



# MPA Steering Committee

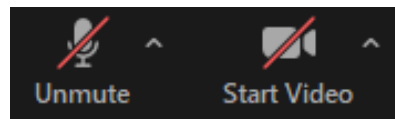
## MEETING 2: CHOOSING SUBCOMMITTEES

Iowa Solutions for Aging with Independence and Longevity (IA SAIL): Multisector Plan for Aging, Including Aging with Disabilities (MPA)

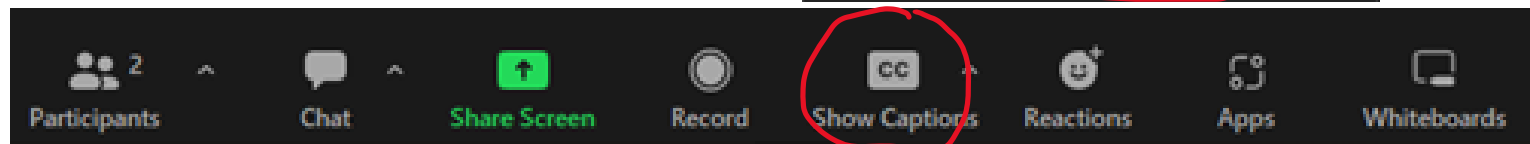
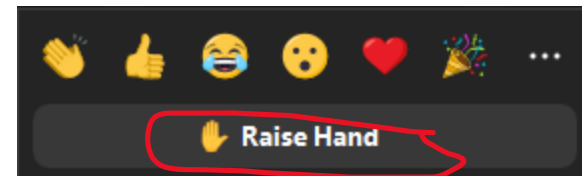
March 27, 2024

# Meeting Logistics: Zoom Navigation

Please ensure your mic is muted when you are not speaking during the meeting. This can be found in the **far-left corner** of your screen.



To ask a question, please hit the **“raise hand”** button under the **“Reactions”** button



**Chat button** can be found here.

Click the **“CC” button** for closed captioning.

# Meeting Logistics



Meeting materials will be sent out to the group after the meeting.

Materials will also be posted online once a webpage is built for the project.



Please stay on mute if you are not speaking.  
If able, please turn your camera on while speaking.



While you can submit your input through the Zoom chat, the MPA team will provide opportunities for discussion throughout the meeting.



To submit feedback after this meeting, please email **[eugenia.kendall@iowa.gov](mailto:eugenia.kendall@iowa.gov)**.

# Agenda



Welcome



Review Feedback from Last Meeting



Landscape Review



Subcommittee Template



Identify Subcommittees



Next Steps

# Objectives for Today



Confirm updates to mission statement, vision statement, and project charter.



Identify subcommittees and subcommittee members.



Review next steps.

# Welcome and Introductions

# Steering Committee Members

- **Arianna Sprague**, Meskwaki Tribal Representative
- **Aimee Barritt**, Iowa State Association of Counties
- **Brad Anderson**, American Association of Retired Persons (AARP) Iowa
- **Dr. Brian Kaskie**, University of Iowa – Health Management and Policy
- **Caitlin Owens**, Iowa's University Center for Excellence in Developmental Disabilities (UCEDD)
- **Cecilia Martinez**, Onelowa
- **Daniel Garrett**, Iowa Housing Partnership
- **Di Findley**, Iowa CareGivers
- **Doug Bickford**, Alzheimer's Association – Iowa Chapter
- **Erin Ulrich**, Iowa Rural Health Association
- **Dr. Harleah Buck**, Csomay Center for Gerontological Excellence
- **Greg Fier**, Olmstead Consumer Task Force
- **Jeanne Fitzgerald**, Iowa Association of Councils of Government
- **Karen Mackey**, Tribal Representative, Human Rights, City of Sioux City
- **Katherine Riley Harrington**, Iowa Community Action Association
- **Kay Fisk**, Older Iowans Legislature
- **Linda Hildreth**, Iowa Area Agency on Aging Association
- **Nichole Moore**, Iowa Association of Councils of Government
- **Paige Yontz**, AARP Iowa

