
STATE OF IOWA DEPARTMENT OF

Health ^{AND} Human

SERVICES

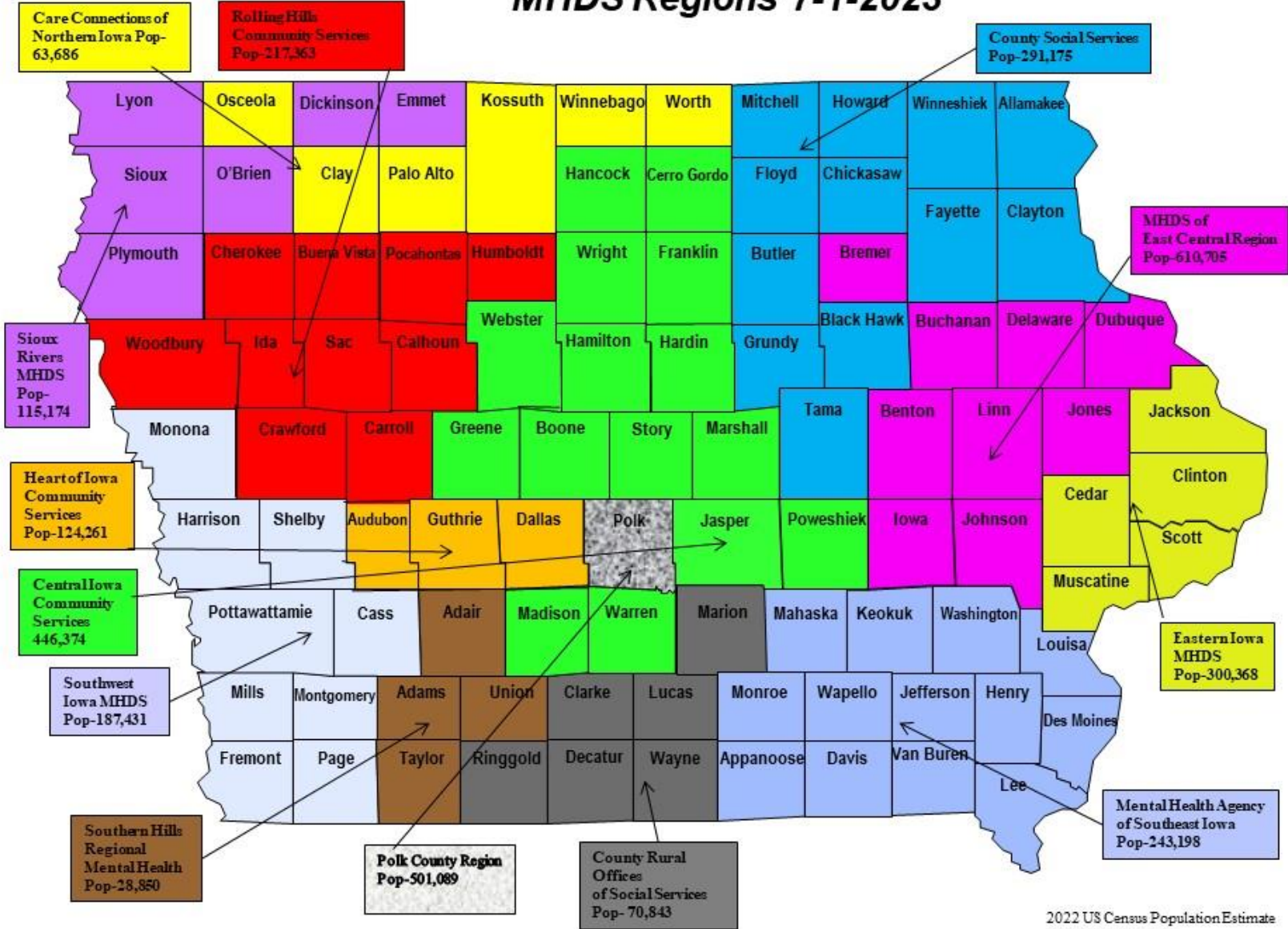
Mental Health & Disability Services Regions

