

**Mental Health Planning Council**  
**March 15, 2023, 9:00 am to 1:00 pm**  
**Zoom**  
**Meeting Minutes – Approved 5.17.2023**

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**MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:**

Teresa Bomhoff	Katie McBurney
Leslie Carpenter	Mary McKinnell
Rachel Cecil	Ed Murphy
Jim Donoghue	Todd Noack
Jen Gomez	Hannah Olson
Kyra Hawley	Kristin Roof
Theresa Henderson	Lorraine Uehling-Techel
Michael Kaufman	Monica Van Horn
Todd Lange	Patricia Whitmarsh
Megan Marsh	Edward Wollner
Christina Maulsby	

**MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:**

Kenneth Briggs	Heaven Lorenz
Sen. Claire Celsi	Rep. Ann Meyer
Linda Dettmann	Brad Richardson
Rep. Bob Kressig	Dr. Shaad Swim
Vienna Hoang	

**OTHER ATTENDEES:**

Wendy DePhillips	Devon McClurken
Jenny Erdman	Caleb Prevo
Torie Keith	Libby Reekers
Brenna Koedam	Flora Schmidt
Julie Maas	Jill Vogel
Patti Manna	

**Materials Referenced:**

*January 18, 2023, IMHPC Meeting Minutes – DRAFT*  
*Committees and Workgroups*  
*IMHPC Policy 1-18-23*  
*IMHPC Bylaws 1-18-23*  
*HSB126 Analysis of Reorganization of State Government*  
*2023 First Funnel Results – UPDATED*  
*Center of Excellence for Behavioral Health- Updated March 2023*  
*Attachment to Agenda*

**Welcome**

Teresa Bomhoff called the meeting to order at 9:05 am. Quorum was established with 21 members attending. Teresa introduced herself and led introductions of Council members.

**Update on Peer Support Services**

Todd Lange noted that an email was sent out to the Council on Monday with information on statewide peer support resources as well as the upcoming Peer Support Summit. Todd reviewed this information sharing that these resources consisted of the Abbe Statewide Warm Line, R Place in Iowa City which

has remote peer support as well as virtual support groups including the only “Hearing Voices, Special Messages” group in the state, as well as Rhonda’s House, which is a peer run respite house in DeWitt, but is open to statewide referrals. Todd noted that LifeConnections which operates Rhonda’s House also has a virtual recovery center available. Todd also noted that the Iowa Peer Network was putting on the 1<sup>st</sup> Annual Statewide Conference Peer Support Summit to be held in West Des Moines on May 19 and 20, 2023. Todd indicated that block grant dollars fund many of these programs. Todd encouraged Council members to share the resource information as well as the peer support summit. Finally, Todd notified the Council that he had put together an inventory of peer support services in the state, which he updated regularly.

There was discussion regarding the warm line and where funding for peer run organizations will come from in the future. There was discussion regarding legislation that was introduced that would make changes to the state boards and commissions. There was discussion regarding the Certified Community Behavioral Health Clinic (CCBHC) planning grant and opportunities around CCBHCs including opportunities for peer support services to address some of the workforce issues experienced by CCBHCs.

### **Review and Approval of Meeting Minutes**

Teresa Bomhoff entertained a motion to approve the January 18, 2023, meeting minutes. Jen Gomez motioned to approve the minutes. Kristin Roof seconded the motion. There was no discussion, the motion passed, and the minutes were approved.

### **Nominations Committee Report**

Jen Gomez stated that the Nominations Committee had received and reviewed an application from Nina Richtman from Des Moines to fill the Parent of a Child with SED vacancy on the Iowa Mental Health Planning Council. Jen noted that the Nominations Committee recommended Nina’s application for approval by the full Council. There was no additional discussion on the application. Todd Noack motioned to approve Nina Richtman’s application to the Planning Council. Todd Lange seconded the motion. There was no discussion, and the motion was approved.

Jen welcomed Mary McKinnell, who was a new member to the Planning Council filling one of the public/private seats. It was also noted that Heaven Lorenz had missed more than three consecutive meetings and that her seat would be declared vacant, which would leave the following Council vacancies, one family member of an individual with serious mental illness, two individuals with experience/in recovery, two “other” category, and one public/private vacancy to be filled by a staff nomination from the Iowa Health and Human Services with a focus on substance use disorders.

### **Monitoring and Oversight Committee Report**

Theresa Henderson indicated that the Monitoring and Oversight Committee met with Laura Larkin, HHS, in March to review the Systems of Care (SOC) contracts. There are currently five providers of Systems of Care with six separate contracts. Orchard Place has two contracts. One for Polk and Warren Counties and one for Dallas and Madison Counties. The other organizations include Ellipsis, Four Oaks, Tanager Place, and the University of Iowa Circle of Care. The contracts provide Integrated Health Home (IHH) coordination and funding for different mental health interventions (e.g., Behavioral Health Intervention Services [BHIS]), which would normally be funded under Medicaid, but the individuals are either privately insured or enrolled in Hawk-I, which doesn’t fund these services. There are currently 400 children enrolled in SOC. It is likely that more will be enrolled due to Medicaid unwind. The fall is also a time for more referrals/enrollment due to conferences between parents and teachers. SOC is funded through block grant funds, MHDS Regions and state appropriation. The University of Iowa Circle of Care has the highest target of enrollment but will be looking at adjusting this when their contract is renewed this summer. Workforce, available providers, and referrals are the biggest barriers with flexibility being the biggest success of the program. The University of Iowa and Tanager Place

have the longest established contracts and are due at the end of the fiscal year. Theresa noted that there will likely be new targets with the new contracts.

