

Breastfeeding Peer Counseling Coordinators Virtual Meeting Notes

January 31, 2023 - Tuesday

9:00 - 11:00 am

In Attendance:

Introductions/Icebreaker

Sharing from all FY22 BFPC Coordinators - Please come prepared to share!

As was shared with you in my 12.22.22 email:

“For those of you who were coordinators of BFPC programs in FY22, I have read all of your final reports, and a couple months ago your performance measures. I am so impressed with all you have done to connect with the community, develop new relationships, be creative in reaching and connecting with diverse cultures, overcome challenges, and experience some very impressive successes. During the meeting in January, **I would like to spend a good share of our time having all of you share these activities and successes, even successes in overcoming challenges.** I shouldn't be the only one to have the privilege of hearing about all the magnificent things that you all are doing! And you will be much better at telling your story than me.”

Announcements/discussion items

WIC BF Curriculum

Focus - WIC Coordinator is to send the request to the WIC HD to request a peer be activated in Focus. Also, any further communication regarding the request is to go through HD, not to me or any of the other consultants. remember to open a “family” if you want to activate all the screen options.

FY23 BFAE -

Two applicants this year - Broadlawns, HACAP

Review through 3/25? Announce in August

FY23 BFPC Site Visits

Community Action of SE Iowa, CHC, Dbq VNA, NiCAO, Mid-Sioux,

Broadlawns, Pott Co., HACAP

Would like to meet with the peer counselors (staff meeting) while there for the site visit, but esp. for the 5 new programs.

Conferences and educational opportunities

May BF Conference - May 18, 19

OA trainings

Other - Reminders:

Documentation Review -

Observation of Peer Contacts - (policy, form).

WIC and BFPC contracts are integrated - One RFA this year

Annual Report only this year (not posted to Iowa Grants yet)

Performance Measure - none directed toward BFPC specifically.

Sending a survey - peer cultural diversity determination

BF Strategic Plan 2023 -2026

Found on the HHS website <https://hhs.iowa.gov/wic/breastfeeding>

4 Goals w/ obj, strategies, activities - workgroups for each

Highlights:

Centralized database (Collective website),

IBC training, ppt from WIC coordinators meeting? IBC training overhaul - Marieta's ppt info.

Donor Milk

Centralized Database.

USDA WIC Breastfeeding Curriculum Guide for training Peer Counselors

12.22.22

Peer Counselors will need to complete all Level 1&2 videos prior to contacting WIC participants.

1. Self-Study Users Guide: PLEASE READ before accessing the videos, etc. Included in the guide is a table that includes the title and length of all videos per Level, and also includes the handouts needed for each video.

https://drive.google.com/file/d/1vIRIwQdjitgoqGdGDCYYkBG95DuLWju2/view?usp=share_link

2. Self-Study Videos: Level 1 videos and Level 2 videos. All videos are 5 - 15 minutes each. There are five categories in Level 1 and seven categories in Level 2. In those categories, I believe I counted 20 videos for Level 1 and 65 for Level 2.

Level 1:

https://drive.google.com/drive/folders/1SG7HTV-IsvOoJpzDL199c1uGmAQnt9Ho?usp=share_link

Level 2:

https://drive.google.com/drive/folders/1wGCw6QDtMflk2TbaO7ExdxmZT27FEXBb?usp=share_link

0. WIC Action Journal: Print and give a copy to each peer to use when viewing self-study videos. There is space for them to take notes and create goals while watching the video. This also includes the date and as the coordinator you will want to sign off that each video has been completed. https://drive.google.com/drive/folders/17ntGqGyALNsbbIEIIGPe-XC0ltzsKUfp?usp=share_link

0. Post-tests: This includes two documents, one contains the questions and the other one contains answers. All four levels are included on both documents. You will need to share only the questions with the peers and have them share their answers with you when they are completed. https://drive.google.com/drive/folders/1ddEVXRMc6t7nboidNvnGoUYinZEGFuV3?usp=share_link

0. Certificate of Completion: Issue to peer upon completion of Levels 1&2 of the training. https://drive.google.com/file/d/1q_uVP3aOPtHq_dSGAyfT1FaC_RVLbmob/view?usp=share_link