

**Mental Health Planning Council**  
**January 17, 2024, 9:00 am to 3:00 pm**  
**via Zoom**  
**Meeting Minutes**

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**MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:**

Teresa Bomhoff	Katie McBurney
Rachel Cecil	Mary McKinnell
Jennifer Day	Todd Noack
Linda Dettmann	Hannah Olson
Jim Donoghue	Brad Richardson
Jessica Goltz	Jennifer Riley
Jen Gomez	Kristin Roof
Kyra Hawley-Preston	Brianna Steffe
Theresa Henderson	Dr. Shad Swim
Vienna Hoang	Monica Van Horn
Michael Kaufman	Patricia Whitmarsh
Todd Lange	Edward Wollner
Christina Maulsby	Joel Wulff

**MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:**

Sen. Claire Celsi	Megan Marsh
Sen. Jeff Elder	Rep. Ann Meyer
Lorien Harker	Nina Richtman

**OTHER ATTENDEES:**

Brad Anderson	Patti Manna
Theresa Armstrong	Devon McClurken
Ashley Banes	Roxanne Petersen
Wendy DePhillips	Flora Schmidt
Di Findley	Russell Wood
Brenna Koedam	

**Materials Referenced:**

*1.17.24 AARP Presentation - IMHPC*  
*IMHPC Strategic Plan 2023-2025-DRAFT*  
*Mental Health Planning Council Orientation 2024.01.11*  
*MHBG Presentation January 24*  
*MHPC November-15-2023-Meeting-Minutes-DRAFT*  
*MHPC\_Bylaws\_1-18-23*

**Welcome**

Teresa Bomhoff called the meeting to order at 9:02 am. Quorum was established with 20 members.

**Review and Approval of Meeting Minutes**

Teresa Bomhoff entertained a motion to approve the November 15, 2023, meeting minutes. Michael Kaufman motioned to approve the minutes. Jen Gomez seconded the motion. There was no discussion, the motion passed, and the minutes were approved.

**Review and Approval of Draft Strategic Plan – Vote on Vision & Mission Statements & Service Values and Overall Goal**

The IMHPC Strategic Plan 2023-2025-DRAFT, which was developed by the Strategic Plan Steering Committee, was shared with the Council. Changes proposed included members of standing committees can volunteer, rather than needing to be elected while committee chairs will continue to be elected. There was a review of the standing committee duties and proposed changes to the bylaws to align with practice. The Executive Committee will now direct the agenda planning and evaluation processes will be implemented. Also added, conflict of interest statements will need to be completed annually and reviewed by the Executive Committee. There was an opportunity for discussion, which there was none.

Teresa Bomhoff entertained a motion to approve the drafted IMHPC Strategic Plan 2023-2025. Theresa Henderson motioned to approve the plan. Joel Wulf seconded the motion. There was no discussion, the motion passed, and the plan was approved. The Council convened the bylaws work group, which includes Joel Wulf and Michael Kaufman, and they will work on the recommended amendments.

### **Nominations Committee Report**

Jen Gomez welcomed a new member, Jessica Goltz, who fulfills the category of parent, guardian, or primary caretaker of a child/adolescent with serious emotional disturbance. She reported that there are no applications to vote on, with one application in process. Current Vacancies include two for a family member of an adult with serious mental illness or substance use disorder, one for an individual with lived experience or in recovery, and two for other.

### **Monitoring & Oversight Committee Report – Theresa Henderson**

Theresa Henderson reported on the Monitoring & Oversight Committee activities. The Committee met with Julie Maas, HHS contract manager for The Center of Excellence for Behavioral Health (CEBH) contract. The contract started in April 2022, with the first of 2 possible one year extensions beginning in October of 2023.

The goal of the contract is fidelity monitoring and training on evidence based practices (EBP), with three focus areas: Assertive Community Treatment (ACT), Individual Placement and Support (IPS) and Permanent Supportive Housing. An environmental scan and fidelity monitoring was completed in October 2023. A training plan was developed and implemented in response to the findings. No barriers were identified, and positive feedback has been received from providers.

The Monitoring & Oversight Committee is at four members, and requirement is to have five members. Teresa Bomhoff opened up the opportunity to the members of the council and asked for a volunteer. Jessica Goltz volunteered to join the committee.