# Steering Committee Members

- **Anne Crotty**, Office of Health Equity
- **Brooke Lovelace**, Iowa Developmental Disabilities Council
- **Emma Simmons**, Iowa Transportation Coordination Council
- **Dr. Robert Kruse**, Iowa Health and Human Services (HHS) – Division of Public Health
- **Jeff Berckes**, Office of the Chief Information Officer (OCIO)
- **Jill Lange**, Iowa HHS – Division of Community Access
- **Jonn Durbin**, HHS – Division of Administration
- **Julie Johnson**, Iowa Department of Transportation
- **Kasey Lee**, Iowa Department of Transportation
- **Kathleen Meradith-Eyers**, Iowa Department of Transportation
- **Kimberley Walford**, Department for the Blind
- **Kevin Gabbert**, Iowa HHS – Division of Behavioral Health
- **Latisha McGuire**, Iowa HHS – Iowa Medicaid
- **Melissa Gillett**, Iowa Department of Transportation
- **Sally Kreamer**, Department of Corrections
- **Sara Bath**, Department of Workforce Development
- **Sonya Streit**, Iowa HHS – Division of Strategic Operations
- **Commandant Todd Jacobus**, Iowa Department of Veteran Affairs
- **Trisha Gowin**, Iowa HHS – Division of Family Well-Being & Protection
- **Zach Rhein**, Iowa HHS – Division of Aging and Disability Services



# Steering Committee Support

- **Eugenia Kendall**, Iowa Health and Human Services (HHS) – Division of Aging & Disability Services MPA Project Manager
- **Emily Eppens**, Iowa Health and Human Services (HHS) – Communications Manager
- **Marisa Luera**, Sellers Dorsey, Director
- **Meredith Wurden**, Sellers Dorsey, Senior Strategic Advisor
- **Jennie Costilow**, Sellers Dorsey, Associate Director
- **Nina Ramiah**, Sellers Dorsey, Senior Consultant

# Review Feedback

# MPA Clarifications



**State-led**



**Cross- agency  
development and  
accountability**



**Community partner  
and consumer  
engagement**



**Broad focus on  
aging throughout  
the lifespan**



**Data driven**



**Living document**



# Feedback from Last Meeting

**Project Title:** IA SAIL: Iowa Solutions for Aging with Independence and Longevity

**Revised Document Title:** Multisector Plan for Aging, Including Aging with Disabilities (MPA)

**New Mission Statement:** To understand, plan for and address aging issues across multiple sectors and systems. To ensure everyone has access to person-centered services and supports needed to age well within their community of choice.

**Revised Vision Statement:** All persons in Iowa age with independence and health across their lifespans.



# Steering Committee Project Charter Highlights

## Purpose:

- The MPA is a long-term plan for Iowa to help people age well in their communities. The Steering Committee wants input from community partners, professionals, and the public to create a more organized system. **This system aims to support healthy aging, independent living, and social engagement, while also dealing with issues like healthcare, housing, transportation, and other factors affecting health.**

## Objectives:

- Understand existing initiatives that could complement and support the MPA.
- Advise and provide recommendations to HHS in the development of the MPA.

# Steering Committee Charter – Member Responsibilities

1

- Bring personal and professional expertise on issues for inclusion in the MPA.

2

- Provide oversight and guidance on subcommittee structure, timeline, and process, including determining topical areas for which subcommittees need to be formed.

3

- Attend and contribute to subcommittee activities.

4

- Gather input on priorities, needs, and gaps related for developing recommendations.

5

- Finalize recommendations on priority issues to address within the MPA and potential strategies and initiatives to address them.

6

- Prioritize meeting attendance, review meeting materials, and actively engage in meetings and related activities.



