

A photograph of a woman with braided hair, smiling warmly while holding a young girl. Another child is visible in the foreground, looking towards the camera. They are in a kitchen, with a refrigerator and various items in the background. The image is partially obscured by a white graphic overlay on the left side.

IOWA HEALTH & WELLNESS PLAN

ANNUAL FORUM

April 18, 2024

Overview

- ▶ This serves as the annual forum required by the Centers for Medicare & Medicaid Services (CMS) for the State's operation of the Iowa Health and Wellness Plan (IHAWP) demonstration
- ▶ The forum provides the public an opportunity to comment on the progress of the IHAWP demonstration

Overarching Demonstration Goals

- ▶ Improve enrollee health and wellness through the encouragement of healthy behaviors and use of preventive services.
- ▶ Increase enrollee engagement and accountability in their health care.
- ▶ Increase enrollee's access to dental care.
- ▶ Dental Wellness Plan (DWP)
 - Ensure enrollee access to and quality of dental services.
 - Allow for the seamless delivery of services by providers.
 - Improve the oral health of DWP enrollees by encouraging engagement in preventive services and compliance with treatment goals.
 - Encourage linkage to a dental home.

Demonstration Overview

Legislature authorized the IHAWP to provide access to healthcare for uninsured, low-income lowans, using a benefit design intended to improve health outcomes, increase personal responsibility and lower costs.

Healthy Behaviors

- Premium-free health care for completing:
 - Health Risk Assessment
 - Wellness or Dental Exam
- Otherwise, premium charged in second enrollment year*

Cost Sharing

- \$8 copay for non-emergency use of the ER
- Designed to encourage enrollees to seek care in the appropriate healthcare setting

Non-Emergency Medical Transportation

- Waiver of federal requirement to provide NEMT to IHAWP enrollees
- Aligns benefits with enabling legislation and consistent with commercial insurance coverage

*Applies to households with income over 50% FPL only

Demonstration Overview

Dental Wellness Plan

- Enrollment in a dental plan for all Medicaid enrollees, except:
 - PACE
 - HIPP
 - Presumptive eligibility
 - Emergency-only coverage
 - Medicare Savings Program
 - Medically Needy
 - Periods of retroactive coverage

Retroactive Eligibility Waiver

- Three months of retroactive Medicaid eligibility for:
 - Children
 - Pregnant women
 - Nursing facility residents
- For all other Medicaid populations, coverage is effective the first day of the month in which an application is filed

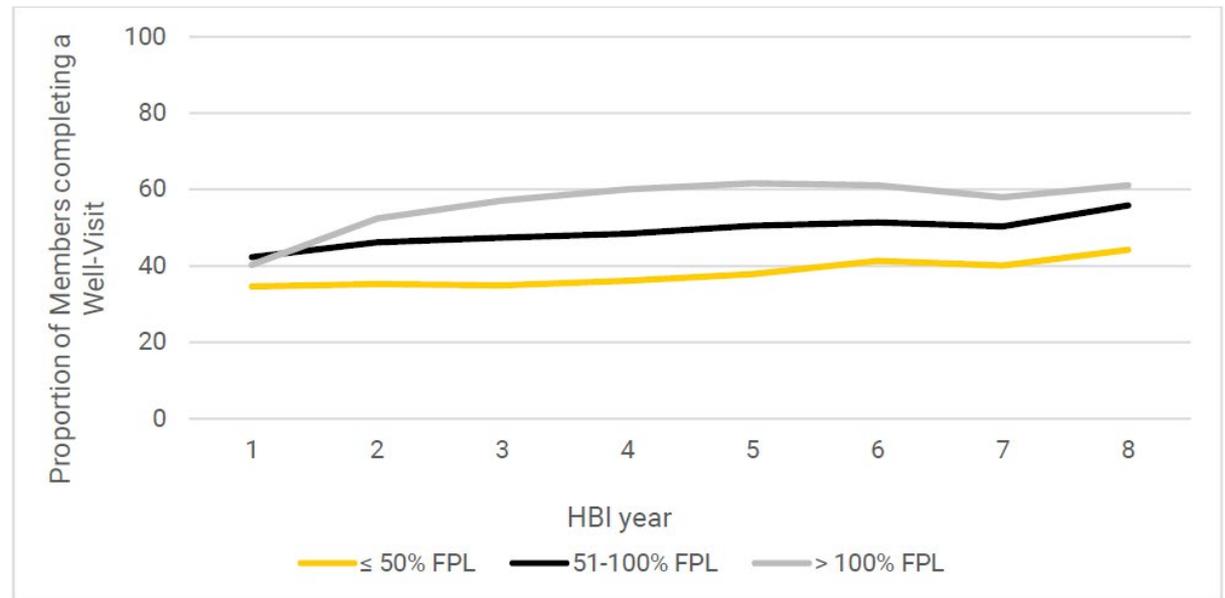
Demonstration Updates

- ▶ The 2023 IHAWP Annual Report is available on the Annual Forum Page of the Department of Health and Human Services' (HHS) website: [IHAWP Annual Report 2023](#).
- ▶ As required under the Special Terms and Conditions (STCs) of the IHAWP demonstration, HHS has contracted with the University of Iowa as an independent entity to conduct an evaluation studying the effectiveness of the demonstration.
 - The evaluation design was approved by CMS and is available on HHS' [IHAWP website](#) and on [Medicaid.gov](#).
- ▶ Some key findings from the University of Iowa's Interim Evaluation of the demonstration are included in the next slides.
 - The COVID-19 public health emergency (PHE) resulted in the State temporarily pausing the Healthy Behaviors and member contribution requirements; thus, interim data for related IHAWP provisions have also been delayed or placed on hold.
 - The full Interim Evaluation Report is accessible at <https://hhs.iowa.gov/public-notice/2024-04-17/ihawp-extension>
- ▶ The Healthy Behaviors program resumed June 1, 2023.

