

Mental Health Planning Council
March 20, 2024, 9:00 am to 3:00 pm
via Zoom
Meeting Minutes

MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:

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| Teresa Bomhoff | Todd Lange |
| Rachel Cecil | Megan Marsh |
| Jennifer Day | Mary McKinnell |
| Linda Dettmann | Todd Noack |
| Jessica Goltz | Brad Richardson |
| Jen Gomez | Jennifer Riley |
| Lorien Harker | Kristin Roof |
| Kyra Hawley-Preston | Dr. Shad Swim |
| Theresa Henderson | Monica Van Horn |
| Randy Hoover | Edward Wollner |
| Michael Kaufman | Joel Wulff |

MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:

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| Sen. Claire Celsi | Hannah Olson |
| Jim Donoghue | Brianna Steffe |
| Sen. Jeff Elder | Patricia Whitmarsh |
| Christina Maulsby | |
| Rep. Ann Meyer | |

OTHER ATTENDEES:

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| Theresa Armstrong | Devon McClurken |
| Wendy DePhillips | Cayleen Mesecher |
| Julie Gibbons | Kaelee Otto |
| Laura Larkin | Flora Schmidt |
| Patti Manna | |

Materials Referenced:

Attachment to Agenda March 2024
Committees and Workgroups March 2024
Community Mental Health Block Grant_3.20.24
Conflict of Interest Statement 2024
IMHPC March 20, 2024 Meeting Agenda
I-PAC Bylaws 2024 Rev.5A
MHPC January 17, 2024 Meeting Minutes DRAFT
MHBG Presentation March 2024
Vacancy Priorities March 2024

Welcome

Teresa Bomhoff called the meeting to order at 9:06 am. Quorum was established with 20 members.

Review and Approval of Meeting Minutes

Teresa Bomhoff entertained a motion to approve the January 17th, 2024, meeting minutes. Todd Noack motioned to approve the minutes. Mary McKinnell seconded the motion. There was no discussion, the motion passed, and the minutes were approved.

Review and Approval of Bylaws Revisions – Vote on Bylaw Revision 5.A

Teresa Bomhoff shared with the Council the drafted I-PAC Bylaws 2024 Rev.5A, which was developed by the Bylaws Workgroup. Changes proposed included changes to the name (becoming Iowa Integrated Health Planning and Advisory Council (I-PAC) and a modification of the Executive Committee's responsibilities (moving new member orientation to the Orientation Committee), and additional changes in wording to align with current terminology. The Conflict of Interest Statement, which has been revised to align with the bylaws, was also reviewed. There was an opportunity for discussion, which there was none.

Teresa Bomhoff entertained a motion to approve the I-PAC Bylaws 2024 Rev.5A. Lorien Harker motioned to approve, and Todd Lange seconded the motion. There was no discussion, the motion passed, and the Bylaws were approved.

Survey Results

Brad Richardson shared the survey results for the Member Orientation, Block Grant Education presentation, and the workgroups proposals from the January meeting. The results for all areas were positive. Suggestions for improving Member Orientation would be to include a mentoring option, with Council members Todd Noack and Todd Lange offering to help. Suggestions for the Block Grant Education would include slides on how the money flows. Suggestions for workgroups included clarity on expectations and outcomes.

Workgroups

Teresa Bomhoff reminded the Council members that according to the Council Bylaws, Council members shall each volunteer to be part of at least one standing committee or workgroup and inquired which workgroups, if any, Council members were interested in joining. The following Council members joined the listed workgroups: CCBHC workgroup; Todd Lange and Mary Mckinnell, SUD workgroup; Todd Lange and Edward Wollner, Strategic Planning workgroup; Todd Noack.

Nominations Committee Report

Jen Gomez welcomed a new member, Randy Hoover, who fulfills the category of an individual with lived experience/in recovery.

Cayleen Mesecher was nominated to fill the category of parent of a child with a Serious Emotional Disturbance (SED). Jen Gomez motioned to approve the nomination, Lorien Harker seconded the motion. The motion passed and Cayleen, who was present, was welcomed to the Council.

Jen Gomez shared there are now 4 Current Vacancies which include two for a family member of an adult with serious mental illness or substance use disorder, and two for other.

Teresa Bomhoff led a discussion on ways to expand on the diversity of the Council. It was noted that Jen Gomez and Brianna Steffe each identify as Hispanic. Todd Noack, Teresa Bomhoff, and Rachel Cecil each shared that they could reach out to individuals to share the vacancies.

Monitoring & Oversight Committee Report – Theresa Henderson

Theresa Henderson reported on the Monitoring & Oversight Committee activities. The Committee met with Laura Larkin, HHS, in February and March to review the Community Mental Health Centers (CMHC), First Episode Psychosis, and Systems of Care (SOC) contracts.

