



Iowa Geriatric Education Center

SEARCH

Home GeraLearning Staff Well-Being Training Continuing Education Partner Resources Caregiver Training



Our Focus



Dementia Friendly

The Dementia Friendly movement strives to educate and engage all members of the



Age Friendly Health Systems

Being an Age-Friendly Health System means providing safe, high-quality care to all older



Staff Well-Being Training

This no-cost, collaborative online training series introduces the Age-Friendly care framework for

The **Geriatrics Workforce Enhancement Program (GWEP)** is funded by the Health Resources and Services Administration (HRSA).

The **Iowa Geriatric Education Center (IGEC)**, pictured here, hosts diverse asynchronous training programs used by distance learners state- and nation-wide.

Welcome!!

The Iowa GWEP builds on a 15-year history of HRSA funding as a geriatric education center. The IGEC provides distance learning options to students, practitioners, and faculty, along with older adults and family caregivers across Iowa and the nation.



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Project Director



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5 objectives span 16 activities to address **Age-Friendly** Health Systems and communities; **Dementia Friendly** communities; fall prevention; medication safety; mental and cognitive health; unplanned transfers; and more!

Partners and Collaborators represent older adult care and services in senior living settings, veterans care, emergency departments, critical access hospitals, area agencies on aging, primary care settings, and academic programs and departments.



- Western Home Communities
- Quad Cities Senior Care Coalition
- UIHC Post-Acute Care Collaborative
- Iowa Area Agencies on Aging
- Dementia Friendly Iowa
- Oklahoma City VA Health Care System
- Telligen Quality Improvement
- UIHC Emergency Department
- Many more!!





- Staff Well-Being
- Age-Friendly Health Systems
- Dementia Friendly Communities
- Medication Safety
- Fall Prevention
- Family Involvement in Care
- Dementia Caregivers
- Many others!

Supporting Dementia Friendly Social Movements

- Adapting Dementia Friendly USA materials for senior living
- Supporting community adoption
- Advancing Dementia Friends, Dementia Friendly Communities throughout Iowa

The screenshot shows the homepage of the Dementia Friends USA website. At the top left is the logo for Dementia Friends USA, featuring a blue and yellow flower icon. To the right of the logo is a search bar. Below the logo is the text "Join the Movement! Become a Dementia Friend." followed by a paragraph: "A Dementia Friend learns about dementia and then turns that understanding into action. We all have a part to play in creating dementia friendly communities!". Below this is a large blue box with the text "There Are More Than 87,000 Dementia Friends Across the Country". To the right of the text is an isometric illustration of a town with various buildings and icons: a bus, a bank, a police station, a library, and a grocery store. At the bottom of the page is a green banner with the text "Become a Dementia Friend →" and "Learn more and follow the steps to become a Dementia Friend." followed by a blue button that says "Become a Dementia Friend Today!".

Partnerships to Improve Care

- 12 short learning modules for STAFF

Family Involvement in Care

- 10 short learning modules for FAMILY

Companion training focused on

- Family Involvement in Care model
- Person-centered care approaches
- Goal-directed care in dementia



Dementia Friendly Iowa

- Northeast Iowa Area Agency on Aging | Megan Zimmerman, Master Trainer
- **Dementia Friendly Communities, Dementia Friends**

Supporting communities where people with dementia can **live and thrive.**

Dementia Friendly Iowa promotes change and education in communities to create a more welcoming, safe, and respectful space for people living with dementia and their caregivers.