# Discussion



# Landscape Review

# Landscape Highlights

## HHS System Snapshot

### STATE OF IOWA

Population	3,200,517
Life Expectancy	78.7 years

**37 counties** have a shortage and **Primary Care** Providers

**82 counties** have a shortage of **Dental Care** Providers

**92 counties** have a shortage of **Mental Health Care** Providers

**24.7% of adults** report binge drinking

**36.3% of adults** have an unhealthy body weight

**23% of households** spend 30% or more on housing

**12.8% non-institutionalized** population with a disability\*

**11% live below** the rate of poverty

**5.6% of households** do not have a vehicle

\*2022 U.S. Census

# Focus on Equity

## Iowa Data Profiles

- [African Americans in Iowa: 2024](#)
- [Women in Iowa: 2023](#)
- [Older Iowans: 2023](#)
- [Asian and Pacific Islanders in Iowa: 2023](#)
- [Latinos in Iowa: 2023](#)
- [Native Americans in Iowa: 2023](#)
- [Iowans with Disabilities: 2022](#)

**30.5% poverty**  
rate in 2022 for  
the **African  
American**  
Population

**12.4% poverty**  
rate in 2021 for  
**women** in Iowa

**8.4% poverty**  
rate for people  
**65 and older** in  
2021

**12.8% poverty**  
rate in 2021 for  
those who  
reported their  
race as **Asian**

**14.7% poverty**  
rate for the  
**Latino** population  
in 2022

**36% poverty** rate  
for the Iowa  
**American Indian  
and Alaska  
Native** in 2022

**18.9% poverty**  
rate for **Iowans  
with disabilities**  
in 2021

**46.1% veterans**  
**18-64 yrs.** below  
poverty and have  
a disability in  
2021

**43.8% veterans**  
**65 yrs. and over**  
below poverty in  
2021

\*2022 U.S. Census

# Landscape Review by Domain

## Aging in Place

### Key Data Points\*

- Age-Friendly Health System: 43
- ADRC/NWD Functions: 41
- Medicaid LTSS Spending: 38
- Home Health Aide Supply: 37
- Nursing Home Residents with Low Care Needs: 36



\*[AARP 2023 LTSS Scorecard](#)

### Current Initiatives

- Hope and Opportunities in Many Environments (HOME)
- Aging and Disability Resource Centers (ADRC)/ No Wrong Door Expansion (NWD)
- Program of All-Inclusive Care of the Elderly (PACE)
- Olmstead Plan alignment
- State Plan on Aging
- AARP Age-Friendly Communities

# Landscape Review by Domain

## Aging with Economic Security

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### Key Data Points

Home Care Cost\*: 46

Housing With Lead Risk (% of housing stock)\*\*: 45

Medicaid for Low-Income People with Disabilities\*: 43

Access to Housing Assistance for People with Disabilities\*: 34

\*[AARP 2023 LTSS Scorecard](#)

\*\*[2023 America's Health Rankings](#)



### Current Initiatives

Homeowner Assistance Fund

Home and Community-Based Services  
Rent Subsidy Program

Aftercare Rent Subsidy Program

Section 8 Rental Communities

Affordable Housing and Assisted Living  
Seach Tools

Workforce Development Competitive  
Employment and Workforce Innovation  
and Opportunity Act (WIOA)

# Landscape Review by Domain

Living Better Longer

## Key Data Points\*

- Excessive Drinking (% of adults) 48
- Mental Health Providers (per 100,000): 43
- Obesity (% of adults): 38

## Current Initiatives

- Iowa's 2023 – 2027 State Health Improvement Plan Alignment
- Health Equity Needs Assessment
- State Plan on Aging
- Olmstead Plan

# Landscape Review by Domain

## Caregiver Support

[\\*AARP 2023 LTSS Scorecard](#)

### Key Data Points\*

- Support for Family Caregivers: 33
- Adult Day Supply: 33

### Current Initiatives

- State Plan on Aging
- Olmstead Plan

### Agency and Community Partners

- Iowa CareGivers
- AARP Caregiver Resources
- Alzheimer's Association
- Dementia Friendly Iowa

# Landscape Review by Domain

## Social Engagement

### Key Data Points\*

- High-Speed Internet (% of households): 32

### Current Initiatives

- Digital Equity Plan
- ADA Transportation Plan





# Discussion

# Subcommittee Template

# Subcommittee Activities



Identify and discuss MPA goals and recommendations.



Propose strategies and initiatives under each recommendation.



