

Iowa Solutions for Aging with Independence and Longevity (IA SAIL)

**MULTISECTOR PLAN FOR
AGING, INCLUDING AGING
WITH DISABILITIES**

Eugenia Kendall, Project
Manager, Division of Aging &
Disability Services

March 2024

Solutions for Aging with Independence and Longevity

- **IA SAIL** is a project with many different phases. The first phase includes gathering information and feedback from people living in Iowa to draft a plan. Other phases include preparing to launch the plan and monitoring ongoing progress after the plan is live.
- The **MPA** refers to the plan that will be drafted at the end of the first phase of the project. This document will provide guidance and goals to meet over the next 10 years in Iowa.



What is the Multisector Plan for Aging?

- The MPA is a cross-sector, state-led strategic planning resource.
 - It provides a clear framework to plan for aging across the lifespan for the next 10 years.
 - It shares a common vision and clear priorities.
 - It coordinates resources and services throughout the state.
 - It reflects input from a variety of voices.

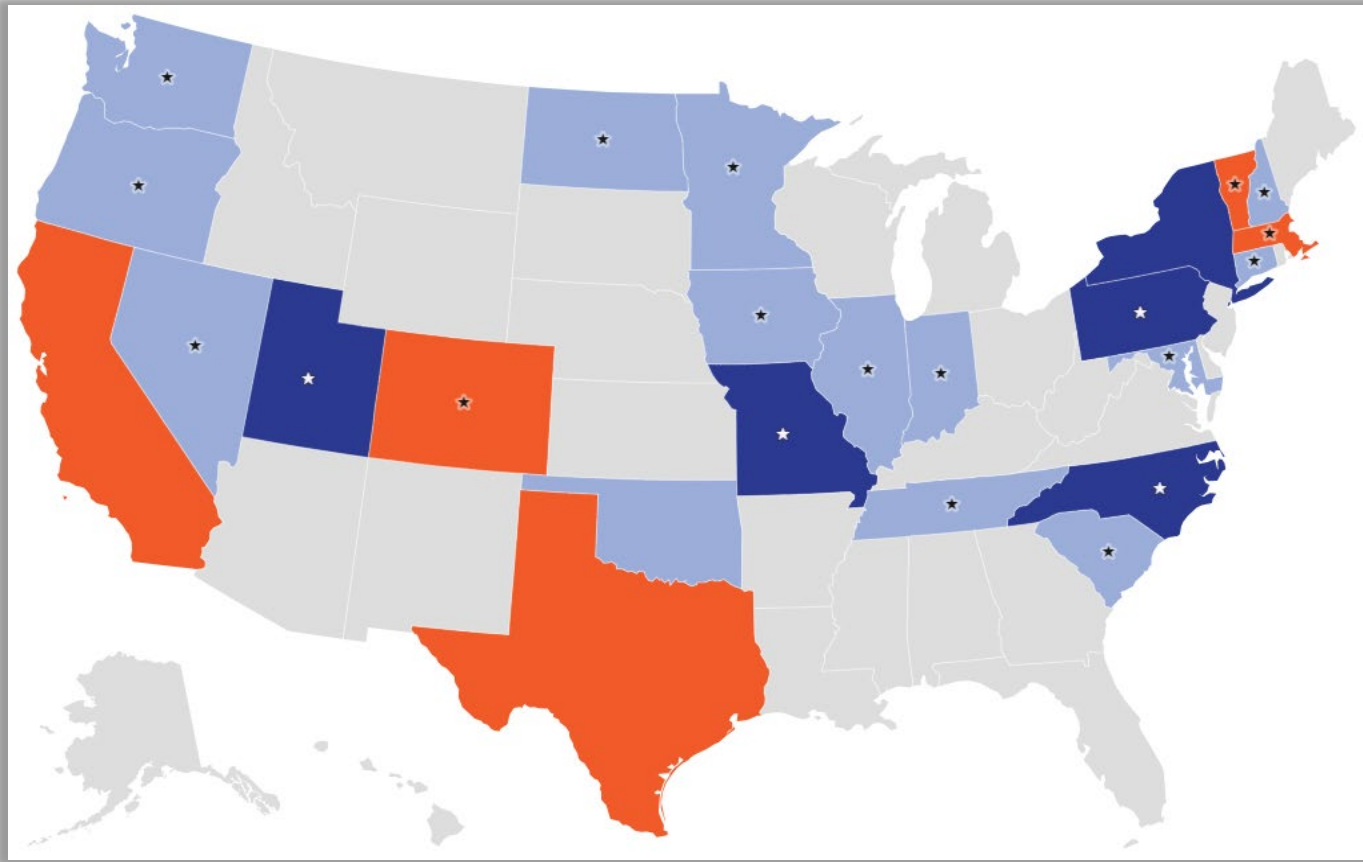


★ = MPA Learning Collaborative

■ Fostering Development

■ Legislation/Executive Order

■ MPA Developed/Implementing



MPA Activity Across States

Example: California's MPA Goals

Master Plan for Aging: Five Bold Goals for 2030

For people of all ages and abilities



Goal 1:
Housing for All Ages
and Stages



Goal 2:
Health Reimagined



Goal 3:
Inclusion and Equity,
Not Isolation



Goal 4:
Caregiving that Works



Goal 5:
Affording Aging



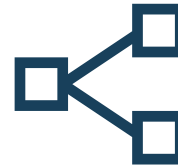
Overall MPA Approach



Review MPA and related efforts in Iowa and other states.



Highlight and leverage existing programs and initiatives.



Partner with complementary state efforts.



Gather and share community input to inform MPA priorities.



Post draft MPA for public feedback.



Adopt final state MPA.

“All persons in Iowa age
with independence and
health across their
lifespans.”

Iowa's MPA Vision



Health and
Human Services

“To understand, plan for and address aging issues across multiple sectors. To ensure everyone has access to person-centered services and supports needed to age well within their community of choice.”

