

HCBS CHANGES: CHILDRENS MENTAL HEALTH WAIVER AND STATE PLAN HCBS HABILITATION

IHH Spring Collaborative
April 23, 2024

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Topics

- Children's Mental Health Waiver Changes
- Habilitation Program Changes
- HOME
- LMS Launch

Children's Mental Health Waiver

Childrens Mental Health Waiver

Changes became effective October 1, 2024

- ▶ Eligibility
 - Children residing with a Foster Family are eligible to apply and receive CMHW services.
- ▶ Waiver Priority Needs Assessment (WPNA)
 - Children with urgent or emergent need for waiver services
 - Parent or IHH may submit the WPNA for consideration of waitlist prioritization
- ▶ Reserved Capacity Slots
 - Added QRTP as a setting where a member may be receiving services and request a Reserved Capacity Slot



New Service: Medical Day Care for Children

- Children with complex medical or behavior needs
- Child has exceptional care needs that can not be met in a traditional childcare setting.
- State Plan Child Care Medical services are not available
- Delivered in the child's home and community while the parents are working
- Requires statement of medical necessity from the child's primary care physician annually

New Service: Medical Day Care for Children

- Child must first access all State Plan services for which they are eligible.
- Does not replace the parent's financial responsibility for their child's care.
- Does not occur during hours when the child is attending school.
- Does not occur at the same time as other service provision such as respite, private duty nursing and personal care.

State Plan HCBS Habilitation

State Plan HCBS Habilitation

SPA changes become effective retroactively
November 1, 2024, upon CMS approval

Home Based Habilitation (HBH)
service delivery models added:

- ▶ HBH delivered in a **Host Home**
- ▶ HBH delivered via **Remote Support**
- ▶ HBH delivered via **Telehealth**



New Service: Enabling Technology for Remote Support

“Enabling technology” means the technology that makes the on demand remote supervision and support possible and includes a device, product system, or engineered solution whether acquired commercially, modified, or customized that addresses an individual’s needs and outcomes Identified in his or her individual service plan.



New Service: Enabling Technology for Remote Support

- Assessment - Enabling Technology Screening Tool
 - Completed by the HBH Agency Provider with the participation of member, member's guardian or legal representative and the Care Coordinator.
 - Identifies the member's interest, readiness and need for Enabling technology.

- Enabling Technology
 - Technology that enables the delivery of HBH by a Remote Support Professional
 - Smart appliances, detectors, monitors, sensors, cameras, displays, wearable GPS, tablets, laptops



Hope and Opportunity In Many Environments (HOME)

PROPOSED FUTURE WAIVER DESIGN

Supporting families, serving individuals across the lifespan, and serving individuals in the living situation that works best for them and their families.

01

HOME WAIVER – CHILDREN & YOUTH

Service package that supports life domains in early childhood, in school and as youth transition into adulthood

02

HOME WAIVER – ADULT & AGING

Service package that supports life domains in adulthood and as lowans age

**Each service package will address formal and informal support needs
wherever lowans live.**

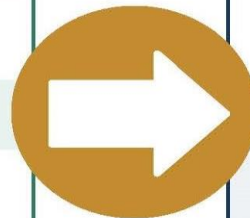
Hope and Opportunity In Many Environments (HOME)



ELIGIBILITY & ENROLLMENT | To be eligible, individuals must meet two criteria: (1) Fit into one of the qualifying disability categories (2) need institutional level of care

CURRENT HCBS WAIVERS (2023)

WAIVER	GROUPS SERVED	AGES SERVED
E	Aging	65+
ID	Intellectual Disability	0+
BI	Brain Injury	0+
AIDS/HIV	AIDS/HIV	0+
HD	Physical disability; blind or disabled	0-64
PD	Physical disability; blind or disabled	18-64
CMH	Serious emotional disturbance (SED)	0-17



PROPOSED WAIVER REDESIGN (2025/2026)

WAIVER	GROUPS SERVED	AGES SERVED
Children & Youth	<ul style="list-style-type: none"> Intellectual disability Brain injury AIDS/HIV Physical disability SED Developmental Disabilities NEW 	0-20
	<ul style="list-style-type: none"> Intellectual disability Brain injury AIDS/HIV Physical disability Aging Developmental Disabilities NEW 	21+

Hope and Opportunity In Many Environments (HOME)

PRELIMINARY SERVICE PACKAGE

CHILDREN & YOUTH WAIVER SERVICES

Daily Activities and Care

- Home-Delivered Meals
- Medical Day Care for Children
- Respite*
- Supported Community Living
- Transportation*

Help with Health Needs

- Positive Behavioral Support and Consultation*
- Family and Community Support Service
- Interim Medical Monitoring and Treatment
- In-Home Family Therapy

Equipment and Modifications

- Assistive Devices*
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services

Day Services

- Day Habilitation
- Prevocational Services
- Supported Employment

Residential Services and Supports

- Residential-Based Supported Community Living

Self-Direction Supports

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

Other Services

- Community Transition Services
- Crisis Planning and Support
- Family & Caregiver Support
- Supports for Community Inclusion

Hope and Opportunity In Many Environments (HOME)

PRELIMINARY SERVICE PACKAGE

ADULT & AGING WAIVER SERVICES

Daily Activities and Care

- Attendant Care*
- Companion
- Home-Delivered Meals
- Home Health Aide
- Home Maintenance Support*
- Respite*
- Skilled Attendant Care*
- Supported Community Living
- Transportation*

Help with Health Needs

- Positive Behavioral Support and Consultation*
- Family Training*
- Interim Medical Monitoring and Treatment
- Nursing Care Services
- Nutritional Counseling

Equipment and Modifications

- Assistive Devices*
- Enabling Technology for Remote Support
- Home and Vehicle Modifications
- Personal Emergency Response Services
- Specialized Medical Equipment

Day Services

- Adult Day Health
- Day Habilitation
- Prevocational Services
- Supported Employment

Residential Services and Supports

- Assisted Living

Self-Direction Supports

- Financial Management Service
- Independent Support Broker
- Individual Directed Goods and Services

Other Services

- Community Transition Services
- Crisis Planning and Support
- Family & Caregiver Supports
- Supports for Community Inclusion

Hope and Opportunity In Many Environments (HOME)

[Hope and Opportunity in Many Environments \(HOME\) Project](#)

HOME Provider Listening Session: [Concept paper](#) on proposed changes to HCBS waivers

Listening Session Details:

Date: Tuesday, May 7

Time: 10:30-12 PM CST

[**Register for the provider listening session by May 3**](#)

Provide Feedback Via email:

iowahcbs@mathematica-mpr.com

HHS, Iowa Medicaid Learning Management System (LMS)

- ▶ Go Live May 1, 2024
- ▶ HHS, has contracted with Trualta
- ▶ Web-based learning management system (LMS)
- ▶ For LTSS providers, direct support professionals, case managers, and caregivers of all types.
- ▶ Build capacity within the LTSS provider community
- ▶ Enhance and improve the delivery of LTSS while supporting activities that lead to better health and performance outcomes for Medicaid.

A Complete Guide to Iowa HHS Training Platform

Presented by: Kunal Parikh and Kirby Corbey at Trualta

When: Pick a session below and register for the virtual session [here](#).

- May 1, 2024 | 9:00 AM – 10:00 AM CT
- May 2, 2024 | 3:00 PM – 4:00 PM CT
- May 3, 2024 | 12:00 PM – 1:00 PM CT

<https://activate.trualta.com/ltss-iowa>

Questions?

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Health and
Human Services