

Mental Health Planning Council
November 16, 2022, 9:00 am to 2:15 pm
Zoom
Meeting Minutes – Approved 1.18.2023

MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Todd Lange
Sen. Nate Boulton	Megan Marsh
Leslie Carpenter	Christina Maulsby
Rachel Cecil	Katie McBurney
Linda Dettmann	Todd Noack
Jim Donoghue	Hannah Olson
Jen Gomez	Brad Richardson
Kyra Hawley	Kristin Rooff
Theresa Henderson	Dr. Shaad Swim
Vienna Hoang	Lorraine Uehling-Techel
Michael Kaufman	Monica Van Horn

MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:

Kenneth Briggs	Rep. Ann Meyer
Rep. Bob Kressig	Ed Murphy
Heaven Lorenz	Jennifer Robbins

OTHER ATTENDEES:

Theresa Armstrong	Devon McClurken
Jason Bridie	Paul Mulhausen
Wendy DePhillips	Libby Reekers
Maggie Ferguson	Flora Schmidt
Josephine Gittler	Vanessa Watson
Patti Manna	

Materials Referenced:

October 20, 2022, AM IMHPC Meeting Minutes – DRAFT
Joint MHDS Commission and IMHPC October 20, 2022, Meeting Minutes- DRAFT
IMHPC November 16, 2022, Agenda Attachment
IMHPC Council Policy 7-16-20
2023 Possible Legislative Priorities
Guardianship and Conservatorship for Adults with Mental Illness PPT
Gaps in Healthcare for the Elderly PPT

Welcome

Teresa Bomhoff called the meeting to order at 9:02 am. Quorum was established with 21 members attending. New members introduced themselves and provided background and their interest in the Council. All other members introduced themselves and who they represent on the Council.

Review and Approval of Meeting Minutes

Teresa Bomhoff entertained a motion to approve the October 20, 2022, AM Meeting Minutes as well as the October 20, 2022, Joint Meeting Minutes with the MHDS Commission. Rachel Cecil motioned to

approve both sets of minutes. Michael Kaufman seconded the motion. There was no discussion and the motion passed.

Nominations Committee Report

Vienna Hoang reviewed the current vacancies on the Planning Council, two individuals with lived experience/in recovery, two in the “other” category, two parent of a child with serious emotional disturbance (SED), and one parent of an adult child. Vienna noted that the Nominations Committee has received two new applications, Amy Robasse and Patti Whitmarsh. Vienna indicated that committee would need to meet to review the applications and will plan to provide a recommendation to the full Council for approval via email.

Vienna indicated that the following Council members, Rachel Cecil, Vienna Hoang, Linda Dettmann, Megan Marsh, and Hannah Olson have all indicated that they were interested in serving another three-year term on the Planning Council. Vienna noted that she had yet to hear from Jennifer Robbins about her interest and that Michele Tilotta would have to be replaced with a reappointment from HHS as she had accepted a new job and would no longer be working out of the Bureau of Substance Abuse. Teresa Bomhoff indicated that she would entertain a motion to approve the slate of members, Rachel Cecil, Vienna Hoang, Linda Dettmann, Megan Marsh, and Hannah Olson for another three-year term. Michael Kauffman motioned to approve the slate of members for reappointment and was seconded by Rachel Cecil. There was no discussion, and the motion was approved.

Vienna indicated that an email was sent out the Planning Council members for the election of officers for 2023 using a ballot survey. Vienna indicated that the participation for the survey was low with only ten members voting, but the officers for 2023 are Teresa Bomhoff as Council Chair, Brad Richardson as Vice Chair and Kyra Hawley as Secretary.

Teresa Bomhoff indicated that there was a vacancy on the Nominations Committee, and that Vienna Hoang needed to step down as Chair of the committee. Teresa indicated that she would entertain nominations for appointment. Leslie Carpenter volunteered to join the Nominations Committee but indicated that she did not want to be appointed Chair. Lorraine Uehling-Techel motioned to approve Leslie Carpenter to the Nominations Committee and was seconded by Jen Gomez. There was no additional discussion, and the motion was approved. Teresa noted that the committee would need to meet prior to the next Planning Council meeting to appoint a new committee Chair.

Finally, Vienna indicated that the Nominations had made recent updates to the Planning Council's application form. These updates include requiring a letter of recommendation instead of just recommending it as well as removing the portion where the applicant notes their age and replacing it with a check box where the applicant can check that they are at least 16 years old, which is the minimum age noted in the Council's Bylaws.

Monitoring and Oversight Committee Report

Teresa Bomhoff noted that the Monitoring and Oversight (M/O) Committee had not met in October and November as two members had resigned from the Planning Council including the Committee Chair, Donna Richard-Langer. Teresa entertained the nomination of new members to the M/O Committee. Todd Noack volunteered for the committee noting that he would recuse himself from anything relating to his contract, LifeConnections, Iowa Peer Workforce Collaborative, and the other peer support contracts. Katie McBurney also volunteered to join the committee. Rachel Cecil motioned to approve Todd Noack and Katie McBurney to the M/O Committee. Kristin Rooff seconded the motion. Both Todd and Katie were approved as members of the M/O Committee. Teresa noted that the committee would need to set up a meeting to appoint a new committee Chair prior to the next Planning Council meeting.

