

Mental Health Planning Council
May 17, 2023, 9:00 am to 11:30 am
Zoom
Meeting Minutes – DRAFT

MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Megan Marsh
Leslie Carpenter	Christina Maulsby
Rachel Cecil	Katie McBurney
Sen. Claire Celsi	Mary McKinnell
Linda Dettmann	Ed Murphy
Jim Donoghue	Todd Noack
Jenny Erdman for Hannah Olson	Nina Richtman
Jen Gomez	Kristin Roof
Kyra Hawley	Dr. Shad Swim
Theresa Henderson	Lorraine Uehling-Techel
Vienna Hoang	Monica Van Horn
Michael Kaufman	Patricia Whitmarsh
Todd Lange	

MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:

Rep. Bob Kressig	Edward Wollner
Brad Richardson	

OTHER ATTENDEES:

Theresa Armstrong, Iowa HHS	Patti Manna, Iowa HHS
Cody Crawford, Iowa HHS	Devon McClurken, NAMI Iowa
Wendy DePhillips, Iowa HHS	Jancy Nielson, Iowa HHS
Justin Edwards, Iowa HHS	Libby Reekers, Tama County
Maggie Ferguson, Iowa HHS	Eric Richardson, LSA
Karen Hyatt, Iowa HHS	Jennifer Robbins, Molina
Laura Larkin, Iowa HHS	Flora Schmidt, IBHA

Materials Referenced:

March 15, 2023, IMHPC Meeting Minutes – DRAFT
MHBG_FY22-23_Assessment_and_Plan-final.pdf (iowa.gov)
TIEH Project Fact Sheet
PATH PowerPoint

Welcome

Teresa Bomhoff called the meeting to order at 9:06 am. Quorum was established with 24 members attending. Teresa introduced herself and led introductions of Council members.

Review and Approval of Meeting Minutes

Teresa Bomhoff asked if anyone had any corrections or questions regarding the March 15, 2023, meeting minutes. Hearing none, Teresa entertained a motion to approve the March 15, 2023, meeting minutes. Todd Noack motioned to approve the minutes. Mary McKinnell seconded the motion. There was no discussion, the motion passed, and the minutes were approved.

Nominations Committee Report

Jen Gomez stated that the Nominations Committee had received and reviewed two applications. One from Jennifer Day from Iowa City to fill one of the Individual with Lived Experience/In Recovery vacancies on the Iowa Mental Health Planning Council. The second applications from Jennifer Riley from Waverly to fill the other Individual with Lived Experience/In Recovery vacancy. Jen reviewed highlights from the two applications and noted that the Nominations Committee recommended both applications for approval by the full Council. There was no additional discussion. Todd Noack motioned to approve Jennifer Day's and Jennifer Riley's application to the Planning Council. Todd Lange seconded the motion. There was no discussion, and the motion passed and both applications were approved.

Jen welcomed Nina Richtman, who was a new member to the Planning Council filling a Parent/Guardian of a Child with Serious Emotional Disturbance (SED) vacancy. Teresa Bomhoff noted that Ken Briggs had resigned his seat on the Planning Council which would add a vacancy for a veteran on the Council. Teresa noted that the Nominations Committee now has a vacancy since Ken has resigned. Teresa noted the following Council vacancies, two family members of an individual with serious mental illness, two in the "other" category, with one being a veteran, and one public/private vacancy to be filled by a staff nomination from the Iowa Health and Human Services with a focus on substance use disorders. Teresa also noted with the addition of the two new members that the Planning Council is at 50% provider/50% non-provider. Teresa noted that to be in compliance with Council bylaws the Council needs to be at least 51% non-provider.

Monitoring and Oversight Committee Report

Theresa Henderson indicated that the Monitoring and Oversight Committee met with Karen Hyatt, HHS, in April to review the Iowa Peer Workforce Collaborative (IPWC) contract. The training program which works with peers for peer support, family peer support and recovery coaches is within budget and going well. IPWC can provide the contracted trainings at the rate stipulated in the contract with all trainings well attended. It was noted that individuals in recovery developed most of the curriculum and how it is implemented for the peer support trainings. IPWC has partnered with LifeConnections for ethics training. This training is occurring more frequently than required by the contract due to high demand. Ethics training is an essential component along with other trainings for peer support specialists to be certified.

