

C5.6 - STERILIZATION

Policy

Sterilization is a permanent method of birth control and must be considered irreversible. There are generally two accepted types of permanent sterilization available in the US:

- Vasectomy - Interruption of the vas deferens tubes in the penis/testicles prevents sperm from being ejaculated in the semen.
- Bilateral Tubal Ligation/salpingectomy - Interruption or removal of the fallopian tubes in the pelvis prevents the ovum from descending the tube and from coming in contact with the sperm

Federal regulations must be met if sterilization procedure is performed or arranged by Title X. Sterilization of clients as part of Title X must be consistent with [42 CFR part 50 subpart B](#), ("Sterilization of Persons in Federally Assisted Family Planning Projects").

Procedure

The Iowa HHS Title X Program does not allocate funding for sterilization services. If an individual is interested in pursuing sterilization services, the SR shall provide a referral.

| Date Revised | September 2023 |
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| References | <p>Title X Program Handbook (https://opa.hhs.gov/sites/default/files/2022-08/title-x-program-handbook-july-2022-508-updated.pdf) </p> <p>Providing Quality Family Planning Services Recommendations of CDC and the U.S. Office of Population Affairs (QFP) [2014] (https://www.hhs.gov/opa/guidelines/clinical-guidelines/quality-family-planning/index.html) </p> |
| Additional Resources | |