

C2.17 – LEVEL 1 INFERTILITY SERVICES

Policy

Infertility is commonly defined as the failure to achieve pregnancy after 12 months or longer of regular unprotected intercourse with the same partner. Earlier assessment is appropriate for women over age 35, women with a history of infrequent menstruation, with a known or suspected uterine or tubal disease or abnormality. Earlier assessment may also be appropriate in the presence of male risk factors for infertility or questions about the male partner’s fertility potential. The Title X Clinical Services Provider’s role is to determine potential causes of infertility and referrals for further evaluation and management.

Basic infertility care for women should include a thorough medical history, obstetric history, sexual health assessment and complete physical examination. The RLP and a reproductive history about the client’s efforts to conceive should be taken. Clients should be referred for further diagnosis and treatment as appropriate.

Basic infertility care for males should include a thorough medical history, sexual health assessment and physical examination focusing on examination of the genitals for abnormalities. The RLP and a reproductive history about the client’s efforts to conceive should be taken. Refer for further diagnosis and management as appropriate.

Partners may also be counseled about ways to maximize fertility and offered resources to deal with the emotional and psychological issues of dealing with infertility.

Procedure

Each SR shall make basic infertility services available to clients desiring such services. Infertility services are categorized as follows:

- Level I:** Includes initial infertility interview, education, physical examination, counseling and appropriate referral.
- Level II:** Includes testing such as semen analysis, assessment of ovulatory function and postcoital testing.
- Level III:** More sophisticated and complex than Level I and Level II services.

Level II services may be offered with CSPs who have special training in infertility. Level III services are considered beyond the scope of Title X Program.

Date Revised	September 2023
References	Providing Quality Family Planning Services Recommendations of CDC and the U.S. Office of Population Affairs (QFP) [2014] https://www.hhs.gov/opa/guidelines/clinical-guidelines/quality-family-planning/index.html
Additional Resources	