### **Recommendations from Name Change/Workgroup Strategic Plan Focus Group**

Brad Richardson, Michael Kaufmann, and Kristin Roof shared the work of the Workgroups Workgroup. The goal of the workgroup was to review the Council name and ensure the name would communicate the integration of planning and advocacy for Mental Health and Substance Use Disorder. It was recognized there was a desire to have the name communicate identity, values, and purpose with an opportunity to promote accuracy and evidence-based health parity.

The workgroup considered names that meet the following goals: reduce stigma, recognize social determinants of health, readily inform policy, and respects the expanded biopsychosocial model. The top names considered were Iowa Mental Health and Substance Use Disorder Planning and Advisory Council, Behavioral Health Planning and Advisory Council, Mental and Behavioral Health Planning and Advisory Council and Integrated Health Planning and Advisory Council. Pros and cons of each name were discussed, and the recommendation of the committee is to change the name to Iowa Integrated Health Planning and Advisory Council (I-PAC). Discussion was opened to the Council.

Teresa Bomhoff entertained a motion to change the name of the Iowa Mental Health Planning and Advisory Council. Brad Richardson motioned to change the name to Iowa Integrated Health Planning and Advisory Council (I-PAC). Todd Noack seconded the motion. The motion passed, with 17 members voting to approve. The bylaws workgroup will make the change in the bylaws, distribute the changes to the Council and bring a second reading to the March meeting for a vote.

There was also a discussion on recommended Council workgroups. In addition to the standing committees, the workgroup provided a suggestion to convene an additional nine workgroups, some of which are already established and proposed recommended focus areas for each.

### **IMHPC Member Orientation**

Todd Lange, Todd Noack and Jen Riley provided a member orientation which included an overview of the Mental Health Block Grant including its history, purpose, target populations, and funding structure. They provided an overview of the Mental Health Planning Council's purpose and membership, and reviewed conflict of interest disclosures.

### **Understanding the Iowa Substance Use Prevention, Treatment, and Recovery Services Mental Health Services (MHBGSUPTRS) Block Grant: A Review in Three Parts**

Theresa Henderson, Monica Van Horn, and Christina Maulsby provided the first of a three part series on an overview of the Iowa Substance Abuse Prevention Treatment and Community Mental Health Services Block Grant. This presentation will be continued at the March 2024 Council meeting.

### **Public Comment**

There was an opportunity for public comment, with none offered.

**Planning and Advisory Council took a break for lunch from 12:41 p.m. and returned at 1:02 p.m.**

### **Nursing Home Care – Paige Yontz, MHA, LNHA, State Advocacy Manager, AARP and Brad Anderson, Iowa State Director, AARP**

Brad Anderson gave an overview of long-term care in Iowa. He described how Iowa is facing a long-term care crisis and shared supporting statistics, identified issues, and areas where changes could be made to improve the system.

### **Iowa Caregivers Association – Di Findley, Executive Director**

Di Findley gave an overview of the Iowa Caregivers Association including its history, vision, and mission. The Iowa Caregivers Association has a goal of providing greater stability to the direct care workforce, so Iowans receive the care and support they need. Recommendations on how to achieve this goal were shared.

### **HHS/BH Update**

Theresa Armstrong provided an update from HHS. Iowa Health and Human Services contracted with Health Management Associates (HMA) to conduct a third-party review of the delivery of 19 health and human service areas in the summer and fall of 2023. Based on HMA's recommendations, HHS will take a phased approach that first focuses on Behavioral Health System Alignment.

Through alignment, HHS plans to ensure Iowans have consistent access to health and human services, use funding more effectively to achieve outcomes, and consolidate and streamline contracting and administration. Legislation, which is expected soon, will direct the framework and this process will take place over the next 2 years. Legislation is also expected to direct spending of opioid settlement dollars.

### **IMHPC Strategic Plan Next Steps**

There was a discussion on the Strategic Plan next steps and future meetings. The Policy & Bylaw Workgroup will make necessary changes to documents based on Council actions at the January

meeting and will send out updated draft documents to the full Council for review and comment prior to voting at the March 2024 meeting.

The Council would like to hear from Iowa HHS Block Grant manager on a breakdown of expenditures, and this is scheduled for March 2024.

**Public Comment**

There was an opportunity for public comment, with none offered.

**Adjourn**

Teresa Bomhoff entertained a motion to adjourn the meeting. Jim Donohue motioned and was seconded by Jen Riley There was no discussion and the motion passed. The meeting adjourned at 3:02 pm.

*Meeting minutes respectfully submitted by Patti Manna.*