

# Life Transitions

**SPRING FACE-TO-FACE  
LEARNING COLLABORATIVE**

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# Topics

- ▶ Eligibility Overview
- ▶ Review of two important and distinct life transitions
  - Transition from adolescent to adult
  - Transition associated with aging
- ▶ Understand the importance of the facilitation of transitions

# Eligibility Overview

# How is Eligibility Determined?

Eligibility is determined by the Health and Human Services Income Maintenance team.

Eligibility criteria is both financial and non-financial

Proof required of all eligibility factors except residency, household size, and pregnancy. However, if these are questionable, the Department will request verification

Eligibility factors are verified through electronic data sources or additional information requested from the applicant/member

A notice explaining the outcome of the application or redetermination of eligibility is mailed when the determination is complete

# Financial Eligibility Criteria

## Income Limits

- Income limits are based on Federal Poverty Level percentage and vary by coverage groups
- Up to 302% for children, 133% for adults, 375% for pregnant women and infants, and 300% for aged, blind, and disabled

## Asset Limits

- Applies only to aged, blind, and disabled Medicaid groups
- Asset limits vary by coverage groups
- Ranges from \$2,000 to \$13,000 depending on coverage group

## Household Size

- The size and composition of an applicant or member's household impacts whose income and assets are counted towards their eligibility and their federal poverty level

# Non-Financial Eligibility Criteria

Requirements for most Medicaid members and applicants

- Iowa Residency
- Social Security Number or application for one
- U.S. Citizen or eligible immigration status
- Proof of identity
- Age
- Disability (when used as the basis for eligibility)

Additional requirements for residents of Medical Institutions and HCBS Waiver members and applicants

- Level of Care met
- Been in an institution for 30 consecutive days (if in the 300% eligibility group)

# Who is eligible?

Individuals age 65 or older

People who are disabled

People who are blind

Families with dependent children

Pregnant women

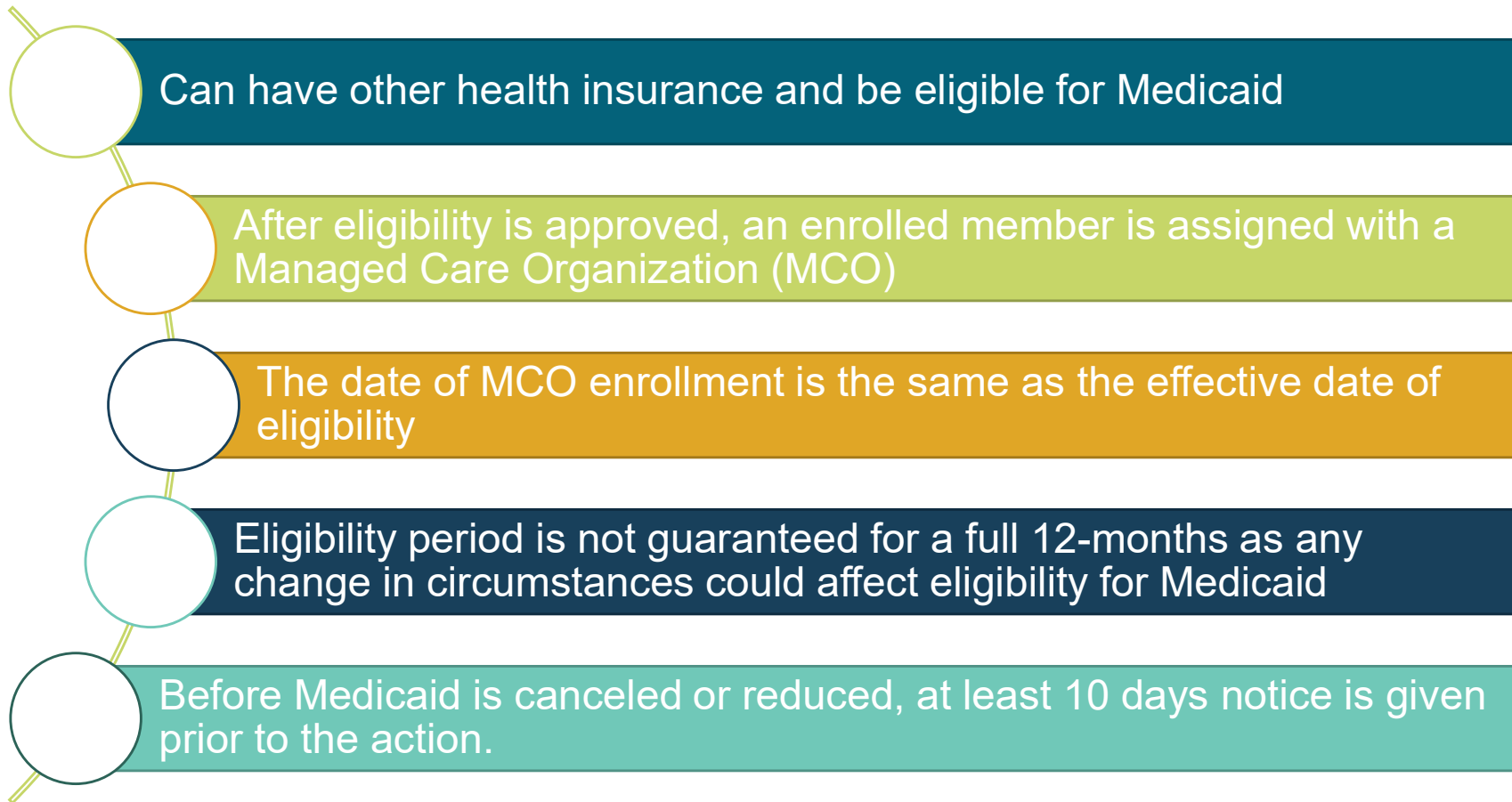
Children (up to age 21)