Workgroup Discussion

Teresa noted that there were several Council members who had yet to join a committee or workgroup. Teresa questioned if all the workgroups were still relevant and if there were any volunteers for specific groups. Todd Noack volunteered for the Outreach and Marketing Workgroup, Monica Van Horn volunteered for the Public Safety Workgroup, Christina Maulsby volunteered for the Legislative and the

Children's workgroup, Leslie Carpenter volunteered for the Public Safety Workgroup, and Theresa Henderson volunteered for the Bylaws/Policy/Procedure Workgroup. Teresa provided some background on the work of each of the workgroups and noted that members could reach out to Wendy to set up a Zoom meeting for them.

Additional Updates

Todd Lange provided an update on peer work. Todd provided background on peer workforce, including the development of the request for proposal by HHS for the peer run organizations, the work of the four grantees, and the utilization of peer support as well as the discussion of these topics by the Planning Council. Todd noted that he stays in connection with peer organizations to discuss how things are going and how best to collaborate with others. Todd provided some background on peer recovery centers in the state as well as recent contact with the Iowa Peer Workforce Collaborative.

Teresa Bomhoff provided an update on available inpatient beds available noting the difference from October 2021 to November 2022. There was discussion regarding the waiting list for Psychiatric Medical Institutes for Children. Wendy will send Teresa an inpatient bed tracking report that can be shared with Council members. There was discussion regarding community integration as well as lack of inpatient beds. Teresa noted that there was a free dementia care summit given by the Alzheimer's Association at Polk County River Place in Des Moines on December 2, 2022.

Council Policy Discussion

Teresa Bomhoff reviewed the Iowa Mental Health Planning and Advisory Council policy document noting possible areas for updates. Teresa indicated that she would send the policy document as well as the current Council Bylaws to the Bylaws/Policy/Procedures Committee to be updated and to bring the updated versions back to the Council for approval.

First Look at Possible Legislative Priorities

Teresa Bomhoff reviewed the possible legislative priorities document, noting that the priorities came from several other organizations, boards, individuals, etc. Teresa requested that if members had priorities for consideration to send them to her and they would be sent to the Legislative Workgroup for consideration. The workgroup will finalize the priorities and bring them to the full Council at the January meeting.

HHS Update

HHS Alignment

Theresa Armstrong informed the Council that the Division of Behavioral Health and Disability Services (BHDS) has moved from the Hoover State Office Building is now located at the Lucas Building. Theresa indicated that the Contracts Division (legacy DHS) had also moved to the Lucas Building with the Fiscal Division (legacy IDPH) moved to Hoover. Theresa indicated that two key leadership positions have been announced. Janee Harvey has been appointed the Administrator of the Family Wellbeing and Protection Division and Erin Drinnin has been appointed the Administrator of the Community Access Division. HHS is also working on a combined website for the agency. Any additional website changes will come after the combination, so information isn't lost.

Certified Community Behavioral Health Clinics (CCBHCs)

Theresa indicated that HHS has received information from the Planning Council and the MHDS Commission following Health Management Associations (HMA), Josh Rubins presentation on the CCBHC Planning Grant at the joint meeting in October. Theresa indicated that the planning grant was extremely competitive with 40 states having the option to apply and only 15 states will be awarded the opportunity to apply to be a demonstration state. SAMHSA does have a goal that every two years ten new demonstration states will be announced. The planning grant is due to SAMHSA by 12/15/2022 with an announcement likely in March 2023. HMA did sit down with HHS staff to start to layout the application and be seeking out additional stakeholder feedback. Individuals can also contact Laura Larkin or Theresa Armstrong with feedback.

988

The National Suicide Prevention Lifeline (NSLP) is now 988 Suicide and Crisis Lifeline, which launched on July 16, 2022. 988 is the three-digit number to call for individuals in suicidal crisis or emotional distress. Iowa has two lifeline call centers, CommUnity and Foundation 2. Year one activities have consisted of building staff capacity at the two facilities. In August they had a 93% answer rate with almost 1600 calls and September saw just over 1600 calls with a 94% answer rate. Only 36 calls have had to go to a backup center and 309 calls were forwarded to the veteran's line. This can be done by dialing 988 where you will be given an option of speaking to a veteran by pressing a number. The veteran's line is answered specifically by veterans experienced in crisis and is not available at the two 988 call centers.

HHS has received additional funding from SAMHSA (\$458,000), which HHS will be using for statewide marketing and training for 911 providers. The plan for 988 and suicide prevention will be working with Your Life Iowa to intensify marketing, including doing some data tracking to help with focused marketing. There is also current work to implement warm handoffs from 988 call-in centers to mobile response dispatch providers.

There was discussion regarding marketing to individuals who don't use technology including the possibility of using billboards or signage in rural areas, radio spots, physical newspapers, posting at city and county buildings, local recreational education centers (RECs), bars and hair salons or talking to the Department of Transportation about adding information to the signs on the interstates. There was also discussion regarding connecting with Farm Bureau.