Dementia Friendly Iowa is an initiative of the **Northeast Iowa Area Agency on Aging.**

Join our mission- **get involved!**



- 3664 people attended 310 Dementia Friends sessions
- 95 Dementia Friends Champions (trainers) in 27 counties
- 5 Dementia Friendly Community initiatives



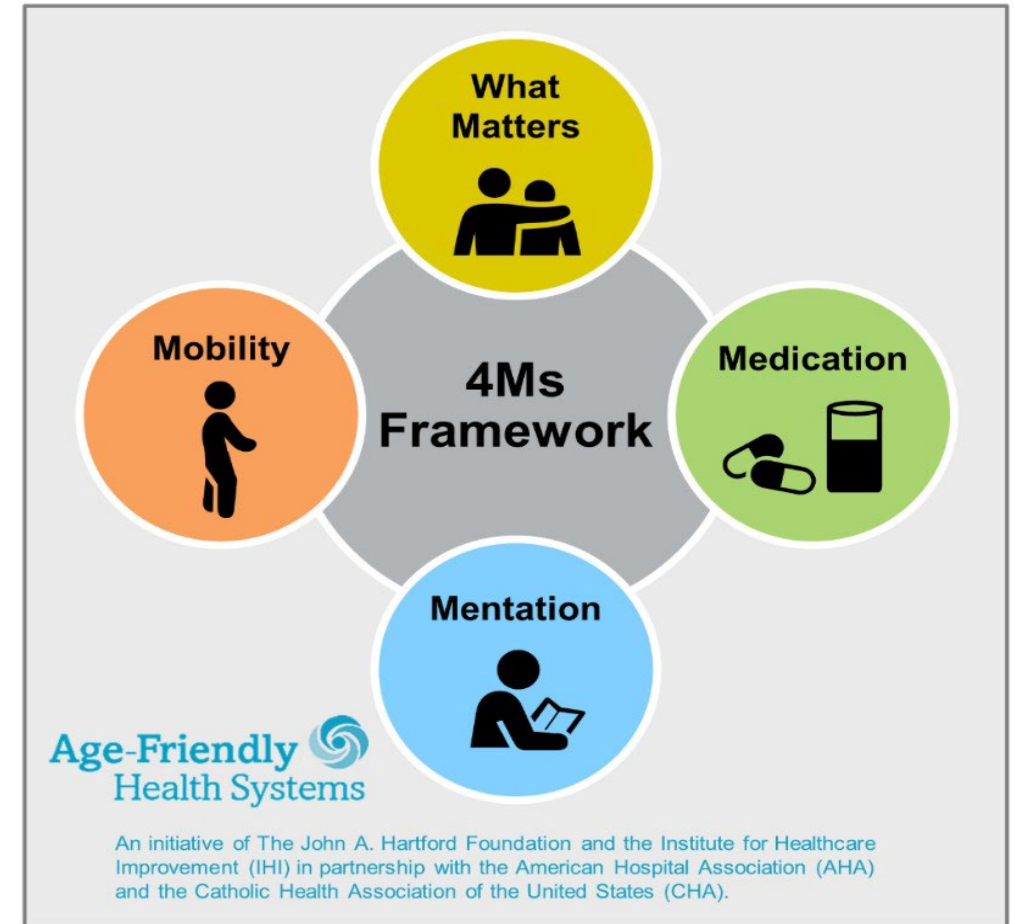
Western Home Communities



- Research projects
- Training projects
- **Dementia Friends** social movement & practice change
 - ✓ Training all staff as Dementia Friends
 - ✓ Expanding training to older adults living across their campus
- Active participants in **Dementia Friendly Cedar Valley** (DF Community movement)

Advancing Age-Friendly Health Systems Training

- **A framework**, not a program, but a shift in how we provide care to older adults
- Supporting adoption among partners
 - ✓ University of Iowa ED
 - ✓ Oaknoll Retirement Community
 - ✓ UIHC Post-Acute Care Collaborative
 - ✓ Johnson County Quality Collaboration
 - ✓ Quad Cities Senior Care Coalition
- Training for students, providers, caregivers and older adults



Quad Cities Senior Care Coalition

- 2 large health systems: Genesis, UnityPoint Trinity
- >25 nursing care organizations in 4 counties surrounding QC
- Focus: improving quality of care, reducing unplanned transfers
- Practice change programs: sepsis, COPD, palliative care, Age-Friendly approaches

