental health first aid training and implementation, and suicide prevention services and programming. *Cedar Falls, Cedar Rapids, Center Point-Urbana, Charles City, Cherokee, Clear Lake, Clinton, College, Collins-Maxwell, Davenport, Davis City, Decorah, Denver, Diagonal, Dubuque, East Sac County, Grundy Center, Humboldt, Indianola, Iowa City, Keokuk, Knoxville, Lewis-Central, Maquoketa Valley, Marcus-Meriden-Cleghorn, Marion, Marshalltown, Monticello, New Hampton, New London, North Cedar, North Fayette Valley, North Scott, Northwood-Kensett, Olin, Oskaloosa, Ottumwa, PCM, Remsen-Union, Roland-Story, Seymour, Sheldon, Sioux City, South Central Calhoun, South Winneshiek, Southeast Warren, Spencer, Spirit Lake, Storm Lake, Tripoli, Underwood, Urbandale, Washington, Waverly-Shell Rock, Webster City, West Burlington, West Delaware County, Williamsburg, Winfield-Mt. Union, Woodbine, Woodbury Central.* **61 out of 327 school districts received awards** ranging from \$3763 to \$650,000. [GEER II - Mental Health Supports for Public PK-12 Schools Grant Awards | Iowa Department of Education \(educateiowa.gov\)](#)

## Out of 327 school districts 16 were assisted with therapeutic classroom grants

**Therapeutic classroom grants awarded for FY 21-22 to 6:** *Ames, Clinton, Eastern Allamakee, Hinton, Mt. Pleasant, and Washington* - In determining awards, equity across small, medium and large districts, distribution across [Iowa's Mental Health and Disability Services \(MHDS\) regions](#)

## Iowa Department of Education awards \$2.3M in therapeutic classroom grants for 22-23

The Iowa Department of Education [today awarded](#) more than \$2.3 million in grants to **10** school districts to establish therapeutic classrooms for students whose social-emotional or behavioral needs affect their ability to be successful in their current learning environment. "All students need support and resources that meet their individual needs," said Iowa Department of Education Director Ann Lebo. "The therapeutic classroom grants help schools build upon their great work to promote the overall well-being of students." Therapeutic supports in the classroom include social-emotional skill building, skills to cope with stress and trauma, mental health treatment, and crisis intervention and follow-up. This is the second round of funding from the Therapeutic Classroom Incentive Grant, which was established through state legislation in 2020.

- Ballard Community School District
- Bettendorf Community School District
- Charles City Community School District
- Coon Rapids-Bayard Community School District
- Council Bluffs Community School District
- Decorah Community School District
- Eddyville-Blakesburg-Fremont Community School District
- Monticello Community School District
- Williamsburg Community School District
- Woodbine Community School District

**Over 3 rounds, 27 of 327 received grants for school mental health training**

**Iowa Departments of Education, HHS award \$600K for school mental health training –the 3<sup>rd</sup> round of grants**

The Iowa Departments of Education and Health and Human Services awarded today 10 grants totaling \$600,000 to public school districts for training and coaching school health care workers on COVID response-and-recovery initiatives focused on social-emotional-behavioral health. The 10 school districts that received grants are: *Chariton, Dubuque, East Buchanan, Iowa City, Harlan, Logan Magnolia, North Mahaska, Muscatine, Mount Pleasant and Storm Lake*. According to a news release, the COVID-19 Public Health Workforce Supplement Funding grants will help school districts **enhance mental health literacy and expand capacity for addressing the social-emotional-behavioral health needs of students resulting from or exacerbated by the COVID-19 pandemic**. The grants can be used to cover costs associated with planning, training and coaching. The departments received \$4.5 million from the Center for Disease Control and Prevention for the grants, and this is the third and final round of funding. A total of 17 districts were awarded over \$1.3 million through the first two rounds of funding. Learn more about the grants on the [Iowa Department of Education's website](#).

**Iowa receives \$5.9M for new classroom grant program 9-30-22 – need due date for applications**

The U.S. Department of Education announced Thursday totaling nearly \$1 billion through the Bipartisan Safer Communities Act, which will fund state educational agencies' development of grant programs to provide students with safer and healthier learning environments. **Iowa has been allocated \$5.9 million of the funding**, according to a news release. "We have years of evidence that demonstrate **the value of building safe and supportive schools**. These efforts **improve academic achievement, promote emotional well-being, reduce disciplinary actions, and increase positive behaviors**," said U.S. Secretary of Education Miguel Cardona. "Safe and supportive schools help our children and youth overcome trauma and provide a strong foundation of emotional and physical safety. These grants will provide real benefits to real students in real schools." Cardona sent a letter to state educational agencies outlining **three principles** to consider when designing a competitive grant competition and providing direction locally for using the funds:

- 1)** create positive, inclusive and supportive school environments; and increase access to place-based interventions and services,
- 2)** engage students, families, educators, staff and community organizations in the selection and implementation of strategies and interventions to create safe, inclusive and supportive learning environments, and
- 3)** design and implement policies and practices that are responsive to underserved students, protect student rights, and demonstrate respect for student dignity and potential.

More information about the BSCA Stronger Connections grant program