Bipartisan Safer Communities Act

Through the Bipartisan Safe Communities Act \$621,948 was awarded to Iowa through the Mental Health Block Grant (MHBG) to target on building up response to crisis, emergencies, and traumatic events. These funds must be spent by October 16, 2024. The plan for these funds is due to SAMHSA by December 1, 2022.

DOJ Investigation

HHS is still waiting on final consent decree for the State Resource Center report, specifically they are waiting for signatures. HHS still doesn't have a monitor in place and is still in the search process. HHS is still waiting on the second part of the report related to ADA compliance. However, HHS continues to work on community integration and the array of necessary services

Intensive Residential Services Homes

Theresa Armstrong indicated that three IRSH programs have been designated in the state with Lakes Life Skills (designated and taking referrals), and Trivium & First Resources (designated, and in the process of reviewing referrals). Theresa noted that Inspiring Lives is pending designation. Theresa noted that the purpose of IRSH is to serve individuals with the most intensive severe and persistent mental health conditions who have functional impairments and may also have multi-occurring conditions. Intensive residential services provide intensive 24-hour supervision, behavioral health services, and other supportive services in a community-based residential setting. There was discussion regarding the pay rate for IRSH direct care staff.

Provider Prevention and Support Services

Iowa Medicaid issued a Request for Proposal (RFP) approximately seven months ago for Provider Prevention and Support Services (PPSS) and has been awarded to Elevate, who is a current provider of ISTART in the County Social Services (CSS) Region. Currently they are in contract negotiations. Funding for the PPSS program is through a grant from Money Follows the Person (MFP). The PPSS is currently only in the CSS Region but will eventually be offered statewide. There will be care coordination teams in all four quadrants of the state that include peer support specialists as well as mental health clinical staff as part of the team.

PPSS identifies specifically what needs to be in an individual's behavior plan and teaches the provider how to implement the plan, as well as being there during a crisis to help the provider and individual with managing the crisis. Medicaid also built in that there had to be crisis stabilization residential and mobile response. Elevate doesn't have to have the service, but they must work closely with current providers in the communities to ensure that services are available, including being available for individuals with intellectual disabilities.

Agenda Attachment Review

Teresa Bomhoff reviewed the agenda attachment with the Council making additions or deletions based on input from Theresa Armstrong. There was discussion regarding 988 and area code issues. Vibrant, the 988-implementation contractor for SAMHSA, is looking at how to solve this issue. Calls currently go to where the area code is. It was noted that HHS is looking at how to sustain programs such as peer run organizations when federal grant dollars end as well as adopting standards for peer wellness centers. There was discussion regarding the section on the Medicaid Plan for ARPA funding to support HCBS and an update given on what pilot projects Medicaid is currently doing. Council members were encouraged to look at the updated spend plan on the website for more details.

Iowa Mental Health Planning and Advisory Council took a break at 12:05 p.m. and reconvened at 12:30 p.m.

Guardianship & Conservatorship

Professor Josephine Gittler, JD, University of Iowa College of Law provided a thorough PowerPoint presentation on Guardianship and Conservatorship for Adults with Mental Illness. There was discussion regarding a bill that was introduced in the 2022 legislative session that didn't make it through. There was discussion on the difficulty in finding attorneys that are willing to assist with guardianship and/or conservatorship.

Healthcare Gaps for the Aging

Paul Mulhausen, MD, Medical Director, Iowa Total Care introduced himself, provided some of his background as a geriatrician and presented on Gaps in Healthcare for the Elderly. He prefaced that the information he has submitted is as a private person and not representing his employer.

There was discussion regarding areas of focus for the Council including healthcare workforce to meet the needs of older adults, and management of behavioral and psychological symptoms of individuals with dementia. It was noted that Iowa Caregivers Association had developed training packages, but it but have not developed ones for mental health or dementia at this time. Dr. Mulhausen noted that Mary Ann Smith at the University of Iowa School of Nursing was an expert in this field. There was discussion regarding family caregivers for individuals with dementia and how can these individuals be supported. There was discussion regarding the Alzheimer's Association Dementia Summit on December 2nd at Polk County River Place in Des Moines.

There was discussion regarding the difficulty in placing individuals who need a certain level of care who also have psychiatric needs. It was noted that Hope Harbor as the only geropsychiatric inpatient facility in the state. There was discussion regarding the difficulty in finding services and the lack of available workforce for older lowans in rural areas. There was discussion regarding the county public health system and the importance of their work, especially in rural areas, as well as public health care funds and gaps.

There was discussion regarding financial issues that older lowans are facing and the need to plan for living longer. There was discussion regarding cognitive rehabilitation its benefits as well as the issues around its use, as well as occupational therapists, fall risks and prevention to help individuals age in-home if possible. The difficulty in placing individuals who need a certain LOC who also have psychiatric needs.

Public Comment

No public comment

Adjourn

The meeting adjourned at 2:24 p.m.