7/19/2023

Rob Aiken, Community Systems Consultant

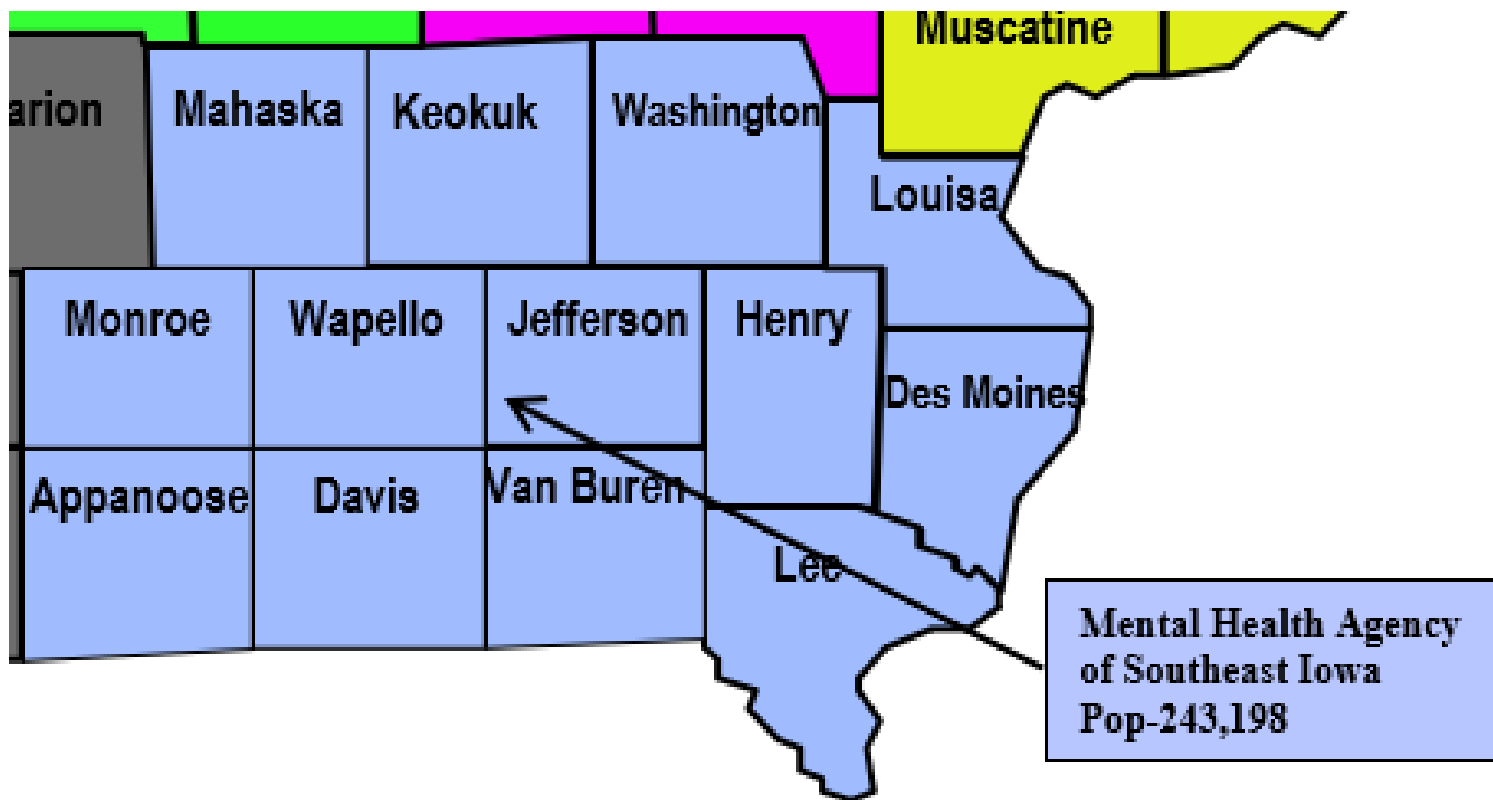


MHDS Regions 7-1-2023



2022 US Census Population Estimate
Statewide: 3,200,517

MHDS Region movement 7-1-2023



MHDS Regions Began Operations on July 1, 2014

- Local access to uniformly defined services
- Regional administrative structure
- Statewide standards
- Counties joined operations & funds through the 28E process
- 13 MHDS Regions; Polk exempted to be a single county region
- Population ranges from 28,850 to 610,705*
- Intensive Mental Health and Crisis services added in 2018
- Children's Mental Health System core services added in 2019

* based on the 2022 census estimate

Role of MHDS Regions

- Payment for services for eligible persons **when payment through the medical assistance program or another third-party payment is not available.**
 - Individuals in the process of enrollment for Medicaid
 - Individuals not eligible for Medicaid (e.g., justice-involved)
 - Services not covered by Medicaid
- Development of services to meet the needs of residents of the region.
- Development of the provider network to ensure that services are accessible throughout the region, regardless of payment source for the service.
- Assist individuals in enrolling for Medicaid and other available benefits.

