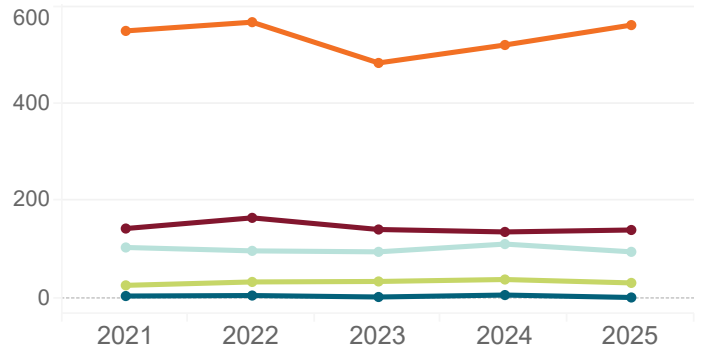


Iowa Substance Abuse Deaths

(2021–2026* Occurrence Data)

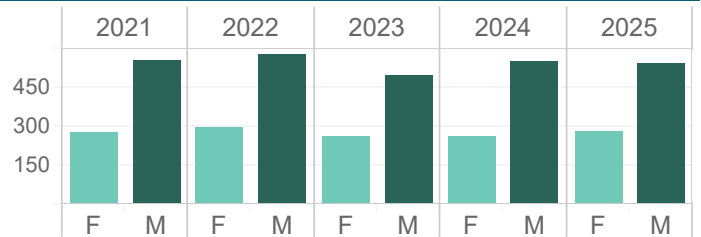
of Deaths Involving Alcohol by Age Group

| | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 |
|--------------|------------|------------|------------|------------|------------|------------|
| 00–24 | 4 | 5 | 2 | 6 | 1 | 0 |
| 25–34 | 26 | 33 | 34 | 38 | 31 | 6 |
| 35–44 | 104 | 97 | 95 | 111 | 95 | 14 |
| 45–54 | 143 | 165 | 141 | 136 | 140 | 16 |
| 55+ | 550 | 568 | 484 | 521 | 562 | 86 |
| Total | 827 | 868 | 756 | 812 | 829 | 122 |



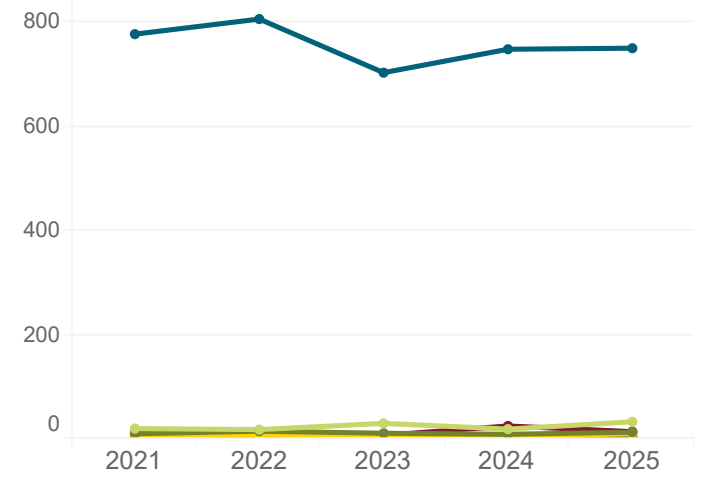
of Deaths Involving Alcohol by Sex

| | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 |
|--------------|------------|------------|------------|------------|------------|------------|
| Female | 274 | 295 | 260 | 263 | 283 | 39 |
| Male | 553 | 573 | 496 | 549 | 546 | 83 |
| Total | 827 | 868 | 756 | 812 | 829 | 122 |



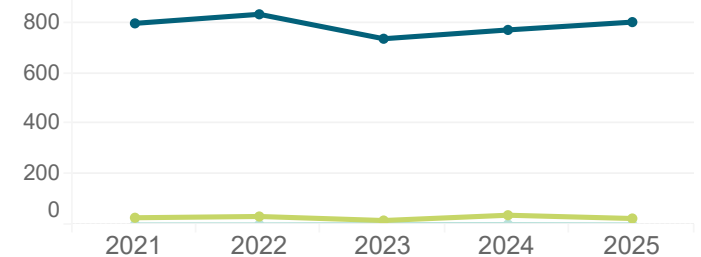
of Deaths Involving Alcohol by Race

| | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 |
|--------------|------------|------------|------------|------------|------------|------------|
| White | 778 | 807 | 704 | 749 | 751 | 115 |
| Black | 20 | 18 | 30 | 19 | 33 | 1 |
| AIAN | 10 | 15 | 11 | 9 | 13 | 2 |
| Asian | 6 | 8 | 3 | 5 | 10 | 2 |
| NHOPI | 0 | 0 | 0 | 2 | 4 | 0 |
| ToM Races | 3 | 4 | 1 | 3 | 4 | 1 |
| Oth. / Unk. | 10 | 16 | 7 | 25 | 14 | 1 |
| Total | 827 | 868 | 756 | 812 | 829 | 122 |



of Deaths Involving Alcohol by Ethnicity

| | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 |
|--------------|------------|------------|------------|------------|------------|------------|
| Hispanic | 28 | 33 | 17 | 38 | 25 | 9 |
| Non-Hisp. | 799 | 835 | 738 | 773 | 804 | 112 |
| Unknown | 0 | 0 | 1 | 1 | 0 | 1 |
| Total | 827 | 868 | 756 | 812 | 829 | 122 |



* 2025–2026 data are preliminary and will change as records are registered. Data shown through 2/28/2026.
 Preliminary data last updated 3/30/2026. Report generated 4/6/2026 9:05:45 AM.
 Data Source: Iowa Department of Health and Human Services, Bureau of Health Statistics.