

A5.7 TELEHEALTH VISITS FOR TITLE X SERVICES

Purpose

The purpose of this policy is to describe the Iowa HHS Title X process for ensuring SRs and service sites compliance with the Title X FP requirements if a SR /service site chooses to provide services virtually through telehealth.

Policy

The provision of health care via telehealth is a mechanism to increase access to healthcare services by allowing healthcare providers to assess, diagnose, and treat patients without requiring both the individuals to be physically co-located.

"Telehealth" is not a service or a service delivery method; rather, telehealth is a mechanism or means for delivering a health service(s) to health center patients using telecommunications technology or equipment.

Procedure

lowa HHS will ensure each SR has the following if telehealth services are provided:

- A policy developed and maintained that outlines which visits can be done remotely.
- Staff workflows developed and maintained.
 - o Best practices from University of California San Francisco: https://beyondthepill.ucsf.edu/contraceptive-care-during-covid-19#telehealth-clinic.
- Equipment/Training Utilization of appropriate equipment, internet security, connectivity, HIPAA compliant telehealth platform, with staff appropriately trained to operate such equipment.
- Privacy/Confidentiality Maintaining the confidentiality of patient information and records, including all
 information as to personal facts and circumstances obtained by the health center staff about recipients of
 services delivered via telehealth.
- Medical Records/Documentation Documenting services provided via telehealth and reflected in the FP data system.
- Billing Has the ability to follow appropriate billing guidelines for authorized telehealth services.

Guidance for SRs Rendering Services via Telehealth*

- Identify clients via three unique identifiers, such as name, date of birth and address.
- Verify the client is in a private space or identify other individuals who are with the client.
- Confirm how patients will be fully informed about and consent to the delivery of health services via telehealth.
- Ensure appropriate client documentation.

Date Revised September 2023



References	Title X Program Handbook (https://opa.hhs.gov/sites/default/files/2022-08/title-x-program-handbook-july-2 022-508-updated.pdf)
Additional Resources	Health Resources & Services Administration (HRSA) - Program Assistance Letter, January 27, 2020 (https://bphc.hrsa.gov/sites/default/files/bphc/programrequirements/pdf/telehealth-pal.pdf) Best practices from University of California San Francisco (https://beyondthepill.ucsf.edu/contraceptive-care-during-covid-19#telehealth-clinic) Telehealth Visit Etiquette Checklist by the American Medical Association (://www.ama-assn.org/system/files/2020-04/telehealth-appendix-g4-telehealth-visit-etiquette-checklist.pdf)