Regional Governance Structure

- HF471 was signed by Gov. Reynolds on 6/1/23 & became law 7/1/23
- Mandates changes to Regional Governance Structure
- Regional governing board
 - Members representing the boards of supervisors of counties comprising the region—**shall not exceed forty-nine percent of the total board membership**
 - One adult service recipient or involved relative of a service recipient
 - One member representing children’s education
 - One parent or involved relative of a child service recipient
 - One member representing law enforcement
 - One member representing the judicial system
 - One member **each** representing adult & children’s service providers
- Each member of the governing board shall have one vote
- Adult and Children’s advisory committees

MHDS Regions Funding

- Regions were previously funded by a county property tax levy
- Beginning with SFY 22, funding began to shift towards state dollars. By SFY 23 MHDS regions were **100% State-funded**.
- SFY 24: \$127.7 million State General Fund appropriation.
- Most, but not all Regions have accumulated a fund balance; excess funds are directed to Incentive Fund, \$26.5 million in SFY 23.
- MHDS Region Incentive Fund to support quality & non-core services, SFY 24 starting balance of approximately \$29.5-million.
- In SFY 22, MHDS Regions funded services for 32,456 individuals with total expenditures of \$128,536,527.
 - Of the total individuals, 3,776 were children, almost all of whom were diagnosed with a serious emotional disturbance.

Regional Management Plan

- Reviewed for compliance and approved by Iowa HHS.
- Policies and procedures manual for the regional service system
 - Eligibility, enrollment, and service populations
 - Grievance and appeal processes
 - Waiting list criteria
- Annual service and budget plan
 - Local Access Points and Service Coordination
 - Scope of Services & Financing
 - Crisis planning and Intensive Mental Health services
- Annual report
 - Services provided; persons served; status of service development

Eligibility for Services – Adults

- Individuals who are age 18 and older
- Individuals with a diagnosis of mental illness (MI) or intellectual disability (ID)
 - May also cover individuals with developmental disabilities (DD) or brain injury (BI) when funding is available
- Individuals whose income is 150% of federal poverty level or below
 - May cover individuals at 150% - 250% of FPL on a sliding scale
- The results of a standardized functional assessment support the need for services

Eligibility for Children's Behavioral Health Services

- The individual is a child under 18 years of age
- Child's custodial parent is a resident of the state of Iowa, and the child is physically present in the state
- The child's family has countable household income equal to or less than 500 percent of the federal poverty level
 - Cost share on a sliding scale for 150%-500% FPL.
- The child has been diagnosed with a serious emotional disturbance (SED)
- SED diagnosis is not required to access crisis services
- A 17-yr old receiving publicly funded ID services is eligible for regional funding for the three-month period preceding their eighteenth birthday in order to provide a smooth transition from children's to adult services

Adult Core Services

(Iowa Code 331.397.4 / IAC 441-25.2)

- Treatment Services
 - Assessment & Evaluation
 - Mental Health Outpatient Therapy
 - Medication Prescribing & Management
 - Mental Health Inpatient Treatment

- Basic Crisis Response Provisions
 - 24 Hour Access to Crisis Response
 - Crisis Evaluation
 - Personal Emergency Response

Adult Core Services - continued

(Iowa Code 331.397.4 / IAC 441-25.2)

- Support for Community Living
 - Home Health Aid
 - Home & Vehicle Modification
 - Respite
 - Supportive Community Living

- Support for Employment
 - Day Habilitation
 - Job Development
 - Supported Employment
 - Prevocational Services

Adult Core Services - continued

(Iowa Code 331.397.4 / IAC 441-25.2)

- Recovery Services

- Peer Support
- Family Support

- Service Coordination

- Case Management
- Health Homes

- House File 471 requires a new Core Service for Adults

- **Outpatient Competency Restoration (OCR)**

OCR services were created to treat incompetent to stand trial (IST) defendants who do not require hospital-level care and who can be safely treated within the community

Adult Core Services - continued

(Iowa Code 331.397.5 / IAC 441-25.2)

- Access Centers
- Assertive Community Treatment (ACT)
- Comprehensive Crisis Services
 - Mobile Response
 - 23-Hour Observation and Holding
 - Crisis Stabilization Community Based
 - Crisis Stabilization Residential
 - Subacute Mental Health
- Intensive Residential Service Homes (IRSH)
- Additional Core Services (Iowa Code 331.397.7)
 - Justice System-Involved Services
 - Jail Diversion
 - Crisis Intervention Training
 - Civil Commitment Prescreening

Children's Core Services

(Iowa Code 331.397A.4 / IAC 441-25.2)

