

C2.10 – PROBLEM VISIT

Policy

To ensure each SR and service site has the reason for the visit documented. Obtain the purpose of the visit, chief complaint, and/or additional health concerns prompting the desire for health care.

Procedure

Review and Update the Initial History

- Obstetrical history (if applicable)
- LMP (if applicable).
- Medical history
- Immunizations.
- Gynecologic history (if applicable).
- Family medical history.
- Allergy history.
- Contraceptive history.
- Nutrition and weight changes
- Sexual history, including STIs
- IPV and sexual violence.
- Psychosocial history.
- Social history
- Miscellaneous information:
 - Review current medication intake.
 - Review smoking/alcohol/drug abuse.

Analyze Symptoms

Onset	<ul style="list-style-type: none"> ● Date ● Manner ● Precipitation and predisposing factors related to onset.
Characteristics of Pain: Quality, Quantity, Consistency	<ul style="list-style-type: none"> ● Location and radiation. ● Intensity or severity. ● Timing. ● Aggravation and/or relief factors. ● Associated symptoms.
Course since Onset	<ul style="list-style-type: none"> ● Incidence. ● Progress. ● Effect of therapy.
Unusual Discharge/Bleeding	<ul style="list-style-type: none"> ● Amount. ● Timing. ● Character (quality, quantity, consistency). ● Aggravation and/or relief factors. ● Associated symptoms.

Review

Clinic routine and exam procedures and stress importance of follow-up care, if indicated.

Elicit Client Opinion

Elicit client's opinion about the cause and continuation of problem.

Reassess Contraceptive Status

Reproductive Life Plan and One Key Question

Physical Assessment

If indicated - order appropriate testing

Treatment

Treat as indicated using the clinical protocols

Referrals

Initiate appropriate referrals and follow-up as needed

Date Revised	September 2023
References	Providing Quality Family Planning Services Recommendations of CDC and the U.S. Office of Population Affairs (QFP) [2014] https://www.hhs.gov/opa/guidelines/clinical-guidelines/quality-family-planning/index.html
Additional Resources	Women's Preventive Services Initiative "Recommendations for Well-Woman Care, A Well Woman Chart" HRSA, 2019