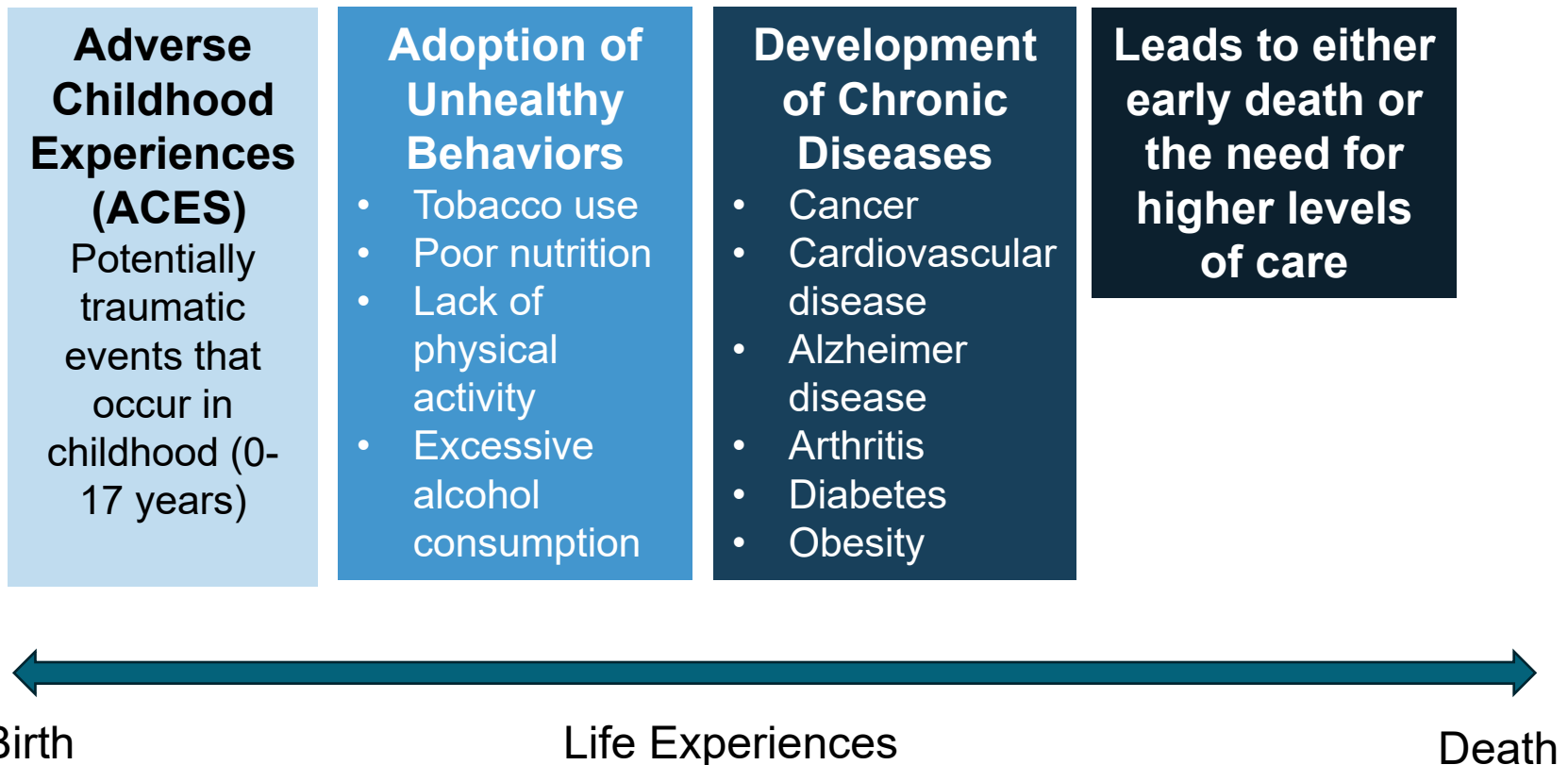
Iowa's MPA Mission



Health and
Human Services

Aging Throughout the Lifespan

Why we are taking a long view...



Landscape Highlights

HHS System Snapshot

STATE OF IOWA

Population 3,200,517

Life Expectancy 78.7 years

37 counties have a shortage and **Primary Care** Providers

82 counties have a shortage of **Dental** Care Providers

92 counties have a shortage of **Mental Health** Care Providers

24.7% of adults report binge drinking

36.3% of adults have an unhealthy body weight

23% of households spend 30% or more on housing

12.8% non-institutionalized population with a disability*

11% live below the rate of poverty

5.6% of households do not have a vehicle

*2022 U.S. Census

Focus on Equity

30.5% poverty rate in 2022 for the **African American** Population

12.4% poverty rate in 2021 for **women** in Iowa

8.4% poverty rate for people **65 and older** in 2021

12.8% poverty rate in 2021 for those who reported their race as **Asian**

14.7% poverty rate for the **Latino** population in 2022

36% poverty rate for the Iowa **American Indian and Alaska Native** in 2022

18.9% poverty rate for **Iowans with disabilities** in 2021

46.1% veterans **18-64 yrs.** below poverty and have a disability in 2021

43.8% veterans **65 yrs.** and over below poverty in 2021

Iowa Data Profiles

- [African Americans in Iowa: 2024](#)
- [Women in Iowa: 2023](#)
- [Older Iowans: 2023](#)
- [Asian and Pacific Islanders in Iowa: 2023](#)
- [Latinos in Iowa: 2023](#)
- [Native Americans in Iowa: 2023](#)
- [Iowans with Disabilities: 2022](#)

