

C1.5 - CARE OF INDIVIDUALS IDENTIFYING AS LGBTQ

Policy

People who are lesbian, gay, bisexual, transgender, queer or questioning (LGBTQ+) are members of every community. Sexual identity, gender identity, gender expression and gender transition should all be considered during the course of a FP visit.

The perspectives and needs of people who identify as LGBTQ+ should be routinely considered in efforts to improve the overall health of every person and help to eliminate health disparities. There is also a need for culturally competent medical care and prevention services that are specific to this population. Social inequality is often associated with poorer health outcomes.

Members of the LGBTQ+ community are at increased risk for a number of health threats when compared to their heterosexual peers. Differences in sexual behavior account for some of these disparities, but others are associated with social and structural inequities, such as the stigma and discrimination that LGBTQ+ populations experience.

Procedure

Refer to the Minimum Standards of Care Policy for further guidance.

The following “additional resources” will supplement additional information for this populations’ specific needs regarding sexual and reproductive health care, vaccines, specific health concerns and preventive health recommendations for individuals who are LGBTQ+.

Date Revised	June 2024
References	
Additional Resources	https://www.cdc.gov/std/treatment-guidelines/msm.htm https://www.cdc.gov/women/ https://www.cdc.gov/healthyyouth/safe-supportive-environments/lgbtq_youth.htm https://www.cdc.gov/healthyyouth/disparities/health-considerations-lgbtq-youth.htm https://www.cdc.gov/prc/research-in-action/success-stories/umd-prc-improving-the-lgbtq-mental-health-experience.html