- Treatment Services
 - Assessment & Evaluation
 - Behavioral Health Outpatient Therapy
 - Medication Prescribing & Management
 - Prevention, Education, Early Identification, Early Intervention
- Comprehensive Crisis Services
 - Mobile Response
 - Behavioral Health Inpatient
 - Crisis Stabilization Community Based
 - Crisis Stabilization Residential
- House File 471 requires a new Core Service for Children
 - **Outpatient Competency Restoration (OCR)**

Additional Children's Core Services (Iowa Code 331.397A.5 / IAC 441-25.2)

- Support for community living
 - Family Support
 - Peer Support
 - Therapeutic Foster Care
 - Respite
- Transition Services
 - Day Habilitation
 - Job Development
 - Supported Employment
 - Prevocational Services
 - Educational Services
- Service Coordination
 - Care Coordination
 - Health Homes

Other Community Living Supports and Services

- Mandated
 - Commitment Related
 - Mental Health Advocates
- Evidence-Based Practices (IAC 441-25.5)
 - Permanent Supportive Housing
 - Family Psychoeducation
 - Intensive Psychiatric Rehabilitation
 - Peer Wellness Centers
 - ACT
 - Integrated Treatment of Co-occurring MH and SUD
 - Positive Behavior Supports
 - Individual Placement and Support (IPS)

Other Community Living Supports and Services

- Not required, but may be included in regional budgets
 - Transportation
 - Guardian/Conservator
 - Representative Payee
 - Rent Payments (time limited) or Subsidies (ongoing)
 - Prescription Medications
 - Psychiatric Medications in Jail
 - RCF/Other Congregate Living
 - Information and Referral
 - Public Education
 - Provider Training – Trauma Informed Care; Co-Occurring Disorders

Additional Information & Resources

Website Links

- *Administrative Rules*

<https://www.legis.iowa.gov/docs/iac/chapter/441.25.pdf>

- *Crisis Services Maps*

<https://hhs.iowa.gov/mhds/crisis-services>

Region Websites:

<https://hhs.iowa.gov/mhds-providers/providers-regions/regions/regional-websites>

Regional Policies & Procedures:

<https://hhs.iowa.gov/mhds-providers/providers-regions/regions/policies-procedures>

Regional Annual Reports:

<https://hhs.iowa.gov/mhds-providers/providers-regions/regions/annual-reports>

Regional Adult Coordinator Contacts:

<https://hhs.iowa.gov/sites/default/files/Regional-Coordinators-of-Adult-Disability-Services%20-7.1.23.pdf>

Regional Children Coordinator Contacts:

<https://hhs.iowa.gov/sites/default/files/Regional-Coordinators-of-Children-Behavioral-Health-Services%20-7.1.23.pdf>

Additional Information & Resources

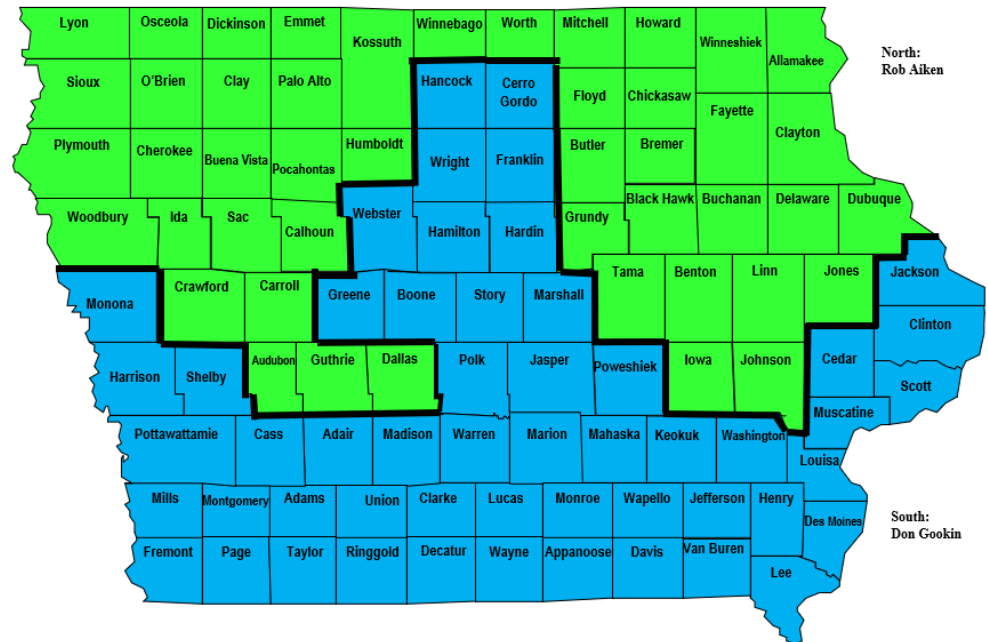
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Questions

Thank You