

IOWA

Barbara and Richard Csomay Center for Gerontological Excellence

CENTER OVERVIEW

Fall 2022

Working on solutions - Csomay Center

The screenshot shows the homepage of the Iowa Csomay Center. At the top, a yellow navigation bar contains the 'IOWA' logo, 'Csomay Center', and a 'Give a Gift' link with a search icon. Below this is a white navigation menu with links for 'About Us', 'Partnerships', 'Practice and Training', 'Research', 'Resources', and 'Equity'. The main content area features a large image of smiling elderly people. On the left, the text 'Csomay Center' is displayed above a yellow 'ABOUT US' button with a right-pointing arrow. Below the image, three dark grey buttons with white text and plus icons are labeled 'Caregiver Resources', 'Geriatric Pain', and 'Give a Gift'. Below the image, the 'IOWA' logo is followed by the text: 'The mission of the **Barbara and Richard Csomay Center for Gerontological Excellence** is to advance innovations in research, education, and practice to promote optimal aging and quality-of-life in all older adults and their caregivers.' At the bottom, a yellow footer bar contains three dark grey buttons with white text: 'COMMUNITY OF SCHOLARS', '21-22 ANNUAL REPORT', and '22-27 STRATEGIC PLAN'.

<https://csomaycenter.uiowa.edu/>

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Guiding Principles

Mission



To advance innovations in research, education, and practice to promote optimal aging and quality of life for all older adults and their caregivers

Vision

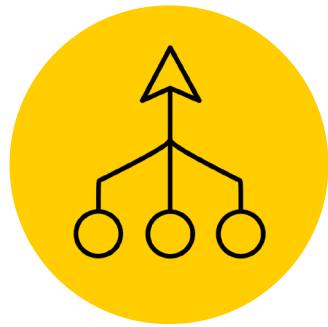


Every older adult receives the care they want, when they want

Working on solutions



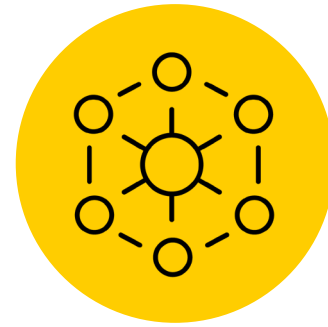
**Age-friendly
practices**



**Pipeline of
professionals**



**Visibility and
engagement**



**Diverse
partnerships**



**Sustainable
resources**

STRATEGIC PLAN 2022-2027

Interdisciplinary Leadership



Harleah Buck, PhD, RN, FPCN, FAHA, FAAN, Director, Csomay Center



Keela Herr, PhD, RN, FAAN, AGSF, Co-Director, Csomay Center



Kathleen Buckwalter, PhD, RN, FAAN, Professor Emeritus, University of Iowa College of Nursing



Larry Newman, DNP, RN, AGPCNP-BC, Director of the Primary Care AGNP Program, College of Nursing



Ryan Carnahan, PharmD, MS, BCPP, Professor, Director of Graduate Studies, College of Public Health



Dayna Ballantyne, MSW, University of Iowa Center for Advancement, Director of Development, College of Nursing



Kathryn Machovsky, Ed.D, Exec Dir of Comms, Alumni and External Relations



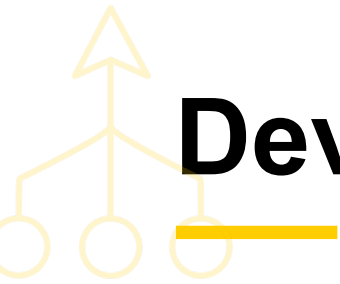
Wen Liu, PhD, RN, Associate Professor, College of Nursing



Leonard A. Sandler, BS, JD, Clinical Professor of Law, College of Law



Amy Colbert, PhD, Professor of Management and Entrepreneurship, Tippie College of Business



