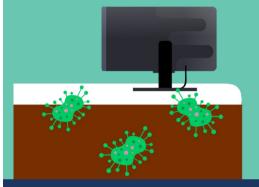
How Germs Spread Using Surfaces

How Germs Get on Surfaces

- Germ-carrying respiratory droplets land on nearby surfaces when someone coughs, sneezes, or anything that pushes droplets out of their mouth or nose.
- Infected people touch their eyes, nose, or mouth or cough into their hands, get germs on their hands, and touch surfaces leaving germs behind.







• Germs can live from a few hours to a few days on surfaces depending on the germs.

How Germs Get from Surfaces to People

- Someone touches a surface with live germs on it, gets germs on their hands, and touches their face causing germs to get in their eyes, nose, or mouth.
- Getting germs in these areas can make them sick.





Lower your risk of getting sick by **cleaning high-touch surfaces** in your environment and by **cleaning your hands** after touching high-touch surfaces.



IOWA

Research and Policy

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