Former foster children (up to age 26)

Adults aged 19 - 64

Individuals with breast and/or cervical cancer

# Additional Eligibility Information





# Transitioning from Adolescent to Adult

# Transition Aged Youth

Individuals between late adolescents and early adulthood

Aged 16 to 24



Life events during this period

Transition to  
decision-making  
responsibilities

Transition from  
school


Transition in  
housing

Transition of  
benefits


Transition in  
healthcare

# Decision-Making Responsibilities

## Financial Management

- Self-directed
  - Third party assistance
  - Representative Payee
  - Financial Power of Attorney
  - Limited Conservatorship
  - General Conservatorship
- Least restrictive
- 
- Most restrictive

## Personal Care

- Self-directed
  - Third party assistance
  - Medical Power of Attorney
  - Limited Guardianship
  - General Guardianship
- Least restrictive
- 
- Most restrictive



# Post-School Activities

- ▶ Attend Individualized Education Plan (IEP) Meetings
- ▶ Determine desire for:
  - Post-secondary education
  - Vocational education
  - Adult and continuing education
  - Integrated employment
  - Meaningful day activities

# Housing


- ▶ Determine desired living situation
  - Safe
  - Affordable
  - Accessible
- ▶ Identify if member needs support with:
  - Activities of Daily Living (ADLs)
  - Instrumental Activities of Daily Living (IADLs)
- ▶ Apply for rental assistance
  - Section 8
  - Home and Community Based Services (HCBS) Rent Subsidy

# Benefits

- ▶ Apply for Social Security benefits if applicable
- ▶ Determine impact of transition from legally responsible person's medical coverage.
- ▶ Refer to benefits counseling



# Healthcare

- ▶ Evaluate the need to find a new healthcare provider(s).
  - ▶ Determine need for support with:
    - Scheduling appointments
    - Attending appointments (including transportation)
    - Obtaining needed medications
    - Taking medications as prescribed
- 

# Aging Associated Transitions



# MEPD Eligibility

- ▶ Ends at age 65
- ▶ Habilitation eligibility could be impacted
- ▶ Establish transition of care plan



# Need for Elderly Waiver

- ▶ Aging individuals receiving habilitation may benefit from Home and Community Based Services (HCBS) Elderly Waiver.
- ▶ Apply 45 days prior to member's 65<sup>th</sup> birthday.
- ▶ To maintain waiver, member needs to use at least one unit of service.
- ▶ Elderly Waiver results in Medicaid benefit.

# Care Setting Transitions


Aging individuals can experience many care setting transitions including:

- ▶ Home to hospital
- ▶ Hospital to home
- ▶ Home to nursing facility
- ▶ Nursing facility to home
- ▶ Own home to HCBS supported setting
- ▶ HCBS supported setting to their own home
- ▶ Facility to Facility

# Facilitating Transitions



# Goal of Transitions



Support the member achieve and maintain their maximum level of independence

- Most integrated
- Least restrictive
- Safe environment

# Health Home Role in Transitions

- ▶ Support member in identifying a potential transition
- ▶ Active participation in facility discharge planning
- ▶ Coordinate with member and their support system
- ▶ Establish a clear plan for supports and services needed
- ▶ Ensure member's safety, satisfaction and wellbeing after transition

# Questions

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