Select measures of success.



Designate point person(s) to capture recommendations and submit recommendations to the full Steering Committee for the MPA.

# Subcommittee Considerations



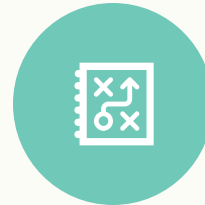
Existing initiatives, programs, services, or infrastructure connected to the priorities.



Opportunities for change or improvement.



New initiatives, programs, services, or infrastructure that may be needed.



Implementation challenges.



Potential costs and investments related to changes to existing programs/services, or for new initiatives.



Timing and implementation requirements, including whether legislative direction or state appropriations may be required.

# MPA Recommendations Capture Table

Domain	Goal	Recommendation	Strategy/ Initiative	Short, Mid, or Long-Term	Lead Agency	Consensus (Y/N)
Example: Aging with Economic Security	Affordable, safe housing	More housing options	Assess needs for housing modifications to address changing needs for aging, e.g., housing modification programs, falls prevention programs	Short-term (Year 1)	Iowa Finance Authority, Iowa Health & Human Services	Y



# Discussion

# Identifying Subcommittees

# Review Options

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## 01

### Option 1

- Utilize the five Domains and separate into five subcommittees
- Discussion will be organized by each domain

## 02

### Option 2

- Steering Committee determines subcommittee topics

## 03

### Option 3

- Steering Committee determines subcommittees by function. Listed below are examples
- Research subcommittee, equity subcommittee, outcomes subcommittee



# Option 1: Domains

## Aging in Place

- Healthcare
- Coordination of Services and Person-Centered Services
- Access to Home and Community-Based Services (HCBS)
- Transportation and Vehicle Modifications

## Aging with Economic Security

- Affordable and Accessible Housing
- Paying for Long-term Care
- Paying for In-Home Services
- Healthcare Coverage
- Paying for Medications

## Living Better Longer

- Nutrition and Food Security
- Behavioral Health
- Health Equity
- Exercise and Physical Activity
- Safety and Emergency Preparedness

## Supporting Caregivers

- Direct Care Professionals
- Workforce Shortages
- Informal Caregiver Support
- Dementia Supports
- Respite Care