Theresa indicated that the committee began discussing at their May meetings recommendations for the 2024-2025 Mental Health Block Grant. Theresa noted that the committee will be continuing their conversations at their June meeting as a couple members were not present and want to ensure that all members are able to provide feedback. Teresa Bomhoff reviewed the allocation process for block grant funds and the conditions on how these funds can be used. Theresa noted that the Monitoring and Oversight committee reviewed the state contracts that utilize block grant funding.

There was discussion regarding the Iowa Peer Workforce Collaborative and the need for and importance of training continuity. There was discussion regarding the importance of funding for peer-run organizations.

Workgroups & Committees

Teresa Bomhoff reviewed the different workgroups and committees for the Planning Council. Teresa noted that there was a vacancy on the Nominations Committee and that if anyone was interested in volunteering for this committee to let her know. Teresa reviewed the different committees and workgroups for the Planning Council and noted that the main difference between committees and workgroups were the number of members that could serve on them. Committees were established in the bylaws and could have no more than five members. Workgroups are developed based on Council need and don't have a threshold for membership but must be less than the number needed to meet quorum.

Public Safety Workgroup

Teresa Bomhoff informed the Council that Brad Richardson was absent from the meeting so there wouldn't be a workgroup update. Teresa shared possible areas that this workgroup may want to focus on moving forward and noted that much of this information was on the agenda attachment that is shared with Council members.

There was discussion regarding possible workgroup topics including rewriting of commitment laws, law enforcement reimaged, mental health courts as well as mental health issues within corrections. There was discussion regarding Crisis Intervention Training (CIT) and the investment by the MHDS Regions for this training as well as the expansion of crisis services at the community level and how they work together as well as non-law enforcement crisis interventions. There was discussion regarding the importance of clear definitions especially with regards to peer support services (peer support specialist, family peer support specialist, peer recovery, etc.), and the value of peers in a mobile crisis/response setting.

Block Grant Update

Laura Larkin and Justin Edwards, HHS reviewed the upcoming changes to the block grant process with the change to a single Behavioral Health Block Grant application that combines the Community Mental Health Block Grant (MHBG) and the Substance Abuse Prevention and Treatment Block Grant (SABG). Laura reviewed the portions of the application and plan that she and Justin will be focusing on with the Planning Council's MHBG Planning Workgroup, noting that past plans can be found on the HHS website: [Community Mental Health Services Block Grant | Iowa Department of Health and Human Services](#). Laura noted that the MHBG Planning Workgroup will meet with her and Justin (state block grant planners) twice, Wednesday, May 24, 2023, and Wednesday, June 21, 2023, to discuss strengths, gaps and recommendations for the behavioral health system in Iowa.

Treatment for Individuals Experiencing Homelessness (TIEH) Program

Cody Crawford, HHS shared information on the Iowa Treatment for Individuals Experiencing Homelessness (TIEH) grant program including sharing the project fact sheet. Cody noted that TIEH was a five-year grant from Substance Abuse and Mental Health Services Administration (SAMHSA) with HHS receiving \$1M per year. The program is currently in third year of the grant and works with six treatment service providers in the state. There originally were seven providers in the state, but one pulled out due to staffing issues.

There was discussion regarding barriers for the state with discharging from the hospital, specifically in Mason City and the high population of people experiencing homelessness. There was discussion regarding dollars allocated to more to urban populations versus more rural areas.

Projects for Assistance in Transition from Homelessness (PATH) Program

Karen Hyatt, HHS provided a presentation on the PATH program including the goals and service provided by this program. Karen reviewed in what areas in the state the PATH program operates. Karen noted that the PATH program can only be offered in metropolitan areas. Karen also reviewed data points for those served by PATH.

There was discussion regarding the Iowa Council on Homelessness. There was discussion regarding a current individual being served by the PATH program to illustrate how PATH works in the state including the gaps and barriers. There was discussion regarding a program in New York City that utilizes extended care hospitalization for individuals who are homeless and experiencing homelessness, as well as possible barriers to this type of program based on the funding system being used. There was discussion regarding homelessness in urban versus rural areas including the opioid epidemic and the role it plays in this issue. There was some discussion regarding COVID Recovery Iowa, which was changed to Project Recovery Iowa and the changes to come. It was noted that certain aspects of PRI will continue after the program ends at the end of the fiscal year.

Public Comment

No public comment

Iowa Mental Health Planning and Advisory Council adjourned for lunch at 11:30 a.m. and reconvened for the joint meeting with the Mental Health and Disability Services (MHDS) Commission at 12:30 p.m.