

C2.18 – LONG ACTING REVERSIBLE CONTRACEPTIVE REMOVAL

Policy

Client-centered counseling is a critical part of initiating contraceptive care and the same must be true for discontinuing a method as well. Clients must always be free to discontinue use of LARCs, even without a medical reason for doing so. The purpose of this policy is to ensure reproductive autonomy for clients seeking removal of long acting reversible contraceptive (LARC) methods.

Procedure

If a client requests LARC removal, even if the agency did not provide the LARC initially, the client’s request will be honored. If the clinic schedule does not allow same day removal, the client will be given the next available appointment for removal.

Removal of the LARC should only be performed under aseptic conditions by a CSP who is familiar with, and trained on the removal technique. CSPs should receive training in insertion and removal techniques prior to attempting removal and follow current manufacturer's instructions.

Clients willing to attempt management of side effects in order to resolve problems and continue using the LARC will be provided appropriate treatment. The clinic will assure that clients are provided LARC removal without any required mitigation efforts that the client does not agree to. However, if the client is willing to attempt management of side effects in order to resolve problems and continue using the LARC, the CSP will provide appropriate counseling and treatment.

Except as restricted by third party payers, no time restrictions may be placed on the client’s choice of receiving another LARC if no medical contraindications exist.

Date Revised	September 2023
References	Providing Quality Family Planning Services Recommendations of CDC and the U.S. Office of Population Affairs (QFP) [2014] https://www.hhs.gov/opa/guidelines/clinical-guidelines/quality-family-planning/index.html
Additional Resources	