Theresa informed the Council that there was no meeting in February due to meeting conflicts, but that the committee planned to review the Iowa Peer Workforce Collaborative (IPWC) at their April meeting.

### **Council Policy & Bylaws Workgroup**

Michael Kauffman noted that copies of the updated Council Bylaws and Council Policy documents had been sent to all Council members for a second and final reading prior to the meeting. Michael indicated there were no substantive changes to either document, with the main change being the references to the Department of Human Services (DHS) being changed to the Iowa Department of Health and Human Services (HHS). Michael noted that the Bylaws document can be amended at any time. He also indicated that he made some grammatical and formatting changes to the Bylaws document as well as some clean up to Section 5, E. Voting Rights, but again, no substantive changes.

There were no questions or discussion from Council members regarding the documents or the updates. Teresa Bomhoff entertained a motion to accept the Council Policy and Council Bylaw changes. Leslie Carpenter motioned and was seconded by Christina Maulsby. The motion passed and the updated documents were accepted and are in effect.

### **Public Safety Workgroup**

Teresa Bomhoff informed the Council that Brad Richardson was absent from the meeting so there wouldn't be a workgroup update. Teresa shared information from the back of the committee and workgroup document that could help with the workgroup determining its focus.

### **Mental Health Block Grant (MHBG) Planning Workgroup**

Teresa shared information about the combined Behavioral Health Block Grant and noted that it was anticipated that the MHBG Planning Workgroup would not meet until at least April. Teresa noted that the members of this workgroup include, Teresa Bomhoff, Jim Donoghue, Brad Richardson, Theresa Henderson, and Monica Van Horn. Todd Lange and Todd Noack both indicated that they would like to be added to this workgroup.

Teresa also informed the Council that the Substance Abuse and Mental Health Services Administration's (SAMHSA) State Program Technical Assistance (State TA) Project will conduct two listening sessions (April 18<sup>th</sup> at 3:00 p.m. CST and April 19<sup>th</sup> at 5:00 p.m. CST) for planning councils and state block grant staff. The goal of the sessions is to allow state staff and planning councils to inform the State TA team about the topics on which technical assistance (TA) is needed and which require the highest priority; identify training needs for planning councils to fulfill their statutory functions; get to know the State TA team; etc. Teresa noted that she and Jim Donoghue planned on joining one of the sessions.

### **Legislative Discussion**

Teresa Bomhoff noted that Infonet which is put out by the Iowa Developmental Disabilities (DD) Council is a fantastic resource on what is happening at the legislature with a lot of useful information. Quarterly newsletters are issued as well as monthly Capitol discussions.

Teresa reviewed the HSB126 analysis document of Governor Reynold's State Reorganization Bill noting changes that Council should look at more closely. There was discussion regarding who sat on the Governor's Executive Council. The Governor's Executive Council consists of the Governor, the Secretary of State, the Treasurer of State, the Secretary of Agriculture, and the Auditor of the State. Teresa reviewed the updated 2023 First Funnel Results document noting specific bills that have been signed as well as legislation that was still alive following first funnel.

Wendy DePhillips shared that HHS had just received notification from SAMHSA that Iowa has received one of fifteen CCBHC Planning Grants. This grant will allow Iowa to work on a developing and implementation and certification plan for CCBHCs in Iowa and put forth an application for Iowa to be awarded as a demonstration state.

### **Center of Excellence for Behavioral Health (CEBH) Update**

Torie Keith, Program Manager, Center of Excellence for Behavioral Health, University Center of Excellence in Developmental Disabilities (UCEDD), University of Iowa Health Care introduced herself, and provided a presentation on the CEBH and the work of the organization. Torie provided a update on the environmental scan and its preliminary results summarizing the conversations with those who participated. Torie reviewed key takeaways, successes and barriers related to fidelity reviews and trainings as well as additional evidence-based practices (EBPs) for the Center to look at moving forward as well as the barriers to these practices. Torie indicated that they are continuing to examine other states work towards EBP implementation. Finally, Torie noted ways in which the CEBH could help as well as upcoming trainings.

There was discussion regarding the need for a central repository of evidence-based training manuals that providers or individuals can refer to. It was noted that CEBH was working on building up their website to be that one-stop shop for resources. Links to the general CEBH website and one for training was shared <https://www.iowacebh.org/> & <https://www.iowacebh.org/training>. There was discussion on whether the training or resources reflect Medicaid billing and the opportunity to connect with Medicaid to add helpful resource information on this specifically. There was discussion on how to share information with others. A link to EBPs was shared with the group <https://div12.org/treatments/>.

### **Agenda Attachment Review**

Teresa Bomhoff briefly reviewed the agenda attachment document noting that she uses this document to track information for Council reference and encouraged Council members to refer to it for information.

### **Additional Discussion/Planning for Future Meetings**

Teresa Bomhoff noted that the next Planning Council meeting would be Wednesday, May 17, 2023, and that the afternoon would be a joint meeting with the MHDS Commission and the Iowa Developmental Disabilities (DD) Council.

### **Public Comment**

No public comment.

### **Adjourn**

Teresa Bomhoff entertained a motion to adjourn. Todd Noack motioned to adjourn and was seconded by Rachel Cecil. The motion passed and the meeting adjourned at 12:21 p.m.