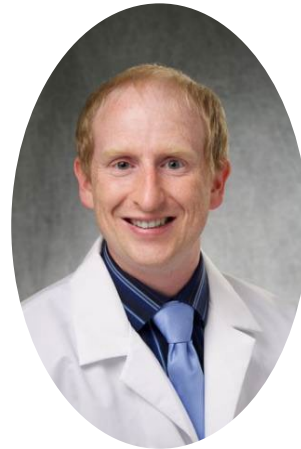
Developing Future Leaders



Juliana de Souza Talarico, PhD, RN,
Associate Professor, University of Iowa
College of Nursing; Director, Csomay
Community of Scholars



Sato Ashida, PhD, Associate
Professor, Dept of Community and
Behavioral Health, College of
Public Health



Nicholas Butler, MD, MBA,
Clinical Associate Professor of Family
Medicine, University of Iowa Health Care,
Carver College of Medicine



Nadia Sabbagh Steinberg, MSW, PhD,
Lecturer; Coordinator for Aging and
Longevity Studies Program, University
of Iowa School of Social Work



Evelynn Stephens
Administrative Services
Coordinator, College of Nursing

Strategic Plan 2022-2027

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Csomay Center



Strategic Plan 2022-2027


IDA IOWA DEPARTMENT ON AGING

About Health & Nutrition Elder Justice & Adult Protective Services Senior Employment Disaster Resources Office of the State Long-Term Care Ombudsman Caregiver Resources Senior Supportive Services AmeriCorps Seniors

The Iowa Department on Aging

The Iowa Department on Aging strives to improve the quality of life of older Iowans by connecting them to services provided by Iowa's six Area Agencies on Aging. Learn how you or your loved one can connect to nutrition services, caregiver support, case management, and more

Find Your Area Agency on Aging




Annual Report

2021-2022



Csomay Research Grants

The center's longstanding commitment to research creates knowledge that transitions directly into practice, improving the care and treatment of older people. Generous donors support research that is administered by the Center. While donors' aims may vary, the overarching goal is to promote best gerontological practices.

Barbara and Richard Csomay Gerontology Research Award for Faculty (\$15,000)

The purpose of this award is to enhance optimal health and well-being and improve care and treatment of older persons through research in diverse settings. Applications must use an interdisciplinary team approach that includes a minimum of two professional disciplines.

Available to: Faculty

Barbara and Richard Csomay Gerontology Research Award for PhD Students and Postdoctoral Fellows (\$3,000)

The purpose of this award is to enhance optimal health and well-being and improve care and treatment of older persons through research in diverse settings.

Available to: PhD students and postdoctoral fellows

Woodrow W. Morris Gerontology Research Award for Faculty (\$5,000)

The purpose of this award is to support research that focuses on the resources, statuses, abilities, and needs of older persons.

Available to: Faculty

Jo Hoyt Freeman Dementia Education and Outreach Fund (\$10,000)

The purpose of this award is to support research that focuses on dementia education and outreach. Preference is given for projects that use a "train the trainer" approach and include a "champion team" of registered nurses and/or certified nursing assistants within each designated facility who will lead the project.

Available to: Faculty

Age-Friendly
Practices

Pipeline of
Interprofessionals

Diverse
Partnerships

Sustainable
Resources

Annual Report 2021-2022

Science of Aging Central Hub

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Office of the Vice President for Research

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IMPACT & NEWS ▾

COVID-19

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Virtual Aging Health Speed Networking



Are you interested in advancing innovations in research, education, and practice to maximize optimal aging and quality-of-life in all older adults and their families? Are you looking for collaborators to explore new dimensions of aging health research? Then the Aging Health Speed Networking event is an exciting answer for you! Speed Networking is designed to help you quickly meet new collaborators and brainstorm novel ideas leading to potential new avenues for your research and funding portfolio.

