

# Habilitation Services Overview

Member Town Hall  
March 7, 2024



# Topics

The purpose and the goals of the state plan HCBS Habilitation Program

The HCBS Habilitation eligibility requirements

The HCBS Person Centered Plan and Habilitation services



# Program Purpose

To provide state plan Home and Community-Based Services (HCBS) to Iowans with functional limitations typically associated with chronic mental illness.

# General Guidelines and Similarities to HCBS Waiver Programs

Assessments

Team plans for  
services

Development of the  
service plan

Approval of services  
and the plan

## State Plan HCBS: Habilitation Eligibility

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Must be eligible for Medicaid through an existing coverage group

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Household income cannot exceed 150% of Federal Poverty Level (FPL)

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Meet needs-based and risk-based eligibility criteria as determined by a Needs-Based Assessment

# Roles

- ▶ **Income Maintenance Worker**
  - Reviews Medicaid application
  - Determines financial eligibility
- ▶ **Case Manager or Integrated Health Home Coordinator**
  - Requests Habilitation program
  - Reviews the need for services
  - Develops the Comprehensive Service Plan/  
Treatment Plan
  - Monitors service plan implementation and service delivery.
- ▶ **Iowa Medicaid Medical Services**
  - Reviews initial needs-based eligibility
  - Reviews annual needs-based eligibility
  - Reviews/approves service plan for Fee For Service (FFS) members
- ▶ **Managed Care Organization**
  - Reviews annual needs-based eligibility
  - Reviews/approves the service plan for enrolled members
- ▶ **Providers**
  - Agencies/persons enrolled who are certified to deliver Habilitation services

# Habilitation Services and Supports

## **Habilitation Comprehensive Functional Assessment**

Assesses an individual's need for Habilitation services



## **Habilitation Interdisciplinary Team Meeting**

Develops the Individual Service Plan or Integrated Treatment Plan



## **Individual Service Plan or Integrated Treatment Plan**

Defines the services and supports the member will receive

# Services and Supports

To gain, keep, and improve skills that help the member live independently in the community.



## Habilitation Services:

Day  
Habilitation

Home-  
Based  
Habilitation

Prevocational  
Habilitation  
• Career  
Exploration

Supported  
Employment  
Habilitation



# Services and Supports

## ▶ Home-Based Habilitation Services

- Services provided in the home and community.
- Provide for the daily living needs of the member
  - Help with managing mental health
  - Help with scheduling and attending appointments
  - Help with taking medication
  - Help with budgeting
  - Help with grocery shopping
  - Help with personal hygiene skills
  - Help with maintaining the home

# Day Habilitation

Provided in a community-based setting outside the home.

Help with gaining, keeping and improving skills related to active participation in the community

Focuses on areas such as social skills, communication skills, behavior management, functional skill development, daily living activities, self advocacy skills, etc.



# Supported Employment

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- ❖ Individual Supported Employment – help to obtain a job
- ❖ Long-term Job Coaching – ongoing support to keep a job
- ❖ Small-group Supported Employment – (2 to 8 workers) ongoing supports to develop work-related skills needed to secure an individual job
- ❖ Individual Placement and Support (IPS) – help to obtain and keep a job. (Habilitation only)

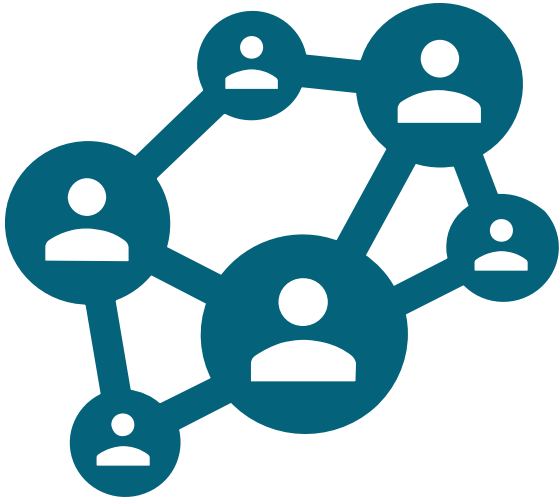
# Prevocational Services

Provide career exploration, learning and work experiences, including volunteer opportunities, where the member can develop non-job-task-specific strengths and skills that lead to paid employment in individual community settings.

Provided to persons who are expected to be able to join the general workforce with the assistance of supported employment.

# Prevocational Services

Supports to help develop skills to successfully transition to a job in the community



- ✓ Working on goals that will lead to greater opportunities for a job in the community
- ✓ Developing soft skills for work
- ✓ Personal care and assistance may be a component of prevocational services
- ✓ Includes volunteer work, such as learning and training activities that prepare a member for entry into a job in the community

# Prevocational Services - Career Exploration

Supports to develop a career plan and identify goals for obtaining a job in the community

- Provided in small groups of 4 or less.
- Provides experiences and information to help identify job interests and goals.
- Provides a written Career Plan.

Career exploration activities might include:

- Business tours,
- Informational interviews,
- Job shadows,
- Benefits education and financial literacy,
- Assistive technology assessment, and
- Job exploration events.

# Resources

- ▶ Habilitation Services website:
  - <https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/habilitation-services>
  
- ▶ Member Services website:
  - <https://hhs.iowa.gov/programs/welcome-iowa-medicaid/member-services>



# Iowa Medicaid Program Contact

**Mindy Williams**

Habilitation Program Manager

Iowa Medicaid

Iowa Department of Health and Human Services

Long Term Services and Supports Policy Program  
Manager

(515) 805-8048

[mwillia6@dhs.state.ia.us](mailto:mwillia6@dhs.state.ia.us)



Health and  
Human Services