A Changing Population of Clients & Healthcare Professionals in the Future



### Reality- primary care



- 25% of visits recorded in primary care are for people who have a psychiatric disorder.
- Nearly 50% of patients with chronic medical diseases have comorbid behavioral health conditions
- Up to 70% of patients are under recognized or undertreated

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## Fragmented health care

#### Inadequate Consultation

Difficulty accessing Primary Care

#### Lack of clear lines of responsibility

Potential for injury

#### The Problem



-S193b Serious mental illness costs America \$193.2 billion in lost earning every year.<sup>3</sup> Those with a Mental Health condition die **25 years** earlier then their peers!!

Iowa ranks as 49<sup>th</sup> worst state in mental health care



**5% of patients** account for <u>nearly</u> <u>half</u> of the nation's total spending on health care.

#### High-needs patients



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#### The new vision

- Integration of behavioral and primary health care
  - Increased access to care
  - Coordination of care
  - Cost savings
- Nurse-designed model of care
  - Health holistically defined
  - Individual and family- and community-centric approach to care
  - Relationship-based care
  - Shift from episodic individual care to continuous group or public health approach
- Dually certified NPs/DNPs

# Problem



Iowa Department of Human Services

- Chronic disease drives costs
  - 5% account for 48% of acute care costs
- Dual eligible (eligible for Medicare and Medicaid)
  - 50% of dual eligible are adults with Serious Mental Illness
  - 70,000 dual eligible adults cost >\$1 billion dollars