Aging Health

Aging has become one of the great public health crises and opportunities worldwide. According to the [National Institute of Aging](#), "Older people are a rapidly growing proportion of the world's population, doubling from 12% (~1 billion) in 2020 to 22% (~2 billion) by 2050". This demographic shift has been and will continue to bring major challenges as well as opportunities to current health care systems and social services. Aging health is associated with multilevel social determinants including personal genetics and characteristics, interpersonal networks and relationships, as well as physical and social environments, community resources, and relevant policies. Aging affects many aspects of personal and public life, including declining physical and mental capacity, growing risks of multimorbidity, acute and long-term health care needs and costs, work and retirement, transportation and relocations, loss of social relationships, and death of friends and partners. In responses to population aging, multidisciplinary investigations and continuing innovations are warranted to address the challenges facing our communities, our nation, and the world.

Annual Report 2021-2022

Palliative Care Incubator



Palliative Care Incubator

Palliative care is for people of any age, and at any stage in a serious illness, whether that illness is curable, chronic or life-threatening with a goal of improving quality of life by relieving symptoms and stress. The University of Iowa has a strong history of clinical and educational preparation for palliative care but has not had a central research hub for palliative care experts to meet and develop scientific studies and grant applications. Earlier this year, the Csomay Center has convened a steering committee to explore creating a Palliative Care Incubator to address this gap. Over the next year quarterly meetings will be held which will develop leadership and protocols to advance this initiative under the direction of the Center Leadership Team.



“Addressing the challenges of people with serious illness requires creative thinking from diverse disciplinary perspectives. An incubator that brings expertise from across the UI and community has the potential to be transformative in creating new solutions for palliative care concerns.” – Keela Herr, Co-director of the Csomay Center



- Age-Friendly Practices
- Pipeline of Interprofessionals
- Diverse Partnerships
- Visibility & Engagement
- Sustainable Resources

Resources for Clinicians, Older adults & Caregivers

GeriatricPain.org

SEARCH

[Clinicians](#) [Older Adults](#) [Family Caregivers](#) [About Us](#) [Contact Us](#)

Provides quality pain resources and tools to clinicians, older adults, and family caregivers



Welcome

to **geriatricpain.org**

The Marilyn H. Bowers Dementia Education and Outreach Fund supports the development and continuance of the GeriatricPain.org's caregiver section

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Board of Regents
State of Iowa

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Building Partnerships across Iowa



Csomay Partners

- AARP Iowa
- Aging and Longevity Studies Program – UI School of Social Work
- Alzheimer’s Association Iowa
- Estate Planning Clinic – UI College of Law
- Injury Prevention Research Center – UI College of Public Health
- Institute on Guardianship and Conservatorship – UI College of Law
- Iowa Center for Research by Undergraduates (ICRU)
- Iowa Department on Aging
- Iowa Geriatric Education Center/Geriatric Workforce Enhancement Program
- Iowa Initiative for Sustainable Communities
- Iowa Neuroscience Institute – UI Carver College of Medicine
- Iowa Veterans Home
- Midwest Nursing Research Society – Gero Research Interest Group
- Milestones Area Agency on Aging
- Oaknoll Retirement Residence
- UI Research Development Office (RDO)
- University of Iowa
- UI Center for Advancement
- Western Homes Communities

Thoreson Initiative

- On July 22, 2022, The University of Iowa Center for Advancement announced that J.D. and Jill Thoreson of Mason City, Iowa, had pledged \$500,000 to establish the **JD and Jill Thoreson Optimal Aging Initiative Fund**.
- J.D. Thoreson, M.D., is a retired gastroenterology physician who has served Mason City for decades. Jill Thoreson is a retired speech pathologist who, in addition to teaching, has spent years as a caregiver for aging loved ones.

The logo for the University of Iowa, featuring the word "IOWA" in a bold, yellow, serif font.

Center for Advancement

Contact

- Website: CsomayCenter.uiowa.edu
- Csomay Coordinator: Samantha-Wittrock@uiowa.edu
- Csomay Director: Harleah-Buck@uiowa.edu

• Follow us on:

Facebook: [iowa.csomay.ctr](https://www.facebook.com/iowa.csomay.ctr)

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• Join our listserv:

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