

Children's Behavioral Health System State Board  
Meeting Minutes  
November 14<sup>th</sup>, 2023  
10:00 am to 1:30 pm  
Virtual Only

**CHILDREN'S BOARD MEMBERS PRESENT VIA ZOOM:**

Kelly Garcia (co-chair)	Bradley Niebling
Kim Buryanek (co-chair)	Kristie Oliver
Andrew Allen	Kari Price
Darci Alt	Jason Sandholdt
Senator Claire Celsi	Beth Townsend
Mary Neubauer	Richard Whitaker

**CHILDREN'S BOARD MEMBERS ABSENT:**

Representative Timi Brown-Powers  
Senator Jeff Edler  
Aaron Johnson  
Marcus Johnson-Miller  
Carol Meade  
Nathan Noble  
Representative Jeff Shipley  
Cindy Yelick

**OTHER ATTENDEES:**

Barb Anderson	Carrie Malone
Jacob Appel	Mary McKinnell
Tasha Beghtol	Pat McReynolds
Amy Berg-Theisen	Vickie Miene
Teresa Bomhoff	Hannah Olson
Kim Buryanek	Tony Raymer
Kevin Carroll	Zach Rhein
DeAnn Decker	Flora Schmidt
Jim Donoghue	Kristina Seier
Marissa Eyanson	McKenzie Snow
Julie Gibbons	Noah Tabor
Tami Gilliland	Sarah Trone Garriott
Natalie Ginty	Beth Troutman
Lucia H	Annie Uetz
Emma Hall	Melissa Walker
Britney Herbold	Suzanne Watson
Chelsea Hoye	Tammy Wetjen-Kesterson
Sherri Hunt	Susan Whitty
Lindsey Ingraham	Ryanne Wood
Ginger Knisley	Chaney Yeast
Brenna Koedam	

## **Materials Referenced**

*Children's Board September 9<sup>th</sup>, 2023, Meeting Minutes DRAFT  
2023 Annual Children's Board Report DRAFT 11.09.2023*

## **Welcome and Introductions**

Kelly Garcia, Director of the Iowa Department of Human and Human Services (HHS), and Kim Buryanek, Iowa Department of Education (DE), representative called the meeting to order at 10:02 am thanking the Children's Board and the public for their attendance.

## **Department and Legislative Updates – Kelly Garcia and Kim Buryanek**

Marissa Eyanson introduced Zachary Rhein, who became the Division Director of Aging and Disability Services this past summer. Zachary shared that the vision for the division is to ensure a system is built out to focus on services for individuals with disabilities, many who have increasingly complex and co-occurring needs, while continuing the work in the aging space.

Kelly Garcia provided updates from HHS.

Iowa HHS is close to releasing a report on the findings and recommendations on the System Alignment Initiative. The realigned work is a major philosophical and operational shift which is no longer centered on boundary maps, but shifts focus onto clients and an administrative simplification process. The full report will be shared when finalized.

Iowa HHS' Medicaid focused waiver redesign, Hope and Opportunity in Many Environments (HOME), is nearing completion with recommendations around a new service array as well as the cost calculation associated with that change.

An assessment of child protective services is being conducted with a focus on looking at diversion out of that system to make practice changes.

The Therapeutic Foster Care Initiative has been launched.

McKenzie Snow became the Director of the Department of Education this past summer and provided updates from the DE.

Director Snow shared the DE mission, vision, and statewide priorities. One priority was the implementation of Youth Mental Health First Aid (YMHFA) training, designed to teach parents, family members, teachers, school staff and other caring adults about the unique risk factors and warning signs of mental health problems in adolescents. A second priority has been the implementation of therapeutic classrooms, providing competitive grants to public school districts to establish therapeutic classrooms. Thirdly, the DE is focused on reducing chronic absenteeism, with students with disabilities as a top priority as the data shows they are not performing as well as students across the nation.

## **Review & Vote on Approval of September 9<sup>th</sup>, 2023, Meeting Minutes**

Quorum was established at 12:08 pm. Jason Sandholdt made a motion to approve the September 9<sup>th</sup>, 2023, meeting minutes. Mary Neubauer seconded the motion. The motion passed unanimously.

## **Annual Board Report Discussion**

Marissa Eyanson led the Board through a review of the drafted 2023 Annual Children's Board Report for additions and changes, included recommendations made by the board report subcommittee. Additional changes were made in response to board member suggestions.

## **Review & Vote on Approval of Children's Behavior Health System State Board Annual Report December 2023**

Richard Whitaker made a motion to approve the 2023 Annual Children's Board Report with the edits made during the discussion. Andrew Allen seconded the motion. Kelly Garcia and Kim Buryanek were present but abstained from voting. The motion passed unanimously. The Board Report was submitted to the Legislature for approval.

## **Planning for Future Meetings**

The board discussed ideas for future meetings. Suggestions included:

- Revisit the First Five program and hear success stories from that program.
- Receive updates on Universal screenings, possibly hearing macro level updates from Dr. Kruse.
- Receive updates from the Scanlan Center. Learn more about online resources for educators and providers, clinical services expansions, the available database of providers, and innovative work around workforce expansion.
- Learn more about where children's services fit within the larger safety net of systems such as the Integrated Provider Network (IPN) and Community Mental Health Centers (CMHC). Examine funding and the distribution difference between child and adult services.
- Reconvene a workforce subcommittee.
- Continue the conversation on chronic absenteeism and the affects it has on all other supports. Learn how teachers can be provided with additional training to support to better to students with Social Emotional Learning needs.
- Learn more about how to ensure early intervention for access to services for youth with Substance Use Disorder (SUD).

The board reviewed the 2024 calendar of scheduled meetings. There was discussion on the format of the meetings, with the board recommending that some meetings be held in person with the remainder being virtual. The board did not recommend hybrid meetings.

## **Break**

12:12 pm to 12:30 pm.

## **Infant and Early Childhood Mental Health - Building better beginnings through relationships - Beth Troutman, Ph.D., ABPP, ECMH®**

Beth Troutman, University of Iowa Carver College of Medicine, gave an overview of Parent-child interaction therapy (PCIT), an evidence-based intervention designed to reduce disruptive behavior in children. Parent-child interaction therapy (PCIT) works with parents and children together to promote positive parent-child relationships while decreasing the child's behavior problems. Adaptations of parent-child interaction therapy can be used to address depression, separation anxiety disorder, and autism spectrum disorder.

## **Public Comment**

There was an opportunity for the public comment. Public comment included a statement of gratitude towards the board for putting extra effort into developing concrete and innovative recommendations in the board report.

**Adjourn**

The meeting adjourned at 1:21 pm. Kristie Oliver moved to adjourn; Andrew Allen seconded. The motion passed unanimously.

Meeting minutes respectfully submitted by Patti Manna.