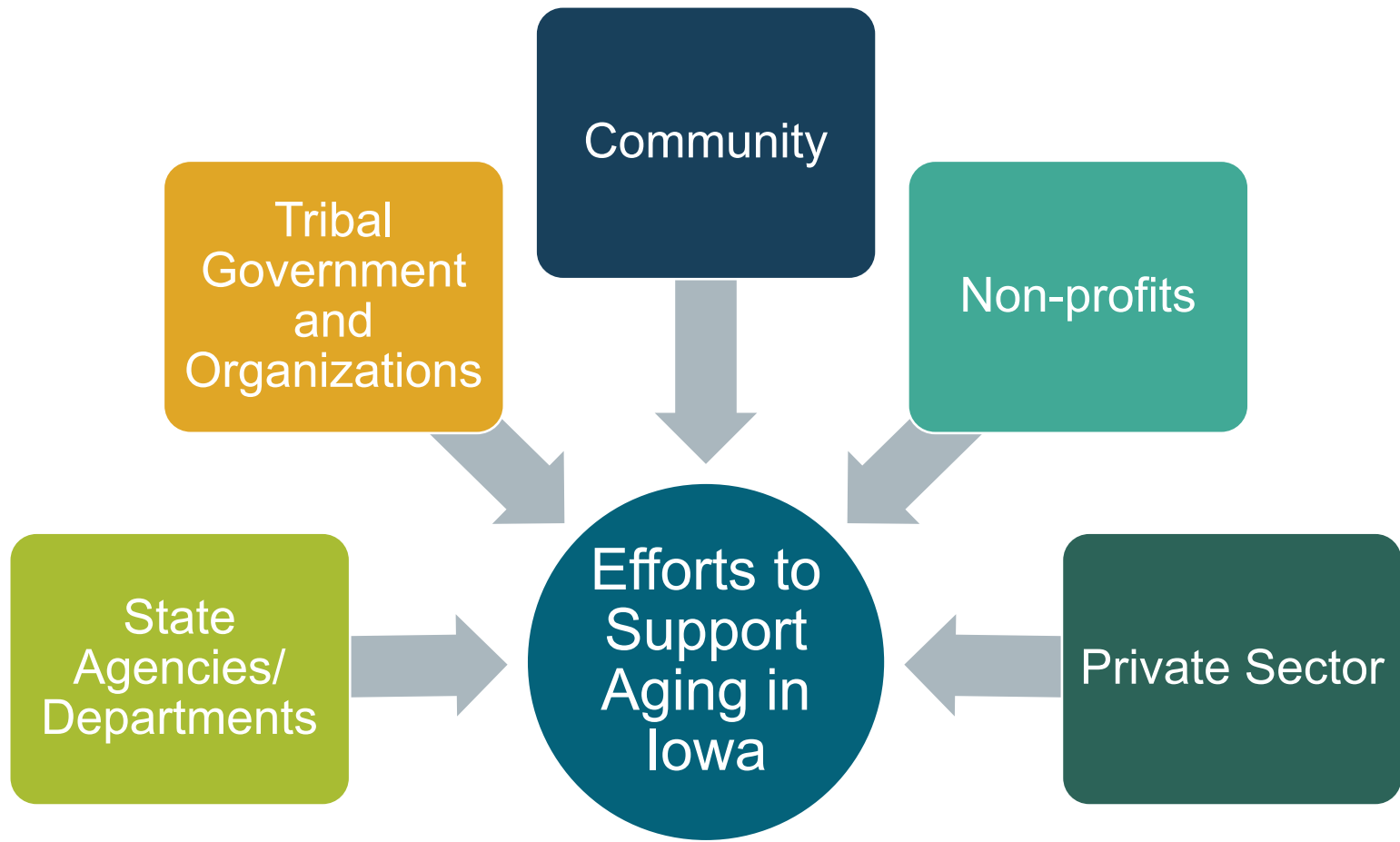
*2022 U.S. Census

Building on Iowa's Strengths

- Comprehensive Medicaid program including coverage of long-term services and supports (LTSS) and home and community-based services (HCBS).
- Current HHS initiatives:
 - Aging and Disability Resource Centers (ADRC)/Front door
 - Certified Community Health Workers
 - Hope and Opportunity in Many Environments (HOME)
 - Health Equity Needs Assessment
 - Healthy Iowans/Community Needs Assessment
 - Thrive Iowa/Closed Loop Referral



Multisector Collaboration



Engagement Strategy



Timeline: 2024-2025

	Jan.	Feb.	March	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Steering Committee												
MPA Webpage Launch												
Town Halls												
Subcommittees												
Community Survey												
Agency and Partner Interviews												
Focus Groups												
Recommendations												
Draft MPA												

Steering Committee Members

State Departments and Divisions

- ▶ Department of Transportation
- ▶ Department of Veteran Affairs
- ▶ Department of Workforce Development
- ▶ Department for the Blind
- ▶ Department of Corrections
- ▶ HHS – Division of Administration
- ▶ HHS - Division of Aging and Disability
- ▶ HHS - Division of Behavioral Health
- ▶ HHS - Division of Community Access
- ▶ HHS - Division of Family Well-Being & Protection
- ▶ HHS - Division of Public Health
- ▶ HHS - Human Rights
- ▶ HHS - Iowa Medicaid