CMHCs are designated by the Department of Human Services to provide mental health services for individuals of all ages regardless of funding. Each CMHC is designated to serve a specific area and are required to serve the following Iowans in their area. CMHCs to receive block grant funds from the Substance Abuse and Mental Health Services Administration (SAMHSA). Some of the primary uses of the funding are for Evidence Based Practices (EBP), trainings, and service delivery for individuals who

do not have a funding source. There has been an increase in providers using the block grant funding for direct services and community consultations. CMHC's work to maximize the dollars to utilize, to avoid needing to return the dollars to SAMHSA. Most are on track for using funds but only one quarter has been submitted, with a major barrier being staffing.

Block grant funding provided by SAMHSA mandates that 10% of funds be set aside for First Episode Psychosis (FEP) programs. There are four providers for FEP services in Iowa: Eyerly Ball, Siouxland, Prairie Ridge, and Abbe Center. All four programs together served about 100 people with most individuals receiving services for approximately 2 years. A national model, NAVIGATE, is used to provide a comprehensive program designed to provide early and effective treatment to individuals who have experienced a first episode of psychosis. Training and technical assistance not covered by Medicaid is also available. A barrier is the lack of sufficient workforce in the rural areas and a goal of the program is to add peer support programs.

Systems of Care (SOC) contracts provide Integrated Health Home (IHH) coordination and funding for mental health interventions which would normally be funded under Medicaid, but the individuals are either privately insured or enrolled in Hawk-I, which doesn't fund these services. Wraparound care is provided to children with Serious Emotional Disturbance (SED) to access Behavioral Health Intervention Services (BHIS), provide advocacy in schools, and assistance in applying for the Children's Mental Health Waiver with a goal of supporting children in community based settings. There are currently five providers of Systems of Care with six separate contracts: Orchard Place in 2 locations, Tanager, Ellipsis, Four Oaks, University of Iowa Circle of Care. The University of Iowa will be ending their contract in June 2024.

Understanding the Iowa Substance Use Prevention, Treatment, and Recovery Services Mental Health Services (MHBGSUPTRS) Block Grant: A Review in Three Parts

Theresa Henderson continued the presentation of the first of a three part series on an overview, which was partially covered in January of 2024, of the Iowa Substance Abuse Prevention Treatment and Community Mental Health Services Block Grant. Part 2 will be shared at the May 2024 Council meeting.

Public Comment

There was an opportunity for public comment, with none offered.

Planning and Advisory Council took a break for lunch from 11:20 a.m. and returned at 12:30 p.m.

Mental Health Block Grant (MHBG) Review – Laura Larkin, Iowa HHS

Laura Larkin, MHBG State Planner, provided an overview of the Fiscal Year (FY) 2024 MHBG which is awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and funds comprehensive community based mental health services to adults with serious mental illnesses and to children with serious emotional disturbances. The award amounts, spending timelines, award expenditures were shared for FY2022 and FY2023. Covid-19 Supplemental MHBG and American Rescue Plan (ARPA) MHBG expenditures were also reviewed.

HHS/BH Update

Theresa Armstrong provided an update from Iowa Health and Human Services (HHS).

Certified Community Behavioral Health Clinics (CCBHC)

The Certified Community Behavioral Health Clinics (CCBHC) Demonstration Application was submitted March 20th, 2024. The Demonstration Grant, if awarded, will start on July 1, 2024. HHS work has included providing oversight and review of 10 providers identified through procurement process, with each completing a community needs assessment and cost report. On site visits were completed and 9

of 10 providers are provisionally certified. Next steps include ensuring providers can meet 116 federal and state requirements in year one. If the grant is not awarded, work will continue to seek a future demonstration grant award.

System Alignment/Service Delivery Alignment

The Governor's Behavioral Health Alignment Bill was passed unanimously through the House appropriations committee with significant amendments and will now go to the full house floor for voting. The House amended the bill to allow for-profit companies to become Administrative Services Organizations (ASOs). The Senate has not taken up the bill in their appropriations committee.

Crisis System Evaluation

Crisis Service System evaluation work continues with Health Management Associates distributing a survey to stakeholders for use in developing a roadmap to improve Iowa's integrated behavioral health crisis system.

IMHPC Strategic Plan Next Steps

There was a discussion on the Strategic Plan next steps and future meetings. It was suggested to have the policy document updated, and Michael Kaufmann has been asked to do that. The Council would like to hear from Medicaid regarding the Hope and Opportunity in Many Environments (HOME) waiver redesign.

At the May meeting, the Council would like to invite Justin Edwards of Iowa HHS to present on the Substance Use Disorder (SUD) Block Grant and to hear from the Block Grant Education workgroup for part 2 of their presentation.

For July, there was a suggestion from Todd Lange to hear an update from the state's peer run organizations and to learn more about recovery coaches in emergency rooms.

Public Comment

There was an opportunity for public comment. Devon McClurken, Office of Recovery Services Director for NAMI Iowa, shared the Office of Recovery Services annual survey. There was no further public comment.

Adjourn

Teresa Bomhoff entertained a motion to adjourn the meeting. Todd Lange motioned and was seconded by Joel Wulf seconded. There was no discussion and the motion passed. The meeting adjourned at 2:03 pm.

Meeting minutes respectfully submitted by Patti Manna.