Interim Evaluation Key Findings: Healthy Behaviors

Completion of the Healthy Behaviors requirement trends upwards the longer an individual is enrolled in IHAWP and subject to meeting the requirement.

*Trends in Completion of a Well-Visit by Income Level
Between 2014 and 2021*

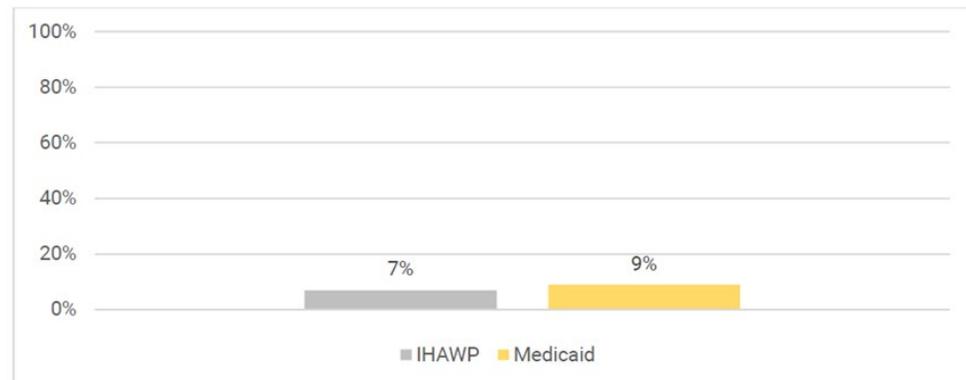


Note: Healthy Behaviors were paused in accordance with the Families First Coronavirus Response Act (FFCRA), during the COVID-19 PHE and reinstated at the end of the PHE.

Interim Evaluation Key Findings: Non-Emergency Medical Transportation

Unmet Health Care Need Due to Transportation Problems in Past Six Months (IHAWP vs. Medicaid)

A consumer survey revealed comparable rates of a reported unmet health care need due to transportation problems among Iowa Medicaid enrollees with full access to the NEMT benefit and IHAWP enrollees for whom NEMT is not a covered benefit.

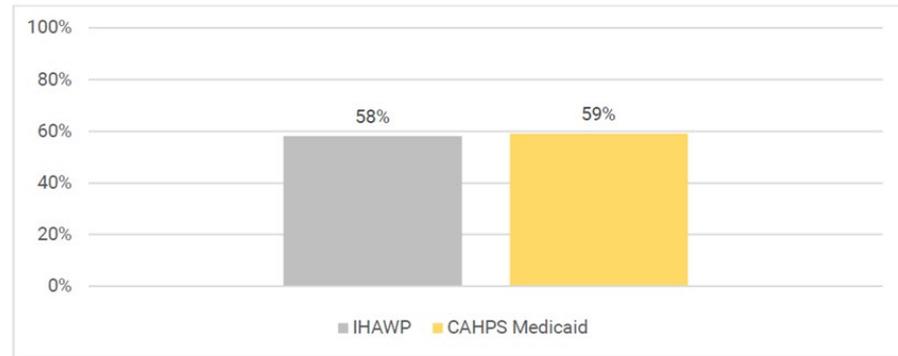


Chi-square not significant.

Interim Evaluation Key Findings

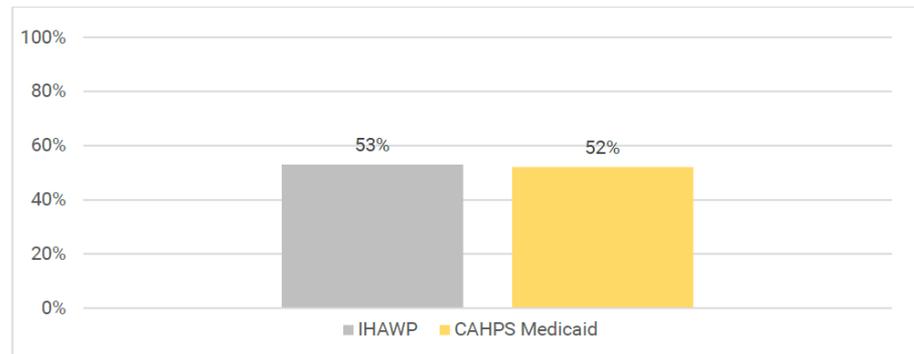
IHAWP members had similar access to timely care and services compared to adults in Medicaid from the 2022 National CAHPS Benchmarking Database

Always Got Care for Illness, Injury, or Condition as Soon as Needed in Past Six Months



One sample z-test for proportion: not significant

Always Got Check-up or Routine Care Appointment as Soon as Needed in Past Six Months



One sample z-test for proportion: not significant

Demonstration Extension

- ▶ HHS plans to seek a five-year extension of the demonstration, which currently expires December 31, 2024
 - Anticipated submission to CMS expected in June 2024
 - HHS is accepting public comments on the extension request through May 17, 2024



Questions and Comments

Submit a comment or question today by typing in the chat or raising your hand.



Health and
Human Services