| Suicide Deaths in Iowa—Heatmap by Month / Year 2000-2025* Iowa Occurrence Data | | | | | | | | | | | | | | | rices | | | | | | | | | | | | | |
|---|------|------|------|------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|-----|-----|
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 288 | 304 | 310 | 351 | 345 | 331 | 336 | 331 | 383 | 368 | 375 | 423 | 380 | 445 | 403 | 424 | 459 | 470 | 495 | 521 | 557 | 526 | 599 | 509 | 555 | 150 | | |
| | 2000 | 2001 | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | | |
| January | 29 | 26 | 24 | 24 | 28 | 28 | 31 | 27 | 37 | 30 | 36 | 39 | 26 | 44 | 35 | 33 | 31 | 29 | 38 | 32 | 44 | 46 | 35 | 35 | 43 | 41 | 871 | |
| February | 14 | 19 | 25 | 24 | 24 | 29 | 21 | 30 | 22 | 30 | 30 | 36 | 22 | 35 | 23 | 25 | 40 | 36 | 32 | 37 | 63 | 31 | 41 | 50 | 50 | 32 | 821 | |
| March | 30 | 24 | 20 | 32 | 33 | 29 | 26 | 34 | 29 | 28 | 33 | 34 | 23 | 41 | 39 | 26 | 44 | 38 | 44 | 49 | 42 | 35 | 45 | 45 | 47 | 36 | 906 | |
| April | 25 | 21 | 29 | 25 | 36 | 28 | 22 | 21 | 38 | 31 | 36 | 36 | 29 | 31 | 40 | 31 | 30 | 39 | 37 | 34 | 45 | 32 | 39 | 40 | 52 | 41 | 868 | Ī . |
| May | 18 | 32 | 23 | 34 | 35 | 25 | 31 | 26 | 28 | 33 | 35 | 35 | 51 | 31 | 28 | 47 | 41 | 37 | 41 | 47 | 40 | 50 | 68 | 38 | 54 | | 928 | |
| June | 19 | 30 | 34 | 28 | 27 | 27 | 38 | 30 | 34 | 36 | 37 | 34 | 31 | 35 | 27 | 31 | 33 | 37 | 36 | 45 | 51 | 49 | 52 | 50 | 54 | | 905 | |
| July | 26 | 28 | 34 | 30 | 26 | 37 | 35 | 30 | 39 | 28 | 40 | 51 | 35 | 46 | 27 | 46 | 40 | 38 | 49 | 48 | 50 | 51 | 63 | 39 | 44 | | 980 | |
| August | 35 | 27 | 22 | 29 | 28 | 26 | 22 | 23 | 29 | 36 | 24 | 35 | 40 | 43 | 46 | 43 | 47 | 48 | 51 | 38 | 50 | 54 | 51 | 39 | 45 | | 931 | |
| September | 19 | 18 | 37 | 26 | 25 | 23 | 21 | 26 | 38 | 35 | 23 | 31 | 30 | 33 | 45 | 32 | 30 | 56 | 44 | 40 | 54 | 54 | 49 | 48 | 40 | | 877 | |
| October | 22 | 26 | 23 | 36 | 27 | 25 | 30 | 29 | 29 | 32 | 29 | 34 | 27 | 28 | 34 | 33 | 46 | 49 | 44 | 49 | 46 | 38 | 49 | 45 | 37 | | 867 | |
| November | 27 | 28 | 19 | 34 | 31 | 27 | 34 | 31 | 33 | 27 | 36 | 22 | 32 | 32 | 29 | 43 | 39 | 26 | 37 | 53 | 38 | 40 | 46 | 40 | 41 | | 845 | |
| December | 24 | 25 | 20 | 29 | 25 | 27 | 25 | 24 | 27 | 22 | 16 | 36 | 34 | 46 | 30 | 34 | 38 | 37 | 42 | 49 | 34 | 46 | 61 | 40 | 48 | | 839 | |

* 2024–2025 data are preliminary and will change as records are registered. Data shown through 4/30/2025. Preliminary data last updated 6/2/2025. Report generated 6/2/2025 3:52:00 PM. Data Source: Iowa Department of Health and Human Services, Bureau of Health Statistics