

## AI.1 – PURPOSE

### Purpose

The purpose of this manual is to provide key information necessary for providing family planning (FP) and reproductive health services as part of the Title X FP program.

The manual outlines federal and state policies and procedures as applicable. The Title X manual is based upon:

- [2021 Title X Final Rule](#),
- [Title X Program Handbook, July 2022](#),
- [Providing Quality Family Planning \(QFP\) Services: Recommendations of CDC and the U.S. Office of Populations Affairs, \(April 25, 2014\)](#)
- [Iowa Administrative Code Chapter 74 Family Planning Services](#)
- [Iowa Administrative Code Chapter 75 Family Planning Services](#)

The Iowa Department of Health and Human Services (Iowa HHS) Title X FP manuals (administrative and clinical) will be reviewed and approved each project period by the contracted Medical Director and/or more frequently if needed. Iowa HHS will ensure if policy updates are made, Subrecipients (SRs) will be notified, and updated documents shared.

Date Revised	September 2023
References	2021 Title X Final Rule (42 CFR § 59.5(a)(2)) <a href="https://www.ecfr.gov/current/title-42/chapter-I/subchapter-D/part-59">https://www.ecfr.gov/current/title-42/chapter-I/subchapter-D/part-59</a>  Title X Program Handbook <a href="https://opa.hhs.gov/sites/default/files/2022-08/title-x-program-handbook-july-2022-508-updated.pdf">https://opa.hhs.gov/sites/default/files/2022-08/title-x-program-handbook-july-2022-508-updated.pdf</a>
Additional Resources	