## Social Engagement

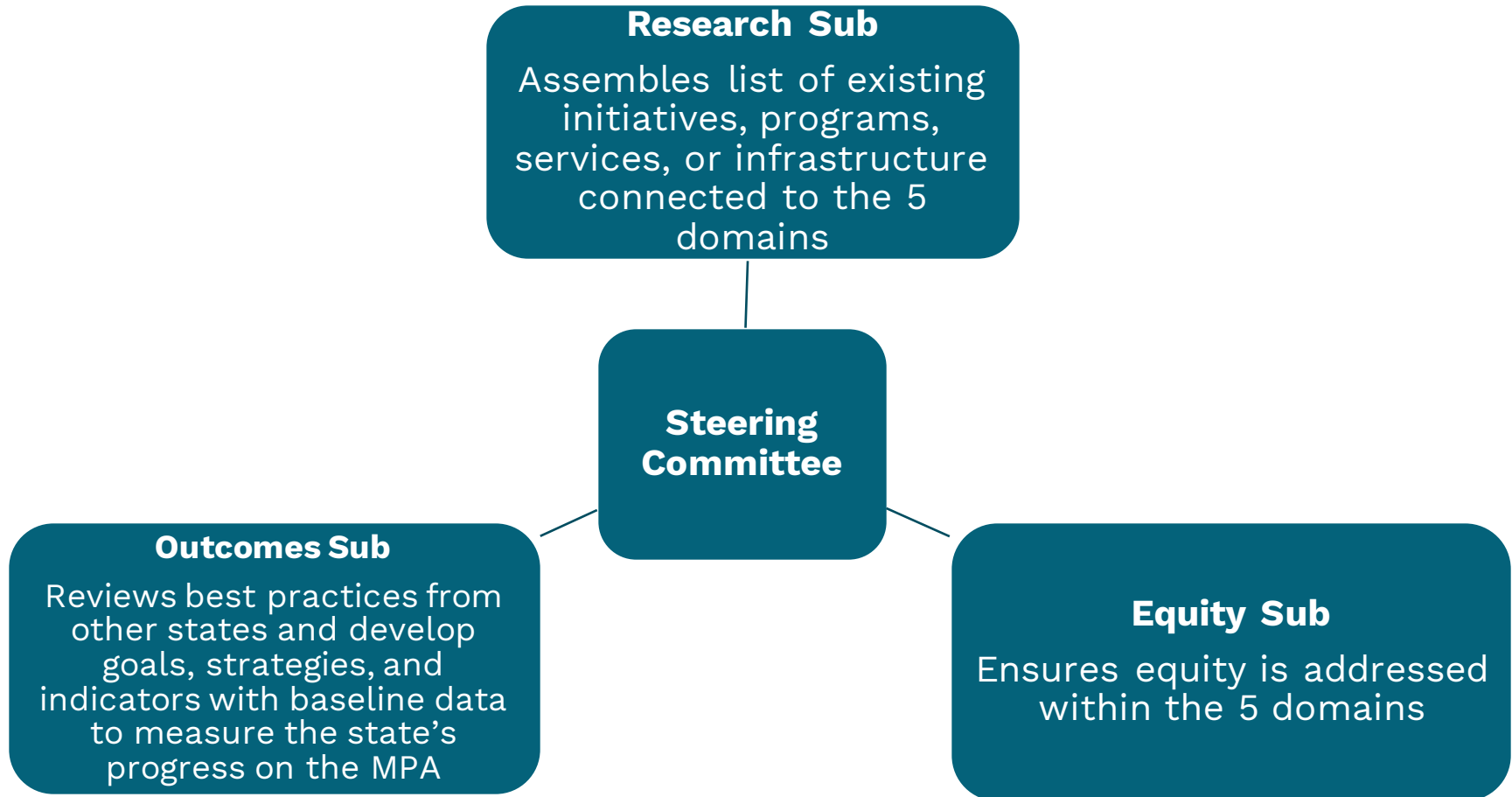
- Companionship
- Access to the Internet
- Transportation
- Multi-generational Social Engagement

# Option 2: MPA Topical Subcommittees

- ▶ **Which topics need to be evaluated and discussed further based on the current landscape and information provided?**
- ▶ ***Below are Examples Only***



# Option 3: MPA Functional Subcommittees





# Discussion

# Subcommittee Participation



- ▶ **Which subcommittee(s) are you interested in participating?**
- ▶ **Which subcommittee(s) are you interested in leading?**



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# Discussion

# MPA Steering Committee & Subcommittee Timeline

## Steering Committee Kick-Off Meeting

Objectives: Review roles & responsibilities and confirm MPA Domains

Feb

## Subcommittees convene

Objectives: Collaborate and identify efforts, areas for improvement, and develop recommendations

March

April–June

June–July

**Steering Committee Meeting 2**  
Objectives: Identify subcommittees and subcommittee members

**Steering Committee Reconvenes**  
Objectives: Review subcommittee recommendations and submit recommendations to Iowa ADS

# Next Steps

## 01

### Schedule subcommittee meetings

- Leads work with HHS-ADS to schedule meetings
- Identify people to capture action items and decisions
- Use MPA Capture Table for recommendations

## 02

Next Meeting: June 26, 2024



# Questions?

## **Contact:**

Eugenia Kendell, [eugenia.kendell@iowa.org](mailto:eugenia.kendell@iowa.org)

Emily Eppens, [eeppens@dhs.state.ia.us](mailto:eeppens@dhs.state.ia.us)

# Resources

# Other State MPAs

- **California MPA**
  - [MPA Website](#)
  - [California Master Plan for Aging](#)
- **Texas MPA**
  - [Aging Texas Well Website](#)
  - [TexCenter as Master Plan on Aging](#)
- **Minnesota MPA**
  - [Minnesota State Plan on Aging](#)
- **Center for Health Care Strategies**
  - [Developing a Multisector Plan for Aging](#)