- ▶ Office of the Chief Information Officer (OCIO)
- ▶ Office of Health Equity

Community Partners

- ▶ AARP
- ▶ Alzheimer's Association
- ▶ Csomay Center for Gerontological Excellence
- ▶ Iowa Area Aging on Aging Association
- ▶ Iowa Association of Councils of Government
- ▶ Iowa CareGivers
- ▶ Iowa Community Action Association
- ▶ Iowa Developmental Disabilities Council
- ▶ Iowa Housing Partnership
- ▶ Iowa Rural Health Association
- ▶ Iowa State Association of Counties
- ▶ Iowa Transportation Coordination Council
- ▶ Iowa's University Center for Excellence in Developmental Disabilities (UCEDD)
- ▶ Older Iowans Legislator
- ▶ Olmstead Consumer Task Force
- ▶ One Iowa
- ▶ Tribal Representatives
- ▶ University of Iowa, Health Management & Policy

Discussion Topics

Aging in Place

- Choosing where I live and having the support I need as I age.

Aging with Economic Security

- Being financially secure as I age.

Living Better Longer

- Having good health as I age.

Supporting Caregivers

- Having community supports to assist others as they age.

Social Engagement

- Staying active and social within my community as I age.

How to get Involved?



Visit the IA SAIL website:
<https://hhs.iowa.gov/programs/programs-and-services/aging-services/ia-sail>.



Complete the community survey.



Share the community survey.



Make recommendations

Questions

Eugenia Kendall

IA SAIL Project Director

Iowa HHS

eugenia.kendall@iowa.gov

515-975-5426



Health and
Human Services