

MINUTES
IOWA COUNCIL ON HEALTH AND HUMAN SERVICES
SUBSTANCE ABUSE AND PROBLEM GAMBLING TREATMENT PROGRAM COMMITTEE
APRIL 11, 2024 – 9:00 A.M.
TELECONFERENCE

The electronic meeting of the Substance Abuse and Problem Gambling Program Treatment Program Committee is being held in accordance with Iowa Code section 21.8 entitled "Electronic Meetings." The code states that a governmental body may conduct a meeting by electronic means only if circumstances are such that a meeting in person is impossible or impractical and access is provided to the public. An in-person meeting of the Committee to handle this limited agenda is impractical due to the schedules of the Committee members and the resources of the Department. Public access to the meeting shall be provided. Notices and agendas were posted on the Department's web site. Minutes of the meeting will be kept.

CALL TO ORDER:

Mr. Allen called the meeting to order at 9:03 a.m. Ms. McCurley conducted roll call.

ROLL CALL:

Members Present:

Andrew Allen, Chair
Sandra McGrath
Samantha Rozeboom

Department Representatives:

Theresa Armstrong, IHHS
Lori Hancock-Muck, IHHS
Eric Preuss, IHHS
Amanda McCurley, IHHS

I. Minutes

Motion made by Ms. McGrath and seconded by Ms. Rozeboom to approve the March 14, 2024 minutes as written. Motion carried unanimously.

II. Substance Use Disorder/Problem Gambling Licensure

A. Licensure Recommendations

1) 270 Day License:

Motion made by Ms. McGrath and seconded by Ms. Rozeboom to approve a license for a period of one (1) year to the following programs:

- a. Catholic Charities of the Diocese of Sioux City, IA, Sioux City, Iowa, license effective April 11, 2024 to January 6, 2025.**
- b. Flowstate Health, Des Moines, Iowa, license effective April 11, 2024 to January 6, 2025.**
- c. Midwest Wellness and Recovery, Jefferson, Iowa, license effective April 11, 2024 to January 6, 2025.**

Staff report by Lori Hancock-Muck. Licensed programs were represented by Megan Waters from Midwest Wellness and Recovery, and Amy Bloch from Catholic Charities of the Diocese of Sioux City, IA. The programs made remarks. Motion carried unanimously.

2) One (1) Year License:

Motion made by Ms. Rozeboom and seconded by Ms. McGrath to approve a license for a period of one (1) year to the following programs:

- a. **Roots Substance Abuse Counseling, LLC, Sioux City, Iowa,** license effective **December 3, 2023 to December 3, 2024.**
- b. **Sky Ranch Behavioral Services, Sioux City, Iowa,** license effective **February 6, 2024 to February 6, 2025.**

Staff report by Lori Hancock-Muck. Motion carried unanimously.

3) Two (2) Year License:

Motion made by Ms. McGrath and seconded by Ms. Rozeboom to approve a license for a period of two (2) years to the following program:

- a. **Employee & Family Resources, Inc., Des Moines, Iowa,** license effective **March 31, 2024 to March 31, 2026**

Staff report by Lori Hancock-Muck. A licensed program was represented by Haley Pederson from Employee & Family Resources, Inc. Motion carried unanimously.

4) Three (3) Year License:

Motion made by Ms. Rozeboom and seconded by Ms. McGrath to approve a license for a period of three (3) years to the following program:

- a. **Still Waters Recovery Counseling and Wellness Services, Cedar Rapids, Iowa,** license effective **January 8, 2024 to January 8, 2027.**

Staff report by Lori Hancock-Muck. Motion carried unanimously.

III. Committee Discussion

- a. Eric Preuss provided an overview of the features of Your Life Iowa. Mr. Preuss discussed the resources available on the Your Life Iowa Website and how to access them. Mr. Preuss also answered questions about the promotion and marketing of Your Life Iowa.
- b. Committee members requested for any updates on the future status of the Committee. The Department will add this item to the May 9, 2024 meeting for discussion.

Next Meeting

The Committee will meet on Thursday, May 9, 2024 at 9:00 a.m. via conference call.

Mr. Allen adjourned the meeting at 9:55 am.